## Churchill Heights P.S. Newsletter June 2021



### Message from the Principal

Dear Churchill Heights Families,

It is hard to believe that we have made it to the end of the school year already. While I only began my appointment as principal to Churchill

Heights in September, I have gotten to know many of the students, staff, and parents quite well over the past few months. Churchill Heights is a lovely school and I am very grateful to lead this vibrant school community.

In spite of all the many twists, turns and changes this school year has presented, we have all learned to adapt quite quickly and quite nicely. I could not be prouder of our students, staff, and our parents for helping our students to finish the school year strong.

I would like to thank our staff for their hard work in adapting their educational programs to meet the needs of their students during distance learning. I would also like to thank our students for doing their very best to participate daily in their online learning and to complete their assignments.

As well, I would like to thank our parents for all their efforts in helping to support their children with their online learning while often having to work from home themselves. This has been no easy feat and the staff, and I sincerely commend you for your efforts, flexibility, cooperation, and patience during these difficult times.

As a staff, we sincerely thank our School Council (CSC) and our many volunteers for their hard work and support. Thanks to our Council we were able to commence the Churchill Heights outdoor sign installation and, as a community, you will be able to participate in the upcoming evening with X-Movement.

As the year ends and we prepare for the upcoming school year we would like to welcome Aline Maleganovski who will be joining us our Gifted Grade 6 teacher in September.

We look forward to the last weeks of school with all of you. Please continue to keep solid routines at home as we come down the home stretch. I want to thank you for a great school year and all the work you do to support your children and help them to succeed and grow. Talcia Richards 749 Brimorton Drive, Scarborough, ON, M1G 2S4 Principal: Talcia Richards Vice-Principal: David Leavitt 416-396-6160 / Fax 416-396-6164 Superintendent: Kurt McIntosh 416-396-9178 Trustee: Zakir Patel 416-395-8787/647-709-7973 School Website

School Council Email ChurchillheightsSC@gmail.com

## Character Trait Winners

#### May - Integrity

- Rm 1 Aathishan, Nestor
- Rm 3 Charlotte, Siddharth
- Rm 6 Jerome, Jess
- Rm 7 Hailey, Shanjikaa
- Rm 8 Aadie, Ammara
- Rm 21 Haimi, Rishma
- Rm 23 Kishnavi, Oviyah
- Rm 26 Ajaanan, Sophia
- Rm 28 Kiranyaa, Pragun



Please join us to celebrate our Graduates in Virtual Ceremonies:

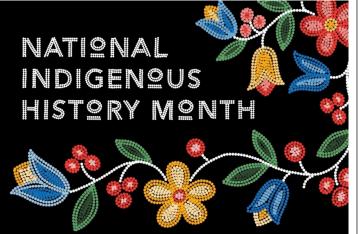
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Grade 6: Thursday, June 24 6:00–7:00 pm 8003

Grade 8: Monday, June 28 6:00-7:00 pm

Links to the pre-recorded events will be emailed to parents/caregivers.

## Indigenous Peoples History



In June, honour National Indigenous History Month with the Urban Indigenous Education Centre.

Celebrate and honour First Nations, Métis, and Inuit Cultures and Perspectives. Enjoy Indigenous stories, literature, art and music. Learn from Indigenous people and their experiences.

#### Learn more! www.tdsb.on.ca/ IndigenousEducation

### Portuguese Speaking Heritage

TDSB is proud to recognize Portuguese Speaking Heritage Month during the month of June celebrating these rich and vibrant cultures. The contributions of the Portuguese-speaking community to Canada's history are vast as include the arts, sports, medicine and public life.

Did you know?

- 250 million Portuguese speakers worldwide, making it the fifth-most spoken language
- Over 1,400 TDSB students speak Portuguese as their mother tongue or as a primary language
- Portuguese is the official language of eight countries: Angola, Brazil, Cape Verde, Guinea i -Bissau, Mozambique, Portugal, Sao Time & Principe and East Timor
- While the Archipelago of the Azores and the Archipelago of Madeira are a part of

Portugal, they are simultaneously Autonomous regions which share in the Portuguese language

 As well, due to historic ties, various regions of the world including Macau, China and Goa and Damao, India, celebrate their Portuguese influence

## Italian Heritage

The Toronto District School Board is proud to recognize June as Italian Heritage Month. During this month, the TDSB celebrates the spirited culture and traditions of the Italian community with students, staff and the entire TDSB community.

The TDSB is joined by the Province of Ontario in recognizing Italian Heritage Month since June 2010 when the Italian Heritage Month Act was passed. This Act recognizes the important contributions that immigrants made in building Ontario's communities and the economic, political, social and cultural achievements of Italian Canadians throughout the province. Italian Canadian immigrants have played a prominent role in supporting Canada's post-war boom and Toronto's emergence as a diverse, vibrant world-class city.

## Pride

June is Pride Month at the TDSB! It's an opportunity to celebrate diversity and raise awareness among all staff and students about the rich culture and history of our LGBTQ2S community.

Please visit www.tdsb.on.ca/pride to learn more about these activities and find out how you can

get involved. Follow and join in the conversation on Twitter, #PrideTDSB!



## **Elementary Summer School**

Our elementary summer school program focus is to close the achievement and well-being gap and to continue student engagement into July. Programs for students in Grades 3 to 8 will be delivered from July 6 to 31, 2020 from 9am to 12pm. French programs will also be available for students currently in a French Immersion or Extended French Program. Remote synchronous learning will be offered. There is a possibility that learning may move from remote learning to inclass learning environments in accordance with the ongoing guidance of the Ministry of Education. Registration is online and is currently open to the public. More information is available at www.tdsb.on.ca/summer

#### International Languages Elementary/African Heritage

The International Languages Elementary/African Heritage Program offers language classes to students Kindergarten to Grade 8. Classes will run from July 6 to 31, 2020 from 1:30 to 4pm. A minimum of 23 students is required to open a language class. Remote synchronous learning will be offered. There is a possibility that language learning may move from remote learning to in-class learning environments in accordance with the ongoing guidance of the Ministry of Education. Registration will be online and open on Monday, May 25, 2020. More information is available on www.ileprograms.ca.

## Adult Summer Programs

#### Community Programs

Adult General Interest courses will be offered in July to continue to engage with existing learners, while increasing the presence and awareness of Learn4Life programs to new learners. Courses will be offered from July 6 to 31, 2020 through a synchronous online delivery model. Registration will be available through our website at <u>www.learn4life.ca</u>.

#### <u>Adult ESL</u>

Adult ESL is planning on delivering a remote synchronous learning model, with whole group and small group instruction, from July 6 to July 24, 2020 from 9:30am to 12:30pm. Classes will be five days a week for three weeks. We will also be implementing a modified Portfolio-Based Language Assessment program to include 1 to 2 assessments. The number of classes and levels will be based on student enrollment, interest and funding. More information is available on www.ESLtoronto.ca

## Importance of Sleep

We spend about a third of our lives asleep. Sleep is essential - It is as important to our bodies as eating, drinking and breathing, and is vital for maintaining good mental and physical health. Sleeping helps us to recover from mental as well as physical exertion.

-Mental Health Association.

<u>Student Mental Health Action Kit for Parents and</u> <u>Caregivers</u>

## Fun Family Event

#### BROUGHT TO YOU BY THE SCHOOL COUNCIL

## X-MOVEMENT HERE AT CHPS!

Join us for a fun evening of virtual fitness, movement, and dancing with you and your family!

> **JUNE 3, 2021** JK - GR 3: 6:00PM - 6:45PM GR 4-8: 6:50PM - 7:20PM

Wear athletic clothing and ensure you have a space in which you can move.



## Streetproofing Tips Elementary

At school, the safety of your child is our most important priority. We remind you to keep your school staff up to date with your address, phone number, childcare arrangements, to whom your child may be released, etc. We also encourage you not to permit your child to make alternate arrangements over the lunch hour if they are in a lunch program. We need you to let us know about any changes of routine and to sign your child in if they are arriving late or leaving early for any reason.

The Toronto Police streetproofing program encourages you to teach your child:

- his/her name, address, phone number
- to Dial 9-1-1 in an emergency
- to communicate with you when they feel unsafe or afraid
- to keep you informed as to his/her whereabouts at all times
- never to admit to being alone in the home when answering the telephone
- never to invite strangers into the house or answer the door when alone
- never to approach or enter a stranger's car or hitchhike
- never to travel or play alone- always be with friends
- to trust their feelings and say "NO" to an adult if that adult wants them to do something that is wrong
- not to accept gifts from strangers
- to tell you if someone has asked them to keep a secret from you
- that no one has the right to touch any part of his/ her body that a bathing suit would cover
- that if he/ she is being followed, or approached too closely, to run home or go to the nearest public place and ask for help
- to report to your school authorities or a police officer, anyone who act suspiciously towards him/ her
- never to play in deserted buildings or isolated areas
- never to enter anyone's home without your permission
- to avoid taking shortcuts through parks and fields
- never to show his/her money and, if attacked, to give it up rather than risk injury
- to be aware of his/her surroundings and not be distracted—never text and walk or wear headphones or earbuds to play loud music
- that a police officer is a friend who can always be relied upon when he/ she is lost or needs assistance.

Together, we can keep our school and community a safe environment for our children.



## Streetproofing Tips Intermediate

Streetproofing is an essential skill for all students. Although it is often taught at the elementary level, it is also important for older students to remain vigilant as they travel to and from school on their own. Through practical knowledge and training, schools and parents can be prepared to deal with the various situations that students may encounter.

What's streetproofing all about? It's about helping kids identify and react to situations that are uncomfortable, unwelcome or even dangerous. Streetproofing skills help students become more aware of their surroundings and those in it. Schools, parents and guardians can help make personal safety second nature to student's daily activities. We can't follow our children around everywhere, but we can teach them to trust their own instincts and "keep their radars up."

Middle school students should be reminded to:

- travel with at least one other person whenever possible
- avoid taking shortcuts through parks and fields
- walk in well-lit and well-travelled areas
- keep valuables such as cell phones, expensive jewellery, laptops and personal music devices (ipod, M3P players) out of sight as much as possible when in public places
- be aware of suspicious behaviour and try to remember what the person or car looked like so it can be reported to school staff, parents or the police if necessary (plate numbers can be written in the dirt or snow if nothing else is available)
- be aware and alert; don't be distracted--never text and walk or wear headphones or earbuds to play loud music
- keep money hidden
- always carry identification.

#### Parents and/or guardians can:

- keep school contact information up to date, including cell and business numbers; the school needs to know who to contact in cases of emergencies
- make a point of knowing your child's friends; keep a list of their telephone numbers (cell and home), where they live and get to know their parents
- keeping an up-to-date colour photograph of your children
- know your child's approximate weight and height
- keep a medical and dental history of children's blood type, medical problems, scars, broken bones, pulled teeth, braces, glasses, medication allergies, fingerprints etc.

Adapted from The Ontario Principals' Council with contributions from the Toronto Police Services.

# **June 2021**

| Sun   | Mon  | Тие  | Wed  | Thu  | Fri                                 | Sat |
|---|--|--|--|--|-------------------------------------|-----|
| Italian Heritage,<br>Portuguese-<br>speaking<br>Heritage<br>Nat'l Indigenous<br>History,<br>Pride Month |  | 1<br><u>Celebrating Black</u><br><u>Excellence Virtual</u><br><u>Event</u> | 2  | 3<br><u>School Council</u><br><u>Presents X-</u><br><u>Movement</u>  | <b>4</b><br>P.A. Day - no<br>school | 5   |
| 6   | 7  | 8  | <b>9</b><br>School Council<br>Virtual Meeting<br>6:00 pm | 10   | 11                                  | 12  |
| 13  | 14<br>Begin Returns of<br>TDSB Devices               | 15   | 16   | 17<br>Virtual Assembly<br>for Perseverance<br>12:15 pm   | 18                                  | 19  |
| 20<br>Father's Day  | 21   | 22   | 23   | 24<br><u>Travelling Stage</u><br><u>Wellness, Dance,</u><br><u>Yoga Virtual</u><br><u>Event</u><br><u>Grade 6 Virtual</u><br><u>Graduation</u><br>6:00-7:00 pm | 25<br>Report Cards Go<br>Home       | 26  |
| 27  | 28<br>Grade 8 Virtual<br>Graduation<br>6:-00-7:00 pm | 29<br>Last Day of<br>School for<br>Students                                | 30   |  |                                     |     |

## Student Art from Room 3



Maanasa

Siddarth