

Alyson's Parenting Bootcamp

Are you ready to tackle parenting troubles and have a foot up on how to raise great kids?

PHOTO: RACHAEL MCCRAIG



Alyson's Parenting Bootcamp is a one weekend intensive parenting seminar designed for parents of children ages 18 months to 10 years. This is the essential parenting primer and toolkit every parent should have to be effective at raising children who are caring, co-operative and responsible.

Alyson packs a huge amount of both theory and technique in a humorous and engaging way that has excited parents about the wonderful foot up they'll have to raising great kids!

YOU'LL LEAVE CONFIDENT KNOWING:

- Your parenting style
- What to do when it differs from your spouse
- The trouble with using a punishment and reward system of discipline
- The difference between obedience and co-operation in children
- The basics of your child's personality development and a model for human growth
- Understanding why children misbehave
- Tools to respond and prevent misbehaviour
- Positive discipline techniques to replace external control methods
- How to be both firm and friendly in establishing routines and boundaries
- The benefits and how-to's of holding family meetings

YOU WILL LEARN HOW TO DEAL WITH:

- Dawdling
- Tantrums
- Sibling fighting
- Nap and bedtimes that stick
- Mealtime behaviours including picky eaters
- Giving a child responsibility for chores and school work
- And much more!

REGISTER NOW

Saturday April 26, 2014 9am-4pm

Sunday April 27, 2014 9am-4pm

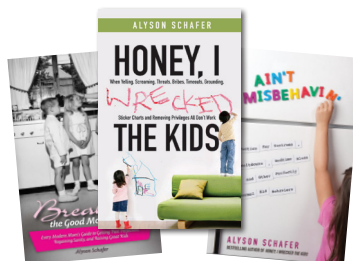
REGISTER ONLINE AT

www.alysonschafer.com

or call 905-503-1354

"Humorous and non-judgemental, Alyson's Bootcamp will improve your problem-solving skills at home while highlighting pitfalls you didn't even know existed. A long-term investment with huge returns" – Fab Bianchi

"Alyson is full of great parenting advice which she presents in a very engaging and fun way during her bootcamp! You come away with so many insights and practical ideas. I would highly recommend this course for all parents!" – Rose



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