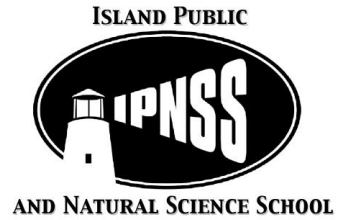




Island Public / Natural Science School
 30 Centre Island Park, Toronto, Ontario M5J 2E9
 Principal: Scott Woolford Site Supervisor: Elizabeth Stefanec
 Telephone: (416) 393-1910 Fax (416) 393-9346



ISLAND PUBLIC SCHOOL NUTRITION PROGRAM
****PLEASE RETURN TO THE SCHOOL OFFICE BY SEPTEMBER 6TH****

September 2019

Dear Island Public School Families;

We take pride in offering IPS students an opportunity to participate in one or both of our nutrition meal programs. The Hot Lunch program has been providing students with the option of a balanced hot lunch meal for many years and the addition of a Mid-morning Meal Snack program further benefits our students. The Mid-morning Meal Snack is subsidized with a grant from Student Nutrition Toronto; however parent contributions are necessary in order to fully fund this worthwhile program. When sourcing food Nutrition Services abides to clear guidelines – locally sourced, seasonal vegetables/fruits are offered, allergy restrictions carefully monitored and ministry dietary standards are followed. More information is available at <http://edu.gov.on.ca/eng/healthschools/policy.html>. Regular feedback from students, parents and staff allows these programs to be dynamic and improve to meet the needs of families. We implement a three week menu option rather than a traditional two week menu as a way to provide variety. As you can appreciate, challenges of delivery to the Island can make some food items either too costly to offer or unavailable for delivery. We will continue to partnership with Longo's in order to help offset this challenge and offer more choices in food items (especially seasonal vegetable & fruit favourites). IPS Nutrition Programs begin Monday, September 9th. We are asking every IPS family to complete this form to assist us in planning effectively ☺

| Overview of the Hot Lunch Program | Overview of the Mid-Morning Snack/M meal Program |
|---|--|
| <ul style="list-style-type: none"> • Fresh cut veggies, fruit and/or salad • Hot main course • Milk, Water | <ul style="list-style-type: none"> • Fresh veggies or fruit • Dairy - Yogurt or Cheese • Wholegrain - Mini Bagels, Rice Cake, Bread |

If you have any questions, please feel free to contact the school.

Regards,
 Scott Woolford
 Principal

-
- Yes! I am interested in enrolling my child in IPS Nutrition Program
 - No. Not interested at this time *(Please complete the bottom portion of the form and return to the school)*

Please check the appropriate box:

- Complete Nutrition Program includes both Hot Lunch & Mid-Morning Meal - \$125.00 per month
- Hot Lunch Nutrition Program Only - \$100.00 per month
- Mid-morning Meal Program Only - \$25.00 per month

Please check the appropriate option box:

- Online Payment (Preferably) @ <https://tdsb.schoolcashonline.com/Fee/Details/457/153/false/true>
 - Monthly
 - Quarterly
 - Annually
- Cheque Payment (Cheques are Payable to Island Public School):
 - Monthly Post-Dated Cheques: dated the first of each month (10 months)
 - Three Quarterly Cheques: dated Sept. 9/19 (4 months); Jan. 1/20 (3 months) & April 1/20 (3 months)
 - One full year payment: dated Sept. 9/19

| | |
|---|--------|
| Name of Student: | Grade: |
| All Known Food Allergies or Restrictions: | |

Parent Name (please print clearly): _____

Parent Signature: _____ Date: _____