



1 International Day of  
Older Persons  
United Nations  
5 World Teachers' Day  
United Nations  
10 PA Day  
10 World Mental Health  
Day  
World Health Organization  
11 International Day of  
the Girl  
United Nations  
Canadian Government  
13 Thanksgiving Day  
14-17 Week Without  
Violence  
YMCA  
16 World Food Day United  
Nations  
16 Photo Day! Smile!  
17 International Day of  
the Eradication of Poverty  
United Nations  
20 Diwali  
21 Early Childhood  
Educator's Day  
24 Pizza Lunch  
31 Halloween

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### Dear Parents and Guardians,

Our staff has been working hard to provide meaningful learning experiences that challenge and inspire every child. We encourage you to stay connected with your child's learning by asking about their day, reviewing their progress, and celebrating their accomplishments, both big and small. Your involvement makes a real difference and we are so appreciative of a wonderful home-school partnership. Thank you for attending our two Curriculum Nights to support families!

We are also excited to share that our **recent Movie Night was a great success!** It was wonderful to see so many families come together, and we are so proud of the fun and community spirit it brought to our school. Thank you to the parents that hosted this and offered a wonderful community event.

Our students participated in **Terry Fox activities** to honour Terry's incredible legacy of courage and determination, while raising awareness and funds for cancer research. In support of this, we **raffled off a roll of Terry Fox coins**, with proceeds going directly to the Terry Fox Foundation. Congratulations to Adriana.

In addition, our school held an **assembly for the National Day for Truth and Reconciliation**, where students learned about the importance of honouring survivors, families, and communities affected by residential schools, and reflect on our shared responsibility in reconciliation. Our school was a sea of orange as we commemorated this important day and committed to learning and appreciating Canada's Indigenous culture.



Also, we **celebrated Rosh Hashanah and Yom Kippur at school**, recognizing these important cultural and spiritual observances and fostering understanding and respect within our school community. Beginning this year, we are introducing a **monthly cultural food celebration by providing samosas for all the kids as part of our snack program**. This initiative aims to celebrate diversity, encourage curiosity about different cultures, and bring our school community together over shared experiences.

We also want to acknowledge the important role of our **Parent Council representatives**, who continue to provide invaluable support, guidance, and advocacy for our school community. Their contributions help strengthen our connection with families and ensure parent voices are heard in decision-making. Thank you for entrusting us with your children's education. We are excited for all that lies ahead this year and are grateful to be on this journey with you.

It's truly an honour to serve the students, staff and community at Gledhill Jr PS.

## Kids and Flu

The flu germs spread when people cough, sneeze or talk. The flu germs can also live on surfaces like toys, countertops, and door handles for up to eight hours.

Students can pass the flu germs to each other, to school staff and to family members before they show symptoms. Children under five, seniors and people in poor health are at greater risk of complications from flu.

Vaccination is the best protection against flu. It takes 2 weeks for the vaccine to be fully effective so get it early.

Tips on staying healthy this flu Season:

1. Get your flu shot early
2. [Wash your hands](#) often
3. Avoid touching face and eyes
4. [Cover your cough](#) or sneeze
5. Do not share drinking cups and utensils
6. Disinfect common surfaces like door handles, hand railings, keyboards, cell phones and tablets.

For more information, visit [toronto.ca/health/flu](http://toronto.ca/health/flu)

TDSB recognizes **Islamic Heritage Month** in October. This year's theme, *Rooted in Iman (faith), Rising in Amal (hope)*, invites reflection on how faith and purposeful action contribute to positive change. Students have opportunities to explore Islamic history, customs, and contributions through workshops, classroom resources, and a poster inspired by student artwork and teachings from 14th-century scholar Ibn al-Qayyim al-Jawziyya. [Learn more](#). **Did you know?**

TDSB recognizes **Latin-America History Month** in October. This year's theme, *Our Journey Continues, Abriendo Caminos*, celebrates the resilience and cultural pride of Latin-America communities. A variety of educational opportunities are available to TDSB students, staff, and community members, including the Latin-America History Month Celebration on October 8 at William Lyon Mackenzie CI. [Learn more](#).

TDSB recognizes **Somali Heritage Month** in October. This year's theme, *Iskaashato ma kufto – If people support each other, they do not fall*, celebrates unity and mutual support. Students have opportunities to enter a poetry contest or attend the Visionary Voices: Career Connections for Students mini-conference for secondary. This year's poster was created by artist Saada Awaleh, whose work reflects her Somali and Muslim roots. [Learn more](#).

### Anaphylaxis – Taking the Necessary Precautions

Anaphylaxis is a serious allergic reaction that can be life threatening. This medical condition can cause a severe reaction to specific foods or other materials, and can result in death within minutes. Although foods such as peanuts, milk, eggs, and sesame seeds are the most common cause of anaphylaxis, insect stings, medicine, or latex can also cause a reaction. In recent years, anaphylaxis has increased dramatically among students. The TDSB is committed to maintaining a safe and healthy learning environment for all students and works with Toronto Public Health and other partners to ensure the successful implementation of Sabrina's Law, which came into effect on January 1, 2006.

### Everything You Need to Know

The beginning of school can be an exciting and overwhelming time – for both parents and students. But we're here to help make the transition as smooth as possible and provide all the information you need to know to get started on the right foot. We have created a one-stop resource page full of back-to-school information, including the school year calendar, where to go when you need help, how to get involved. Please reference your Parent Handbook when needed.

As a parent or guardian, there are many ways to be involved in your child's education, such as participating in field trips, engaging them about their school experiences, reviewing homework, joining the school council and attending parent teacher interviews and school events. To learn more about school councils and parent involvement on a Board-wide basis, visit [www.tdsb.on.ca/howtogetinvolved](http://www.tdsb.on.ca/howtogetinvolved). Being in the know about the TDSB is also an important part of that and we are committed to keeping in touch with you through regular webcasts and web chats, ward forums and social media, including Twitter and Instagram.

# Hallowe'en Safety Tips

Halloween provides an opportunity for parents and children to spend time together creating costumes, carving pumpkins, planning trick or treat activities, and participating in family parties. Halloween is a big event at schools and provides opportunities for parties, creative activities, art programs, and impromptu history lessons. Halloween is also a time for students, parents, and schools to take extra care to ensure safety and security.

## TRICK OR TREAT SAFETY

If parents are concerned about trick or treating, here are some basic safety rules to follow:

- Children should NEVER eat any treats until parents have had a chance to go through them and inspect them. Parents should look for tampering of packages and discard any they believe to be unsafe or unknown.
- Have your child carry a flashlight.
- NEVER go into a stranger's house.
- NEVER trick or treat with people you do not know.
- Trick or treat only at homes you know.
- Children should always stay in groups if no parent is present.
- Younger children should ALWAYS be accompanied by an older person.
- Accompany your child when trick or treating.
- If you can not accompany your child then know the route your child will take.
- Flame resistant (retardant) costumes are in order. Keep costumes short and remind children to stay away from pumpkins with candles in them.
- Remind children to stay away from pets they do not know.
- Remind children of road safety rules. Cross only at corners. Do not criss-cross the road. Go up one side of the road and down the other side. Never cross between parked cars. Walk facing on-coming traffic if there is no sidewalk
- If adults are driving their children, drive slowly, with lights on and be cautious when pulling to the side of the road.
- Children should wear their own shoes when trick or treating. Wearing costume shoes/boots can be dangerous and uncomfortable.
- Remind children that not everyone celebrates Halloween, and to avoid any homes that have no lights on. Also remind children not to run through neighbours yards or gardens.
- With older children, be sure to know what other events (such as parties) they plan on attending.
- Set time limits when children should return home.

We are thrilled to bring back the **Parents as Partners Conference** – a free, in-person event for all TDSB parents, guardians, and caregivers. This year, we're pleased to be making it even easier to join by hosting two conferences – one in the East and one in the West. Choose the location that works best for you and enjoy an evening of connection, learning, and hands-on demonstrations. To learn more and register, please visit: <https://parentsaspartners.ca/>

**It is TDSB policy that dogs and smoking are not permitted anywhere on school property at any time!**  
**Please help us to look after the comfort and safety of our students by respecting these rules. Please share this with your neighbours.**

