



DERRYDOWN PUBLIC SCHOOL

RAISING AWESOME KIDS

PLEASE COME JOIN US!

MAY 23, 2019
6PM - 8PM



Presented by: Gary Direnfeld

Kids these days have much on their plates between school, extra-curricular activities and busy hard working parents. In this high stress busy world, some kids fare better than others and some kids struggle even with as much as depression and anxiety. We all want the best for our kids. This workshop addresses the stresses on children and families today and provides practical tips to manage and thrive while building resiliency and capacity in the child. Come join us for an informative and entertaining evening where many of your parenting questions will be addressed.

This session will be presented by Gary Direnfeld who is a social worker. Gary is considered to be an expert in his field. www.yoursocialworker.com

For more information contact: Parminder Dhillon, Community Support Worker at parminder.dhillon@tdsb.on.ca.

PLEASE RSVP if you plan to attend by returning the bottom portion of this flyer.

NAME: _____

EMAIL ADDRESS: _____

PHONE NUMBER: _____

Do you require childminding? _____ For how many children? _____