IONVIEW PUBLIC SCHOOL

December 2020



Trustee: Mr. D Smith SO: Ms. D. Panagiotopoulous Principal: Mr. N Gordon Vice Principal: Ms. K Fox-Casey

Upcoming Events

- Jan 4th: Welcome Back Ionview
- Jan 15th: PA DAY
- Jan 20th: School Council Meeting
- Feb 9th: Report Cards Go Home (In School)
- Feb 11th/12th: Interviews
- Feb 15th: Family Day

At IONVIEW PS our mission is "Be the change you wish to see in the world". At Ionview, we offer a balance of academic and extracurricular activities that meet the needs of the whole child.

Dear Parents and Guardians,

One of the most complicated and challenging years is coming to a close. As we reflect on our work here at Ionview we continued to be heartened by the resilience, energy, and positivity of our students. Each day their smiles and laughter warm our hearts.

December was another busy month as students continue to be busy. From the great reading gains we are seeing from our students who work with Ms. Begos to the mathematical inquiry in Ms. Dangwal's class around Ionview's and TDSB's cultural make up are just two of the small examples of the learning taking place here at Ionview.

In the New Year you can expect to hear more about how we are supporting our students to investigate, challenge and question the world around them. I am excited as we watch all

Report Student Absence 416-396-6350

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Kindness

our students become the leaders, we know them to be.

As this holiday season will be extremely different to what we are used to and want I do want to encourage the community to be safe and follow the guidelines set out by Toronto Public Health. I know the sacrifices we make today will allow us to return the things we love the most friends and family.

Ionview be well, be safe and we wish you a wonderful New Year.

N. Gordon	K. Fox-Casey
Principal	Vice-Principal

Winter Driving: Safety is all our responsibility

As winter is here, we know that severe weather will be part of our daily lives for the next several months. While traffic safety is an important matter all year long, this is a particularly good time to review what we can do to keep students safe.

The need to be aware and alert at all times, on any road, and even in the most routine circumstances is key to traffic safety.

Some tips to consider:

- Stop, look, and listen for traffic and Only cross at corners and crosswalks.
- Make eye contact with drivers and walk on the right side of the crosswalk.
- Wear appropriate footwear to reduce the chances of slipping and never run into the street.
 - Obey crossing signals and only cross when it is clear.

TDSB Homework Policy

This is reminder to parents that students will not receive homework over the holidays per the TDSB homework policy. Holidays are a time for family and friends and an opportunity for students to recharge and return to school in January refreshed and ready to learn. Students are always encouraged to read with family but no formal work will be assigned.

Superintendent Changes

It is my pleasure to welcome Ms. Lisa Dilworth who will be Ionview's new Superintendent of Education beginning January 4th, 2021.

I would also like to thank our current Superintendent Ms. Diana Panagiotopoulous who is a tireless champion and advocate for Ionview. We appreciate Diana for her guidance and leadership and wish her well as she takes on a Virtual Superintendent position within the TDSB. All the best Diana!

lonview's parent council meetings will be virtual for the foreseeable future. Our first virtual council meeting is Wednesday January 20, 2021 at 6 PM

SCHOOL HAPPENINGS

Students in Ms. Dangwal's class delivering holiday wishes to veterans.



There are some artists and builders amongst us in Ms. Aitken's class.



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WE ARE ON TWITTER

@lonviewPS

We're on the Web! https://schoolweb.tdsb.on.ca/io nview

FRIENDLY COVID REMINDERS

- 1. Limit non-essential trips
- 2. Keep 2meters apart
- 3. Wear a mask or face covering
- Clean you hands often (soap and water or hand sanitizer)
- 5. Clean and disinfect surfaces regularly
- 6. Avoid close contact with people who are unwell
- 7. Stay home if you are unwell
- 8. Download the COVID Alert App

https://www.toronto.ca/hom e/covid-19/covid-19-protectyourself-others/covid-19reduce-virus-spread/

Mindfulness for the Holiday Season

The winter holidays and the holiday season are an exciting time of year to be shared with family and friends. With this year being very different because of COVID

Attached are some Mindfulness techniques that we hope could be useful to help with the feelings associated with the excitement and stress that come with this time of year.

- 1. **Find a quiet place daily:** Get yourself into a comfortable sitting position with your feet flat on the floor. Close your eyes and focus on your breathing only. Do this for a few minutes. Listen to the sound of your breath and notice how your body feels during this time.
- 2. Acknowledging what you are thankful for: Big or small spend a few minutes each day writing down five things you are thankful for that day.
- 3. **Go for a walk:** Take a short walk daily, focus on one of your senses. For example, for vision, notice the colors of objects around you.
- 4. **Get kids involved:** Practice slow breathing together, go for a walk, play a game to allow you the opportunity to slowdown and enjoy the moment together.

We hope you have a fabulous and Mindful holiday with family!

Dressing for the weather:

Now that the weather is getting colder we want to remind you that students go outside daily for recess and lunch. Students must dress appropriately for the cold weather. Bundling up and dressing in layers is the best way to stay warm, along with scarves, hats and mittens. The more items your children wear to school, the more items that can be lost. It is most helpful to have your child's name in every item of clothing. At Ionview, we adhere to the TDSB cold weather policy and students will be kept in during extreme cold conditions. Students perform best at school when they have an opportunity for vigorous outdoor play so we try to get them out whenever possible. As an OPAL

school, we know how important outdoor play and exploration is. It's important to check the weather report each morning because one day can be 0 degrees Celsius and the next day -15 degrees Celsius. Thank you for your help in this manner.

School Gate:

At Ionview, we remain committed to ensuring that our school remains safe, clean, and secure. It is with this in mind that I wish to inform the community that our parking lot will be gated in the evenings and on weekends. We find a great deal of garbage in our school yard, some one unsafe (ie. broken glass) and we want to ensure all our students are safe when they attend Ionview. We recognize how beautiful the Ionview yard and adjourning park are and we are pleased that it continues to be accessible for the entire community

Any questions or concerns please contact Mr. Gordon or Ms. Fox-Casey.

Student Reflection Don't Let What You Cannot Do Interfere With <u>WHAT YOU CAN DO</u> John Wooden

