

# Central Technical School

## NEWSLETTER

May 3rd, 2023



### CTS Students WIN Gold and Silver at the Skills Ontario Competition!



The Skills Ontario Competition offers a unique opportunity for top students to demonstrate that they are the best of the best in their field. Over the two and a half days, they turn the heads of their educators, family, friends and prospective employers. Winners are awarded with Gold, Silver or Bronze medals - and some with monetary awards, too - and the opportunity to compete at the Skills Canada National Competition. We would like to congratulate all of our students who represented CTS and the TDSB in Architectural Technology Design, Electrical Installations and Plumbing. Special congratulations goes to **Ryder Geluch** who earned **Silver for Electrical Installations**, and **Reiland Owens** who earned **Gold for Plumbing**. We also

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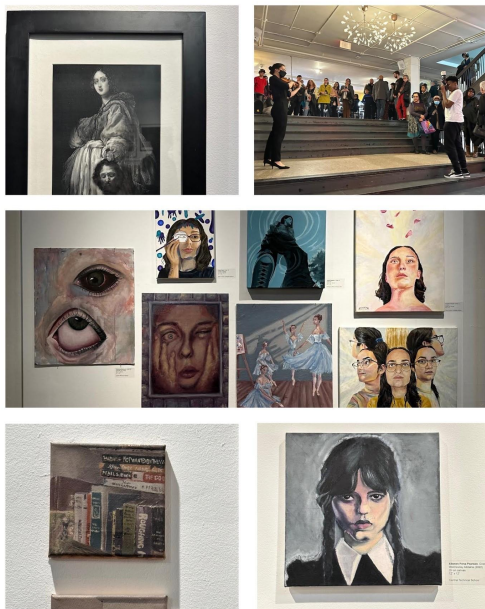
like to thank all of our Technology teachers for their hard work and support of our students who want to go into the skilled trades or work in the technology industry.

## **Anna Hapon Receives the 2023 Ethel Raicus Award**



We are proud to announce that Anna Hapon, a grade 12 student in the specialized art program at Central Technical School, has been awarded the 2023 Ethel Raicus Award for her breathtaking painting, Eha. This award, presented by the Ontario Society of Artists, recognizes outstanding talent and skill in the field of art. It is truly an honor to receive this award, which is funded through a generous bequest from Ethel Raicus, a former teacher at Central Technical School and a member of the OSA. Congratulations, Anna, on this well-deserved recognition of your artistic abilities and dedication to your craft. We can't wait to see what amazing creations you will produce in the future!

### [The 2023 EDGE: Youth Art Show Exhibition](#)



We are delighted to share that the works of Salwa Biswas, Ruby Catucci, Xilonen Pena-Pearson, Sophia Karim, Charlotte Markwell, Leila Trottier-Evans & Kendra Zwikker represented our school at this year's EDGE: Youth Art Show, held at the Artscape Youngplace Hallway Galleries in Toronto from April 17 to May 1. This exhibition featured over 250 works from talented students across the province, providing our students with an incredible opportunity to showcase their artistic talents in a professional gallery setting and connect with the wider arts community. As part of the opening night, our students had the chance to meet with professional critique artists, engage with post-secondary art school programs, and connect with their peers. We congratulate Salwa, Ruby, Xilonen,

Sophia, Charlotte, Leila and Kendra for their impressive accomplishments and for being



ambassadors of our school's outstanding arts program. We are proud of their participation in this show and look forward to supporting our students in future artistic endeavors.

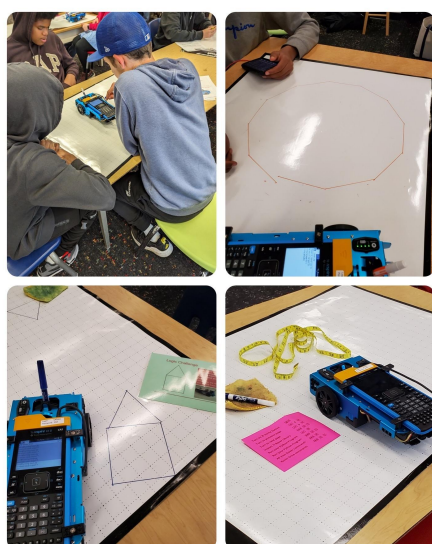


## Experiential Learning at CTS (CO-OP):

Experiential learning is an engaged learning process whereby students “learn by doing” and by reflecting on the experience. Well-planned, supervised and assessed experiential learning programs can stimulate academic inquiry by promoting interdisciplinary learning, civic engagement, career development, cultural awareness, leadership, and other professional and intellectual skills. Our students are engaging in work experiences all over the GTA. Some are at schools, bakeries, auto shops, fitness centres, bookstores and hospitals.

## Hospitality Program:

Our Hospitality program has been hard at work, fulfilling catering orders for Board events, Superintendent meetings, school meetings and other school events. As well, the SHSM class hosted CTA for a morning of learning the business side of the restaurant business and as well they taught the students some cooking skills. Hats off to our students for being fantastic hosts and teachers! Well done!



## Math:

CTS's grade 9 math students used coding rover robots to investigate relationships between internal and external angles of polygons. Our students worked through a series of tiered challenges coding the movements of the rover robot to draw increasingly complex polygons. They needed to discover relationships between the angles at vertices of polygons to code the correct movements of the rover.

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## Reimagining Learning at CTS Update:



Our students involved with the Vision and Mission project at CTS, traveled to Microsoft in the CIBC Square building and the Centre for Social Innovation. The spaces inspired the students to be creative and innovative in their thinking. Students have engaged with data analysis and clustering of ideas to frame the problem, and used causal modeling and Pro-Pro charts, to navigate tensions and determine their leverage points. We are now in the final stages of developing the Vision and Mission! Students and staff have co-edited and soon it will be shared with the entire CTS community! These students are going to make a tremendous impact on current and future students of CTS!

## Semi-Formal at CTS:

Students in grades 9-12 danced the night away at CTS's Semi-Formal, held at Europa Convention Centre on April 28th. We would like to thank the SAC for organizing an awesome event that allowed students to dress up, dance and enjoy time with their friends! Special thanks to our Alumni and staff who organized a Semi-formal pop-up shop to help students get ready for the big night, also thank you to all of the staff who volunteered their time to help with supervising!

## Sports!

CTS has many sports/teams going at the moment! We are also very excited to announce that BASEBALL'S BACK!!

**Teams this Spring Season: Baseball, Chess Team, Flag Football, Girls' Soccer, Track & Field, Ultimate Frisbee, Water Polo**

The senior boys relay team, composed of Zev Zabitsky, Aidan Peters, Dainagon Millers, and Dayton Blackman, finished first with a promising PR of 47.16 s. The boys braved



the rain and are very proud of their achievement, having been uncertain of whether they would have a team. They have already started self-reflecting and strategizing on what to improve for the next meet!

## Rawlinson Visit:



Grade 7 & 8 students from Rawlinson Public School came to visit CTS. Students rotated between different technology labs and had the opportunity to try their hand at the various skilled trades and learn about the amazing programs offered at CTS. The middle school students had a wonderful experience learning from our mentor students.

## Healthy Relationship Series for Parents/Caregivers with Children who are Neurodiverse:

Professional Support Services (PSS), in collaboration with our partners from Montage Support Services and Community Living Toronto, have prepared three virtual sessions for parents/caregivers, on **May 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup> from 6pm-8pm**, to learn strategies on how to better discuss healthy relationship making. Details of each session are listed below and in the flyer attached. These series support TDSB's Anti-Sex Trafficking policy and initiatives. The Zoom link is in the attached flyer and you can also access it here:

Join Zoom Meeting

<https://tdsb-ca.zoom.us/j/96979182605?pwd=czd6ZE0zeVp3dWRDSHhpWUd5RGZTd09>

Meeting ID: 969 7918 2605

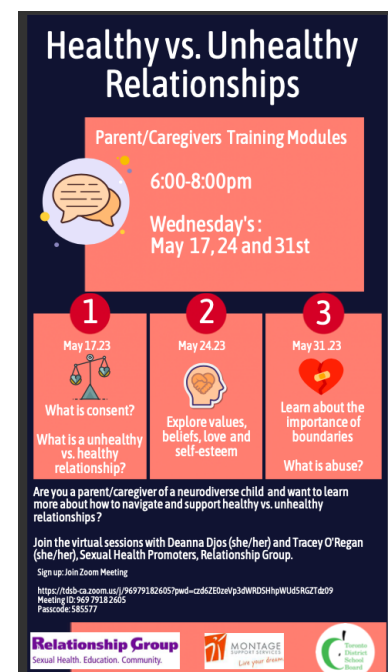
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### Session #1: May 17<sup>th</sup>, 2023: What is consent? What is an unhealthy vs. healthy relationship?

There will be a discussion about the importance of consent in the context of learning about healthy relationships.

### Session #2: May 24<sup>th</sup>, 2023: Explore values, beliefs, love and self-esteem

The group will learn about the key elements to a healthy relationship. Through the exploration of values, beliefs, goals, dreams, love and self-esteem the group will learn the power of these foundational skills and how they relate to living a healthier life.



**Healthy vs. Unhealthy Relationships**

Parent/Caregivers Training Modules

6:00-8:00pm

Wednesday's: May 17, 24 and 31st

- 1**  
May 17, 23  
What is consent?  
What is an unhealthy vs. healthy relationship?
- 2**  
May 24, 23  
Explore values, beliefs, love and self-esteem
- 3**  
May 31, 23  
Learn about the importance of boundaries  
What is abuse?

Are you a parent/caregiver of a neurodiverse child and want to learn more about how to navigate and support healthy vs. unhealthy relationships?

Join the virtual sessions with Deanna Djos (she/her) and Tracey O'Regan (she/her), Sexual Health Promoters, Relationship Group.

Sign up: Join Zoom Meeting  
<https://tdsb-ca.zoom.us/j/96979182605?pwd=czd6ZE0zeVp3dWRDSHhpWUd5RGZTd09>  
Meeting ID: 969 7918 2605  
Passcode: 585577

**Relationship Group**  
Sexual Health, Education, Community.

**MONTAGE**  
Support Services  
Live your dream

**Community Living Toronto**  
Support Services  
Live your dream

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**Session #3: May 31<sup>st</sup>, 2023: Learn about the importance of boundaries. What is abuse?**

What are the signs of an unhealthy relationship? These elements are: boundaries, kindness, respect, manners and communication which help build character and how it can play an important role in emotional development. The group will learn how to determine what is a healthy, unhealthy or abusive relationship and what to do when someone is in an unhealthy relationship.

## **Upcoming Events at CTS:**

**May 11th:** Sam Richardson Unveiling Event (10:00 am - 11:00 am) - some students and staff will be part of the ceremony.

**May 17th:** International Day against Homophobia, Transphobia and Biphobia - Pride Space Buy-out

**May 30th:** Unlearn Conference, all day (100 Grade 9/10 students and some grade 11 students will be participating)

**June 1st:** Athletic Banquet (after school in auditorium)

**June 6th:** Prom

**June 14th:** Arts Showcase (evening)

## **Where are CTS grads now?**

Each month we would like to feature graduates from CTS. If you, your child, a sibling or a friend is a graduate and want to be featured, please send information to:  
[centraltechnicalschool@tdsb.on.ca](mailto:centraltechnicalschool@tdsb.on.ca)

**Name:** Jake Lambert

**Graduated Class of:** 2014.

**Program:** I tried as many tech related classes as I could, such as automotive, woodworking, junior to senior welding, electronics, photography.

**Extracurriculars:** I would also regularly attend the blacksmith club Mr Edwards runs.

**What are they doing now?** After I finished school I worked at a fuel distribution company for 3 years as a bookkeeper/receptionist. Then I worked in an automotive shop specializing in exhaust modification, customization and repair, along with general mechanics. I went to Centennial College for 2 years for the Auto Program they have. **April 28 marks 30 days that Jake has been working as the auto shop teacher here at Central Tech - full circle as they say.**

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**Name:** Carina Sinbandhit

**Graduated Class of:** 2021

**Program:** Specialized Art Program

**Extracurriculars:** Student Council Treasurer, Yearbook Club, Archery Club

**What are they doing now?** Pursuing a Honours Degree in Mechanical Engineering at the University of Waterloo; also working on a design team called Midnight Sun Solar Car, working on CAD modeling.

**Name:** Inna Chigrinets

**Graduated Class of:** 2021

**Extracurriculars:** Student Council Secretary and President, Yearbook Club, Archery Club, Forge Literary and Arts Magazine

**What are they doing now?** Studying Mechanical Engineering at the University of Guelph

## Guidance

### Summer School

Summer school will be delivered in several different formats in 2022:

- **In-person Full Credit** (9:00am - 3:15pm, July 4 - 28). Registration deadline: June 9, 2023.
- **Remote Full Credit** (9:00am - 3:15pm, July 4 - 28). Registration deadline: June 9, 2023.
- **Remote Credit Recovery** (9:00 - 11:45am and/or 12:30 - 3:15pm, July 6 - 29). Registration deadline: June 28, 2023.

More info can be found at [TDSB Summer School Registration](#)

- **e-Summer School** is another remote learning option available in both July and August. The program is primarily **asynchronous** with direct teaching for about one hour/day and teachers available for the rest of the school day to hold office hours, small group sessions, individual tutorials and respond to student questions via email

**Registration** for e-Summer School is open and ends June 9, 2023.

[e-Summer School Registration](#)

### Summer SWAC & Dual Credits

Students with 28 credits by June 30 may be eligible to earn their final two credits in July!

Students can earn high school credits and college credits in July.



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Check out this link for more information: [Summer SWAC & Dual Credit Info](#)

See your guidance counsellor for details and to sign up :)

**University Application Important Dates:**

- April 27, 2023 Semester 2 Mid Term Marks uploaded to OUAC
- May 5, 2023 Full Disclosure Deadline
- May 29, 2023 Latest date to receive an offer
- June 1, 2023 Earliest date to respond to offers

**OSAP - Ontario Student Assistance Program:**

As soon as a student has accepted an offer, they may apply for OSAP to help fund their tuition for the post-secondary education.

[OSAP Application link](#)

[How to Apply for OSAP](#)

**Upcoming Scholarship Deadlines:**

- **Know Your Worth Scholarships**
  - Kujichagulia Academic Award (Due Friday, May 12, 2023, @ 11:59pm)

[Know Your Worth Scholarships](#)

- **The Jerome Henry Foundation Scholarships and Bursaries**
  - Deadline May 31, 2023)

<https://www.thejeromehenryfoundation.com/whats-on>

- **Brian Maxwell Memorial Scholarship**
  - Deadline June 12, 2023

<https://www.ofsaa.on.ca/recognition/scholarships/brian-maxwell-memorial/>

- **James Bartleman Indigenous Youth Creative Writing Award**
  - May 31, 2023

<https://www.ontario.ca/page/honours-and-awards-arts-and-literature>

- **Luke Santi Memorial Award**
  - May 31, 2023



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<https://perimeterinstitute.ca/luke-santi-memorial-award-student-achievement>

- **OJEN Bursaries**

- May 26, 2023 @ 5pm

<http://bit.ly/OJENBursaries>

- **Public Property Assessment Network Scholarship**

- May 19, 2023 @5pm

<https://www.opsba.org/what-we-do/ppanscholarship/>

- **Learn with Lerner's Bursary & Mentorship Program**

- May 14, 2023

<https://www.lerners.ca/diversity-inclusion/bursary-program/>

### **Need Volunteer Hours?**

You can set up a phone meeting with a volunteer advisor. Click the link below:

<https://www.volunteertoronto.ca/page/BookAppointment>

### **Grade 12 Graduation Survey**

If you are graduating at the end of this school year please complete the graduation survey at this [link](#).

### **Graduation Reminders**

Please review important information for graduation at this [link](#).

Please use the link below to schedule the appointment for alpha counsellor:

Mr. Rasmussen		Ms. Ferrari		Mr. Cormier	
A - F		G - N		O - Z	

If an appointment time is unavailable with your alpha counsellor, please contact/see [dolores.douglas@tdsb.on.ca](mailto:dolores.douglas@tdsb.on.ca) in room 205 to set up an appointment. An extra guidance counsellor will be available.

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### Guidance Google Classroom links

- Grade 9/10 <https://classroom.google.com/c/MzUwNzA1MTc0MjM2?cjc=6hdk43k>
- Grade 11/12 <https://classroom.google.com/c/MzcxNDIzMjQ2OTcy?cjc=rzzv44l>

### Volunteer Opportunities

- Join the CTS Guidance google classroom to receive information about the latest volunteer opportunities advertised by the guidance office.
- Grade 9 and 10 classroom code: 6hdk43k
- Grade 11 and 12 classroom code: rzzv44l

### Help and Distress Lines

- [Kids Help Line](#)
- [What's Up Walk In](#)
- [Mental Health TO](#)
- [Black Youth Helpline](#)
- [LGBT Youthline](#)
- [Naseeha](#) - Mental health hotline, resources, workshops, web therapy and more for Muslim and non-Muslim youth and individuals.
- [Indigenous Youth Help Line](#)
- 911

### Free Math Help - Grade 6 - 11

- <https://www.tvomathify.com/students>

## **Late Start Schedule**

May 24th, 2023	May 31st, 2023	<p><b>Schedule on these days:</b></p> <p><b>P. 1: 9:55 am - 10: 55 am</b> <b>P2: 11:00 am - 12:00 pm</b> <b>Lunch: 12:00 pm - 1:05 pm</b> <b>P3: 1:05 pm - 2:10 pm</b> <b>P4: 2:15 pm - 3:15 pm</b></p> <p><b>*** We ask that your student does not come to school until 9:45 am.</b></p>
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**From Cecil Community Centre:**

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**Peer (to Peer) Workshop** – May 4<sup>th</sup> 4:00pm-6:00pm. Earn Volunteer hours (featuring games, trivia and discussion) that focuses on learning about building healthier relationships, setting boundaries, mental health care, harm reduction strategies and so on. This would be a really great opportunity to have fun, gain valuable knowledge, enjoy free food and win prizes. Register using link <https://letsstopaidstypeform.com/to/afhyqFGy> For ages 15 – 19.

**Nellies' Healthy Relationship Workshop** - May 18th 4:00pm- 5:00pm. Are you a girl in the community wanting to earn volunteer hours? Learning about love, health, and more? Refreshments such as donuts or pizza and drinks will be provided. TTC tokens for registered participants. Register today! Email [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) to register and for more information

**Youth Program Assistants** – Want to earn volunteer hours while gaining experience at a Community Centre? Assist with program set up, clean up, program planning, and more while gaining great experience. Email [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) to register and for more information

**Leaders in Training** – In the Summer Cecil will be having our LIT Program. Youth ages 13-16, will earn volunteer hours while gaining leadership skills, developing job ready skills, building emotional maturity, becoming positive role models, and have fun through group games, discussions, workshops, trips and much more! The program cost \$30 for an entire month! Those interested can email me at [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) for more information and to register for the program.

**Youth Event Planning Committee** – Between the ages of 13- 19 and interested in leading in planning fun event in the community? Join the Youth Event Planning Committee to plan out youth events, develop leadership skills, while building your professional resume. Limited spots available. Those interested can email me at [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) for more information

**Youth Program Planning Committee** – Between the ages of 13- 19 and interested in leading in planning fun programs in the community? Join the Youth Program Planning Committee to plan out youth programs, workshops, develop leadership skills, while building your professional resume. Limited spots available. Those interested can email me at [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) for more information

**Cecil All Girls Committee** – Are you a girl between the ages of 13- 19, interested in leading in planning workshops and events for girls in the community? Join the Girls Workshop/Event Planning Committee to plan out workshops and events for girls. Develop leadership skills, while building your professional resume. Limited spots available. Those interested can email me at [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) for more information

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**Cecil Tutors** – Are you looking for a tutor or want to be a tutor? Join Cecil Tutors! Earn volunteer hours as a tutor or get help on your homework or certain subjects at school. Youth interested can email me at [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) for more details and to sign up.

**Youth Outreach Assistants** – I am looking for Youth interested in helping with Outreach. As a Youth Outreach Assistant you will earn volunteer hours while handing out posters for youth programs in the school year. Youth interested can email me at [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) for more details and to sign up.

**Cecil Kids Volunteers** – Do you enjoy working with children and want to earn volunteer hours? Cecil's Children's Program is looking for volunteers. Those interested can email [adam@cecilcentre.ca](mailto:adam@cecilcentre.ca) for more information about volunteering.