

Central Technical School

NEWSLETTER

January 7th, 2022



HAPPY NEW YEAR!

I hope your winter break was filled with rest, rejuvenation and time with loved ones.

I know that the announcement by the Ministry on the 3rd, for most folks, was one that was not welcomed. I recognize that a shift from in-person learning to remote learning is stressful on students, families and staff. Please know that the staff at CTS are committed to supporting all of our students and will do our best as we pivot to Emergency Distance Learning.

Wellness will continue to be a daily focus for students and staff. Students and families can always speak with a teacher, guidance counselor, administrator, social worker or another member of the PSSP team (Social Work, CYW, Psychologist) if additional support is needed. Please connect with your child's

guidance counselor or teacher. If you would like to access the PSSP team. Here are some additional resources that can also help you:

- [The ABCs of Mental Health](#)
- [Teen Mental Health](#)
- [eMental Health](#)
- [Kids Help Phone](#)
- [Centre for Addiction and Mental Health \(CAMH\)](#)
- [Anxiety Canada](#)
- [Free Mental Health Counselling](#)
- [Mind check](#)
- [Children's Mental Health Ontario](#)
- [Ontario Centre of Excellence for Child and Youth Mental Health](#)
- [Helping Other Parents Everywhere](#)
- [Mind Your Mind](#)
- [Caring for Kids \(Canadian Paediatric Society\)](#)
- [I Feel Good! A Guide to Support the Mental Health and Well-Being of Children and Youth who are Deaf/deaf and Hard of Hearing in Ontario's Schools](#)

Additionally, the [TDSB Winter 2021-22 Well-Being Guide](#) has many resources for students and caregivers. The English version can be found [here](#). This guide has been translated into 18 languages and we hope it can reach many students and caregivers. The translations for the 18 languages can be accessed [here](#).

Switch Requests:

The Toronto District School Board (TDSB) is committed to being responsive to the changing needs of secondary students and caregivers and will re-open the [Secondary Switch Form](#) for Semester 2 between **Wednesday, January 5 and Friday, January 7. The switch request will be for the entire duration of Semester 2.** Please note, if you submitted a switch and would like to change your request, please send in another form, and the Board will take your last official entry as your decision.

Devices:

Students who require a device can request one through their guidance counselor. Please note that our inventory is limited. Grade 9 students will not be granted a Chromebook, nor will students who already have a Chromebook listed on file.

Important Upcoming Dates:

Credit Rescue Days: January 28th, January 31st and February 1st

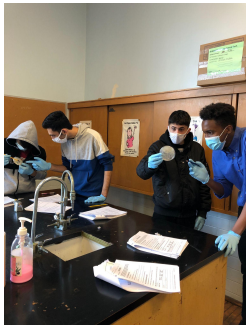
Semester 2 starts: February 3rd

Forest of Reading Book Club:



CTS Library is registered to participate in the 2022 White Pine Forest of Reading Club which celebrates Canadian authors and fosters a love of reading in our students. This program is organized by the Ontario Library Association. CTS students will participate by reading a minimum of 5 nominated titles between now and May 2022. Please direct you child to Ms.Bloom, Ms.Uhm or visit <https://forestofreading.com/> for more details.

Grade 11 Biology Classes!



In the grade 11 College Biology class, students were investigating the development and physical characteristics of microorganisms, and applying appropriate use of laboratory equipment and techniques.

SHSM Hospitality Class:

Chef Muller's SHSM program has created a delectable arrangement of fresh and seasonal dishes. These are a few of the wonderful meals that were prepared in November and December. The service is spectacular and the meals keep you full for the day.



Office Information:

If you need to call to **report an absence**, please call **416-393-0070 and press 1** to get the attendance line.

As well, if you have any concerns regarding your student, we encourage you to first contact your child's teacher, then Guidance Counselor, then their VP. Call **416-393-0070 press 2** for the Vice Principals' office, **and 3** for Student Services (Guidance).

Students with last names A-F:

GC: Mr. McDonagh

VP: Ms. Khan

Students with last names G-N:

GC: Ms. Ferrari

VP: Mr. Cho

Students with last names O-Z:

GC: Mr. Cormier

VP: Mr. Todd Bushell

During remote learning, email would be the best way to communicate with your student's teacher.
Email for teachers: firstname.lastname@tdsb.on.ca

Update from Guidance:

Ontario University Application Deadline - January 13, 2022

- The 101 Ontario Application deadline is January 13, 2022.
- Link to application - <https://www.ouac.on.ca>

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- [Application guide](#)
 - Contact your counsellor for your PIN letter required to apply
 - [University Information](#) in [grade 12 google classroom](#)

College Application Deadline - February 1, 2022

- Applications for equal consideration are due February 1, 2022
- Link to application - <https://www.ontariocolleges.ca/en>
- No PIN required
- [Application guide](#)
- [College Information](#) in [grade 12 google classroom](#)

Semester 2 Timetable Changes

Semester 2 is around the corner. Contact your counsellor to review and make any changes before the semester begins.

Semester 2 Night School Registration

Registration for Remote Full Credit, Remote Full Credit Adults 18+ and Remote Credit Recovery Semester 2 Closes: January 28, 2022 at 11:00 a.m. Follow the appropriate [registration link](#) for the program you are interested in.

Help and Distress Lines

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| • What's Up Walk In | and more for Muslim and |
| • Mental Health TO | non-Muslim youth and individuals. |
| • Black Youth Helpline | • Indigenous Youth Help Line |
| • LGBT Youthline | • 911 |
| • Naseeha - Mental health hotline, resources, workshops, web therapy | |

Guidance Instagram account:

- @cts.guidance

Free Math Help - Grade 6 - 11

- <https://www.tvomathify.com/students>

Dual Credit

registration is now open for semester two.

- You could earn an **EXTRA** credit!
- Dual (2) means that a student takes a course that allows them to earn **BOTH** a secondary high school credit AND a college credit
- Students are able to take a college level course in a huge variety of areas to experience something they are considering as a possible career path
- Check out the Dual Credit website: [TDSB Dual Credit Information](#)
- See your guidance counsellor for more information 😊

SWAC

registration is now open for semester two.

- Are you in grade 12, and behind on credits?
- Are you interested in studying at a college, and earning up to 8 credits in semester two?
- Check out this video presentation for more information: [Open House Video Presentation for Staff and Students](#)
- Check in with your guidance counsellor to see if you are eligible 😊
- **SWAC & Dual Credit Website**

<https://sites.google.com/tdsb.on.ca/experiencecollege/swac/for-students>

Late Start Schedule:

October 6, 2021	October 27, 2021	Schedule on these days: 10:00 am - 12:00 pm - Course 1/3 12:00 pm-12:45 pm - Lunch 12:45 pm -2:45 pm - Course 2/4 *** We ask that your student does not come to school until 9:50 am.
November 17, 2021	November 24, 2021	
December 8, 2021	December 15, 2021	
January 19, 2022	January 26, 2022	
February 16, 2022	February 23, 2022	
March 23, 2022	March 30, 2022	
April 20, 2022	April 27, 2022	
May 18, 2022	May 25, 2022	

Professional Learning Communities:

On the late start dates, teachers are engaging in collaborative inquiry. Some teachers are exploring how to use inquiry as a means for students to be connected to their community and engage as citizens. Other teachers are collaborating on the many possibilities of UDL to support the variability of our learners, and the power of Indigenous epistemology in supporting the brilliance and gifts of our students.

School Council Meeting Dates:

January 18th, 2022 *** Rescheduled from the 4th

March 1, 2022

May 3, 2022

Zoom links will be shared via email.