



CONGRATULATIONS TO ALL OUR GRADE 6 STUDENTS!

Grade 6 Graduation Ceremony Virtual Link

Please find below the link to Cornell JPS' virtual Graduation Ceremony. Feel free to watch the ceremony at your convenience and share it with your friends and families. We are so proud of all our Grade 6 students. The link will remain active over the summer holidays. Thank you to our grade 6 team for organizing this milestone event for our students.

[Cornell Grade 6 Graduation Presentation](#)

To All Current Senior Kindergarten (SK) students' Parents.

If you have a Senior Kindergarten child currently registered in bricks and mortar, we invite you to pick up your graduation certificate and backpack of summer learning materials on **Monday June 28, 2021** from your classroom teacher. If your child was registered in Virtual school, please drop by the office and give your child's name to office staff to pick up their graduation certificate and backpack. The backpack has reading books, math manipulatives and activities that your child can do over the summer in order to prepare for Grade 1. Please make every effort to collect the items so that our students can prepare for learning as they transition into Grade 1.

Pick – Up and Drop Off of School Belongings

Families and students may come into the school to pick up their belongings and drop off the technology and borrowed school materials. We are calling this process “**Operation Pick Up and Drop off**”. Please see attached file for details. Additionally, **Between June 16 – June 25** – We have asked teachers to assign a ½ day of asynchronous work (work to be done independently) for their classrooms so that the teacher may come to school and collect their belongings and prepare the classroom for the students to pick up and drop off borrowed material such as books, textbooks etc. The teacher will let the students know the day and time chosen. We appreciate your cooperation with this.

CampTO – City of Toronto

Information regarding summer camps can be found by clicking on the link below

<https://www.toronto.ca/explore-enjoy/recreation/campto/>

Elementary Summer School 2021 – Registration Now Open!

The focus of the Elementary Summer School Program is to support student learning and engagement through the month of July. Programs, embedded in Literacy and Numeracy, are developed by the local summer school principal to reflect the local school focus. Thirty-eight programs are offered to students in Kindergarten to Grade 8, from July 5 – 30, 2021, in-person or online through virtual instruction.

Registration is now open! [Click here](#) for a full list of participating schools and registration information.

School Year Calendar 2021-2022

TDSB staff are currently in the process of developing the 2021-2022 School Year Calendar. Once completed the draft calendar will be submitted to the Ministry of Education for Approval and posted to the TDSB website.



HEARTS & MINDS



Volume 2
Issue 9
June 2021

From TDSB Psychological Services to Your Family

Dear Parents, Caregivers, and Families in our TDSB community, We recognize that this year has been challenging and stressful for so many of us. We wanted to take the opportunity to recognize your strengths and your resilience this past year. It has not been easy adjusting to the constant change and new experiences that the pandemic has brought to our lives. We want to acknowledge that despite all the difficulties, we see your strength, bravery, and resilience and we celebrate YOU for being amazing parents and caregivers. Thank you for allowing us to provide you with support and strategies through this newsletter.

We hope it has been helpful for you and your family.

Have a happy, safe, and relaxing summer!

Sincerely, The Hearts & Minds Committee



**CLICK
HERE
FOR THE
2021 TDSB
SUMMER
WELL-BEING
GUIDE!**



OUR ARTICLES, TIPS, AND SUGGESTIONS DO NOT CONSTITUTE TREATMENT ADVICE.

IF YOU OR A FAMILY MEMBER IS IN CRISIS, PLEASE CONTACT **KIDS HELP PHONE: 1-800-668-6868** OR THE DISTRESS CENTRE: 416-408-4357

COMMUNITY CORNER



CHECK OUT THESE JUNE EVENTS & RESOURCES FROM THE TDSB!

Recent violent events targeting specific racialized or religious communities, such as the violence that occurred in London Ontario has led to increased feelings of vulnerability, sadness, and fear among many members of our community. We stand together with those within our TDSB community and beyond in condemning all acts of hate and violence.

Students may experience a wide range of reactions and emotions when hearing about the tragic event in London, and others events that have, or may, occur in our world.

TDSB Professional Support Services have prepared a tip sheet for parents that may be helpful when speaking with their children about tragic events. [Click Here.](#)

IN JUNE, WE HONOUR NATIONAL INDIGENOUS HISTORY MONTH



with the Urban Indigenous Education Centre.

We can celebrate and honour First Nations, Métis, and Inuit cultures and perspectives by enjoying Indigenous stories, literature, art and music, and learning from Indigenous people and their experiences.

This year, "National Indigenous History Month is dedicated to the missing children, the families left behind, and the survivors of residential schools."

[Click here for the NIHM Schedule of Events.](#)

[Click here for more info & resources to celebrate NIHM with your family!](#)



#NIHM2021

TDSB

CELEBRATES PRIDE MONTH!



"Our TDSB community recognizes and celebrates Pride Month and the diversity that exists among all staff and students. We aim to increase awareness that individuals in the 2SLGBTQ+ community face additional barriers to maintaining good mental health. We strive to eliminate stereotyping and discrimination so all members of our community can thrive."

Join us in exploring the Pride Month resources to celebrate our diverse community and make the TDSB a safe, equitable, and inclusive place.



TDSB MENTAL HEALTH & WELL-BEING RESOURCES

Click on the logo for the full list of mental health & well-being resources for caregivers & students, which can be accessed and used all summer!



"Let's Connect" is a new mental health and well-being virtual series that allows caregivers and parents to come together with TDSB Professional Support Services to share ideas and resources.

The first meet-up is June 22, 2021 to discuss the 'Transition to Summer'.

Let's Connect
ABOUT MENTAL HEALTH AND WELL-BEING





RAISING BRAVE KIDS IN UNCERTAIN TIMES

By Afroze Anjum, Psy.D. C.Psych.



One of the character strengths that can help during current times of uncertainty and during our transition from school to Summer Break, and back to school again in the Fall, is BRAVERY.

Bravery can be defined as facing our fears during difficult and threatening times. It can be physical, psychological, or moral. Bravery is important because it lowers our anxiety and improves the quality of our relationships. How can caregivers contribute to their children becoming brave?

1 Share brave stories: Exchange stories with your child or teen about times when you have overcome your fears. For instance, you can tell them about moving away from home for the first time, or interviewing for a new job. Normalizing worry and fear (which we all experience) while validating being brave and bold (despite the outcome!) can set good examples for your child. Remind them of times when they have been brave, like when they jumped off the diving board for the first time, or how they protected their friend from a bully. Look for opportunities to praise them for their brave acts. Bring their attention to role models of bravery in real life, stories, or movies that you watch together

2 Give opportunities to foster bravery: When your child or teen is encountering a stressful or difficult situation, ask them about their thoughts and feelings. If they have worried or scared feelings, gauge if their thoughts surrounding their fears are realistic or unrealistic. If they are realistic, then you can work with them to help find solutions. If some of their worried thoughts are unrealistic, teaching helpful thinking can encourage them to be brave in tough situations.



Here are more resources to encourage realistic thinking in children and teens.

3 Model bravery: Our children learn best through the modelling of skills and behaviours - when they see us "walk the talk" and show them what bravery looks like, they may be more likely to follow our lead! Use this resource to make a "list of fears" and think about small steps you can take to be brave and overcome your fears. Model these small steps with your child or teen and encourage them to make their own list, just like you! Also, discuss and model the difference between bravery, healthy risk-taking, and dangerous risk-taking.

SUMMER LISTENING FOR CAREGIVERS

By Bryony Hupka, M.A., C.Psych.



Podcasts are a free and easy way to absorb all kinds of information, interests, and ideas - Especially when it comes to supporting our kids and families! Check out some of the podcasts we are listening to right now, by clicking on the links, or by searching the titles wherever you like to listen to podcasts:



TILT PARENTING PODCAST

More than 200 episodes with authors and experts, on "raising differently-wired kids with confidence, connection and joy". You can filter episodes by interest (e.g. ADHD, anxiety in teens, giftedness, etc...).

GOOD INSIDE PODCAST

Clinical Psychologist Dr. Becky Kennedy tackles tough parenting questions such as tantrums, screen time, and sibling rivalry, all in under 30 minute episodes.

HAPPY LISTENING!

READING FOR FUN THIS SUMMER: HOW TO ENGAGE YOUR RELUCTANT READER

By: Laura Cousineau, M.A.S.P., C. Psych. Assoc.



WHY IS READING FOR FUN IMPORTANT?

Kids appear to benefit most from a mix of reading for purpose *AND* reading for pleasure! Studies have found that youth who read for both learning and fun have stronger language skills, greater imagination, and higher motivation and achievement than youth who only read for academic reasons. Brain scan studies have also found that people who frequently read fiction are better able to empathize with others and see things from other's perspectives, both of which are helpful skills for navigating our social world! *Summer can be a great time to encourage reading for pure enjoyment and fun!*

WHO ARE RELUCTANT READERS?

As children enter middle and high school, reading for fun typically drops off, especially during the summer months. In addition, youth who experience learning differences or challenges are often reluctant to read for pleasure, as reading can often be a source of frustration or stress during school time.

HOW CAN YOU ENGAGE YOUR CHILD IN READING FOR FUN THIS SUMMER?



Make Reading a Choice, Not a Chore!

Allow your child or teen to choose the *THEME* and *FORMAT* of their reading this summer and try not to enforce specific timelines or goals. Encourage reading in all its forms (e.g. graphic novels, recipe books, "listicles", or even audio books). Providing choice and flexibility takes the pressure off reading and increases enjoyment! **Take a look at reading lists [here](#), [here](#) and [here](#)** - Let your child or teen choose some options they like! Finally, resist the urge to criticize the topic or mode of reading your kid chooses this summer (*Another book about teen vampires? Sounds great!*).



Try 'Read-Alouds'

Reading aloud brings stories to life and creates bonding experiences with your child. And don't forget your teen – studies have shown that when adolescents hear books read aloud, it improves their comprehension and reduces stress! Read in the language you speak at home or tell stories aloud to your child. Use silly voices, dramatic effect, and different reading locations (The park? Waiting in line at the grocery store?) to make the experience extra fun! Click [here](#) for more tips on reading aloud with your child at home.



Make it Easy!

Sometimes, kids are reluctant readers because the thought of starting a new book can be daunting. Instead, help your child or teen find a series they enjoy. A series makes the storyline and characters familiar and therefore, easier to pick up and keep reading! Also, letting your child follow their passion when choosing something to read always makes things easier. For teens, let them tie reading into their social media interests. Click [here](#) for more tips to engage your teen in reading!

FINALLY, DON'T SWEAT IT!
USE THESE SUMMER READING
GUIDES TO HELP YOU GET STARTED
AND ENJOY A SUMMER OF READING FUN!



edutopia



MAKING A SMOOTH TRANSITION FROM SUMMER TO SEPTEMBER

By: Paul Szego, Ph.D., C.Psych. & Laura Cousineau, M.A.S.P., C. Psych. Assoc.



Summer Break is fast approaching for TDSB families – and while your kids will be enjoying a well-deserved break, it also means that parents and caregivers may be looking ahead to what September may bring. Because of virtual learning this year, the transition back to school this upcoming Fall may be even more challenging than usual. **Here are some things you can do over the summer to make the transition back to school smoother, easier, and less stressful – for everyone!**

KEEPING UP WITH ROUTINES in the summer can lead to an easier transition in September, since this is usually when things like sleep, mealtimes, and daily schedules become more structured. As much as possible, try to keep a *consistent sleep and meal schedule (even on weekends)* at home during the summer months. The predictability of *daily, summer routines (like making the bed every morning, walking the dog after dinner, or limiting screens to certain times of the day)* may help your child return to the structure of school with more familiarity and ease!



Most kids have been around their parents much more than ever before, and away from their friends for longer than usual. *This means that they may be experiencing new emotions when thinking about their return to school.* It might be harder for your children to be away from you in September, or they may be feeling some big emotions when thinking about seeing their friends again. Try to use the **“3 L” approach** to managing and **TALKING ABOUT EMOTIONS** with your child this summer -



- 1) Listen without Judgement
- 2) Label and Acknowledge their Feelings
- 3) Lend a Hand if needed!

KEEPING OUR BRAINS ENGAGED over the summer helps with the return to learning in September... and it's easy to do! *Board games and outdoor sports* help kids flex their prosocial and executive functioning skills over the summer. *Puzzles, LEGO, Minecraft, and coding games* can be really stimulating for kids of all ages and they also let kids practice their problem-solving and mental planning skills. Creativity and imagination are important parts of academic learning, and they are easy to encourage in the summer through *drawing, writing, crafts, or outdoor play activities!* Cooking or baking can be a fun (and tasty!) way to practice a little math together. Lastly, you can never go wrong by *exploring the plants, flowers, insects, and animals* all around us... just steer clear of the poison ivy!



The transition back to school may bring about some old and new worries – not just about Covid-19, but also about things like finding someone to play with at recess, or being called on in front of their class. These worries are normal for many kids; however, it's important to **NOTICE ANY CHANGES IN BEHAVIOUR** as we get closer to September, as this can be a sign that the worries are more than your child or teen can handle. For example, *trouble with sleep, a change in their eating habits, an increased need for reassurance, or aches and pains (like stomach or headaches) that are more than normal* can all be indicators of an emerging or escalating problem with worry. If you have concerns for your child, [this resource](#) can help, or you can contact [Mental Health TO](#) for support.

Program Details

PROGRAM FOR ALL AGES (birth - 6 years old)

Music Circle: This is an interactive program for families and children birth to 6 years old. Join us Monday through Saturday at 10 a.m. to participate in familiar songs, rhymes and finger plays.	Play N Learn: This is an interactive program for families with children birth to 6 years-old. Children will engage in activities such as arts and crafts, interactive games, songs, and a story.
Music Makers: This is a pre-recorded program for families with children birth to 6 years old. Every week we will learn new songs along with some favourites. This program promotes language development through singing, movement, and play. Video recording will be sent via emailed on Wednesdays	

PROGRAMS FOR SPECIFIC AGES

Arts and Reading: This is a Zoom interactive program for children age 2.6 - 4 years. Each week children will participate in activities to help prepare them for school.	Baby Music: This pre-recorded program provides families with activities that are designed to help you connect with your baby (birth to 18 months) through songs, rhymes and other music-making experiences.
Can I Play Too?: This is an independent virtual program designed to support children (3 - 6 years old) in developing and putting their social skills into practice. This program will have limited space to allow children the time and focus to practice their skills.	First Grade Foundations: This is an independent program for children (5 - 6 years old) that will be starting Grade 1 in September 2021. Children will develop essential skills for First grade - reading, writing and math skills through stories, games and other group activities.
Family Math: Families will be introduced to a variety of activities that promote math skills such as number sense, measurement, geometry, patterning, graphing and more! This pre-recorded video link will be sent out on Wednesdays.	Fun with Letters: This pre-recorded program provides families with activities that help children (2-6 years old) build their letter and sound recognition, while teaching the alphabet in a creative and hands-on way. Registered participants will receive the weekly recordings every Thursday afternoon via email.
Fun With Numbers: Join in on the number fun. Families alongside their children (2.6-4 years old) will focus on number recognition skills through various activities such as songs, stories, creative arts and games.	Fine Motor Fun: This is program is for families with children 1 – 3 years old. Every week, you and your child will partake in story time, songs, and fine motor activities that will help build hand strength and coordination to perform tasks in everyday life.
French Fun: This is an interactive program for children (4 - 6 years old) that will focus on beginner French skills. Children will learn basic words and phrases in French through various virtual group activities.	I See, I Hear, I Touch: This is a program for Toddlers (18mths – 2 ½ years) all about sensory play. In this program, sensory activities will be shown as well as the developmental benefits that toddlers will get from the activities. Each participant is encouraged to take part in the different sensory experiences
In Our Backyard: This program for children (18 months - 5 years old). Each week we will be learning about familiar trees, animals and flowers found in the backyard.	Kindergarten Kick Start: This independent program is offered to children who will be attending Kindergarten in September 2021. Activities will help promote kindergarten readiness skills such as independence, letter & number recognition, literacy, and self-confidence. Class is offered on Monday, Wednesday, or Thursday from 9-11 a.m.—please register for ONE day only.
Kindergarten Games: This is an independent program where children (4 - 6 years old) will take part in a variety of group games and challenges. Children will have an opportunity to practice their gross motor, communication, cognitive, and teamwork skills.	Let's Learn Together: This is an interactive program for families and children 18 months - 6 years. We will be exploring our creativity and imagination through various activities such as art experiences, games and stories.
Music & Movement: Families will participate in action songs that are great for bouncing babies, terrific toddlers and pre-schoolers (18 months to 4 years) Speech and language development will be promoted through songs and finger plays.	Nutty for Nature: This is an independent program is designed to inspire children (3 – 6 years old) to explore the great outdoors with their mind, body and senses. In this program, children are invited to learn more about nature, solve problems to protect the environment and create beautiful land art in their yard, neighbourhood, or community.
Science and Sensory: This program is for families with children 18 months to 6 years old. Children will learn simple science experiments while enjoying some messy play. An email will be sent each week before program to let you know what materials you will need.	Show & Share: This interactive program for children ages 2.6 to 6 years old, will help children build essential skills, such as communication & listening skills, turn taking and promote self-confidence. Each child is given the opportunity to speak in front of others and answer simple questions. Join us Monday - Saturday at 10:45 a.m. on Zoom to share one item based on the theme of the week.
Stories and Craft: This is a pre-recorded program for families with children 2.6 - 4 years old. Children will listen to a story, will develop words recognition, early literacy and language skills and do simple crafts that relates to the theme of the story. Video recording link will be sent out on Monday.	Pre-K Practice: This is an interactive program to help parents/caregivers prepare their children for kindergarten. Parent/caregivers work together with their children on fine motor skills (for writing), social-emotional skills (making friends), language, and cognitive skills (ABCs, 123s, etc.).
Rainbow Fun: Join us on Zoom every Tuesday at 9:00 a.m. and get your family up and moving! Families alongside their children are able to take part in child friendly workouts, games and dance party!	Talent Show: Join us on Zoom every Friday from 2-3 p.m. for this independent program for children (3.6 - 6 years old) that will be showcasing their talents. Each week children are invited to show off a talent such as a dance, sing a song, piece of art work, musical instrument, or anything else the child is proud of.

ADULT PROGRAMS, WORKSHOPS & SERVICES

Coffee Chat: This is a program for parents to connect with the EarlyON team as well as each other. Topics of discussion come from the interests of the families who register and open discussion is encouraged. Coffee Chat will be moving back to its original time slot over the summer running on Thursdays from 1:00 – 2:00 p.m.	Ready For Reading Storytime: Join Debbie Maunder, Branch Head, from Highland Creek Library, as she shares a few stories, songs and the latest Toronto Public Library (TPL) updates. This session will highlight tips on how to navigate through the TPL website and promote summer programs/activities to keep your children busy all summer! No registration is required.
Q&A with EarlyON Staff: This is a virtual Zoom session where parents and caregivers are welcome to chat with our staff, ask questions about our programs, offer suggestions for workshop topics, seek parenting advice, referrals and more! No registration is required. Join us on Zoom and enter the Meeting ID (846 7073 7053) and Passcode (Q&A2021).	Healthy School Snacks for Children: In this engaging interactive Zoom workshop for both parents and children, a Dietician from Flemingdon Health Centre will provide: Healthy eating tips for families with kids, lunch and snack ideas for school, feeding recommendations, and live healthy recipe demonstration with families. Recipe and ingredient list will be provided in advance. Families who would like to participate will be asked to purchase ingredients.



Child and Family Centre

Office Hours

Please note that our phone line is only open during these times

Monday	8:30 – 4:30
Tuesday	8:30 – 4:30
Wednesday	8:30 – 4:30
Thursday	8:30 – 4:30
Friday	8:30 – 4:30
Saturday	Closed
Sunday	Closed

Zoom Details for EarlyON Virtual Programs

After you have registered for programs, the meeting ID and passcode will be sent to you by email within 24 hours. If you have not received the Zoom details, please check your junk folder before contacting the program staff.

Program Updates

Due to the pandemic all of our sites are closed until further notice. All of our programs are offered online through the Zoom application and will continue to be offered until we are given direction by TPH and our funders.

Account & Registration

To register or create an account with the BGC East Scarborough, go to www.esbgc.ca and click on **Registration.**

To create a new account, click on **create new account** at the top of the page and follow the prompts.

July 2021

Scarborough East EarlyON Child & Family Centre

62 Orchard Park Drive | Scarborough, Ontario | M1E 3T7
 Telephone: (416) 559 - 2604 | Email: mveyra@esbgc.ca
 Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Important Notice

Please note that there will be no programs and services on July 1st, due to Canada Day Holiday.

EarlyON Programs

You may check our website www.esbgc.ca for program descriptions and to register for any programs that we offer at the BGC East Scarborough and Scarborough East EarlyON Child and Family Centre.

Summer Virtual Programs Start	June 28, 2021
Summer Virtual Programs End	August 21, 2021
Fall Registration Begins	August 23 - September 5, 2021

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs.

For more information, please contact **Grace Tameta** at gtameta@esbgc.ca

Ongoing Items

Mobile Development Outreach Clinic (M-DOC): The M-DOC is intended to create awareness about autism spectrum disorder (ASD) by streamlining the development assessment process and creating better access to culturally respectful support services for all families. M-DOC will be offered virtually through the Zoom app. To book your appointment, contact Munira at (416) 559-2604 or mfatehi@esbgc.ca

Upcoming Items

Ready For Reading Storytime

Wednesday, July 7, 2021: 10:30 - 11:00 a.m.

Join Debbie Maunder, Branch Head from Highland Creek Library, as she shares a few stories, songs and the latest Toronto Public Library (TPL) updates. This session will highlight tips on how to navigate through the TPL website and promote summer opportunities to keep your children busy all summer! No registration is required.




Healthy School Snacks for Children

Friday, July 16, 2021: 11:00 a.m. - 12:30 p.m.

In this engaging interactive Zoom workshop for both parents and children, a Dietician from Flemingdon Health Centre will provide: **Healthy eating tips for families with kids, lunch and snack ideas for school, feeding recommendations, and live healthy recipe demonstration with families.** Recipe and ingredient list will be provided in advance. Families who would like to participate will be asked to purchase ingredients before the session.

Pour des services à la petite enfance et à la famille en français, contactez le Centre francophone de Toronto en téléphonant le 416-922-2672 poste : 274, en envoyant un courriel à l'adresse: parents.enfants@centrefranco.org ou en consultant notre site web : www.centrefranco.org

July 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>July 5: National Injury Prevention Day July 17: Canada Parks Day July 18: International Nelson Mandela Day July 19: Eid-al-Adha July 24: International Self-Care Day July 31: International Day of Friendship July 31: Food Day Canada</p>		<p>CENTRE CLOSED</p> 		
<p>5</p> <p>VIA EMAIL Story and Craft 9:00 - 11:00 Kindergarten Kick Start 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:15 Arts & Reading 1:00 - 2:00 Can I Play Too? 2:15 - 3:00 Fun with Numbers 3:00 - 4:00 Q&A with Lisa</p>	<p>6</p> <p>VIA EMAIL Baby Music 9:30 - 10:00 Rainbow Fun 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 I See, I Hear, I Touch 1:00 - 1:45 Let's Learn Together 2:00 - 3:00 Q&A with Lori</p>	<p>7</p> <p>VIA EMAIL Family Math 9:00 - 11:00 Kindergarten Kick Start 10:00 - 10:45 Music Circle (Guest Speaker: Debbie Maunder from TPL) 10:45 - 11:30 Show & Share 11:30 - 12:30 Q&A with Grace 1:00 - 2:00 Can I Play Too? 2:00 - 2:45 Music and Movement 4:00 - 5:00 Nutty for Nature</p>	<p>8</p> <p>VIA EMAIL Fun with Letters 9:00 - 11:00 Kindergarten Kick Start 9:45 - 10:45 Q&A with Alison 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Fine Motor Fun 1:00 - 2:00 Coffee Chat 1:00 - 2:00 Pre-K Practice 2:30 - 3:30 Q&A with Atheline 6:00 - 6:45 First Grade Foundations</p>	<p>9</p> <p>VIA EMAIL Music Makers 8:30 - 9:30 Q&A with Maria 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 In Our Backyard</p>	<p>10</p> <p>10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 1:00 - 1:45 French Fun 1:45 - 2:45 Q&A with Gowthaman</p>
<p>12</p> <p>VIA EMAIL Story and Craft 9:00 - 11:00 Kindergarten Kick Start 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:15 Arts & Reading 1:00 - 2:00 Can I Play Too? 2:15 - 3:00 Fun with Numbers 3:00 - 4:00 Q&A with Lisa 4:00 - 4:30 Science and Sensory</p>	<p>13</p> <p>VIA EMAIL Baby Music 9:30 - 10:00 Rainbow Fun 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 I See, I Hear, I Touch 1:00 - 1:45 Let's Learn Together 2:00 - 3:00 Q&A with Lori 4:00 - 4:45 Kindergarten Games</p>	<p>14</p> <p>VIA EMAIL Family Math 9:00 - 11:00 Kindergarten Kick Start 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:30 Q&A with Grace 1:00 - 2:00 Can I Play Too? 2:00 - 2:45 Music and Movement 4:00 - 5:00 Nutty for Nature</p>	<p>15</p> <p>VIA EMAIL Fun with Letters 9:00 - 11:00 Kindergarten Kick Start 9:45 - 10:45 Q&A with Alison 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Fine Motor Fun 1:00 - 2:00 Coffee Chat 1:00 - 2:00 Pre-K Practice 2:30 - 3:30 Q&A with Atheline 6:00 - 6:45 First Grade Foundations</p>	<p>16</p> <p>VIA EMAIL Music Makers 8:30 - 9:30 Q&A with Maria 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 In Our Backyard 11:00 - 12:30 Healthy School Snacks for Kids 2:00 - 2:30 Talent Show</p>	<p>17</p> <p>10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 1:00 - 1:45 French Fun 1:45 - 2:45 Q&A with Gowthaman</p>
<p>19</p> <p>VIA EMAIL Story and Craft 9:00 - 11:00 Kindergarten Kick Start 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:15 Arts & Reading 1:00 - 2:00 Can I Play Too? 2:15 - 3:00 Fun with Numbers 3:00 - 4:00 Q&A with Lisa 4:00 - 4:30 Science and Sensory</p>	<p>20</p> <p>VIA EMAIL Baby Music 9:30 - 10:00 Rainbow Fun 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 I See, I Hear, I Touch 1:00 - 1:45 Let's Learn Together 2:00 - 3:00 Q&A with Lori 4:00 - 4:45 Kindergarten Games</p>	<p>21</p> <p>VIA EMAIL Family Math 9:00 - 11:00 Kindergarten Kick Start 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:30 Q&A with Grace 1:00 - 2:00 Can I Play Too? 2:00 - 2:45 Music and Movement 4:00 - 5:00 Nutty for Nature</p>	<p>22</p> <p>VIA EMAIL Fun with Letters 9:00 - 11:00 Kindergarten Kick Start 9:45 - 10:45 Q&A with Alison 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Fine Motor Fun 1:00 - 2:00 Coffee Chat 1:00 - 2:00 Pre-K Practice 2:30 - 3:30 Q&A with Atheline 6:00 - 6:45 First Grade Foundations</p>	<p>23</p> <p>VIA EMAIL Music Makers 8:30 - 9:30 Q&A with Maria 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 In Our Backyard 2:00 - 2:30 Talent Show</p>	<p>24</p> <p>10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 1:00 - 1:45 French Fun 1:45 - 2:45 Q&A with Gowthaman</p>
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All programs are being delivered via Zoom with the exceptions of pre-recorded programs.
 If you require support with program registration or admission, please contact us at (416) 559 - 2604.



Ready For Reading Storytime

Join Debbie Maunder, Branch Head from Highland Creek Library, as she shares a few stories, songs and the latest Toronto Public Library (TPL) updates. This session will highlight tips on how to navigate through the TPL website and promote summer opportunities to keep your children busy all summer! No registration is required. Simply join us by inputting the Zoom meeting id and passcode provided below.

Date : Wednesday, July 7, 2021

Time : 10:30 - 11:00 a.m.

Location : Zoom

Meeting ID : 862 3419 5799

Passcode : 424406

HOSTED BY:



PROVIDED BY:





Healthy School Snacks for Children

In this engaging interactive Zoom workshop for both parents and children , a Dietician from Flemington Health Centre will provide:

- *Healthy eating tips for families with kids*
- *Lunch and snack ideas for school*
- *Feeding recommendations*
- *Live healthy recipe demonstration with families*

Recipe and ingredient list will be provided in advance. Families who would like to participate will be asked to purchase ingredients before the session.

Date : Friday, July 16, 2021

Time : 11:00 am - 12:30 pm

Register now at www.esbgc.ca

For more information, please contact Munira Fatehi at mfatehi@esbgc.ca or call 416 559 2604

HOSTED BY:



PROVIDED
BY:



Government Programs and Services

Join Christina Chu, Settlement Worker from Catholic Cross-Cultural Services, as she shares information about Government Services and Supports and how to access them. The presentation will include:

- 1** Applying to government programs
(e.g. child benefits, Toronto Welcome Policy)
- 2** Registering a child to start school
- 3** Applying for childcare subsidies
- 4** Access to Primary Care
- 5** Immunization

Date : Tuesday, August 10, 2021

Time : 10:30 - 10:45 a.m.

Location : Zoom

Meeting ID : 862 3419 5799

Passcode : 424406

HOSTED
BY:



PROVIDED
BY:



CCS
Catholic Crosscultural Services