

*Join the*

# Mental Health and Well-Being

Parent Partnership Committee



**Join a committee of parents/  
caregivers across the TDSB that:**

- Increases awareness of the importance of Mental Health and Well-Being and the impact this may have on a child's/youth's overall success in school and in life.
- Creates a better understanding that all members of the school community can benefit from Mental Health and Well-Being awareness and positive mental health practices. Supports parents & guardians to recognize and understand the signs and symptoms of mental health problems.
- Helps parents/guardians to understand the various pathways for support, both within the TDSB and with culturally responsive and identity affirming community partner agencies.

*Building on positive relationships between parents/caregivers and the board, encouraging conversation, focussed on improving Mental Health & Well-Being in the TDSB*

**Join us on [Google Meets link:](#)**

**6:30 PM- 8:00 PM**

**2024/2025 Dates**

Monday, September 23

Monday, October 28

Monday, November 25

Monday, December 16

Monday, January 27, 2025

Monday, February 24, 2025

Monday, March 24, 2025

Monday, April 28, 2025

Monday, May 26, 2025

Monday, June 23, 2025

Or dial: (US) +1 443-671-7082 PIN: 961 345 474#

[Contact imani.hennie@tdsb.on.ca](mailto:imani.hennie@tdsb.on.ca) or [annette.grossi@tdsb.on.ca](mailto:annette.grossi@tdsb.on.ca)

*Join the*

# Mental Health and Well-Being

Parent Partnership Committee



***Join a committee of parents/  
caregivers across the TDSB that:***

- Increases awareness of the importance of Mental Health and Well-Being and the impact this may have on a child's/youth's overall success in school and in life.
- Creates a better understanding that all members of the school community can benefit from Mental Health and Well-Being awareness and positive mental health practices. Supports parents & guardians to recognize and understand the signs and symptoms of mental health problems.
- Helps parents/guardians to understand the various pathways for support, both within the TDSB and with culturally responsive and identity affirming community partner agencies.

***Building on positive  
relationships  
between  
parents/caregivers  
and the board,  
encouraging  
conversation,  
focussed on  
improving Mental  
Health  
& Well-Being  
in the TDSB***

Contact [imani.hennie@tdsb.on.ca](mailto:imani.hennie@tdsb.on.ca) or [annette.grossi@tdsb.on.ca](mailto:annette.grossi@tdsb.on.ca)