



FHCI

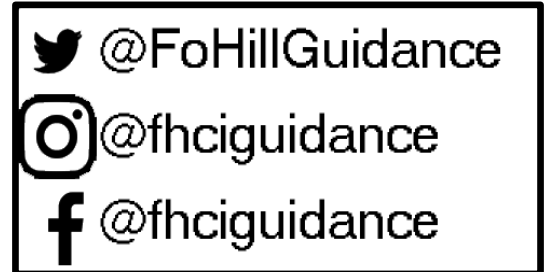
Guidance Bulletin

November 25th, 2019

For interesting news, events, post-secondary information, scholarship information and volunteer opportunities, please check out our social media:

Guidance website page www.fhci.net

Click on Departments, and then click on Guidance.



Upcoming Events of Interest to all Grades

Free Tutoring from U of T Students

If you need a tutor's help, but don't have the money to spend, you can get free help from real university students! On a typical Saturday in the Medical Sciences Building at the University of Toronto (1 King's College Circle), high school students receive one-on-one homework help from volunteer tutors from 9:15am-11:15am and then attend an exciting hands-on learning workshop from 11:30am-12:30pm. A free light breakfast and a hot lunch will be served to all program participants after the workshop. You must sign up here:

<http://bit.ly/2khDk2n>

Attention Grade 9 and 10 students! Need help with your math homework? You can access free math tutoring online at www.TVOMathify.com You can register, and then get lots of help from Sunday to Thursday!

YMCA Summer Work Student Exchange in Quebec

For six weeks in July and August, you get to:

1. Travel to Quebec,
2. Live with a local host,
3. Practice your French,
4. Make new friends,
5. And have a full-time paid summer job!

It is an unforgettable, once-in-a-lifetime experience that is open to student 16-17 years old.

Details & Application: www.summer-work.com

Upcoming Important Info for Grads

There are still some college and university visits in November; see below.

1. **Dec 16** Last day to drop a course in Semester 1
2. **Jan 28, 2020** Last day to make changes to your semester 2 timetable
3. **Private School Courses:** If you decided to take a private school course this year and didn't yet add it to the yellow sheet we got from you in September, you should come to Guidance and update your sheet.

College & University Open Houses

Now is the time of open house visits! All colleges and universities hold open houses in the fall for prospective students, and usually again in spring. This is a great way to explore the facilities, visit residences, chat with students and professors, attend information sessions, etc. For details and to register, go to the individual college and university websites or go to <http://www.ontariouniversitiesinfo.ca/universities> (Ontario universities) and <https://www.ontariocolleges.ca/en> (Ontario colleges).

Here is an example:

- Centennial College: Sunday, December 1, 2019, 10:00 AM - 2:00 PM

SCHOLARSHIPS/AWARDS

Scholarship Search Website

Scholartree.ca

www.studentawards.com

Jim Bourque Scholarship (Arctic Institute of North America)

Criteria:

- Must identify as Canadian Aboriginal
- Must be enrolling in post-secondary Aboriginal Studies, Education, General, Environmental Studies, or Telecommunications Technology/Technician
- Be enrolled at an accredited college or university (not limited to University of Calgary)
- Have financial need

Value: \$1000

Deadline: July 12th, 2020

Details/application: <https://arctic.ucalgary.ca/jim-bourque-scholarship>

Nearly a Nurse Scholarship

Criteria:

- Be a current student at a Canadian high school, college, university of CEGEP or currently accepted to attend an accredited Canadian college or university
- Be 16 years of age or older
- Be a member of Student Life Network
- Include a personal statement that talks about both of the following:
 - your background in nursing, and what nursing means to you; and
 - how winning this scholarship could further your future academic or career goals.
- You may add photographs or video to help support your submission.

Value: \$1000

Deadline: December 31st, 2019

Details/application: <https://99scholarships.ca/128>

Volunteer Opportunities

You need to make sure that your volunteer activity is supporting a not-for-profit cause.

Check Volunteer Board in Guidance

FHCI Volunteer Fair – November 28th

November 28 at lunch in the Foyer, we have several representatives of different volunteer organizations in our Foyer. You can come, ask questions, sign up and plan to do some community service hours!

After School Mentor for Chinese Newcomer Children – Ralph Thornton Centre

Volunteers are matched with a student or a small group of students. Under the direction of the program coordinator, mentors will assist students with reading & writing, participate in fun group learning activities like games and crafts, answer questions and provide information about Canadian culture, and be a role model and friend for a newcomer to Canada! Volunteers must be able to commit to a 2 hour shift, between 4:00 pm - 6:00 pm. one day per week (Monday through Thursday), for 14 consecutive weeks. Near Broadview & Gerrard.

Details and contact info: https://www.volunteertoronto.ca/networking/apply_now.aspx?view=2&id=225308

Walk for Memories – Alzheimer Society of Toronto & IG Wealth

Saturday, February 1st, 2020 is the Walk for Memories. It's Canada's largest, one-day fundraising event raising funds for Alzheimer's disease and other dementias. This unique INDOOR Walk in the PATH connects families, organizations and volunteers from across the GTA. There are volunteer roles before, during, and after the event.

Details and contact info: https://on.alz.to/site/SPageNavigator/AST_WFM20_volunteer.html#.Xc6j-IVKhpj

University/College Liaison Visits 2019-2020

November

Only 1 visit left!

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Humber

12:15

Room 252A