FHCI Guidance Bulletin December 2<sup>nd</sup>, 2019

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For interesting news, events, post-secondary information, scholarship information and volunteer opportunities, please check out our social media:

Guidance website page <u>www.fhci.net</u> Click on Departments, and then click on Guidance.

# **Items of Interest to all Grades**

### Information about Skilled Trades

Are you considering a career in the trades? It takes skill to get in, but it doesn't cost a lot to become a tradesperson, and you can earn a very good living working with your mind and your hands together. Take a look at the comparison of cost between college, university, and the trades here: <a href="http://bit.ly/2KZdoTm">http://bit.ly/2KZdoTm</a> Check out the different kinds of trades available in Canada here: <a href="http://bit.ly/2OUd2yp">http://bit.ly/2KZdoTm</a> Watch some short and interesting videos about various trades here: <a href="http://bit.ly/2OUd2yp">http://bit.ly/2OUd2yp</a>

### Free Tutoring from U of T Students

If you need a tutor's help, but don't have the money to spend, you can get free help from real university students! On a typical Saturday in the Medical Sciences Building at the University of Toronto (1 King's College Circle), high school students receive one-on-one homework help from volunteer tutors from 9:15am-11:15am and then attend an exciting hands-on learning workshop from 11:30am-12:30pm. A free light breakfast and a hot lunch will be served to all program participants after the workshop. You must sign up here: <a href="http://bit.ly/2khDk2n">http://bit.ly/2khDk2n</a>

Attention Grade 9 and 10 students! Need help with your math homework? You can access free math tutoring online at <u>www.TVOmathify.com</u> You can register, and then get lots of help from Sunday to Thursday!

#### YMCA Summer Work Student Exchange in Quebec

For six weeks in July and August, you get to:

- 1. Travel to Quebec,
- 2. Live with a local host,
- 3. Practice your French,
- 4. Make new friends,
- 5. And have a full-time paid summer job!

It is an unforgettable, once-in-a-lifetime experience that is open to student 16-17 years old. **Details & Application:** <u>www.summer-work.com</u>

# **Upcoming Important Info for Grads**

- 1. Dec 16 Last day to drop a course in Semester 1
- 2. Jan 28, 2020-NOON Last day to make changes to your semester 2 timetable
- 3. Private School Courses for grade 12 students: If you decided to take a private school course this year and didn't yet add it to the yellow sheet we got from you in September, you should come to Guidance and update your sheet. This applies to grade 12 students, only.

# "STEM Lights Me Up" Scholarship - Brightech

Criteria:

• Must be enrolled in an accredited college or university for next year

• Write an essay of at least 1000 words on the topic: "What lights you up about STEM?" Value: \$500

Deadline: December 31<sup>st</sup>, 2020

Details/application: https://brightechshop.com/pages/stem-lights-me-up-scholarship

## Jim Bourque Scholarship (Arctic Institute of North America)

Criteria:

- Must identify as Canadian Aboriginal
- Must be enrolling in post-secondary Aboriginal Studies, Education, General, Environmental Studies, or Telecommunications Technology/Technician
- Be enrolled at an accredited college or university (not limited to University of Calgary)
- Have financial need

Value: \$1000

**Deadline:** July 12<sup>th</sup>, 2020

Details/application: https://arctic.ucalgary.ca/jim-bourque-scholarship

## **Outstanding Scholars Award – University of Windsor**

You will get to do work with real researchers and get paid! Criteria:

- It will only be available to a student who attends the University of Windsor (you can apply for the scholarship now, though)
- Evident desire to do research or original creative work for the benefit of others
- Evidence of community service
- Leadership, through excellence in athletic, creative, or other fields, or through serving in a formal leadership role **Value:** up to \$1700 per year (renewable)

Details/application: http://www.uwindsor.ca/outstandingscholars

## **Volunteer Opportunities**

## You need to make sure that your volunteer activity is supporting a not-for-profit cause.

## \*Check Volunteer Board in Guidance\*

## **Angel Alert Virtual Assistant Volunteer**

Angel Emergency Alert Non-Profit Organization provides children, elderly and vulnerable individuals in low-income situations, who cannot afford a personal emergency device and the monthly monitoring service, by covering all or some of expenses. There are many different tasks a volunteer can choose from including blogging, social media, graphic design, and web management. This is great for those who would like to increase their skills, fill out their resume, gain volunteer hours, and help vulnerable people, all at the same time.

Details and contact info: <a href="http://angelalert.ca/general-program-volunteers/">http://angelalert.ca/general-program-volunteers/</a>

## After School Mentor for Chinese Newcomer Children – Ralph Thornton Centre

Volunteers are matched with a student or a small group of students. Under the direction of the program coordinator, mentors will assist students with reading & writing, participate in fun group learning activities like games and crafts, answer questions and provide information about Canadian culture, and be a role model and friend for a newcomer to Canada! Volunteers must be able to commit to a 2 hour shift, between 4:00 pm - 6:00 pm. one day per week (Monday through Thursday), for 14 consecutive weeks. Near Broadview & Gerrard.

Details and contact info: <u>https://www.volunteertoronto.ca/networking/apply\_now.aspx?view=2&id=225308</u>

## Walk for Memories – Alzheimer Society of Toronto & IG Wealth

Saturday, February 1st, 2020 is the Walk for Memories. It's Canada's largest, one-day fundraising event raising funds for Alzheimer's disease and other dementias. This unique INDOOR Walk in the PATH connects families, organizations and volunteers from across the GTA. There are volunteer roles before, during, and after the event. **Details and contact info:** <u>https://on.alz.to/site/SPageNavigator/AST\_WFM20\_volunteer.html#.Xc6j-IVKhpj</u>