

Central Technical School

NEWSLETTER

May 5, 2026

Welcome to May! It is officially one of the most exciting months of our school year, and I couldn't be more excited for the energy and talent about to take center stage.

We have a packed calendar ahead, and we look forward to seeing our community come together for these great events:

Ontario Skills Competition: 16 of our students are off to compete at the Ontario Skills Competition (May 5th) to display their skills and learn more about the skilled trades!

Contact Photography Festival: Showcasing our students' incredible visual storytelling (May 7th).

Prom: A night of celebration and lifelong memories for our Grade 12 students (May 13th).

Spring Arts Showcases: Highlighting the hard work and creativity of our performing and visual arts departments (May 21st).

Graduate Luncheon: A special moment to honor our seniors as they prepare for their next chapter (May 20th).

Health and Wellness Week: We will have daily activities for students and staff to join, and on Thursday a Health and Wellness fair (May 4th - May 8th).

Each of these milestones is an opportunity to celebrate the diverse successes and immense talent of our students. Thank you for your continued support in making these events possible, let's make it a May to remember!

Wellness Week @ CTS 2026!

Mindful Monday

Join us for a **guided meditation** @ noon in room 307!

Talk About It Tuesday

Come say something nice on our **Compliment Wall** in the front foyer @ lunch!

Work-It Wed.

Join us by the field at noon for a **quick walk!**

Thankful Thursday

Come to Room 216 @ lunch to write a **Gratitude Card** for a friend and/or teacher.

Feel Good Friday

Come get a **freezie** in the front foyer!

Indigenous Word of the Month:

For this installment of the Indigenous Word of the Month, we thought we'd try something different. The following comes courtesy of David Robertson's book [52 Ways to Reconcile: How to Walk with Indigenous Peoples on the Path to Healing](#). In his book, Robertson discusses the importance of learning the meaning behind Indigenous names, especially for places you live near. He believes it strengthens the connection to the land and place. In the chapter "Research Indigenous Place Names", Robertson talks about how Lake Ontario comes from the Haudenosaunee word *kanadario*, which means "sparkling water". "This is the beauty of Indigenous words: they are beautiful, but also quite literal. Maybe you've looked out over Lake Ontario on a sunny day when the water "glimmers like a field of diamonds" (25).

FoodShare Cook-Along Community Kitchen Workshops for Parents/Caregivers

Your School Council is holding two FoodShare workshops this month with funding provided through the School Council Innovation Grant

Option 1: In person

Join us in the 3rd floor kitchen classroom (318) on May 12 from 6-8pm to make a vegan chickpea stew together and have a discussion about food justice and the right to food. The discussion is being facilitated by Food Justice Educator Asam Ahmad from FoodShare. Participants will be engaged in anti-racist learning activities and will be encouraged to examine their own relationships with food. Snacks and refreshments will also be served. Ingredients for the stew are provided.

Space is limited. Each parent/caregiver may bring one student along. *First come first serve!*

If you would like to attend the in person workshop please complete this [Registration Form](#)

Option 2: Virtual

We are also offering the same workshop virtually on May 21 from 6:30-8:30pm. Registrants will be sent the recipe one week before to gather their own ingredients.

If you would like to attend the virtual workshop please complete this [Virtual Workshop Registration Form](#)



Space is limited. *First come first serve!*

Engagement Night for Parents, Caregivers and Guardians of Black Children:

We are hosting our annual engagement night for parents, caregivers and guardians of Black children. Please let us know via [this form](#) if you can make it, and any dietary restrictions you may have. **Please respond by May 14th at 8 pm.**

When: Thursday, May 28th

Time: 6:30 pm, dinner will be served at 7 pm, event should be done by 8/8:30 pm.

Who: Parents/Caregivers and Guardians of Black children, school staff, and community partnerships

What: A time to connect and share, a time for staff to listen . . . and hopefully have some fun too! Our students will be leading workshops they presented at our annual Black Love Day.



Library Learning Commons:

Shout out to Grade 11 student Simeon Dahilig for leading the way in creating two displays in the Library Learning Commons (LLC). The first commemorates Genocide Awareness, Education, Condemnation, and Prevention Month, which is every April in Ontario. For more information, please visit the Legislative Assembly of Ontario by clicking [here](#). The second



display invited CTS staff to share one of their favourite books and why they would recommend it to our students.

Mr. Druery and Ms. Bloom took members of the LLC Volunteer Council on a walking excursion to [A Different Booklist](#). Students were able to choose a book that interested them and believe will make a good addition to our collection. In May, we will be embarking on another excursion to [The Beguiling](#).



On April 23rd, the LLC proudly hosted the second annual West Toronto Canada Team Mathematics Contest (CTMC) event. The



CTMC is an exciting and challenging competition where participants work in teams to showcase their mathematical problem-solving skills through fun and engaging activities ([more info here](#)). We were thrilled to have 10 teams from 8 different schools participate in the competition, including Central Tech, and we are incredibly grateful for the opportunity to provide this collaborative math experience for students in Grades 9 through 12.

A big thank you to our incredible group of student volunteers. We were truly impressed by the bright, kind, and caring students who stepped up and represented CTS so well.

The Puzzle Zone is a recent addition to the LLC. The space allows students to engage in mindfulness activities such as assembling a puzzle or completing crossword or Sudoku number puzzles during their spare or lunch break.



Toronto Science Fair:

Grade 11 students Callie Hooper and Lida Mohsini represented CTS at the Toronto Science Fair this year. Their project (which was a huge success) combined agriculture and space science in a cutting edge way to solve modern problems. They looked at exploring ways the soil on Mars could be detoxified for plant growth using data from current terrestrial soil health techniques and the knowledge of the nutrients that exist on Mars. The



students then explored workshops on environmental science and chemistry in the afternoon. Callie and Lida trailblazed CTS's participation in the Science Fair and would be willing to share their experience to students who might want to participate next year.

Grade 11 Chemistry:

Students in Grade 11 Chemistry



made their first visit to UofT working with the Discovery Program. During this first visit, students met with graduate student mentors, did team building exercises and explored post secondary scientific lab techniques such as micropipetting, creating serial dilutions and creating a standard curve with absorbance data.

They will use these skills in their future visits to design and optimize an extended-release hydrogel-based formulation that maintains a sustained therapeutic drug concentration over time (similar to how 24 hour Advil works). At the end of the semester, they will show off their results in a symposium at the UofT campus. Stay tuned!

Senior Visual Arts:

This month, Senior Visual Art students had the opportunity to collaborate with professional



artists to create original works for a public exhibition at the Hallway Galleries at Daniels Spectrum. The exhibition showcased the creativity, talent, and hard work of our CTS student artists, with artwork on display from April 9–21. Families, friends, and community members joined us for an opening reception on April 16th, celebrating our students' artistic achievements and creative voices. Thank you to everyone who came out to support our young artists!

Financial Literacy Day at Scotiabank Arena:

ACDC attended the Intuit for Education Financial Literacy Day at Scotiabank Arena. We had the opportunity to hear from people like Jamal Magloire (former NBA basketball player) about financial literacy and engage in a variety of activities that had us focus on our financial future. Additionally, we had the chance to meet students from other schools and staff were able to bring with them resources that they can use with CTS students. We are thankful for this opportunity to learn.



Guidance

Graduation Reminders

- Vote for your valedictorian. Voting closes May 8 [VOTE HERE](#)
- Graduation Checklist - [CLICK HERE](#)
- Grad Events - [CLICK HERE](#)
- Grad Presentation - [CLICK HERE](#)

Health and Wellness Fair

On May 7, various community agencies offering various support related to health and wellness will be here to network with all of our students.

Students will circulate throughout the fair and complete a fair passport. The passport will contain questions related to the various services. Ask the various agencies questions on the passports and you will get your answers.

Completed passports can be submitted for the chance of winning a prize.



Summer School

Summer school will be delivered in 4 different formats in 2026:

- **In-person Full Credit** (8:45am - 3:30pm, July 2 - 25). Registration runs April 28 - June 12, 2026.
- **Remote Full Credit** (8:45am - 3:30pm, July 2 - 25). Registration runs April 28 - June 12, 2026.
- **Remote Credit Recovery** (8:45am - 11:45am and/or 12:30 - 3:30pm). Registration runs April 28 - June 12, 2026.

More information can be found here: [TDSB Summer School](#)

Registration for these programs begins April 28. The registration page can be found at [Summer School Registration](#)

- **e-Summer School** is another remote learning option available in both July and August. The program is primarily **asynchronous** with direct teaching for about one hour/day and teachers available for the rest of the school day to hold office hours, small group sessions, individual tutorials and respond to student questions via email
Registration for July e-Summer School runs from April 15 - June 7 (August course registration runs April 15 - July 9)
[e-Summer School Registration](#)

Summer SWAC & Dual Credits

Students with 28 credits by June 30 may be eligible to earn their final two credits in July! Students can earn high school credits and college credits in July.

Check out this link for more information: [Summer SWAC & Dual Credit Info](#)

See your guidance counsellor for details and to sign up :)

OSAP - Ontario Student Assistance Program:

- OSAP funding offers loans and grants to help fund post secondary
- If is offered on a need basis
- Students NEED a Social Insurance Number to apply.
- Students must accept a program before applying
- Caregiver tax information is required
- The 2026-2027 application portal will open mid to late May

[OSAP Application link](#)

[How to Apply for OSAP](#)

[OSAP Estimator](#)

Scholarships and Bursaries

- \$ [The Jerome Henry Foundation Scholarships and Bursaries](#), **Deadline:** May 31, 20256
- \$ [Brian Maxwell Memorial Scholarship](#), **Deadline:** June 8, 2026
- \$ [James Bartleman Indigenous Youth Creative Writing Award](#), **Deadline:** May 31, 2026
- \$ [Luke Santi Memorial Award](#), **Deadline:** May 31, 2026
- \$ [OJEN Bursaries](#), **Deadline:** May 29, 2026 @ 5pm
- \$ [OMNI TV Scholarship](#), Ten \$2,000 scholarships. **Deadline:** May 14, 1 p.m.
- \$ [The Alliance of Jamaican Alumni Associations \(AJAA\): Graduates Program Bursary](#) **Nomination required.** \$1,000. **Deadline:** May 15, 5 p.m.
- \$ [Municipal Engineers Association \(MEA\) Bursary Awards](#), Ten \$1,500-\$2,000 awards. **Deadline:** May 15.
- \$ [Libro Credit Union Student Awards](#), 33 \$2,000 awards. **Deadline:** May 8.
- \$ [The Bridges EDU Scholarship](#) - **June 30, 2026**

Tutoring

- Math: <https://www.tvomathify.com/students>

Google Classroom Codes:

Grade 9/10: [invite link](#)

Grade 11/12: [invite link](#)

Things Around the School

On May 28th Central Technical School will be hosting Rawlinson Community School, Ryerson, and King Edward for a grade 7 learning day. Central Tech students and teachers will showcase what Central Tech has to offer during this day with students participating in Art, Baking, LAWS, Electrical, Carpentry, Automotive, Plumbing, Hair Braiding and many more activities.

Help and Distress Lines

- [Kids Help Line](#)
- [What's Up Walk In](#)
- [Mental Health TO](#)
- [Black Youth Helpline](#)
- [LGBT Youthline](#)
- [Naseeha](#) - Mental health hotline, resources, workshops, web therapy and more for Muslim and non-Muslim youth and individuals.
- [Indigenous Youth Help Line](#)
- 911

Volunteer Opportunities

- **Grade 7 Tour Day May 28** if interested contact Mr. Rasmussen
- We will need volunteers for this years commencement in June. Contact Mr. Rasmussen
- St Alban's Community Centre is looking for summer volunteers. You can contact them at (416) 534-8461

Employment Opportunities

- Want a job and paid training to get that job? Apply with Youth Employment Services. For more information and to apply online visit <https://www.yes.on.ca/>
- Camp Wanakita is hiring staff for the summer. Want to get out of the city and work at a camp this summer? For further information or to apply online visit ymcawanakita.ca

Free Math Help - Grade 6 - 12

- <https://www.tvomathify.com/students>

Google Classroom Codes:

Grade 9/10: [invite link](#)

Grade 11/12: [invite link](#)

Important Upcoming Dates:

May 7th: Contact Photography Festival

May 8th: Level Up Day

May 13th: Prom

May 21st: Spring Music Festival and Art Show

May 28th: Engagement Night for Parents of Black Children

June 2nd: Juneteenth

June 9th: Athletic Banquet

June 25th: Commencement

Late Start Schedule:

May 20, 2026	May 27, 2026	<p>P. 1: 9:55 am - 10: 55 am P2: 11:00 am - 12:00 pm Lunch: 12:00 pm - 1:05 pm P3: 1:05 pm - 2:10 pm P4: 2:15 pm - 3:15 pm</p> <p>*** We ask that your student does not come to school until 9:45 am.</p>
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