

# Weather Guidelines

## HUMBERWOOD DOWNS JMA



Children need an opportunity to get exercise and free play time outdoors, however, weather conditions sometimes warrant that indoor recesses, lunch periods and pre-entry periods be considered necessary for student and staff safety.

### Conditions warranting indoor recesses

- (a) Rain, thunderstorms, lightning, hail, extreme winds and extreme cold.
- (b) Cold weather: When temperature and/or windchill factor indicates  $-28^{\circ}\text{C}$  or lower children will remain indoors due to risk of frostnip and frostbite.

When temperature and/or windchill factor indicates  $-20$  to  $-28^{\circ}\text{C}$ , recesses may be shortened to 10 minutes and lunch recess be 20 minutes depending on local conditions. Children should be monitored closely for signs of frostnip, frostbite or difficulty breathing.

- (c) Humidity, Heat and Smog Alerts: The City of Toronto issues heat alerts and heat emergencies based on the daily forecast from May to September. Alerts are posted on the Web site [www.toronto.ca/health](http://www.toronto.ca/health) or by calling (416) 338-7600. Staff and students should be vigilant about their level of activity and should take frequent breaks for water in order to remain adequately hydrated.

### Other conditions:

Weather conditions change during the day. When necessary and if the weather is questionable, the school principal will consult the Environment Canada's [www.weatheroffice.ec.gc.ca](http://www.weatheroffice.ec.gc.ca) or Toronto Public Health Web sites for information.

Any staff member may voice weather concerns to the principal for consideration prior to the next scheduled recess.