

Forest Valley is a Nut Safe Space
Do not bring nut products for lunch or snack.

Forest Valley is a Platinum EcoSchool. Help us continue to improve by following our eco tips and suggestions to reduce, reuse, recycle.

Forest Valley does not have any cafeteria facilities. Classes must bring their own lunch.

There are two lunch options at Forest Valley, a Waste-Free Lunch or Cookout.

[Waste Free Lunch- Dejeuner sans dechets](#)

The goal of the Waste Free Lunch is to minimize the garbage produced by students. This works best when it has been planned ahead. Students, staff and volunteers are encouraged to reduce waste by:

- keeping and reusing as many items as possible;
- recycling glass, plastic, pop cans, and juice boxes;
- composting fruit and vegetable scraps.

Students of all ages can make a conscious, environmentally responsible choice by asking for fruit or vegetables to add to their lunch!

[Cookout- waste free](#)

If you are planning on doing a cook-out with your class, please ensure to bring all of the food required with you. It is best if you plan to be as waste-free as possible (buy in bulk, plan a common menu for class, etc.).

Remember, cook-outs must be hot dog based and have two additional adult volunteers PER CLASS.

After Eating

Student supervision at lunch is the responsibility of the visiting teacher. When your class is finished eating, you are encouraged to take them outside for a brief period of outdoor play.