



FOR ALL PARENTS/CAREGIVERS OF ISLINGTON JMS STUDENTS!

Would you like to learn how to help your child bounce back from challenges?

Come to a FREE workshop to learn about:

- Why kids have stress too
- What we can do to support them
- Tips and strategies to help your child build resiliency

Friday November 23, 2018 at 9:30am in the Music Room at Islington JMS

To register, contact: School Office at 416-394-7870