**EQUIPMENT AND CLOTHING CHECKLIST**

# Please Label All Articles With Your Name

The Centre will provide raincoats and rubber / winter boots for those learners

who require them.

# Please bring a nut free litterless lunch for the first meal and a water bottle for use during the week.

**Toiletry Items Bedding**

\_ comb and brush \_ pillow and pillow case

\_ toothbrush and toothpaste \_ sleeping bag or 2 sheets,

\_ soap in plastic container heavy comforter/ blankets

\_ 1 facecloth

\_ 1 hand towel

\_ 1 bath towel **Winter Clothing**

\_ deodorant \_ 1 heavy winter coat

\_ shampoo \_ 1 pair heavy warm lined boots

\_ sunscreen \_ snow pants

\_ bag to carry above items \_ warm waterproof mitts (2 pairs)

\_ 1 toque (winter hat)

**General Clothing** \_ scarf

\_ 1 pair pyjamas \_ heavy work socks

\_ 1 pair slippers/indoor shoes \_ warm long sleeved shirts

\_ 1 hat for sun protection \_ turtleneck sweaters

\_ underwear

\_ socks **Optional**

\_ 2 sweaters or sweatshirts \_ camera

\_ 1 pair of walking shoes \_ shorts

\_ 2 pairs of jeans or heavy pants \_ lip salve

\_ shirts \_ facial tissues

\_ warm jacket \_ books/magazines

\_ track pants \_ quiet games (cards, chess, etc.)

\_ musical instrument

**Rain Wear** \_ insect repellent (liquid or lotion,

\_ rain hat not aerosol) and sunscreen

\_ raincoat (waterproof) \_ garbage bags for dirty laundry

\_ rubber boots

# DO NOT BRING:

snacks, gum, candy, beverages, cologne, perfume, matches, cigarettes, electronic music players, electronic games, knives, firearms, hatchets, non- prescription drugs, money, valuables, flashlight, cell phone

# Please note: The E.O.E.C. is not financially responsible for any lost or stolen items.