

# l'école publique Dallington Public School

Respectful, Responsible, Resourceful Respectueux, Responsable, Ingénieux



Main Office: 416-395-2270 Stay connected by checking our website often at school.tdsb.on.ca/dallington and follow us on Twitter @Dallington\_TDSB.

Trustee : Mr. James Li Superintendent : Mr. Kurt McIntosh

Principal | Directeur: Mr. Frank Costa Vice-Principal | Directrice-Adjointe: Mr. Jared Baker Office Administrator: Ms. Carolyn Klausen Office Secretary: Ms. Monica Eder (AM) Parent Council Chair: Jackie Chau

## [Issue #8] :: The Dallington eNewsletter

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# What's Happening at Dallington?

Dallington has definitely been an energetic and lively place over the past couple of months. We are so proud of our students and appreciative that they come to school each day with a positive attitude and enthusiastically get involved in all that is offered at school.

We were excited to have so many families attend our production of Peter Pan. The cast and crew created such an incredible and memorable experience for us all. Our 4 & 5 students participated in a Leadership Day and learned new skills that we hope will be carried with them moving forward. Our grade 3's took part in EQAO testing last week and our students participated in our Track & Field Day. Our amazing kindergarten students just performed their concert, which brought out a great turnout as well.

As we enter our final month of the school year and get closer to the summer, we still have a lot going on. Our students will continue working on curriculum expectations and participating in clubs and teams. This is also the time of year when we reflect on our progress and achievements and start thinking about our goals for the upcoming school year.

We want to thank our School Council, under the leadership of Jackie Chau, with the help of Virginia Spagnuolo, Venessa Sandy and Alice Mansourian, for their unwavering commitment over the years and the ongoing efforts. Their fundraising efforts have helped support the school a great deal in purchasing resources to benefit the students. We have also been very fortunate as so many parents have volunteered their time for various initiatives happening at Dallington. It would not have been possible to do all that we do here without the contributions of our amazing families and community.

We still have a month to go, but we want to wish everyone in our school community a smooth finish and a wonderful and restful summer. We look forward to seeing you back in September 2024.

## Dallington May Newsletter: PAC contribution

Happy spring to all! Hope everyone is enjoying the early warm weather and spending more time outside. As we head into our last month of the school year, we have lots of fundraising updates to share from our recent events!

In early April we had our **Movie Night.** Thanks so much for coming out and making the event a great success! We haven't had a chance to host a movie night since the pandemic. We raised close to \$2000!

The winners of the raffle are:

- 1: Daniel (Mme Shulman)
- 2: Deeraj (Ms. Mehta)
- 3: Naomi (Ms. Barber)
- 4: Leon (Ms. Mehta)

We recently had our **Move-a-thon fundraiser** on Friday, May 24<sup>th</sup>, and we are pleased to share that we have raised over \$3000! Our top 3 students who raised the most funds, and winners of the prize baskets are:

- 1: Christopher (Mme Raymond)
- 2: Konark (Mme Veneat)
- 3: Brody (Mme. Shulman)

The classes that raised the most funds were **Mme. Veneat's SK class**, who raised \$515 and **Mme. Raymond's grade 5 class** who raised \$500. Both classes will be receiving a pizza lunch as a prize. We will arrange the date in June with the teachers. The students had a blast in the lower gym! Hopefully, they came home relaxed and ready for a good night's sleep. Thank you to all who participated and volunteered.

Our upcoming **Staff Appreciation Lunch** is on Friday June 14<sup>th</sup>. We have close to 50 staff at Dallington and this lunch is a thank you for all the great work they do all year! Parents and guardians are welcome to either donate through cash online, cash (envelopes will be given out) or bring in food for the event. All food will need to be nut free.

Our 4<sup>th</sup> and final **Parent Council Meeting will help on Thursday June 13<sup>th</sup>** online. Minutes for our last meeting are posted on the school website. An agenda will be sent closer to our meeting date. As always, all parents and guardians are welcome to attend. FYI, we had a separate **Parent Council Open House** at the end of April. There was a great turnout of wonderful parents who are interested in joining in the upcoming year. There are several parents on the council who have children that are graduating from Dallington this year and the sharing of information with new members is well on its way!

### **Upcoming:**

-**Parent Council Meeting #4:** will be held on Thursday June 13<sup>th</sup> at 6:30 online.

-Staff Appreciation Lunch: will be held on Friday June 14<sup>th</sup>.

If you would like to contact us: dallingtonpac@rogers.com

Thank you! Jackie Chau (PAC chair)



# **Character Traits**

May – Integrity | l' intégrité

#### Your child can show integrity by:

- · being honest and trustworthy toward his or her peers, friends, and family members
- admitting his or her mistakes and learning from them
- making the right choices and following through with the appropriate actions

#### Questions to discuss with your child:

- Discuss the importance of standing by what you believe.
- Tell your child where you stand on important issues, and discuss your reasons for taking that stand.

#### Projects to do together:

- Brainstorm a list of controversial issues. Discuss both sides of the issue.
- Watch TV shows or movies in which characters show integrity, and talk about the various
  ways in which those characters acted with integrity.
- · Discuss and share examples of situations in which a family member acted with integrity.

#### Encouraging integrity in your child:

- Talk to your child about what it means to have integrity.
- Encourage and praise your child when he or she shows integrity.
- Provide your child with opportunities to actively engage in discussions that will help develop his or her opinions.
- Encourage your child to think about whether something is ethically right or wrong.

## June – Perseverance | la persévérance

### Your child can show perseverance by:

- sticking to a task, even though he or she wants to give up
- · wanting to continue with something he or she is finding hard to learn
- · setting achievable goals and celebrating when they are met

### Questions to discuss with your child:

- What does it mean to persevere?
- What can you do when you want to give up?
- Why is perseverance important and what are some of its rewards?

### Projects to do together:

- Talk about and agree on a family commitment motto. Call a family meeting and decide on a family motto related to perseverance.
- Make a list of achievable goals, including personal goals, family goals, and school-related goals.
- Help your child set achievable goals, and assist him or her in achieving them.
- Discuss a role model and how he or she has persevered to achieve his or her goals and dreams.

### Encouraging perseverance in your child:

- Encourage and praise your child to persevere, even when he or she wants to give up.
- Reflect periodically on your child's personal, academic, and social goals and whether these goals are attainable.
- Discuss the importance of planning, prioritizing, organizing, and managing time as strategies to achieve goals.
- If your child exhibits perseverance, let him or her know that you have noticed and are proud!

## Thank you for supporting our Character Development program.

## **Eco Team Message**

Our Eco Team helped make our April Cooperation assembly a success for Earth Day on April 22 in collaboration with Mrs. Mehta and Mrs. Forman's (led by Mrs. Alexander) grade 1/2 classes. Students were able to share their ideas through poems, songs, asking questions, skits shown through recorded videos, and a waste sorting game. Thank you for your continued participation. Stay green Dallington!



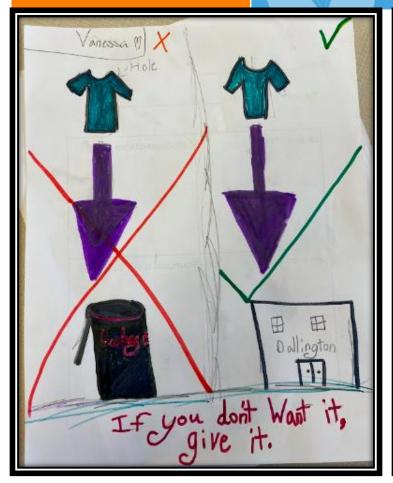
Earth Day Pledges from Mrs. Robbins' and Mrs. Woo's Kindergarten Class.

Eco Club continues to meet every Wednesday every week during lunch from 11:00 - 12:00 pm, indoors and outdoors. We are always looking for family community volunteers and any relevant new experiences to be presented or shared with the students. If you have something you want to share or teach the kids, please reach out to Madame Goumakos to connect at alexandra.gouamkos@tdsb.on.ca

## Mark your calendars for Eco Events in May & June:

Friday, May 10th, 2024 - EcoSchools Application Due - We submitted at the highest level, Platinum level!
Monday, May 13th, 2024 - Meatless Monday @ Dallington
Thursday, May 16th, 2024 - Eco Pizza Lunch - Kindly send a reusable container for your child's pizza
Friday, May 17th, 2024 - Endangered Species Day - EcoSchools
Monday, May 20th, 2024 - World Bee Day.
Monday, May 27th, 2024 - Meatless Monday @ Dallington
Thursday, May 30th, 2024 - Eco Pizza Lunch - Kindly send a reusable container for your child's pizza
Wednesday, June 5th, 2024 - World Environment Day
Monday, June 10th, 2024 - Meatless Monday @ Dallington
Thursday, June 13th, 2024 - Eco Pizza Lunch - Kindly send a reusable container for your child's pizza
Monday, June 24th, 2024 - Final Meatless Monday @ Dallington for the 2023-2024 school year!
Wednesday, June 26th, 2024 - Final Eco Team meeting of the Year - End of Year Celebration!

This month at Dallington our Eco Team is learning about diverting textile waster





## What we've been up to: Jump Rope for Heart April 12

## **Congratulations Dallington!** We raised \$3894 for jump rope for heart this year. This is the most in Dallington HISTORY!

Thank you to everyone who supported this fundraiser, including the students of room 205!

Congratulations to the top fundraisers:









Dallington Participated in Jump Rope for Heart on April 18th. The activities were lead by students in room 201 and room 205.







# **Brazilian Jiu-Jitsu**

Weekly in April



## [Issue #8]: [June 2024]









May 1 & 2



**Peter Pan** 



Rehearsals

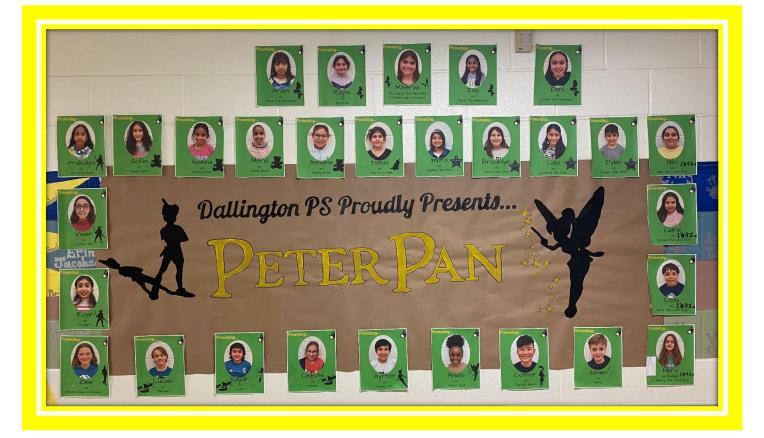
## [Issue #8]: [June 2024]







Showtime









# Cricket

May 9





## Track and Field May 14











# **5** Leadership

Grade 4 and Day May 10



# Move-a-thon – May 24

















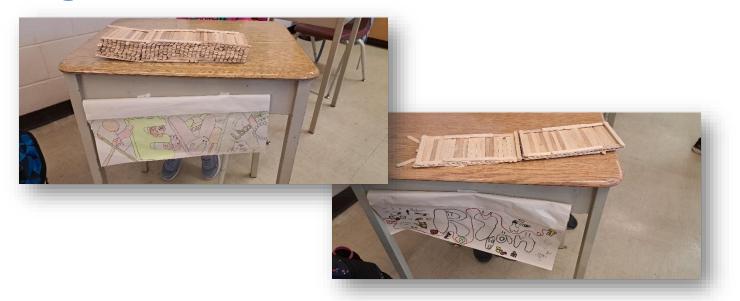








# Hands On Learning Bridges – In room 203





[Issue #8]: [June 2024]







# **Emotional Characters - Rm 205**



#### By: Aliah Nalim

Being anxious is normal. Sometimes it happens when you have to take a test, when you didn't finish your homework on time, or even on the first day of school. You might wonder where the emotion 'anxious' came from, and I will be telling you!

Audrey is an 11 year old girl. She has 1 younger brother, named Jacob. She lives in an apartment, and she loves to read books, especially fantasy books. She had started public school for 2 weeks now, because the previous years, she was homeschooled. She isn't very familiar with how public school works, but she gets the basics of it. Since she isn't familiar with it yet, she is not very talkative at school.

On Audrey's 3rd week of school, she was learning opinion writing. Audrey isn't that great at writing, but she was trying her best. She started to zone out, looking at a ladybug on the window. Then, she began to daydream, until she heard the words "Presentation... be prepared... next week..." and she snapped her head back to the whiteboard.

"A PRESENTATION ?! Oh no.." She thought to herself.

"I BARELY EVEN SPEAK HERE! I am going to fail.. OH NO" She began to get worried.

Audrey was pretty shy in class, so she did not speak a lot. But her words just blurted out, as she wasn't thinking straight from all the worry. "WE HAVE A PRESENTATION? BUT MS. JACKSON I HAVE NEVER DONE ONE BEFORE! PLEASE LET ME SLIDE THIS ONCE!"

She became red, from the embarrassment.

Ms. Jackson said, "Audrey, please raise your hand before speaking. This presentation is only to see where you stand in this subject, and how well you are at speaking with an audience. Don't worry about it!"

Still, Audrey was worried. She did NOT want to embarrass herself, and she knew that she would. She started to tremble. Kind of like when your phone vibrates in your pocket. However, this is when Novella, (anxious emotion) was born. She formed on Audrey's hair. She couldn't feel her, because she was very small. Almost as small as an ant. But no one knew she would grow VERY fast in the upcoming days.

Novella crawled out of Audrey's hair, and began searching around. Novella was pretty nervous while looking, because she felt as if everyone was looking at her, laughing because she didn't know where to go, or what to do. In reality, no one could see her.

While Audrey was still figuring out what to do with the test coming up, the bell rang, and Audrey zoomed to the washroom to think about her problems. She realized that if she kept thinking about it, she would get paranoid, and think even WORSE than what would happen, so she decided to go out for recess after 5 minutes in the washroom. As she was going outside, the bell rang, and it was already time to pack up to go home.

While all this had happened. Novella had snuck into Audrey's backpack. When Audrey came home, she opened up her backpack to take out her lunchbox, but at that time, Novella escaped. Novella didn't really know where to go, so she decided to go under Audrey's bed. The next morning, when she woke up, she was 2X her height!

### FAST FORWARD TO THE DAY OF THE PRESENTATION

Audrey was very anxious for her presentation. She kept on repeating what she would say, but every second of the day, she kept thinking about it. Before she went to school. Novella crept back into her backpack. She was now her full size. She was much bigger than when she was formed. Audrey hopped in her Mom's car (Laura), and headed to the school. Before her Mom parked the car, she told Audrey to take a deep breath, and count to 3. It helped Audrey calm down, but still, that feeling of worry was there.

When Audrey arrived at her class, she saw that everyone looked pretty much prepared, except for Alice. She looked almost the same as Audrey. ANXIOUS. Ms. Jackson started calling out names to present. First, she picked Jack. All Audrey was thinking about was when it would be her turn. What if she tripped while walking to the front, or what if she stuttered? What if she embarrassed herself in front of everyone? While she was thinking about all of this, 5 people had already presented! How long could she have been daydreaming? Because even Novella crawled out of her backpack. Audrey, from the scary thoughts (and worries), asked to go to the washroom, and Novella was holding on to the roots of her hair. When she went to the washroom, she sat on a small stool, and started digging her hair out of frustration.

"Oh my gosh. What am I going to do?! I am #10 on the list, and already 5 people have gone. I can't do it. I'm going to quit. I'm go-" while she was talking to herself, Novella fell from the aggressive movements in her hair, and Audrey was stunned. "WHAT IS THAT THING?!" "OH MY GOD IT CAN MOVE!"

Novella, being the anxious one, was feeling a bit embarrassed from that, but she did what she had to do. She introduced herself to Audrey. "Hi Audrey! I'm Novella. It's nice to meet you!"

"Y-you can TALK?!" Audrey said in shock.

"Of course I can! And I noticed, you have been REAL ANXIOUS this week. I know that your presentation is very soon, and I am going to help calm you down. I don't want myself or you to get panicked!" Novella said, trying to keep calm, even though she too, was anxious about it.

### [Issue #8]: [June 2024]

"I have so many questions, but my presentation IS soon. Please help me. I'll do anything! I'll ask my questions later!" Audrey said, with a bunch of emotions at the same time.

"Alright. Take a deep breath..1, 2, 3. \*exhales\* 1, 2, 3 \*inhales\*. Does that make you better?" Novella asked. It sure made Novella feel quite better!

"Yes it did! Do you have any more strategies?"

#### \*she helps her with 3 different strategies, and skip forward to the next part\*

Novella helped Audrey calm herself down and she felt much better about the presentation. Sure, she was nervous, but now, it was almost like NOTHING to her! She walked back to the class, confident that she would ace it, while Novella was sitting inside of her hoodie pocket.

"Oh wow! You came just on time Audrey! It's time for your presentation! Let's get started!"

Some kids started to chuckle, but Audrey didn't care. She went up, and said her presentation. Novella, the one trying to calm her down, was more anxious than her!

"Audrey! My oh my! That was excellent!" Ms. Jackson exclaimed.

Audrey smiled, then walked back to her seat.

"Thanks Novella!" Audrey whispered as she took her out of her pocket.

Novella thought to herself, "I helped someone. I HELPED SOMEONE! YAY!!!" and she wasn't anxious either! She was proud of herself, and Audrey!

In the end, they both felt really happy about themselves, and Audrey *did* ask all her questions to Novella. Audrey feels much more confident than before, and it's all thanks to Novella!

The End

(I hope you enjoyed reading and understood this story (:)

## Forest Valley – Rm 202

## [Issue #8]: [June 2024]















If your child will be late or absent, please email the school at <u>dallingtonps@tdsb.on.ca</u> or call us at 416-395-2270.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday vendredi	Saturday
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	The Da	llington e	Newsletter				1	[Issue #	#8]:	[June 2024]			
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