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| **WHERE CAN I GO FOR SUPPORT AT DMCI?                              Don Mills C.I. 416-395-3429** |
| **GUIDANCE COUNSELLORS** | **YOUTH** **WORKER** | **STUDENT** **SUPPORT** | **VICE PRINCIPAL** **or PRINCIPAL** | **SAFETY MONITOR** | **SETTLEMENT WORKER** | **Other supports** |
| Guidance Office | Student Success OfficeExt. 2043 | Special Ed. OfficeExt. 20160 | Main OfficeExt. 20000 | Main OfficeExt. 20000 | Guidance Office | Guidance Office |
| Mr. Stoitsiadis   Ext. 20041paul.stoitsiadis@tdsb.on.caMs. Carey    Ext. 20045maria.carey@tdsb.on.caMs. Giannotta Ext. 20042laura.giannotta@tdsb.on.caMr. Stretch - International Guidancerory.stretch@tdsb.on.ca | Mr. D. Munrodevin.munro@tdsb.on.ca | Ms. Venezialenatalie.Veneziale@tdsb.on.caMs. Raynerjennifer.rayner@tdsb.on.ca | Ms. Evans (VP) gillian.evans@tdsb.on.caMr. Smit (VP) jason.smit@tdsb.on.caMr. Bushell (P) todd.bushell@tdsb.on.ca | Mr. Neville Worrell | Ms. Liucliu@thorncliffe.org | Ms. Barnwell (SW)Mr. Richards (MHN)Mr. Beline (Special Ed.)Ms. Rahey (Psychologist) Mr. Tragni (Attendance) |
| * Course selections
* Educational planning
* Stress management
* Family/Peer issues
* School issues
* Information for support services, sexual health, mental health
* Attendance counselling
* Academic issues
* Referral to the Social Worker, Mental Health Nurse, and Youth Worker.
* Support for bullying & cyber-bullying
* High school transitions
* Help organizing work/ideas
* Time management/study tips
 |  Self esteem Relationships Coping skills Social skills Emotional issues Conflict resolution Anger & stress management How to get involved |  Write tests in an alternate location Discuss learning challenges and strategies IEP support Gifted support Referral to Educational Psychologist GLE support information  and educational identification |  Resolve conflicts with other students Report safety concerns (for self or others) Report bullying, theft, assault, or threats Find ways of getting involved or connected at school or in the community Discuss concerns (personal or academic) |  Report a trespasser Report injuries or unsafe conditions Report safety concerns (for self or others) Report bullying, theft, assault, threats | * Information about community services for newcomers
* Communication between school and home
* Information and support for newcomers for healthcare, housing, financial assistance, citizenship, employment, etc…

  | * DMCI has access to a Social Worker, a Psychologist, a Mental Health Nurse and an Attendance Councillor.  They help with issues such as mental health support, self-harm, suicidal thoughts, substance abuse, family conflict, abuse and neglect.  To connect with these support people, please visit a guidance counsellor
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| When in doubt, reach out! Contact a trusted adult above or report a concern ASAP!  You can always call Kids help phone.  It’s available 24/7 and it’s completely anonymous and confidential – they don’t trace calls, they don’t have call display. You don’t even have to tell them your name if you don’t want to.**Kids Help Phone: 1-800-668-6868                       www.KidsHelpPhone.ca                              Download theApp** **Always There** |