For interesting news, events, post-secondary information, scholarship information and volunteer opportunities, please check

out our social media:

Guidance website page www.fhci.net

Click on Departments, and then click on Guidance.

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Upcoming Important Dates

How to Select Courses Assemblies: February 5th

Course Description Assembly for Grade 10: February 6th (period 1)

Course Descriptions for Grade 11 courses: February 10th (lunch)

Course Selection on MyBlueprint: February 7th–28th

Visit from Queen's Bader International Study Centre: March 24th at 12:15 pm (Israelovitch Room, 256)

Items of Interest to all Grades

Go Global Expo: February 9th, 2020

Are you interested in travelling and doing interesting things while experiencing new cultures? The Go Global Expo has groups from over 100 countries that can facilitate international volunteering, international careers, working holidays, information on international universities, and more. There is also a special seminar for high school students about fully-funded language immersion summer experiences within Canada! The Expo is a free event, but you need to sign up: www.letsgoglobal.com

Queen's Bader International Study Centre

Are you interested in doing post-secondary study with Queen's? What about at Queen's, but in a castle? How about a castle in England? You can! A representative from Queen's Bader International Study Centre (BISC) will visit on March 24th at 12:15 in room 256 (the Israelovitch Room.) They will tell you all about it and answer any questions you might have.

Hack the Break: "Young Women* in Tech" from RBC

RBC is hosting a three-day workshop over March Break for any girls that are interested in tech (RBC welcomes anyone who identifies as female, non-binary, agender as well!) You would learn about careers in the STEM field. No previous experience required! There are 25 positions available in total, so if you're interested, apply soon! Deadline is February 9th. Details & registration here:

Information about Skilled Trades

Are you considering a career in the trades? It takes skill to get in, but it doesn't cost a lot to become a tradesperson, and you can earn a very good living working with your mind and your hands together.

Take a look at the comparison of cost between college, university, and the trades here: http://bit.ly/2KZdoTm

Check out the different kinds of trades available in Canada here: http://bit.ly/2OUd2yp

Watch some short and interesting videos about various trades here: http://bit.ly/2OM8Dxg

Attention Grade 9 and 10 students! Need help with your math homework? You can access free math tutoring online at www.TVOmathify.com You can register, and then get lots of help from Sunday to Thursday!

SCHOLARSHIPS/AWARDS Scholarship Search Website

Scholartree.ca www.studentawards.com

www.scholarshipscanada.com

Ontario Legion Bursaries

Criteria:

- Have a family member who is or was a member of armed forces in the Commonwealth (for a more exact definition click on "Who Can Apply" on the page in the link below.)
- Must be accepted into some post-secondary program (vocational and technical programs are welcome)

Must be applying for OSAP

Value: \$500

Deadline to Apply: March 31st, 2020

Details/application: https://www.on.legion.ca/remembrance/youth-programs/bursaries

York University Governors' Awards of Distinction

Criteria:

York University student next year

- Minimum 90% average in final year of high school
- Renewable in 2nd, 3rd, and 4th year with a high-enough grade point average

Value: \$8000 plus residence each year for 4 years

Deadline to Apply: February 15th, 2020

Details/application: https://futurestudents.yorku.ca/financialsupport

Volunteer Opportunities

You need to make sure that your volunteer activity is supporting a not-for-profit cause.

Check Volunteer Board in Guidance

Coldest Night of the Year (Fundraiser for Homelessness & Hungry)

The title makes it sound like a terrible volunteer opportunity, but it's the opposite. On Saturday, February 22nd CNoY needs volunteers to help with a fundraiser walk. They need help with setup, takedown, registration, and more! You can help raise money for charities that help the homeless, the hungry, and people who are hurting. Family friendly, too.

Details and contact info: https://cnoy.org/volunteerhelp

WILD Outside & the Canadian Wildlife Federation

WILD Outside is a conservation-based youth leadership program for ages 15 to 18. Learn from CWF facilitators, connect with other participants in their area, explore the outdoors, plan and carry out community-based conservation action projects in Toronto. Participants in the program are encouraged to commit to 120 hours of service activity and engagement over a calendar year and will be recognized for their dedication.

Details and contact info: http://wildoutside.ca/

Holland-Bloorview Rehabilitation Hospital: March Break

If you enjoy working with kids and making a difference in their lives, then this is a perfect opportunity! This hospital does so many great things for kids with disabilities. You would be helping kids participate in different activities to the best of their ability. You could get 40 hours in one week, work with world-class therapists & clinicians, and it looks great on a resume! You must be 16 years of age or older.

Details and contact info: http://hollandbloorview.ca/Careers/Volunteeringwithus/Marchbreak