



### Hunter's Glen Junior P.S. - Boomerang Lunch and Snack Program

The Toronto District School Board encourages our schools to reduce food and food-related waste. Last spring Hunter's Glen was certified as an Eco School at the silver level due to the advances we are making in being environmentally friendly.

A **waste-free lunch/snack** contains no throwaway packaging and produces no food waste. Food and drinks are packed in reusable containers within a reusable lunch bag. A **boomerang lunch/snack** means that any uneaten food and any waste material produced is returned home. For sanitary purposes, it is important that food and waste packaging be taken home in a resealable container or bag.

Both a waste-free and a boomerang lunch allow parents to see what their children are actually eating during the day. A significant amount of waste is made up of unopened packaged foods, uneaten fruit, full juice boxes and half eaten sandwiches.

#### Some Waste-Free Lunch/Snack Tips:

- ❖ Use a reusable container for packing snacks/sandwiches (no more squished food)...empty margarine containers work well.
- ❖ Cut fruit/vegetables into pieces so that some can be eaten at lunch and some can be saved for a snack later.
- ❖ Label reusable containers to ensure they are easy to identify if they are misplaced.
- ❖ Avoid drinks in packaging that cannot be resealed (especially for younger students) - NO glass bottles. After a few sips, drinks are often thrown out.
- ❖ The Dollar Store carries reusable container and lunch bags - great deals!

\* Please join in us in supporting this important initiative. We are making a difference one lunch at a time!