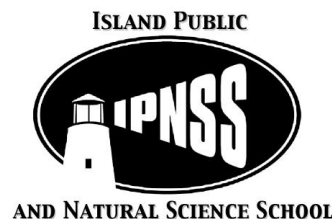




Island Public/Natural Science School
30 Centre Island Park, Toronto, ON M5J 2E9
Scott Woolford, Principal
John Goodyear, Site Supervisor
Jane Phillips-Long, Superintendent of Education
Stephanie Donaldson, School Trustee



School Website: <http://schools.tdsb.on.ca/island>

End of April 2019 Upcoming IPS Events

IPS Vision & Hearing Screening Clinic

Tuesday, April 23, 2019

Information and permission forms have been sent home with students the first week of April. Please return asap!



Track & Field Day

**Friday, April 26th
Afternoon**



Students from Kindergarten to Grade 6 will participate in planned outdoor track & field activities in the afternoon. This will provide IPS students an opportunity to try the many different sporting events that track and field offers. **Families wishing to join us and cheer on the student athletes are welcome to take the 12:00pm ferry to Centre Island and walk to school.** Contact the school for further information 😊

World Book Day

Have you heard? World Book Day is coming up on April 23rd! We're celebrating at IPS by beginning our official vote for the Forest of Reading and encouraged to come to school dressed up as our favourite author, book character or book. As a Platinum Eco School, we encourage reusing costume pieces, clothing or thinking about making your own costume. Please do not feel any pressure to go out and buy a new costume!

A simple idea could even to use decorate upcycled cardboard as your favourite book cover that you can wear or carry around! Once book day is over, we will even display your book cover costume in our school library!



Here are some more simple ideas and instructions using paper from the UK World Book Day website: <https://www.worldbookday.com/dressing-up-ideas-2019/>



Bringing children and the Arts together since 1995

The T.A.S.A.M. Program
Tackling Anxiety and Stress through Arts and Mindfulness
IPS School Council Event



Calming

Understanding

Awareness

Mindfulness

Strategies

Movement

IPS School Council presents:

The T.A.S.A.M. Program

(Tackling Anxiety & Stress through Arts & Mindfulness)

Tuesday, April 30th

Parent Workshop & Discussion

6:00 to 8:00 at 77 Harbour Square Condos

(School day (students only) at Island Public School)

Using our creative arts approach to education, Arts Express has developed The T.A.S.A.M. Program to provide children and their parents with lifelong strategies and techniques to cope with anxiety and stress, helping them effectively eliminate the stigma and discomfort of these issues for years to come.

Student Workshops: During the school day, Island Public School students from Grades JK-6 will experience all or some of the following a storytelling performance on the topic of mindfulness called *Milton's Secret* and a drama workshop, to develop a tool box to use in every day situations when they encounter stress or anxiety

Parent Workshops: Parents can then join us in the evening for a presentation by Child and Youth Counsellor and mental health advocate Jennifer Kay to discuss childhood anxiety, parental intervention and how to help your child create the tools needed for a lifetime of wellness.

The topics that will be addressed by this program will include:

- Identifying the seriousness of your child's anxiety and stress levels
- Tools to use to help alleviate minor everyday anxieties and stress
- Kid-friendly approach to developing useful strategies
- Leading by example
- The importance of exercise
- Communicating with your anxious child without frustration
- Developing a safe structure within the home environment
- Knowing when to seek professional help

We look forward to seeing you!

IPS ARTS DAY



FRIDAY, MAY 10th

1PM TO 3PM



Island Public School Students will celebrate the variations of artistic expression in The Ontario Art Curriculum at this event! Dance, Drama, Music, and Visual Arts!

**School-wide Art
& Photograph
Show**

**In-class
Multi-Media
Presentations**

**In-class
Theatre, Poetry
& Story-telling**

**Kindergarten
Spring
Concert!**

**Scholastic
Book Fair**

**Sidewalk Art &
IPS Interactive
Landscape
Project**

IPS Families are invited to join us for this celebration!

Island Public School Arts Day Celebration - Information Overview

ARRIVAL OPTIONS

- City-side Families may take the 12:00pm ferry to Centre Island and walk to the school (approximately a 20-30 minute walk)
- City-side Families may take the 12:30pm ferry to Ward's Island; a school bus will be there to meet you. Reminder: Strollers are not permitted on the bus; there is limited space available in storage underneath
- Island-side Families may take the 12:45pm school bus from Ward's Island to the school.

SCHEDULE OF PLANNED ART ACTIVITIES & EVENTS

1:00pm – Welcome & Opening Messages @ the Flag Pole

1:15pm – Primary & Junior Classroom Presentations

2:15pm – Primary & Junior Classroom Presentations (Repeated)

1:30pm, 2:00pm & 2:30pm Kindergarten Spring Concerts (Common Room)

3:00pm End of Arts Celebration

1:00-3:00pm – Ongoing Art Activities & Events

School-wide Arts Show featuring original works by IPS Students - Gymnasium

Bondar Challenge Photographs *“Canadian Landscapes & Nature on the Island”* – Gymnasium

Reflections from the Artists – Gymnasium

“IPS Infinity Mirrors” Art Installation Inspired by the AGO *“Infinity Mirrors”* Exhibit – Main Hallway

“Learning About the Third Path” – Main Hallways

Island Public School Re-Shaping Our Library Learning Space Ideas – Library Hallway

Scholastic Book Fair – Library

“Side-walk Chalk Frames” & *“Paint-Chip Landscape Art”* – Outside Front of School

DEPARTURE FROM THE SCHOOL

- 3:00pm City-side Families may walk to Centre Island to take the 3:30pm ferry (if you are taking your child, please sign-out prior to leaving) (if the day is beautiful another ferry is at 4:30pm)
- 3:00pm – City-side Families may start to catch the school buses for Hanlan's Point to catch the 3:45pm ferry to the city (if you are taking your child, please sign-out prior to leaving)
- 3:40pm – Island-side Families may take the school bus to Ward's Island.
- All Students will depart at the regular dismissal time unless signed out by parents/guardians through their teacher.