

## **Special Education and Section Programs**

Telephone: (416)393-8955 E-mail: SpecialEd@tdsb.on.ca

November, 2021

Dear Parent(s)/Guardian(s):

Welcome to an exciting opportunity to participate in a program for students going into Grades 4 -10 with Autism Spectrum Disorder (ASD) called **Doing What I Love: At Home, At School and In the Community!** This is a Ministry funded Skills Development Program that offers an opportunity for students to develop, build and enhance their social skills through <u>virtual activities and virtual meetings</u>.

A key component of the program is to learn leisure/recreation activities based on students' interests. Activities will be led by qualified teachers who will reinforce Applied Behaviour Analysis (ABA) Instructional Methods throughout the sessions with students.

The program offers virtual meetings, twice a week, that include instruction in leisure activities that can be practiced at home. Parents will also be provided with information about the benefits of leisure activities and how they support their child's strengths and challenges (e.g., reducing feelings of anxiety and boredom, providing an opportunity to explore new interests and to practice their social skills).

One of the great things about this program is that parents/guardians have the opportunity to participate alongside their child; parents are strongly encouraged to take part in our scheduled meetings. Parents and families will be able to learn about and practice various leisure activities. Students will have the opportunity to work with their teachers to develop and enhance their social skills and develop co-operation skills by meeting (virtually) and interacting with other participants doing fun activities that highlight the importance of leisure.

The program will run from November 23, 2021 to March 10, 2022 with two virtual meetings per week, Tuesdays and Thursdays, from 6:30 -7:30 PM. Please note that to participate in the program, students will need access to a device as well as internet connection.

If you are interested, please fill out this form click to access) by Thursday, November 18, 2021.

We look forward to your participation.

Sincerely,

After School Leisure Development Committee