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| **WHERE CAN I GO FOR SUPPORT AT DMCI?                              Don Mills C.I. 416-395-3429** | | | | | | |
| **GUIDANCE COUNSELLORS** | **YOUTH**  **WORKER** | **STUDENT**  **SUPPORT** | **VICE PRINCIPAL**  **or PRINCIPAL** | **SAFETY MONITOR** | **SETTLEMENT WORKER** | **Other supports** |
| Guidance Office | Student Success Office  Ext. 2043 | Special Ed. Office  Ext. 20160 | Main Office  Ext. 20000 | Main Office  Ext. 20000 | Guidance Office | Guidance Office |
| Mr. Stoitsiadis   Ext. 20041  paul.stoitsiadis@tdsb.on.ca  Ms. Carey    Ext. 20045  maria.carey@tdsb.on.ca  Ms. Giannotta Ext. 20042  laura.giannotta@tdsb.on.ca  Mr. Stretch - International Guidance  rory.stretch@tdsb.on.ca | Mr. D. Munro  devin.munro@tdsb.on.ca | Ms. Veneziale  natalie.Veneziale@tdsb.on.ca  Ms. Rayner  jennifer.rayner@tdsb.on.ca | Ms. Evans (VP) gillian.evans@tdsb.on.ca  Mr. Smit (VP) jason.smit@tdsb.on.ca  Mr. Bushell (P) todd.bushell@tdsb.on.ca | Mr. Neville Worrell | Ms. Liu  cliu@thorncliffe.org | Ms. Barnwell (SW)  Mr. Richards (MHN)  Mr. Beline (Special Ed.)  Ms. Rahey (Psychologist)  Mr. Tragni (Attendance) |
| * Course selections * Educational planning * Stress management * Family/Peer issues * School issues * Information for support services, sexual health, mental health * Attendance counselling * Academic issues * Referral to the Social Worker, Mental Health Nurse, and Youth Worker. * Support for bullying & cyber-bullying * High school transitions * Help organizing work/ideas * Time management/study tips |  Self esteem   Relationships   Coping skills   Social skills   Emotional issues   Conflict resolution   Anger & stress management   How to get involved |  Write tests in an alternate location   Discuss learning challenges and strategies   IEP support   Gifted support   Referral to Educational Psychologist   GLE support information  and educational identification |  Resolve conflicts with other students   Report safety concerns (for self or others)   Report bullying, theft, assault, or threats   Find ways of getting involved or connected at school or in the community   Discuss concerns (personal or academic) |  Report a trespasser   Report injuries or unsafe conditions   Report safety concerns (for self or others)   Report bullying, theft, assault, threats | * Information about community services for newcomers * Communication between school and home * Information and support for newcomers for healthcare, housing, financial assistance, citizenship, employment, etc… | * DMCI has access to a Social Worker, a Psychologist, a Mental Health Nurse and an Attendance Councillor.  They help with issues such as mental health support, self-harm, suicidal thoughts, substance abuse, family conflict, abuse and neglect.  To connect with these support people, please visit a guidance counsellor |
| When in doubt, reach out! Contact a trusted adult above or report a concern ASAP!  You can always call Kids help phone.  It’s available 24/7 and it’s  completely anonymous and confidential – they don’t trace calls, they don’t have call display. You don’t even have to tell them your name if you don’t want to.  **Kids Help Phone: 1-800-668-6868                       www.KidsHelpPhone.ca                              Download theApp**  **Always There** | | | | | | |