FRANKLAND'S NEWSLETTER

Welcome back and warm greetings to new Falcon Families!

Important Dates and Events

Sept 22nd: Welcome Back Coffee (8:15 am in the school yard)

Sept 29th: Orange Shirt Day

Oct 5th: Frankland Terry Fox Run (1 pm at Withrow Park)

Oct 10th: Thanksgiving Holiday (No School)

Oct 11th: Curriculum Night (More info to come)

Oct 27th: Last day of Running Club

Oct 29th: Boo Bash - Live Concert and Costumes (2-5 pm in school yard if weather permits, otherwise gymnasium)

School Council Meeting Dates

Wednesday, September 20th, 2023

(More dates to come, meetings are monthly)

Back to School

Greetings class of 2023-2024! Frankland CS hopes everyone had a smooth transition into the new school year.

About Frankland's Newsletter

Frankland's Newsletter is emailed bi-weekly to update parents, caregivers, students and staff with the ongoings of school related news, events, photos and highlights. Each issue can also be found on Frankland Community School's website at https://schoolweb.tdsb.on.ca/frankland/Newsletters

Dropping Off & Picking Up

- Dropping Off Late (after 8:50 am / after 12:45 pm) - buzz the office at the front door
- Picking Up During the Day - buzz the office at the front door
- Please avoid lunch time (11:35 to 12:40) for appointment pick ups or drop offs when possible

Safe Arrival Program

As a gentle reminder, please call the school **416-393-9720** and leave a message on the Safe Arrival Line with the reason for your child's lateness or absence for tracking purposes.

Lunch

For students who will eat lunch at school, please send children to school with their lunches at the start of the day. Lunch for Grades 1-6 is from 11:35 am to approximately 12 pm. Please note

Athletics

Spirit Wear Store is Open

Frankland families are invited to check out this year's school wear and get geared up to rep Falcon spirit!

The online spirit wear store is now open until **Friday, September 22nd, 2023** and reopen in the spring.

The store offers child and adult sizes in hoodies, sweatshirts, jogging pants, t-shirts and more. New this year is a Custom Dark Blue T-Shirt with your name/last name/nickname and favourite number on the back! Students who play on teams are encouraged to buy these.

Click here to order your Falcon wear today!

Cross Country Running Club

Running Club happens every Monday, Wednesday and Friday mornings for any students in Grade 1-6 who would like to participate! Please meet on the paved area near the portables in the yard at 8:05 am. Students in Grades 1 & 2 must have a caring adult during the club at all times. The club ends on October 27th.

CLICK HERE FOR MORE ON FRANKLAND ATHLETICS

(Back To School cont'd)

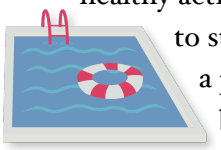
that food deliveries, such as UBER or Skip The Dishes will not be permitted. Students in Grades 1-4 must be picked up for lunch at door #4 at 11:35 am, unless permission has been given by parent/caregiver to leave on their own AND after checking out with the staff at door #4. Kindergarten staff manage their own lunch routines.

Indoor / Outdoor Shoes

The caretaking team works hard to keep hallways, the gym and classrooms looking spectacular! (Thank you!) The staff would like to keep the school clean and safe so it is encouraged to provide children with a pair of indoor shoes to stay at school.

Pool

Frankland is fortunate to have a swimming pool (0.75 metres to 1.3 metres deep) and program as a component of the students' healthy active living and learning. This program is available to students in Grades 1-6. Teachers have been given a period each week. They will (or already have been) in touch with families with instructions on what day their students will participate and what to do to prepare. The swim instructors/lifeguards are very experienced and are able to support all students (e.g., swim anxiety, body-image, etc). That being said, please contact your child's teacher if there is any concerns or issues.



Health and Safety

Two crucially important messages that have a tendency to be repeated throughout the school year by both Frankland staff and TDSB provincial guidelines is regarding **Pedestrian & Road Safety** and **Precautions for Anaphylaxis**.

Please ensure the safety of the children and community by accompanying children under 10 when crossing the street and teaching them the rules of the road and how to cross the street safely. When children practice being alert and respect the role of the crossing guards while walking to school, especially near

How To: Get Involved at Frankland

Would you like to get involved to enhance the learning experience for Falcons and meet new parents?

Here is a **List of Ways to Get Involved** at Frankland today and who to contact for more information:

- Volunteer at the **Kids Card Lunch Club** (Contact Amy Bond at amybondglass@gmail.com)
- Volunteer at Frankland's **Boo Bash Music Festival** on Sunday, October 29th, 2023 (Contact Bo Karantjas at bosan.karantjas@gmail.com)
- Volunteer in the mornings at the **Running Club** (attend meets at 8:05 a.m. on Monday, Wednesday and Friday mornings)
- Attend a **School Council Meeting** and join the discussion around current and future school planning with Principal Stephen Parsons and School Council members (Next meeting is Wednesday, September 20th, 2023)
- **Volunteer at school level** by specifically supporting programs and services to help students succeed (like Volunteer Reading) by contacting your child's teacher AND email Tracy Novachko

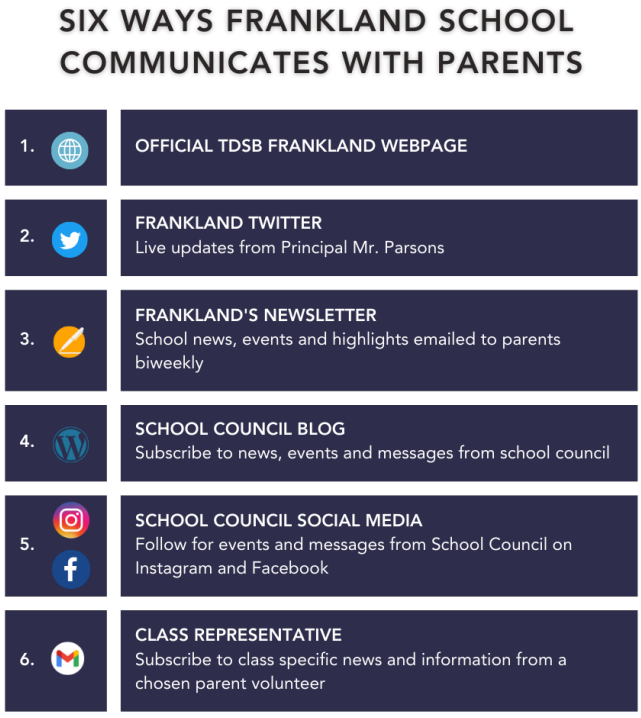
(Back To School cont'd)

the busier parts of Logan Avenue, they are learning to avoid serious risks.

Additionally, do not pack any food that contains tree nuts or peanuts in school lunches or snacks. Frankland staff also asks children not to share food with other students at school to avoid health risks. Many students at Frankland have severe anaphylactic allergies that can be life threatening. Educate children on medical conditions caused by food allergies and inform teachers or office staff if your child has health problems of any kind so that the necessary steps may be taken to maintain a safe learning environment.

Communications

There are currently six ways that Frankland communicates with parents and caregivers. Use the chart below to direct you to find the right information.



All of these links can be found on Frankland's website. We are always looking to improve our methods of communication. If you have any suggestions, please email stephen.parsons@tdsb.on.ca.

Did You Know: About Terry Fox?

This month, Falcons will be learning about Terry Fox and the legacy he left as a Canadian athlete, humanitarian and cancer research activist. In 1980, with one leg amputated due to cancer, he embarked on an infamous run across Canada to raise money and awareness for cancer research.

Every year, Frankland organizes its own Terry Fox Run to raise funds for the same cause and inspire students to be activists on their own journey.

Here are some interesting facts about Terry Fox that can engage conversation about the hero:

- Terry Fox ran for 143 days and travelled 5,373 kilometres across Canada, until he eventually lost his battle to cancer.
- The annual Terry Fox Run celebrates its **43rd year** in the running in over 60 countries and is now the world's largest one-day fundraiser for cancer research
- As of September 2022, over $850 million CDN has been raised in Terry's name to help families affected by cancer
- Terry Fox attended Port Coquitlam High School in British Columbia. In 1986 after his death, the school was renamed Terry Fox Senior Secondary School in his honour.
- Terry Fox was originally born in Winnipeg, Manitoba before moving to British Columbia. He studied kinesiology with the intention of becoming a physical education teacher.

Falcon Highlights

Terry Fox Run and Fundraiser

Photo above: Students at last year's Terry Fox Run

All Falcons, from Kindergartens to Grade 6's, are already kicking off the school year by training for the Terry Fox Run in gym class during the month September. The run will take place on **Thursday, October 5th, 2023 at 1 pm** and the entire school will meet at **Withrow Park**. Families are welcome to join and Falcons will be ready to run, jog or walk during this event. The rain date will be Tuesday, October 10th, 2023.

Falcons will also be taking part in Terry Fox lessons leading up to the run. Junior students will be writing special announcements and school stairwells will be lined with Terry Fox Shoes, created by Falcon students to inspire greatness!

The annual Terry Fox Run is also an opportunity for families to donate to The Terry Fox Foundation and make a difference for families affected by cancer. Frankland's fundraising goal is $3,000 (which was met and surpassed last year!) The school proudly supports Terry's dream of a world without cancer. Please donate here.

News You Can Use

Volunteer Readers Needed

Frankland has the privilege to provide one-on-one reading time for Grade 1 students through the Volunteer Readers Program

Fun for Falcons

Photo above: Inside Greenwood Transit Station

Go Behind-the-Scenes of the TTC

Have you ever wondered what a transit station in Toronto looked like or been curious about how it works?

The Greenwood Transit Station (also known as The Greenwood Shop) will be open to the public on **Saturday, September 16th, 2023 from 9 am to 3 pm**. There will be guided tours, TTC workers on display, a virtual subway simulator and more.

Enjoy a day of fun activities at the Greenwood Transit Station at 400 Greenwood Avenue including a BBQ, silent auction, TTC memorabilia and kids' activities!

Admission at the door is $5 for adults and $2 for children 12 and under (**cash only**). All proceeds go to the United Way Greater Toronto.

For more information please see visit https://www.ttc.ca/riding-the-ttc/Updates/TTCs-Open-House-at-Greenwood-Shop

(News You Can Use cont'd)

(VRP). This program provides valuable in-person reading with a fluent reader in order to build confidence and fluency in reading at a young age. Interested volunteers will need to attend a training session and the Volunteer Readers Program will provide reading materials and ongoing support. Volunteers also have access to the volunteer login section of the VRP website and opportunity to participate in online workshops.

The commitment requires one morning or afternoon weekly or every other week for the school year. The program will start later this fall and runs from October until late May. The program breaks early before the winter, spring and summer holidays. A Police Reference Check will be required.

To volunteer with visit: www.volunteerreaders.ca, select New Volunteers then click How to Volunteer: https://volunteerreaders.ca/new-volunteers/how-to-volunteer and enter *Frankland* in the preferred school section.

For more information contact Kristina Hunt, Managing Coordinator, kristinavrp@gmail.com, 416-220-5928

Community Connections

Student Mental Health Action Kit for Parents and Caregivers

The transition back to school can be a challenging time for some families and TDSB recognizes that support for children's mental health and well-being is important.

Parents, caregivers and guardians have access to a number of resources including TDSB's Student Mental Health Action Kit. Find support, useful resources, answers to questions and how to get help in the link above.

More on School Council

Frankland School Council is formed by parent and caregivers who are passionate about volunteering at the school. School Councils work to improve student achievement and enhance the accountability of the education system to parents and caregivers. They provide support through planning a number of activities (e.g. school events, workshops, and fundraisers), and determine how council funds can be best allocated for the school.

Volunteers can be involved in any capacity, whether it be by casually joining a meeting, being an active participant within a committee on the council, or by becoming an official voting member. If you are interested in becoming a voting member, or would like to nominate someone (with their permission), please complete the council application form here. Nominations will be accepted until **September 25th, 2023 at 12 pm**. More information will be available at the Initial General Meeting.

Featured Falcon Author or Artist

All Falcons who are interested in submitting **Creative Writing** or **Artwork for Frankland's Newsletter** are welcome to email the Frankland Press, Bo Karantjas at bosan.karantjas@gmail.com. It will get published in the newsletter and students will receive a hard copy of that issue.

Falcon Authors of all ages are highly encouraged to submit their work for the next newsletter!

Lunch Programs

Kids Card Lunch Club

The Kids Card Lunch Club continues this year for Grades 4 - 6 students starting on **Tuesday, September 26th, 2023.** Kids learn how to carve art into rubber blocks with small gouges in this weekly printmaking art club. These blocks can then be used to print on paper, fabric and more. This club is **free and will run for 6-7 weeks**.

Photo above: Linoleum art by Falcon artists from the Kids Card Lunch Club

Instruction is offered by artist Amy Bond and volunteers in the school foyer from 11:30 a.m. - 12:35 p.m. Please note: the tools are sharp. Every effort will be made to focus on safety.

Students must sign up if they are interested.

This club is powered by volunteers! If you would like to help support this lunch club please contact Amy Bond at amybondglass@gmail.com.

School Council

Initial General Meeting

Frankland School Council warmly invites all parents and caregivers to the Initial General Meeting on **Wednesday, September 20th, 2023 at 7:00 pm** in the library at Frankland Community School (entry through the main doors). Come meet the parent community, Principal Stephen Parsons, and learn the different ways you can get involved. Hope to see you there!

Child care will be available if needed (please email Kelly Doyle at kellyannadoyle@gmail.com if you require child care during the meeting).

Thank you for reading!