



May 2015

A family support specialist or a family mentor can help you find information on:

Sharing Personal Care Information: Creating an ***All About Me*** binder

- Keeping personal care information about your son or daughter in one place
- Use this resource binder at school, at camp, at a recreation activity, at home with support workers
- What information to collect

Talking So That Healthcare Professionals Will Listen

- Preparing for appointments
- How to make the best use of time at medical appointments
- Understanding and organizing the information you hear

Recreation and Leisure: growing through play

- What skills are developed through participation in recreation and leisure activities?
- What are the opportunities for children and youth with disabilities?
- Matching interest to activities
- Funding options for activities

How reliable is this website ?

- Can you trust the information from the website you are using?
- How do you know if a website is reliable?
- Checking the information you find on the internet

What's happening:

Check the **Online Resource Centre** at the Holland Bloorview website for information, resources and family stories on a variety of topics.

Upcoming workshops are listed in the events calendar on the Online Resource Centre website.

- **NEW DATE** Evening for Siblings and their Parents Wednesday, June 10

Registration for workshops is now online.

Recreation Equipment Rentals

Speak with Arnold Lopez about recreation activities and equipment for your son or daughter to help them enjoy activities at home, school or in the community. Call for a 45-minute appointment at these times or visit at one of these times:

Thursday, May 7: 12:00 to 2:00 p.m.

Tuesday, May 19: 11:00 - 1:00 p.m.

Thursday, May 14: 12:00 - 2:00 p.m.

Friday, May 29: 1:00 - 3:00 p.m.

For more information about other topics: call **416-425-6220, ext. 3319** or email resourcecentre@hollandbloorview.ca

Children's Books:

What Are You Grumpy About?

The Five of Us

Adult Collection:

Parents and Educators As Partners ,
helping your child after a brain injury

Special Gifts

Women Writers the Hope of Raising a Special Needs Child



In the Family Resource Centre you will find information on child disability topics, Holland Bloorview and community programs and services: • parenting • working with the school • respite care • fun things to do • funding. A family resource centre or staff or a parent mentor can help with your questions.

Location: 1st floor, Grocery Foundation Resource Centre
Hours: Monday to Friday, 8:30 a.m. to 5:00 p.m.
Visit us online: www.hollandbloorview.ca/resourcecentre
 email: resourcecentre@hollandbloorview.ca

Children, 2 ½ years and older, can play in the supervised **Ronald McDonald Playroom**, while you look for resources or meet with hospital staff.

Family Resource Centre and Health Sciences Library, call **416-425-6220** and dial the extension

For family support, information and workshops , ask a Family Support Specialist	June Chiu	ext. 3319	jchiu@hollandbloorview.ca
	Melissa Ngo,	ext. 6384	mngo@hollandbloorview.ca
	Lorraine Thomas	Dial 1-800-855-0511 At operator prompt, give 416-422-7049	lthomas@hollandbloorview.ca
Have a compliment of concern?	Kim Siu-Chong	ext. 6084	feedback@hollandbloorview.ca
Family Leadership Program	Amir Karmali	ext. 6420	akarmali@hollandbloorview.ca
	Lori Beesley	ext. 6337	lbeesley@hollandbloorview.ca
Family Support Fund	Cameron Jenkins	ext. 6303	cameron.jenkins@hollandbloorview.ca
Accommodations	Cameron Jenkins	Ext. 6303	cameron.jenkins@hollandbloorview.ca
Connect2care	Becky Quinlan	ext. 3881	bquinlan@hollandbloorview.ca
BLOOM, Parent Voices, BLOOM Blog	Louise Kinross	ext. 3866	lkinross@hollandbloorview.ca
Ronald McDonald Playroom	Daniel Scott	ext. 3438	playroom@hollandbloorview.ca
ProBono Law Ontario	Hannah Lee	ext. 6557	hannah@pblo.org
Director, Client & Family Integrated Care (Family Resource Centre)	Laura Williams	ext. 3395	lwilliams@hollandbloorview.ca
Health Sciences Library Medical Journals, books, videos	Pui-Ying Wong, Manager	ext. 3517	library@hollandbloorview.ca
	Winky Yeung Technician	ext. 3291	library@hollandbloorview.ca