

Beyond the Classroom

At Eastdale, all students can enrich their school experience inside and outside the classroom.

Our facilities include an 11,000 square foot rooftop market garden, an industry-standard kitchen, multiple computer labs and a fully-equipped aesthetician lab. We also offer a Wilderness Activity Group and camping trips where students meet weekly to learn team-building and planning skills to prepare for a fall hiking trip, a winter camping trip and a spring hiking trip.

Eastdale is a gold level eco-school as a result of our commitment to recycling and monitoring our carbon footprint. Students have opportunities to energize and build leadership skills, gather new ideas, and learn innovative ways to support the environment.

In addition to cultivating and harvesting from the rooftop garden, Eastdale has seven indoor tower gardens that grow various 'green' foods continuously throughout the school year. These 'greens' are used to replenish our mobile green machine salad bar every week.

Additionally, Eastdale offers school teams and intramural sport programs, excursions and special events and community partnerships with FoodShare, Peacebuilders International.

Testimonials from Students

"Eastdale has changed my opinion of school. It made me feel welcome and has shown me that I can achieve whatever I put my mind to. I have learned that I have the power to change my surroundings."

"If it were not for my Co-op experience, I probably wouldn't be graduating. It has helped me to realize what I want to do in the future and what I need to do to get there."

Eastdale C.I.

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To learn more or tour our school contact us at:
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A Place to GROW
Nurturing learners in a small, supportive environment.

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Eastdale is a small learning community with a safe and encouraging atmosphere. Our small class sizes support students' individual needs, abilities and achievements. Eastdale's caring teachers and support staff help students build a positive self-image by teaching personal and social responsibility, as well as work and life skills. We believe our approach fosters well-being leading to success. We welcome students from across the city!

Why Eastdale?

Smaller Class Sizes

We support students through smaller class sizes in a caring and nurturing environment, which means there is more opportunity for students to participate. Smaller class sizes result in a closer-knit community where students can connect more closely with peers and increase confidence.

Innovative Community Partnerships

Eastdale provides cross-curricular programming with unique opportunities to develop hands-on skills that are critical for success in school, employment and life-long learning.

FoodShare: Our Science and "Seed to Market" program provides students with the opportunity to work with FoodShare, a non-profit agency, in our 11,000 sq ft rooftop garden where they develop transferable skills in science, horticulture and marketing.

Peacebuilders provides restorative dialogue in classrooms and student group circles. Several classrooms implement weekly Peacebuilders' circles to foster community and optimize learning.

New Leaf Yoga helps us facilitate mindfulness and self-regulation techniques.

What we offer

Eastdale's Credit Program helps students build reading and math skills; positive attitudes and communication skills; and work skills, such as teamwork and problem-solving skills. Grade 9 and 10 students focus on locally-developed courses that lead to senior open and workplace level courses. Applied courses in English provide student pathways to Grade 11 and 12 college courses. Senior credit courses prepare students for further studies at college or help with the transition to the world of work.

Special Education MID Program

Students with an MID exceptionality (Mild Intellectual Disability) are part of Eastdale's Special Education Program. We prepare students for independent living, further education or transition to the workplace. Classes focus on functional literacy (reading, writing, oral communication), functional numeracy (banking, budgeting), independent living (meal preparation, household chores, self-care) and interpersonal skills. Students gain work-related skills through Hairstyling, Hospitality, Bicycle Maintenance & Repair and Communication Technology Programs. Students are offered TTC Training where they learn to navigate the city in combination with Co-operative Education and Community Service.

Preparing Students for the Workplace

Our Work (co-op) Placement program offers all students the opportunity to learn while gaining valuable work experience. Every student is encouraged to complete a co-op placement. Co-op placements can be full- or half-day and offer a wide range of experiences including retail, automotive, education/child care, hospitality and many more.

Eastdale is proud to support students with special education needs through:

- Continuous Intake Co-Op (CIC): Disengaged students have the opportunity to use skills demonstrated through their employment to earn credits while still enrolled in school, which increases the likelihood of them graduating.
- Resource Program: Students can receive help with classwork, problem solving and social-emotional support with the school Child & Youth Worker.
- An expanded program for students with Mild Intellectual Disabilities (MID).

Programs:

Food & Hospitality

We have an industry-standard kitchen where students learn how to handle food safely as they master the art of food preparation. Food and Hospitality students gain hands-on experience as they learn more about the food industry and career opportunities. The students in this program make lunch for the entire school each day. Students create recipes from around the world, while students in our web-based design courses produce cookbooks for the community.



Hairstyling and Aesthetics

Students learn hairstyling, make-up and nail-care techniques in our fully-equipped esthetician lab. They learn skills that can be used in a salon, and they have the opportunity to practice these skills through Co-operative Education placements.



Bicycle Maintenance & Repair

Students gain an understanding of work through practical hands-on bicycle service, repair and maintenance. They learn both shop safety and road safety strategies. This program prepares students for entry-level positions in bicycle sales, maintenance or repair and builds skills necessary to take advantage of low-cost transportation in an urban environment.

