

Dear new interns,

Welcome to Forest Valley,

Over these next four months you will experience the Forest Valley Roller Coaster ride. The next four months will fly by so fast that you'll forget what day or month it is. You will have fun and exciting days where you learn so much but you will also have some days that are just hectic where the kids are interesting... So buckle up and enjoy the amazing ride that Forest Valley offers.

Here are some tips and tricks to help you on your journey:

1. The solar panels will become your best friends. You will have a love hate relationship with them... but mostly hate; a strong hatred. You will try to come up with excuses to not bring them out but they never work... So learn to love them and always remember to bring them out and bring them back in.
2. Remember to use the intern project board, this will help you stay organized and on track with all the tasks that come your way.
3. Try to start your intern project ASAP and expect to change your timeline or aspects of your project along the way; this is just the artist process....
4. Remember to feed and check the fish daily. We had a killer fish or killer crayfish... no one will ever know what happened in tank 1. We also had a crayfish escape, not sure how but it happens so always check the fish. PS we named the crayfish Crazy Joe for obvious reasons, if found please return to tank 2.
5. Know that every specialist sets up and teaches in their own unique way so learn each set up and try to keep up with the flow and structure of the day.

6. INITIATIVE is the most important word at Forest Valley:

If you don't know what to do or how to do it ASK

Note taking is important when learning new programs

It's important to get enough sleep

Take breaks!

It's important to get to know each specialist

Always find a project to work on, especially while waiting for the bus

Talk to your intern mentors daily and ask lots of questions

Initiate feedback

Volunteer to help set up and take down programs

Everyone teaches differently

Good luck and hang on tight; Forest Valley will be a journey to remember.

Have fun and enjoy the experience, it will go by faster than you think.

Lyndsie and Kyle

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