

Forest Hill Falcon



Forest Hill Jr. & Sr. PS

Week of November 18, 2019

www.foresthillps.ca

Hello Forest Hill Families:

Last week was a busy week, but there were regular reminders that our partnership between home and school is alive and well at Forest Hill. Thank you very much to our volunteers who made the Used Book Sale possible last week. There was a lot of excitement from students, parents and staff members about the variety of books offered. Thank you to our generous donors and supporters!

Thank you to our Class Parent Reps for your time and feedback on Tuesday. On behalf of our staff and students, we appreciate your leadership and enthusiasm in this rewarding role. We also appreciate the diverse perspectives at our SAC Meeting on Tuesday. We value the voices of all our families as we work together to make informed decisions impacting our children's well-being, engagement, achievement and overall experience at Forest Hill. It was wonderful seeing so many families for Parent-Teacher Interviews. It is very important to maintain an open line of communication with your child's teacher(s) as they are your first point of contact. We are committed to helping all students succeed and reach their goals. In the face of adversity, it is our objective to work through any challenges that may arise, rather than simply working around them. Thank you for your partnership as we work together to build resiliency in our children.

The temperature has dropped recently and a number of students have been absent due to various illnesses. We want to prevent the spread of viruses, so please keep your child

home if he/ she is ill. Remember, if your child is too sick to go outside for recess, for your child's safety and for the safety of other students, please keep your child home. Supervision is only provided outside during recess time (unless weather falls under one of the conditions below).

Conditions warranting indoor recesses:

- (a) Rain, thunderstorms, lightning, hail, extreme winds and extreme cold.
- (b) Cold weather: When temperature and/or windchill factor indicates -28C or lower children will remain indoors due to risk of frostnip and frostbite.
- (c) When temperature and/or windchill factor indicates -20 to -28C, recesses may be shortened to 10 minutes and lunch recess be 20 minutes depending on local conditions. Children should be monitored closely for signs of frostnip, frostbite or difficulty breathing.

Severe Weather Policy

Please make sure your child(ren) come to school prepared to spend time outdoors. Hats, mitts, boots and a warm jacket are important to keep students comfortable during lunch and recess.

Since the temperature has dropped recently, we are finding a number of parents, guardians and caregivers waiting inside the building before dismissal. This jeopardizes the safety and security of our students. If you need to enter the building, please start your visit at the Main Office. All guests to the school must have a Visitor Badge on them at all times during their visit. We kindly ask that parents, guardians and caregivers wait outside until dismissal. During cold weather advisories, we may create a designated waiting area in order to keep everyone safe.

Stay warm and have a terrific week!

Bullying Prevention Week

Bullying is defined as a form of repeated, persistent and aggressive behaviour directed at an individual or individuals that is intended to cause (or should be known to cause) fear and distress and/or harm to another person's body, feelings, self-esteem or reputation. Bullying occurs in a context where there is a real or perceived power imbalance.

Each classroom will be involved in the further development of bullying prevention and awareness with a daily focus this week. Some topics for discussion may include physical, verbal, electronic, written forms of bullying, cyber-bullying (risks of social media and our digital footprint), keeping hands and feet to ourselves, power imbalance, the distinction between conflict, bothering and bullying and ways to access or seek support for bullies, victims and bystanders.

Bullying prevention and intervention is about more than just eliminating bullying, it's about promoting healthy relationships. When students have healthy relationships in their lives, they are less likely to bully others and are more likely to support students who are bullied. Promoting healthy relationships is a key way to prevent bullying and create a safe and accepting school climate. Please take this opportunity to have meaningful conversations at home about bullying. A positive school climate is our shared responsibility.

Important Items for This Week

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Monday, Nov. 18th - Day 2

Tuesday, Nov. 19th - Day 3

Jr. Girls Basketball Tournament (pm)

Wednesday, Nov. 20th - Day 4

Thursday, Nov. 21st - Day 5

Young Girls on the Move Event

Jr. Hockey Tryout at 2pm

Friday, Nov. 22nd - Day 1

Sr. Girls Basketball Tournament

Covenant House Presentation



<https://schoolweb.tdsb.on.ca/foresthillps/Calendar>

Upcoming Dates

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November 25- 29- Spirit Week

November 26- Ward Forum at 6:30pm (FHCI)

November 29- Author Visit

December 5- Movie Night at 6pm

December 6- PA Day

December 10- School Support Team (SST)

Dec. 23- Jan. 3- Winter Break

January 9- SAC Meeting at 6:30pm

January 17- PA Day

January 20-24- Scholastic Book Fair

February 5- SAC Meeting at 6:30pm

February 7- Grad Photos

February 11- Term 1 Report Cards go home

February 14- PA Day

February 17- Family Day