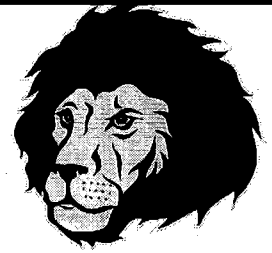


The Chartland Connection

“Little Hands do Big Things”

November 2019



Principal – Ms. M. Sharma

Office Administrator – Ms. L. Nivins

<http://schoolweb.tdsb.on.ca/chartland>

Superintendent – Ms. R. Dickinson

Trustee – Ms. Y. Rajakulasingam

Follow us at @ChartlandJPS

Dear Families,

It has been a busy and exciting two months and it is hard to believe that we are almost at the end of our first term!

You will soon be meeting your child's teacher to discuss the Progress Reports (Grades 1-8) that are scheduled to go home on November 12th. Parent Teacher interviews will be scheduled on Thursday, November 14th afterschool and on Friday, November 15th in the morning. You will have received a letter to indicate your preference of time for your child's interview. When report cards are sent home you will receive a confirmation of the time.

The progress report provides an opportunity for you to talk to your child's teacher to get a better sense of his or her areas of strength and the areas in which he or she needs to focus to improve marks, study habits or behaviour. It is also an opportunity to celebrate successes, and there are always successes, and to encourage effort and commitment and to work on setting goals working toward the first set of report cards in February.

Thank you for your continued partnership!

Terry Fox Walk/Run

Thank you to all the families that donated money for Terry Fox. It was a beautiful day and the students ran and walked.

Take Our Kids to Work Day – November 6th

The TDSB is supporting Take Our Kids to Work Day on Wednesday, November 6. This is the day when Grade 9 students across Ontario will be accompanying a parent, relative or friend to the workplace.

The initiative gives students an opportunity to view the work that adults do and gain an understanding and appreciation for the challenges people face daily and the accomplishments that are achieved. This opportunity helps students think about the choices they will have to make and the path they must follow to meet their future career goals.

November is Hindu Heritage Month at the TDSB

In 2016, the Government of Ontario declared the month of November each year as Hindu Heritage Month. Further to this, on April 18, 2018, the TDSB Board of Trustees voted to recognize the month of November as Hindu Heritage Month. The theme chosen this year is *OM – The Sound of the Universe*. The sound OM, or AUM, is energy, a vibration from which all the universe originates. It is believed that form and creation emanate from this vibration. OM symbolizes vibrations of being, life, and consciousness in *all* worlds and *all* creatures. By chanting OM correctly, one feels a connection to the creation and transformation of the cosmos. And then, it is traditional to pause, sit in silence, and experience that creative void of complete peace and understanding.

Canadians of Hindu faith have greatly contributed to civic life in Canada for decades, and are a vibrant part of the growth and prosperity of Toronto, Ontario and Canada. November is an opportunity to celebrate the Hindu way of life, examine its impact and contributions to the world culture, and recognize values which promote compassion, tolerance and inclusion – and hey, it is the birthplace of the number zero, without which the binary code in computers could not exist!

November is TDSB Indigenous Education Month

In November, we celebrate Indigenous Education Month at the TDSB. This month provides an opportunity to centre First Nations, Métis and Inuit peoples perspectives, histories and contemporary realities across the curricula. We focus on treaties, the leadership, achievements, creativity, resistance and accomplishments of Indigenous peoples in Canada.

Ready Set Engage!

Join us for the annual Parent Involvement Advisory Committee conference on Saturday, November 16, 2019. Registration is free and includes bussing, childcare and lunch. This year's focus is on school councils, so whether you're on one, want to be on one or want to learn more about how to get involved, join us for a day of workshops and networking. Register at: www.tdsb.on.ca/Community/HowtoGetInvolved/PIAC2019Event

Bullying & Prevention Week November 17th-23rd

At Chartland, we understand that a caring, safe, inclusive and accepting school climate is essential for student achievement and well-being. For students to reach their full potential, students must feel safe, included and engaged in school. We have a strong focus on building character through the Character Education Program and have a proactive approach when dealing with issues of bullying. We work hard at teaching our students about bullying awareness and prevention. We encourage our students to report all instances of bullying, to take a stand and not just watch or be a by-stander. As a Parent, it is important for you to know what to do if your child is being bullied. You can help your child by informing the school and helping us to deal with the problem. The following are a few tips given by the Ministry of Education:

<http://www.edu.gov.on.ca/eng/multi/english/BullyingEN.pdf>

-Listen to your child and assure him that he or she has a right to be safe.

-Help your child see that there is a difference between "ratting" or "telling" and reporting. It takes courage to report. Reporting is done not to cause trouble for another student, but to protect all students.

-Make an appointment to talk to your child/teenager's teacher, another teacher that your child/teenager trusts or the principal or vice-principal of the school.

-Difficult as it may be, try to remain calm so that you can support your child and plan a course of action with him or her.

-Stay on course. Keep an eye on your child's behaviour.

-Speak to the instructor or coach if the bullying is taking place during after-school activities or sports events.

-Contact police if the bullying escalates to criminal behaviour, such as sexual assault or use of a weapon, or if the threat to your child's safety is in the community rather than the school.



Our Students at the Cross Country Meet!



Our Kindergarten Classes at the Fire Station with food donations they collected for the food bank!



Celebrating after the Halloween Parade!

All About Empathy

Parents,

Hello! Here at school, we will be very busy learning about empathy- what it means and how we can be more compassionate toward others! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of empathy through reading about it, talking about it, and practicing it! We will enjoy exploring this topic at school, and we hope your family will enjoy it just as much!

Our Empathy Assembly is at the end of November - join us!

Read About It!

- Here are some books to help you learn more about empathy:
- Last Stop on Market Street
By Matt de la Peña
 - Hey, Little Ant By P. & H. Hoose
 - A Sick Day for Amos McGee
By Philip Stead

Practice It!

If you observe someone in distress (in real life, on TV, or in a book), talk with your child about how that person must feel. Even a very brief conversation might have an effect.
OR: Show kids how to "make a face" while they try to imagine how someone else feels.

Talk About It!

Here are some discussion points to help you talk about empathy with your child:

- Tell me about a time when someone was empathetic with you. How did it make you feel?
- What do you think empathy means & why is it important?
- Give an example of what you could do to show empathy when someone is sick.
 - What do you think it means, "Put yourself in someone else's shoes"?

