

United Way Campaign

Our students have been taking the lead with the United Way campaign this year and activities continue to be planned! Special thanks to “Cookies for a Cure” for their bake sale and the Student Council for coordinating “Fry-day” at FHCI and the CN Tower Climb. Nearly forty students and two staff (shout out to Mr. Kleiman and Ms. Simas) climbed the 1776 steps to the top of the CN Tower on Saturday morning! Thanks to Mr. Moore for getting the Falcons on the TDSB team this year! We are looking forward to other events in the weeks to come. Donations can be made through School Cash On Line.

Toronto Public Health (TPH)

Two weeks ago Toronto Public Health (TPH) sent out nearly 250 letters to FHCI students who need to update their immunization records. If you received this notice by mail, please contact TPH to learn more about the steps that need to be taken in the upcoming weeks.



Toronto Public Health needs your vaccination record.

- ✓ **Missing vaccines?**
See your doctor to get vaccinated.
- ✓ **Meningo...what?**
Ask your doctor to order the meningococcal-ACYW vaccine for free from Toronto Public Health. You can also get the vaccine at a Toronto Public Health vaccination clinic. Make an appointment online: tphbookings.ca/studentvaccines
- ✓ **Report Online**
Report your updated vaccinations: toronto.ca/studentvaccines

416.338.7600 | toronto.ca/health |  **TORONTO** Public Health

Grade 12 Grad Photos

Life Touch photographers will be coming to Forest Hill CI in early December to take pictures of all graduating students. Photos will be included in the yearbook, the grad composite that will be hung in the school hallway and each student photographed will receive a personal copy of the class composite at Commencement in the Fall. All students having their pictures taken will receive “proofs” from their pictures and portraits may be purchased at an additional cost if you are interested. No further purchase is required.

Appointments must be made online: prestigeportraits.ca

The sitting fee of \$30 should be brought to the photographer at the time of the appointment. Questions or concerns should be directed to Mr. Ghassibe.

School Council Wish List Campaign

The annual Wish List campaign is underway! Your generous donations help to enrich the learning opportunities for our students. Last year's campaign funded assembly presentations, the purchase of new tables in the Library Learning Commons, new wireless microphone system for the auditorium, extensive reading collections for students in grades 9 and 10 and Clicker technology for classroom use.

Donations can be made online through <https://tdsb.schoolcashionline.com/Fee/Index> --> Make a Donation --> Forest Hill Collegiate Institute or through the Main Office by returning the attached form [Wish List 2018.pdf](#) . Donations of any size are welcome and appreciated. Donors of more than \$25 will receive a tax receipt for the 2018 year if the donation is received before December 14,2018

Grade 8 Open House - December 4, 2018

We are very excited to open our doors to grade 8 students from across the city. The school will run on a morning schedule and classes will be dismissed at 11:45 a.m. Many students have volunteered to help at the Open House, showcasing clubs, teams and students endeavours. Grade 8 students currently attending a TDSB school should make arrangements to attend through their Middle School Guidance Counsellors. Grade 8 students not currently attending a TDSB school should register to attend through the school website: www.fhci.net

The Parent/Guardian Information Session will take place in the evening. We are opening the school for self-directed tours from 6:00 - 7:00 p.m. Many students have volunteered to stay for the evening. Our auditorium presentation will run from 7:10 - 8:30 p.m. where we will share more information about the school and the Optional Attendance process.

This important evening would not be possible without the combined support of our staff and students!

Social Media and Online Conduct

Many of our students are actively involved in numerous forms of Social Media and are in regular communication with each other online. Parents/Guardians are encouraged to learn more about the apps and forums that their children are using.

While Social Media keeps students connected, it can also create trouble when students are sharing unsafe material or sending harmful messages. The use of apps that allow people to communicate anonymously (i.e. theDMapp) should be strongly discouraged as young people are left vulnerable to bullying and harmful messages from others. Anonymity does not help adolescents develop a sense of online responsibility for their behaviour.

In the 2017 Student Census, 43% of FHCI students reported that Social Media made it difficult for them to complete their homework all the time/often. 38% of students described their own social media use as "almost constant".

Parents/guardians are encouraged to support the development of healthy online habits by helping students manage their screen time and balance real life activities with their online activities. Healthy sleep habits and reducing the amount of time on a device can help to improve to a young person's mental health and well-being.

We work as partners as we try to help our students learn to become and remain responsible digital citizens. Students should be encouraged to speak with responsible adults if/when they encounter inappropriate materials/media/messages.

Culminating Activity Schedule

In the last three weeks of the semester, students will begin to complete culminating activities, large scale evaluations that will allow students to successfully demonstrate curriculum expectations. Culminating Activities are very similar to exams, in the sense that they are scheduled to happen on specific dates, and that student attendance is mandatory. The final schedule will be emailed home in the next few days along with a copy of the "Missed Evaluation Form" which is required if a student is absent from a culminating activity.

Reiko Fuentes
Principal
Forest Hill Collegiate Institute