

Wednesday March 25, 2020

Dear Parent/Guardian,

As we return from what has traditionally been our “March Break” we return to a world and a way of being very different from anything that most of us have ever imagined. As news breaks daily and sometimes moment by moment the TDSB will do their best to keep up with the current information and share with the school community, both staff and families as quickly as possible. I encourage you to watch your daily news and visit the school and board websites regularly to keep up to date with what’s happening in the world as well as with regards to your child(ren)’s education.

I would like to remind you about the importance of social distancing of 2 metres from others to reduce the spread of COVID-19 which includes avoiding parks and student play areas if there are many other families there already taking advantage of the time to get outdoors and to get fresh air. As well as the importance of connecting with friends, neighbours, family, especially those who are vulnerable through the use of our phones or social media. Below are some suggested links that may provide suggestions or answers to your burning questions regarding the virus and what you can do to protect yourself and your family.

Useful links

TDSB Resources

<https://www.tdsb.on.ca/Elementary-School/Supporting-You/Health-Active-Living/Coronavirus/Learning-Resources>

Public Health and Other Supports

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

Residents experiencing stress or crisis and requiring emotional support related to COVID-19 can access the following community resources:

- [Distress Centre of Greater Toronto](#)
Call 416-408-4357, 24 hours a day, 7 days a week
Text 45645 between 4 p.m. and midnight
Translation is available in many languages for crisis calls only
- [Kids Help Phone](#)
Call 1-800-668-6868 or text CONNECT to 686868, 24 hours a day, 7 days a week
Service is available in English and French
- [Gerstein Crisis Centre](#)
416- 929-5200, 24 hours a day, 7 days a week
Translation is available in many languages

Finally, we hope that you are all staying safe, and keeping your well-being and health a priority. We are here for you.

Sherron Grant
Principal
On behalf of the entire Derrydown team