



## Honesty is our March Character Attribute

March 2025 - Greek Heritage Month

- 1-31 Ramadan
- 3-7 Capes for Kids
- 9 Daylight Savings
- 8 International Women's and United Nations Day for Women's Rights and International Peace United Nations
- 14 Chet - Sikh New Year Sikhism
- 14 Holi\* Hinduism
- 11 Saka New Year (Nyepi) Hinduism
- 10- 14 March break – No school
- 18 Skate Day!
- 20 Persian New Year
- 21 World Down Syndrome Day
- 21 International Day for the Elimination of Racial Discrimination - United Nations
- 22 World Water Day - United Nations
- 21 TDSB Earth Hour 2-3pm
- 22 Toronto Earth Hour 8:30-9:30pm
- 25 Annunciation of the Blessed Virgin Mary
- 26 Epilepsy Awareness Day
- 28 Pizza Lunch
- 30 Hindu New Year
- 31 Eid-al-Fitr

Peppi Kondilis-Minos, Principal  
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<http://schoolweb.tdsb.on.ca/gledhill>



Dear Parents/ Guardians/ Caregivers:

This past month we had fantastic African and Chinese Heritage awareness building celebrations and honouring here at Gledhill. All classrooms took the opportunity to learn and teach each other about various Indigenous African facts through a Prologue presentation. We continue to learn about how racism happens, and we all need to do our part to eliminate this in our community and school.

This month's activities have been wonderful. Our Pink T-Shirt Day activities allowed for us to come together and show our support of anti-bullying awareness and how we can collectively make a difference. These social justice causes allow us to come together to show our solidarity and support to each other.

### What is Pink Shirt Day?

Pink Shirt Day began in 2007 when two students in Canada took a stand after a fellow classmate was bullied for wearing a pink shirt. They rallied their peers to wear pink in solidarity, sparking a global movement that encourages respect and acceptance. Today, this day reminds us of the power of kindness and the importance of standing up for one another.

### Why Does It Matter?

Bullying—whether in person or online—can have lasting effects on a person's well-being. By participating in Pink Shirt Day, we are showing that our school is a safe and inclusive space for all. It's a reminder that small actions, like choosing kindness and speaking up for others, can make a big difference.

### How Can You Participate?

- ✓ Wear pink to show your support.
- ✓ Practice kindness by offering a compliment, including someone new, or standing up for a peer.
- ✓ Start conversations about the importance of respect, acceptance, and mental well-being.
- ✓ Be an upstander, not a bystander—support those who need a friend.

Let's keep working together to create a community where everyone feels valued and respected. Thank you for making Gledhill a place where kindness always wins!

Our wonderful student body participate in so many different activities, such as ball hockey, Mad Science Programming, Glee Club, Choir, etc. We are so proud of our students and their involvement. There is something happening every day of the week. We are proud of everything we offer that makes us a great school.

*It's truly an honour to serve the students, staff and community at Gledhill Jr PS.*

Sincerely,

Peppi Kondilis-Minos

## **Greek Heritage Month: Initiative for March 2025**

TDSB students are welcome to submit a short video (30 seconds max) in responds to the following question.

What does being Greek or a Philhellene (a friend of Greek culture) mean to you? The video may be chosen to become a part of the GHM's 10-year anniversary video that could be shared in the Greek Heritage Month celebrations this March.

Please see the Greek Heritage Google Form link for families.

<https://docs.google.com/forms/d/e/1FAIpQLSdTGvAjwklSKnDHb5F4e0yQliQ2hy2tzfxlg8hcDqsHyXlcxg/viewform?usp=sharing>

Please submit by Friday, March 7, 2025.

There will be four sections:

1. Information of the Video Creator(s)
2. Information about the person submitting the video Information about the person submitting the video
3. Media Release
4. Video Submission

Thank you for being part of this special milestone in celebrating Greek Heritage Month! Any questions, feel free to reach out to the co-chairs:

[anna.epitropou@tdsb.on.ca](mailto:anna.epitropou@tdsb.on.ca) or [konstantinos.flegas@tdsb.on.ca](mailto:konstantinos.flegas@tdsb.on.ca) Greek Heritage Month Committee

**Toronto Public Health (TPH)** is confirming its first case of laboratory confirmed measles in 2025 that is linked to travel. The **measles vaccine** is available for adults and children at doctors' offices or at a TPH community clinic for school-aged children.

In 2023, there were four cases of measles in Toronto. The five-year average pre-pandemic (2015-2019) in Toronto was five cases of measles a year. Anyone who is not vaccinated or has not had a measles infection is at risk for getting sick with measles.

Vaccinations are very effective to help prevent the spread of measles. During the pandemic, some people may have missed their measles vaccinations and should make sure they are up-to-date with their vaccines.

Measles still exists in many parts of the world and due to travel, measles still occurs in Canada.

Learn more about [seeking medical care and self isolation](#) if you have measles symptoms

AND [travelled to an area with measles](#) OR were exposed to someone with measles in the last 21 days.

Health care providers can find more information about measles, including reporting suspected cases to Toronto Public Health, on our [Measles Information for Health Professionals page](#).

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