

HIF 101 Individual and Family Living Course Description
Miss Dawson

Individual and Family Living is a Social Science course that explores the challenges faced by all people. These challenges include: *how to meet basic needs, how to relate to others, how to manage resources, and how to become responsible members of society.* Students will acquire the knowledge and skills that are needed to make the transition to adulthood. Teachers will instruct students in developing interpersonal, decision-making and practical skills related to daily life. More so, students will explore the functioning of families and the diversities found among families and within society.

Topics will include:

Careers and Budgeting

- selecting a career
- budgeting for the expenses of a household
- finding accommodation and transportation
- dealing with economic setbacks
- saving money

Business and Personal Etiquette

- defining etiquette
- cultural differences
- everyday applications in business and personal life

Personal Life Issues

- gender stereotypes
- healthy relationships that include friends, romantic partners, authority
- domestic violence
- peer pressure
- stresses of the 21st century
- mental health

Family and Communication

- types, purposes and roles of family structures
- parenting styles and responsibilities
- resolving family conflicts
- creation, preparing for and caring for a baby

Food and Nutrition

- functions of vitamins and minerals
- healthy eating
- purchasing food
- preparing a balanced meal
- personal food analysis
- kitchen safety

Homework

Routinely, students will be receiving homework throughout the week. They are to always write down their assignments in their agenda and check with their “homework buddy” if they have any questions about what they are responsible for. They are strongly recommended to use their agenda that is provided to them and there will be homework checks in class to make sure they are using it. Students will be given the chance to work on much of their assignments in class but they should expect to have homework. Tutoring will take place at lunch every day. Students are to bring their lunch and come with their work materials and come prepared to work one-on-one with their teacher as well as with a tutor and also accomplish their work independently.

Evaluation:

Their Writing mark will consist of a combination of their quizzes, tests, written answers that include textual support, journals and poster work.

Their Reading mark will consist of a combination of their understanding of reading demonstrated by their quizzes, tests, written answers in response to assignments.

Their Oral/Listening Communication: The students will be evaluated based on their ability to participate positively during class discussions and orally express their ideas effectively. They will also be evaluated on how well they listen and are able interpret information. The Oral/Listening Communication strand is closely tied to learning skills such as self-regulation, collaboration and initiative. This means your positive behavior in class will help to achieve positive marks in this strand.

The Media strand will be incorporated with all three of the writing, reading and oral/listening communication strands.

During reporting periods all four of these strands are combined to make one mark. Each semester mark is then used towards the next semester. So your final mark in this class will also include your mark from first and second semester.

There will be a final culminating assignment at the end of the year instead of an exam.