

Forest Hill C.I. Guidance Department



What's Next After FHCI?

**WELCOME
EVERYONE
HERE IS COOL**

Alphabetical Division of Counsellors

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Agenda

1. Introduction

2. The Big Picture (Post-Secondary Pathways)

3. College

- ✓ Admission Requirements
- ✓ Application Process

4. University

- ✓ Admission Requirements
- ✓ Admission Requirement Myths
- ✓ Application Process
- ✓ Out of Province Applications
- ✓ American Universities

5. Financial Aid/Scholarships

6. Students with Accommodations

7. What Now?

8. Questions and Answers

THE BIG PICTURE

Pathways: so many options...

so many opportunities

(Work, Apprenticeship, College, University)

The Right Fit: everyone has a story

Flexibility

Excitement vs. Anxiety



Workplace Pathway Cont'd

Finding full time employment:

TDSB Work Connections in May

Ontario Job Bank:

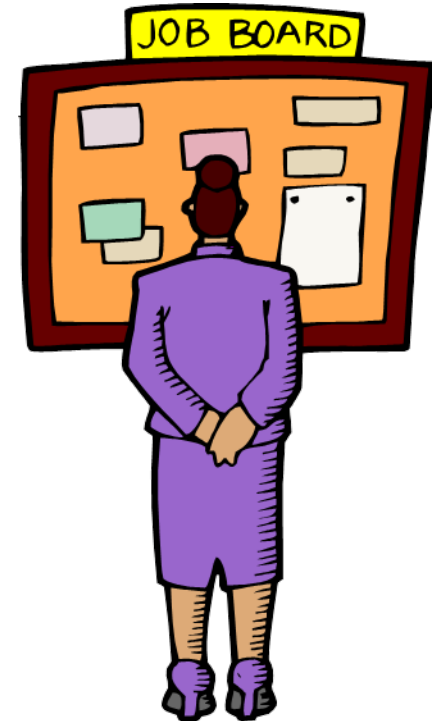
<http://bit.ly/2o9CeYs>

Ontario Skills Passport:

<http://bit.ly/2P8f002>

Employment Ontario:

<http://bit.ly/2W5uOSN>



Canada's Top Jobs 2019

Note

Jobs on this list include all 3 pathways:
apprenticeship, college, or university education

<http://bit.ly/2W71JGo> [May 2019]

<http://bit.ly/2qvUn3t> [April 2019]

Canada's Top Jobs 2019

RANK ⇅	Job title ⇅	Median Salary ⇅	5-year wage growth ⇅	5-year employee growth ⇅	Outlook ⇅
1	Nurse Practitioner	\$104,000	35%	75%	↗
2	Dentist	\$93,600	45%	63%	↗
3	Utilities Manager	\$114,130	16%	16%	↗
4	Power Systems Electricians	\$85,758	18%	73%	→
5	Mining & Quarrying Supervisor	\$83,200	25%	29%	↗
6	Pipefitting supervisor	\$81,120	15%	51%	↗
7	Engineering Manager	\$105,997	20%	8%	↗
8	Scientific Research Manager	\$102,003	28%	10%	↗
9	Public Administration Director	\$109,533	13%	87%	↘
10	Construction Manager	\$83,200	14%	46%	↗

† **Outlook** shows the projected demand for employees in the field in 2022, as measured by Employment and Social Development Canada:

↗ = more than 1 job available per job seeker — lots of opportunity

→ = about 1 job available per job seeker — balanced opportunity

↘ = less than 1 job available per job seeker — low opportunity

Comparison between Apprenticeship, College, and University Pathways

YOUR CHOICE: YOUR FUTURE!

APPRENTICESHIP

E, C, M or U courses
Math skills
OYAP Level 1

2-5 Years

Get Hired by Employer!
Employer Incentive Grants
www.tcu.gov.on.ca
www.oyap.com

80% on job training
20% in classroom
student/mentor ratio 1:1

85% tuition paid

Average Cost/ Year
\$400-600



Certificate of Apprenticeship

Certificate of Qualification

Red Seal

100%
Have jobs in related field after graduating
Employed while training!



EARN WHILE YOU LEARN!
40-80% salary of journey person while in an apprenticeship

Starting salary:
\$30,000-60,000
depending on certification

Average Student Debt:
\$0

COLLEGE

C or M or U courses
Dual Credits

1-3 Years

www.ontariocolleges.ca



70% in classroom
30% co-op
student/faculty ratio 40:1

Average Tuition Cost/ Year
\$4,500

\$6,500 average OSAP loan

Scholarships

Bursaries

Diploma Certificate



83%
Have jobs in related field after graduating.

Average Student Debt:
-\$25,000

UNIVERSITY

M or U courses

3-5 Years

www.ouac.on.ca
www.electronicinfo.ca



Usually
100 %
classroom

student/faculty
ratio 85:1

Average Tuition Cost/ Year

\$7,500

\$5,500 average OSAP loan

Scholarships

Bursaries



Undergraduate Degree

72%
Have jobs in related field after graduating.

May require post-graduate studies

Average Student Debt:
-\$37,000

oyap

ONTARIO
YOUTH
APPRENTICESHIP
PROGRAM

www.statcan.gc.ca
www.collegeoftrades.ca
www.cfsontario.ca
*All data is approximate
and accurate at time of printing

CONSTRUCTION

Architectural Glass and Metal Technician (Glazier) ♦
 Brick and Stone Mason (Bricklayer) ♦
 Cement (Concrete) Finisher
 Concrete Pump Operator
 Construction Boilermaker (Boilermaker) ♦
 Construction Craft Worker ♦
 Construction Millwright
 Drywall Finisher and Plasterer ♦
 Drywall, Acoustic and Lathing Applicator (Lather - Interior Systems Mechanic) ♦
 Electrician - Construction and Maintenance ▲ ♦
 Electrician - Domestic and Rural ▲
 Exterior Insulated Finish Systems Mechanic
 Floor Covering Installer ♦
 General Carpenter (Carpenter) ♦
 Hazardous Materials Worker
 Heat and Frost Insulator
 Heavy Equipment Operator - Dozer
 Heavy Equipment Operator - Excavator
 Heavy Equipment Operator - Tractor
 Loader Backhoe
 Hoisting Engineer - Mobile Crane Operator 1 (Mobile Crane Operator) ▲ ♦
 Hoisting Engineer - Mobile Crane Operator 2 ▲

Hoisting Engineer - Tower Crane Operator (Tower Crane Operator) ▲ ♦
 Ironworker - Generalist ♦
 Ironworker - Structural and Ornamental ♦
 Native Residential Construction Worker
 Painter and Decorator - Commercial and Residential (Painter and Decorator) ♦
 Painter and Decorator - Industrial
 Plumber ▲ ♦
 Powerline Technician ♦
 Precast Concrete Erector
 Precast Concrete Finisher
 Refractory Mason
 Refrigeration and Air Conditioning Systems Mechanic (Refrigeration and Air Conditioning Mechanic) ▲ ♦
 Reinforcing Rodworker (Ironworker - Reinforcing) ♦
 Residential (Low Rise) Sheet Metal Installer ▲
 Residential Air Conditioning Systems Mechanic ▲
 Restoration Mason
 Roofer ♦
 Sheet Metal Worker ▲ ♦
 Sprinkler and Fire Protection Installer (Sprinkler System Installer) ♦
 Steamfitter (Steamfitter/Pipefitter) ▲ ♦
 Terrazzo, Tile and Marble Setter (Tilesetter) ♦

INDUSTRIAL

Bearings Mechanic
 Blacksmith
 Cabinetmaker ♦
 Composite Structures Technician
 Computer Numerical Control (CNC) Programmer
 Die Designer
 Draftsperson - Mechanical
 Draftsperson - Plastic Mould Design
 Draftsperson - Tool and Die Design
 Electric Motor System Technician ♦
 Electrical Control (Machine) Builder
 Electrician (Signal Maintenance)
 Elevating Devices Mechanic
 Entertainment Industry Power Technician
 Facilities Mechanic
 Facilities Technician
 Fitter - Assembler (Motor Assembly)
 General Machinist (Machinist) ♦
 Hydraulic/Pneumatic Mechanic
 Industrial Electrician ♦
 Industrial Mechanic Millwright ♦
 Instrumentation and Control Technician ♦
 Light Rail Overhead Contact Systems Linesperson
 Locksmith
 Machine Tool Builder and Integrator
 Metal Fabricator (Fitter) ♦
 Mould Designer

Mould Maker
 Mould or Die Finisher
 Optics Technician (Lens and Prism Maker)
 Packaging Machine Mechanic
 Pattern Maker
 Precision Metal Fabricator
 Pressure Systems Welder
 Process Operator - Food Manufacturing
 Process Operator - Power
 Process Operator - Refinery, Chemical and Liquid Processes
 Process Operator - Wood Products
 Pump Systems Installer
 Railway Car Technician
 Relay and Instrumentation Technician
 Roll Grinder/Turner
 Saw Filer/Fitter
 Ski Lift Mechanic
 Surface Blaster
 Surface Mount Assembler
 Thin Film Technician
 Tool and Cutter Grinder
 Tool and Die Maker ♦
 Tool and Gauge Inspector
 Tool/Tooling Maker
 Tractor-Trailer Commercial Driver
 Water Well Driller
 Welder ♦

SERVICE

Aboriginal Child Development Practitioner
 Agricultural - Dairy Herdsperson
 Agricultural - Fruit Grower
 Agricultural - Swine Herdsperson
 Appliance Service Technician ♦
 Arborist
 Assistant Cook
 Baker
 Baker - Patisserie (Baker) ♦
 Chef
 Child and Youth Worker
 Child Development Practitioner
 Cook ♦
 Developmental Services Worker
 Educational Assistant
 Electronic Service Technician
 Gemsetter/Goldsmith
 Hairstylist ▲ ♦
 Hardware, Lumber and Building Materials Retailer
 Horse Groom

Information Technology - Contact Centre Customer Service Agent
 Information Technology - Contact Centre Sales Agent
 Information Technology - Contact Centre Technical Support Agent
 Information Technology - Hardware Technician
 Information Technology - Network Technician
 Institutional Cook
 Micro Electronics Manufacturer
 Native Clothing and Crafts Artisan
 Network Cabling Specialist
 Parts Technician (Partsperson) ♦
 Pool, Hot Tub and Spa - Installer
 Pool, Hot Tub and Spa - Service Technician
 Retail Meat Cutter
 Saddlery
 Special Events Coordinator
 Utility Arborist
 Wooden Boat Rebuilder

MOTIVE POWER

Agricultural Equipment Technician ♦
 Alignment and Brakes Technician ▲
 Auto Body and Collision Damage Repairer (Motor Vehicle Body Repairer - Metal and Paint) ▲ ♦
 Auto Body Repairer ▲
 Automotive Electronic Accessory Technician ▲
 Automotive Glass Technician
 Automotive Painter ♦
 Automotive Service Technician ▲ ♦
 Fuel and Electrical Systems Technician ▲
 Heavy Duty Equipment Technician ♦
 Marine Engine Technician

Motive Power Machinist
 Motorcycle Technician (Motorcycle Mechanic) ▲ ♦
 Powered Lift Truck Technician
 Recreation Vehicle Technician (Recreation Vehicle Service Technician) ♦
 Small Engine Technician
 Tire, Wheel and Rim Mechanic
 Transmission Technician ▲
 Truck and Coach Technician (Truck and Transport Mechanic) ▲ ♦
 Truck-Trailer Service Technician (Transport Trailer Technician) ▲ ♦
 Turf Equipment Technician

HOW TO ENTER THE SKILLED TRADES

Apprenticeship is a work-based training program that provides access to well-paying jobs that demand a high level of skill, judgement and creativity. Apprentices are paid while they gain work experience, and their wages increase with their skill level. An apprenticeship is a form of post-secondary education. For more information on the trade that interests you visit earnwhileyoulearn.ca

If you have experience and training in a trade from another province, territory or country, the College's Trade Equivalency Assessment (TEA) can assess your qualifications and experience against all of the training requirements of an Ontario apprenticeship. For more information on the TEA process visit collegeoftrades.ca/trade-assessment

Apprenticeship Pathway

OYAP

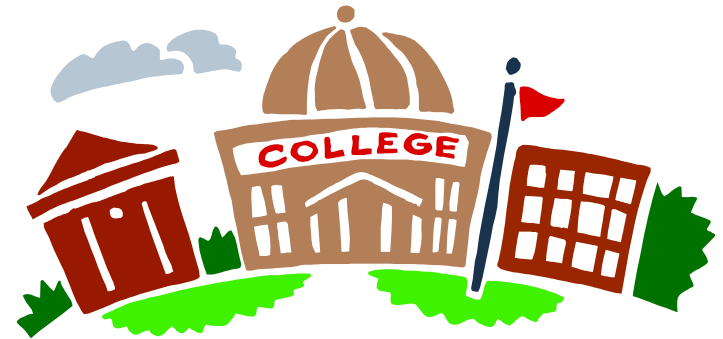
Ontario Youth Apprenticeship Programs
*(possibility begin Accelerated OYAP in
Grade 12, semester 2)*



College Pathway

24 Colleges in Ontario

Over 600 programs



Lower student to teacher ratio

Also offer *degrees*

Practical Hands-On Approach

University Pathway

Academically rigorous (focuses on theories rather than skills)



Usually *bigger* campuses

- *broader* range of student activities
- more *options* for residence

Some careers require a bachelor or graduate degree

“Transfer Pathway”

Credits may be transferred between
Colleges and Universities in Ontario!

For more information, visit

<http://bit.ly/2qDPCoJ>

Ontario Secondary School Diploma (OSSD)

- ✓ 18 compulsory courses
- ✓ 12 elective courses
- ✓ Successful completion of Literacy Requirement
(Grade 10 Literacy Test or Ontario Literacy Course)
- ✓ 40 Hours of Community Involvement (Not-for-profit organization; recommended completion date: March, 2020)

3 Information Sessions

- September 16
- October 8
- November 4

Information Session for non-TDSB
courses and/or applying out of
province – October 22 @ lunch

September Info Session

- Pathways Overview
- Research Process
- Guidance Bulletin
- Graduation Information Forms
- Timelines
- Students provide email addresses

October Info Session

- Definitions and Explanations of “how universities and colleges work”
- Distribute Credit Counselling Summaries
- Scholarship and Bursary Info

November Info Session

- Online application process on

Ontario University Application
Centre (OUAC)

ontariocolleges.ca

Seneca



College Applications

Sheridan



College Applications

The Ontario College Application Services (OCAS)

**OCAS is the clearing house for
Ontario College applications**

ontariocolleges.ca

APPLY

LOG IN

FRANÇAIS

Applying ▾ Colleges ▾ Programs ▾ FAQ ▾ 🔍

**Research and
Application**

APPLY NOW

Already have an account? [Log in](#)

The application for programs starting August 2019 - July 2020 is available now

College Application Requirements

- Not required to have 6 Grade 12 courses
- Required to have certain pre-requisites which may include Grade 11 or 12 U/M/C courses
- **Must check math requirements**
- Degree programs will require 6 Grade 12 U/M courses and specific requirements

College Application Process

- Do not need a pin # to apply; OEN required
- Online application: www.ontariocolleges.ca
- \$95 application fee
- Max of 5 choices; up to 3 programs in one college

Timelines

Application Due Date

- **February 1st, 2020:**
 - equal consideration date
 - Earliest release of offers by colleges
 - Earliest date by which a student can accept offer
- **May 1st, 2020:** final date by which an applicant must confirm an offer of admission to their chosen program
- **Mid-June, 2020:** earliest date that colleges may require payment of tuition fees

Timelines

Electronic Transmission Dates

October 2nd and November 20th, 2019

- Demographics
- Entire transcript (including sem 1 midterm marks)
- 2019 - 2020 courses
- Completion of community involvement
- Completion of Literacy Test
- OSSD eligibility

Timelines

Electronic Transmission Dates

February 5th, 2020

April 22nd, 2020

July 2nd, 2020

August 12th, 2020

College Applicants

Bachelor's Degree Programs

- 4-year applied degrees
= practice + theory (many programs co-op)
- admission requirements are the same as university admission requirements - 6 Gr.12 U/M courses
- admission averages – sometimes lower than universities'

College Applicants

Bachelor's Degree Programs

- Post-graduate programs are possible
- Examples
 - Bachelor of Commerce,
Health Care, Fashion, Human Resources, etc
 - Bachelor of Health Sciences
Workplace Health and Wellness
 - Bachelor of Technology,
Construction Management
- Employment rate after graduation – very high
- programs listed on ontariocolleges.ca

College Applicants

Collaborative College/University Programs

- Diploma + Degree

Examples

- *Bachelor of Arts, Journalism*
U. of T. & Centennial College
- *Bachelor of Media Theory and Production*
Western & Fanshawe College

- Programs listed on ontariocolleges.ca

UNIVERSITY OF
WATERLOO



Western
UNIVERSITY • CANADA



McMaster
University



UNIVERSITY
of GUELPH

CHANGING LIVES
IMPROVING LIFE

Ontario University Applications


Queen's
UNIVERSITY


UNIVERSITY OF
TORONTO

YORK
UNIVERSITÉ
UNIVERSITY




**UNIVERSITY
OF ONTARIO**
INSTITUTE OF TECHNOLOGY

Ontario University Admission Requirements

- OSSD
- 6 Grade 12 U/M courses
- Pre-requisite Courses
- Additional Criteria



Ontario University Admission Requirements

OSSD (Ontario Secondary School Diploma)

- ✓ 30 credits
- ✓ Successful completion of OSSLT (Grade 10 Literacy Test)
- ✓ 40 Hours of Community Involvement (Not-for-profit organization; recommended completion date: March, 2018)

Ontario University Admission Requirements

Grade 12 U/M courses

- ✓ ENG4U – always required
- ✓ 5 other Grade 12 U/M courses, depending on the pre-requisites of the program/university
- ✓ Different universities might require different pre-requisites for the same program; Students must check university websites, their 'viewbooks', or ontariouniversitiesinfo.ca to confirm requirements

Ontario University Admission Requirements

Additional Criteria

- ✓ Supplementary forms
- ✓ Audition
- ✓ Tests
- ✓ Portfolio



Note: Different universities will have different requirements and due dates for the same programs; students must check university websites, their 'viewbooks', or ontariouniversitiesinfo.ca

www.ontariouniversitiesinfo.ca/

[HIGH CONTRAST](#) [FRANÇAIS](#) [ABOUT](#) [CONTACT](#) [FAQS](#) [HELP](#)

 Search



PROGRAMS
WHAT INTERESTS YOU?

UNIVERSITIES
WHERE ARE YOU GOING?

FINANCE
FEES & SCHOLARSHIPS

APPLICATIONS
WHAT YOU NEED TO KNOW



Welcome to Ontario Universities' Info

A guide to Ontario's universities for high school students.



Find a Program

Search for your ideal program and find out the information you need to apply, like prerequisites, grade requirements and more. Plus, compare your choices.



Choose a University

Get to know Ontario's universities and where they are located. Find out information about campus visits, residence costs and more!



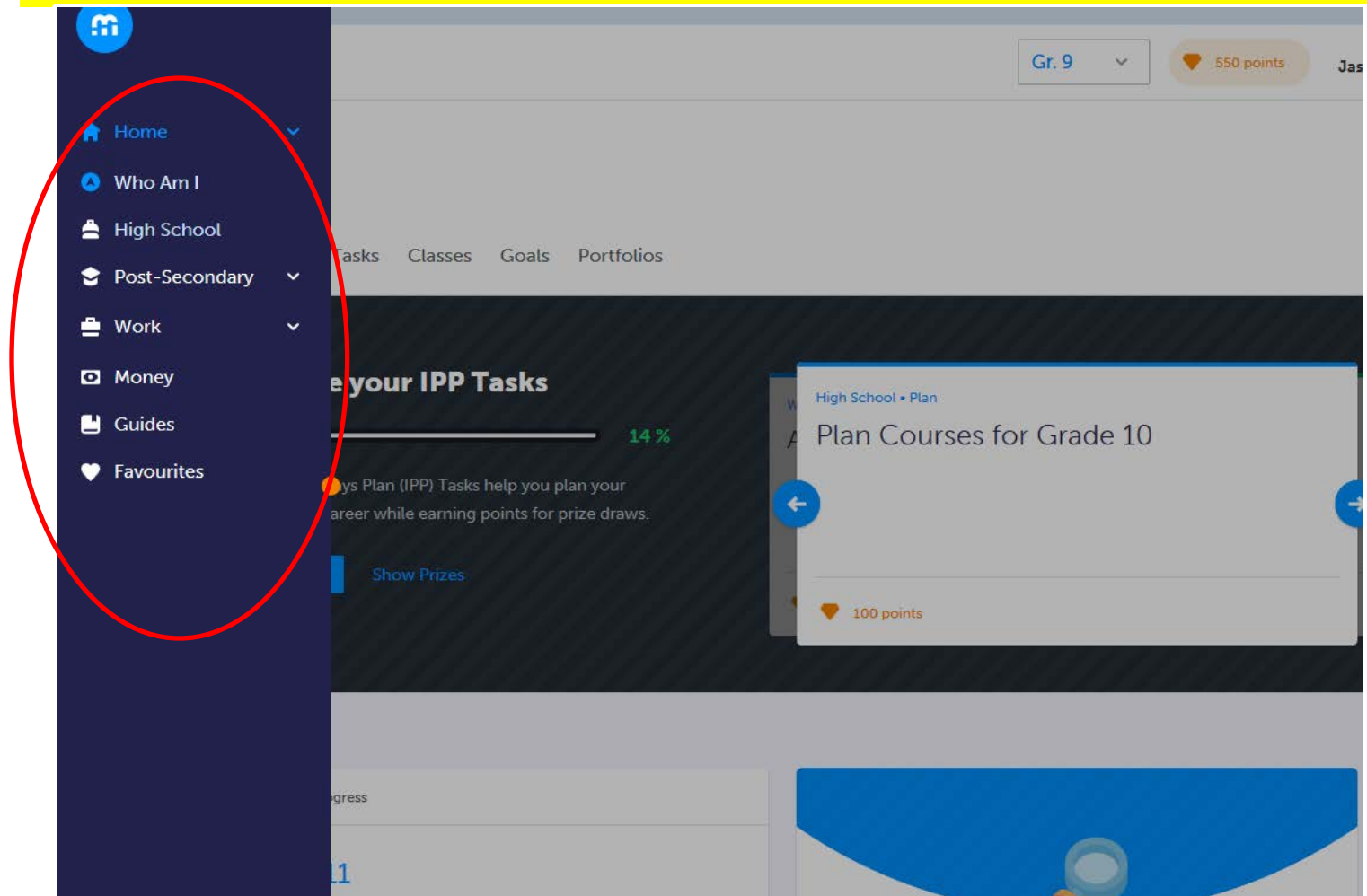
How to Apply

Which application is right for me? Answer a few statements to guide you to the proper undergraduate application.

www.ontariouniversitiesinfo.ca/

- Program Finder
- Admission Guidelines
 - *Admission averages*
 - *Pre-requisites*
 - *Notes re: admission, repeating courses*
- Additional admission criteria
- Campus visits
- Residence information
- Scholarships and awards
- Programs requiring prior university studies
- Liaison numbers, websites, e-mail addresses
- Language Requirements

My Blueprint



Admission Requirement Myths

- choosing which marks to “submit”
- grade 11 marks
- grade 9&10 academic vs. applied
- private school marks



Language Requirements

- There will be an English proficiency test if students are in a non-English-instructional school for less than 3 or 4 years
- Every institution has its own due dates and scores
- Write early so you can re-write if necessary



**Must Check each University
or College Website!!!**

UNIVERSITY APPLICATION PROCESS

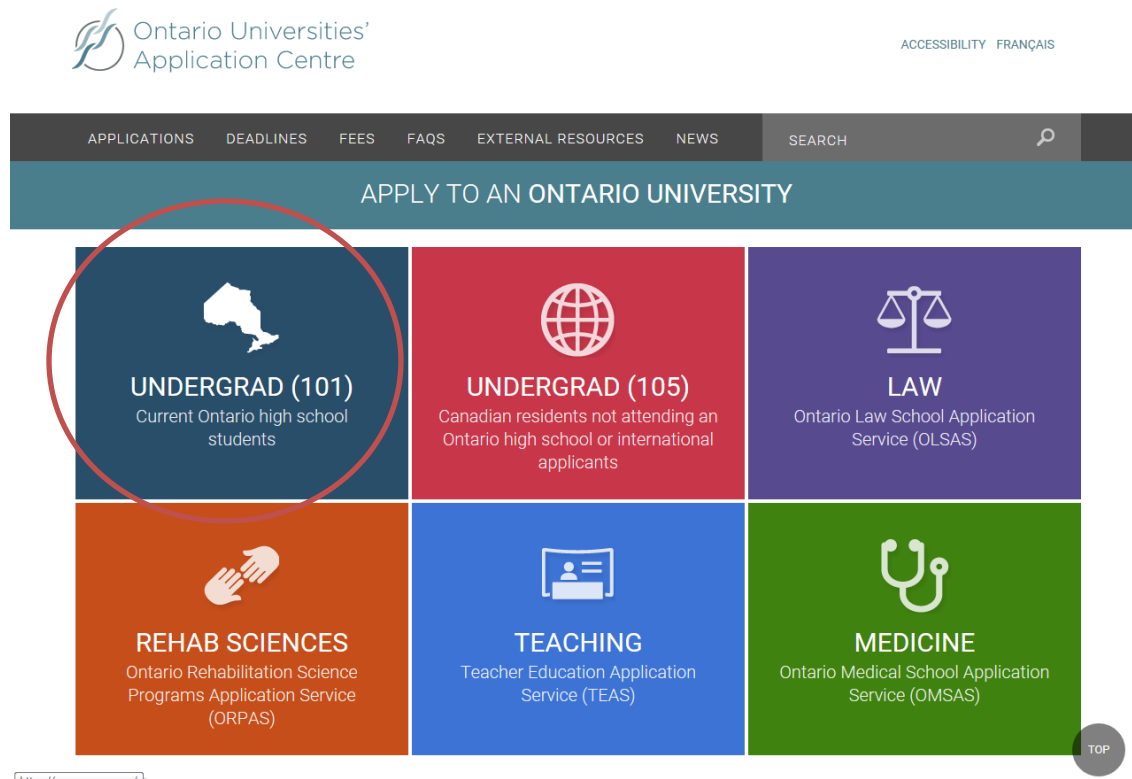


The Application Process

The Ontario Universities' Application Centre (OUAC)



The Application Process



***OUAC** is the clearing house for all Ontario university applications*

The Application Process

- Fee: \$150 for 3 universities or programs
- Each additional choice: \$50 (no limit)
- *Example:* 2 programs at any one university = 2 choices
- Limit of 3 choices at any one university including affiliated colleges

The Application Process

OUAC provides grades to

- *Quebec Universities (McGill, Concordia, Bishop's)*
Dalhousie
King's College
U.B.C
Victoria University
Simon Fraser
Calgary
University of New Brunswick

but it is not the clearing house for applications to those universities

Timelines



Timelines

First electronic transmission
date to OUAC

November 5th

- **Application for each applicant is created:**
 - Demographics
 - Completed Gr.11 courses with final grades
 - Completed Gr.12 courses with final grades
(*e.g. summer school*)
 - Current courses (both semesters)
 - Successful completion of the Gr.10 Literacy Test
 - Completion of Community Involvement hours
- **Semester 1 mid-term marks are not sent to the application centre**
- **PIN for each applicant is created and sent to the school**

Timelines

**Application Deadline:
January 15th, 2020**



***Recommended time
for applications:
Mid-December***

***Changes can be
made to the
application after
submitting.***

Timelines

February 4th

- Recommended **last** date to submit changes
- Changes processed continuously – each university has a deadline

Timelines

February 11th

- Second electronic transmission to OUAC
- Final semester 1 marks
- Semester 2 courses
- Additional information on the transcript since the Nov. 5th transmission
(e.g. completion of community involvement, final grades for completed private school courses)

Timelines

April 21st

- Third electronic transmission to OUAC
- Final semester 1 marks
- Semester 2 mid-term grades
- Additional information on the transcript since the Feb. 11th transmission
(e.g. completion of community involvement, final grades for completed private school courses)

Timelines

July 2nd

- Next electronic transmission to OUAC
- Final grades for semester 2 courses
- Additional information on the transcript since the Apr. 21st transmission
(e.g. completion of community involvement, successful completion of Literacy Test, receipt of OSSD, final grades for private school courses)

Timelines

July 2nd

Note: This transmission is after the **school is closed**. Therefore all information must be on the transcript before then.

Final report cards for non-TDSB courses due in FHCI Guidance June 24, 2020!

Offers of Admission

Three Admission Times POTENTIALLY (VARIES BETWEEN UNIVERSITIES AND PROGRAMS)

1. January/February
2. March/April
3. May

Offers of Admission

End of January/Beginning of February

- **Conditional** offer based on Gr.11 and Gr. 12 courses already completed and 2018–2019 courses in which student is enrolled
- Very limited number of offers
- No refusals at this time

Offers of Admission

March/April

- **Conditional** offer based on semester 1 final Gr.12 marks final Gr.11 marks in relevant courses and semester 2 courses in which student is enrolled
- No refusals at this time

Offers of Admission

May 27th

Last date for offers

June 1st

Earliest date by which Ontario
Universities may require a response

Conditional Offers

- Student must maintain a certain average as specified in the offer and/or certain grade in prerequisite courses
- August 27th transmission – if student has not met all the requirements (conditions, diploma) offer will be rescinded.

Acceptances

- Online
- Must be received at OUAC by the deadline indicated
- Offers may be rescinded if acceptances arrive after deadline

Out-of Province Applications

Canadian



- Applications online
 - deadlines are student's responsibility
- *English language Quebec universities (McGill, Concordia, Bishop's), Dalhousie, University of King's College, U.B.C., Simon Fraser, Victoria, University of Calgary, UNB, St. Mary's*
 - **apply after applying through OUAC**
 - OUAC reference number required
- All other Canadian Universities/Colleges
 - student must inform Guidance dept.
- **Note: each university has own application fee**

Out-of Province Applications

American



- Over 5000 universities
 - research/deadlines are student's responsibility
- Ideally, begin research in Gr.10/11
- American University Information session held in Sept

For More Information:

Connect with US College representatives to find out all aspects of the US admission process

Wednesday, October 23rd, 6:00 – 8:00pm

@ York Mills Collegiate Institute

Pre-registration required: uscollegeexpo.com/school-tours

Out-of Province Applications

American



Application usually includes:

- Personal Information
- Full Transcript and Mid-Year Reports
- SAT/ACT scores (*check requirements*)
- Personal Statement and Essays
- Recommendations

Out-of Province Applications

American



- If applying, must let counsellor know 4 weeks prior to winter break
- Over 600 universities use **The Common Application** website for application
- Counsellors complete and submit information, reports, and references directly online
- For other applications, please book an appointment with counsellor to discuss what is required

Paying for Post-Secondary



What will I be paying for?

\$3,000 - \$8,000

Tuition

\$2,500

Food (Meal Plan/Groceries)

\$1,000

Cell Phone

\$1,500

Incidental Fees

\$5,000

Residence/Rent

\$900

Parking/Transportation

\$950

Books

\$2,000

Personal Expenses

\$500

School Spirit Swag/Events

Information from scholartree.ca

Paying for Post-Secondary

How am I going to pay for everything?



Savings & Work

Getting a job would be a pretty good way to save up but you'd also have to think of the time commitment that comes with it. Look for on and off-campus employment opportunities.



Loans

Government loans specifically for higher education or bank loans can help. Just remember, you will have to eventually pay it back



Family & Parents

The bank of mom and dad. The most reliable branch of financial institutions around. If planning with your family a financial plan.



Scholarships & Bursaries

Ask about financial aid at your schools of interest. Also, check external sites! ScholarshipsCanada.com is home to over a million dollars in money that you do not have to pay back.

Financial Aid

OSAP: Ontario Student Assistance Program

Get help paying for college or university when you qualify for OSAP.



Log in

Register

How much you could get

See what you could get in grants and loans.

I left high school in

Still in high school ▾

☐ I am a married/common-law student

I have 0 ▾ children

Parental income \$150,000 ▾ *

I will go to *

☒ university

☐ college

☐ private career college

☐ I will live with parent/guardian

Calculate

Learn about OSAP

How to qualify.

How to apply for OSAP

How and when to apply.

After you apply

How to get the money and more.

Repay your loan

When, how and what help's available.

- Apply mid-April
- Now can apply through OUAC

Scholarships

General Information

Scholarship session (mid-September)

- ✓ Graduation info sheet
- ✓ Guidance Bulletin
- ✓ Scholarship books
- ✓ Websites
 - www.scholartree.ca
 - www.ScholarshipsCanada.com
 - www.studentawards.com
 - www.ontarioscholarships.ca

Scholarships

Post-Secondary

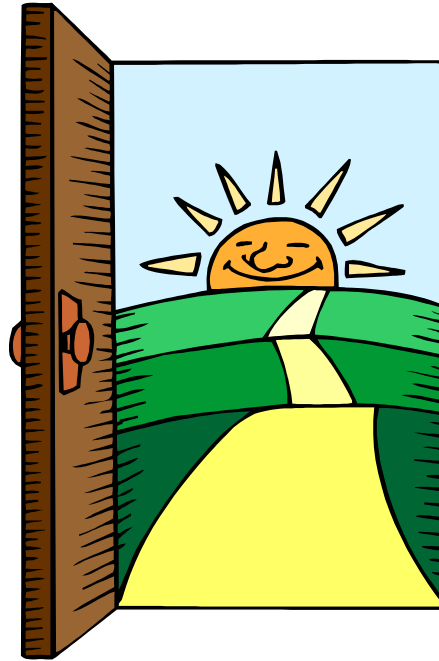
- Application (some required)
- Nomination (some required)
- University/college websites
- www.ontariouniversitiesinfo.ca
- Major scholarships
- Combination of leadership experience; extra-curricular and community involvement; strong academic profile

Scholarships

Other

- Corporations – children of employees
- Heritage
- Subject-specific/national
 - E.g. TD Scholarships for Community Leadership; Toyota Earth Day Scholarships; Canadian Hospitality Foundation Scholarships; Loran Award

What Now??



Pre-Application Process

1. Research:

- Ontariouniversities.ca, My Blueprint, university/college websites, liaison officers, viewbooks
- Open houses/school visits
- Guidance appointments

Pre-Application Process

2. How do I make a decision?

- Program vs. School
- Be realistic
- 3 choices:
 - 1) Ideal
 - 2) Plan B
 - 3) Sure Thing

Pre-Application Process

3. Last Minute Details:

- ✓ Check credit counselling summary
- ✓ Graduation requirements
- ✓ Community involvement hours
- ✓ OSSLT
- ✓ Specific program requirements

THE GUIDANCE DEPARTMENT!

Volunteer

College &
University

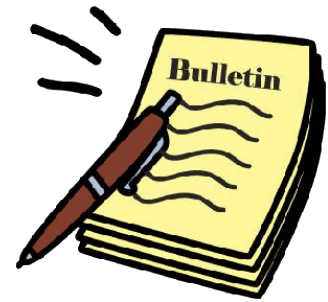
Important
Dates



Scholarships



ONLINE AND HIGH-TECH!



Guidance Bulletin (on our web page)

Grade 12 Pulse Check

Anonymous poll taken yesterday
Asked 100 Grade 12 students
how they were feeling

Grade 12 Pulse Check

What would you like your
parent(s)/guardian(s) to
hear or understand
when you are under
a lot of stress?

Grade 12 Pulse Check

“I would like them to understand that I feel overwhelmed and sometimes it is for reasons within my control and sometimes it is for reasons outside of my control. Nonetheless I am trying my best to handle my issues and calm down and there is nothing I can further do.”

“There’s a lot of hard decisions I have to make and I need to take my time with everything”

Grade 12 Pulse Check

“I know the situation I'm in, I understand that this is my future, but they have to understand that I always get things done, just in my own way.”

“When I’m complaining about my problems I’m not expecting you to find a solution I just want you to listen to me - to put yourself in my place and remind yourself that it is not as easy as you think it is”

Grade 12 Pulse Check

“That sometimes as students we need space and need time to shutdown too, for example I go on walks and that is my downtime to chill and not be on “go” mode. We all need that especially now with all the assignments going on.

We don't hate you but sometimes we need to be alone to think and calm down and be able to bounce back. I feel like not only myself but all of us feel like our brain is on 100miles per hour in school because so much is in our head. Let us have some space please sometimes.”

Grade 12 Pulse Check

“That I will end up where I need to be even though it may not be the best university. That I am working hard and that where I end up is not a reflection of them but of my work.”

“I would like them to understand that life is different now. When we get out of university it is not as easy to get a job, therefore we must work harder to achieve more, thus causing our stress to increase. They need to understand that we have many stressors not only school related, therefore give us space, encouragement, support, and patience when we are overwhelmed.”

Grade 12 Pulse Check

How would you like
your parent(s)/guardian(s)
to support you when you are feeling
stressed or overwhelmed?

Grade 12 Pulse Check

Give us space - be available - allow us to take breaks - allow us to focus

Take time to listen to me instead of just giving instructions/information/advice

Parents should stay calm and trust us

Grade 12 Pulse Check

Provide positive, kind and encouraging words
Less focus on setting their expectations

Help me with an outline and a plan, then give me time and space to figure things out and complete the plan independently.

Grade 12 Pulse Check

Reassure me that everything will be okay, as long as I try my best. Let me know that they will be proud of me, regardless of what I choose to do.

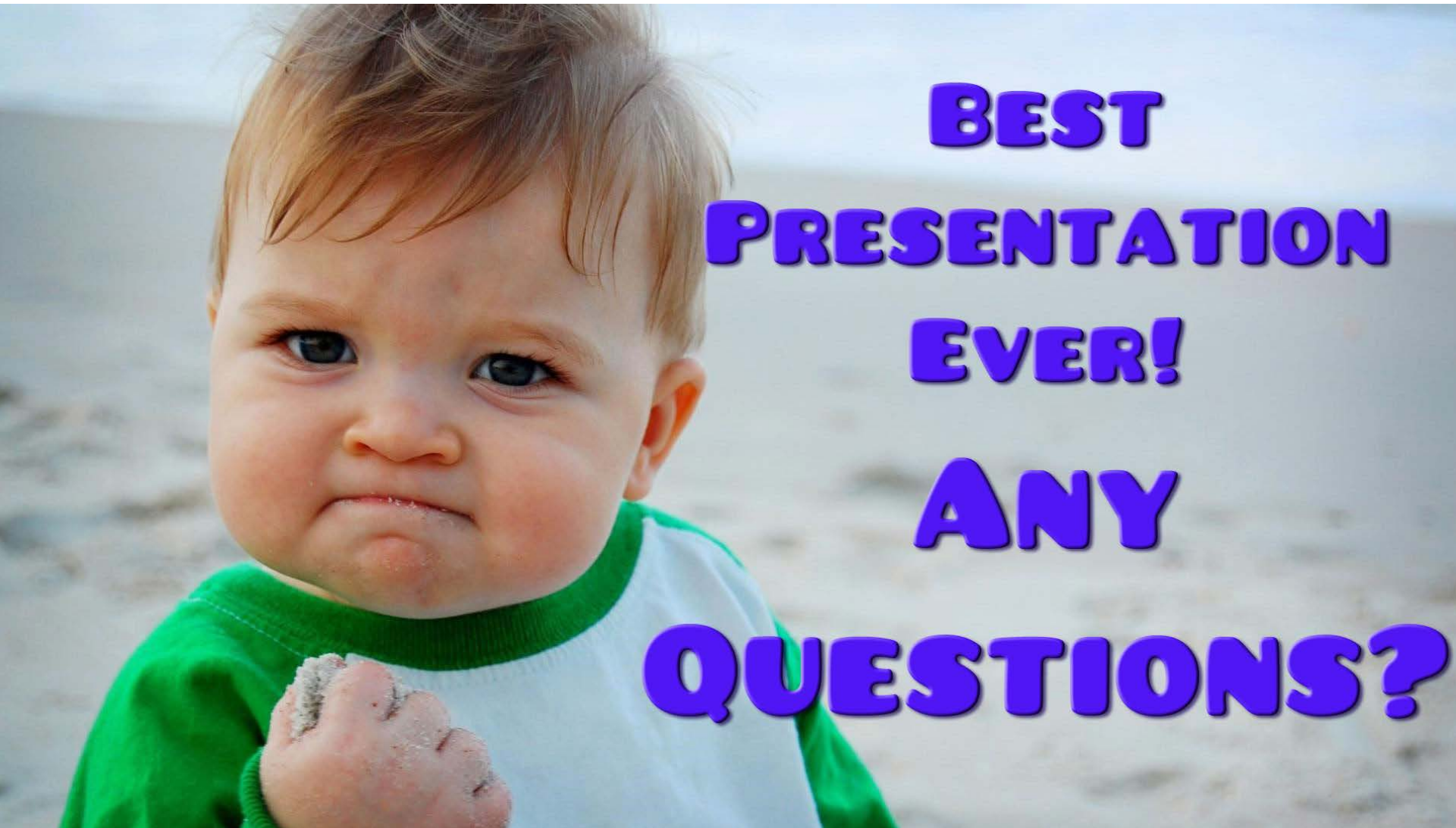
Create a quiet and calm environment to help me focus and feel less stressed

Grade 12 Pulse Check

Give hugs without asking questions

Ask me what they can do to help

Make me food (it's appreciated!)



**BEST
PRESENTATION
EVER!
ANY
QUESTIONS?**

**Thank you for
coming out
tonight !**

