

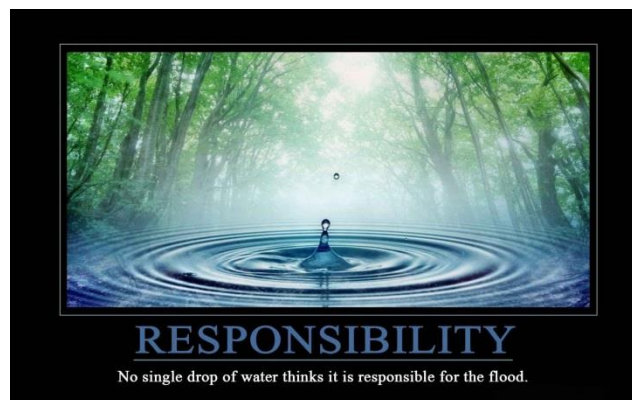


**James S. Bell Junior Middle Sports and Wellness Academy**  
**Principal's Newsletter**  
**October, 2017**

**School Community Building**

October was a month to focus on the important character trait of 'Responsibility'. Responsibility is being accountable for who you are and what you do. Responsibility is being dependable and trustworthy. Someone who is responsible does his/her best and doesn't blame others for his/her mistakes. A responsible person makes sure a job is done correctly and on time. Of course students are expected to demonstrate responsibility both in their classrooms and during the school day especially during recesses and lunchtime. We hope you continue to have discussions with your children about how they may demonstrate responsibility at home.

Next month we will be focusing on 'Empathy'. Our Remembrance Day assembly on Nov. 10 will be a special occasion when we will have a chance to demonstrate our own empathy for those who may not enjoy the freedoms that we do here in Canada and to be grateful for those who fought valiantly for these freedoms.



**Terrific Tigers (Student Recognition Presentations)**

Our monthly Terrific Tigers Assemblies are a chance for students to be recognized for demonstrating important character traits with their class mates, school mates and caring adults in the school. We hope all of our students will remember to strive for excellence not only in academic achievement, sports and the arts but also in positive leadership and responsible citizenship at JSB. Each student

selected by their teacher received a certificate and JSB pencil! Congratulations to the following students:

<u>Room</u>	<u>Name</u>
101	Lucy L.
102	Gabrielle C.
103	Lana S.
104	Amina M.
105	Lauren M.
108	Ava R.
110	Abi L.
112	Dylan Y.
203	Jessica B.
201	Ava B.
202	Adam M.
208	Isabelle M.
210	Abigail L.
206	Breanna B.
213	Ethan M.
212	Ben L.
214	Anthony D.
215	Camille B.
204	Abby P.
207	Rinesa B.

Parents will be invited by the classroom teacher to join the assembly presentations when their child is nominated for a certificate.



### **Student Parliament**

The students at JSB have been taking part in their civic duty. We have put in place our Student Parliament members. Our executive members consist of our co-Prime Ministers, Shannon Currie and Heather Coghill. Treasurer Georgia Kane, Health and Wellness Rep: Amber Mays, Secretary: Camille Blackford, Media Reps: Natalie Barnes and Summer Winn. The class reps are being voted in by the end of the month and this will make up our Student Parliament for the year. Our first project is the October food drive and Halloween dance. All proceeds will go to the Salvation Army Food Bank on 30th. We look forward to a great year!

Ms. Enns and Ms. Shears



### **A Fall Visit to the Apple Farm**

Students from all the primary classes visited Chudleigh's Farm on Oct. 16. They enjoyed running through the hay maze, playing on the giant playground, the scavenger hunt in the forest, the wagon rides, and of course picking apples and

a pumpkin for the class. They also went to the petting zoo and met numerous animals. Many of the classes made apple sauce and apple crisp to enjoy!

Mr. Michailidis



## Sports News

### *Cross Country Running Team*

The school brought over 60 runners to the cross country meet at Centennial Park on October 5th. The students competed and showed great pride while representing the school. 24 students qualified for the West conference championships on October 17th. These were made up of the best Runners from the West End of Toronto. Four runners ended up qualifying at this meet to go to the city championships on October 26th. These four runners were Honour Short, Anthony Dube, Shannon Currie and Ethan Matheson. A huge congratulations goes out to all runners for a successful season once again! A special thanks to our parent volunteers for assisting with driving and supervision! Great Job Tigers!!

Mr. Barnes, Ms. Kis, Ms. Chard, and Mr. Barton

### *Senior Girls Touch Football and Senior Boys Touch Football*

The team finished second in pool play and headed to the playoffs on October 25, 2017. It has been a pleasure watching all nine girls compete with a positive attitude and winning spirit. They are super excited for their upcoming game against Humbercrest.

16 boys competed in a day long tournament and finished tied for second place. We just missed moving on to the playoffs by 1 point. Excellent sportsmanship

showed by all and looking forward to seeing all the boys tryout for Basketball in 2018.

Sequence Club starts November 2, 2017. It's Fun! It's exciting! It's challenging! It's Sequence!  
Mr. McShane



### *Senior Girls Bordenball*

The team had a great season. The girls worked really hard. We played in our first tournament and ended up losing our first two games but the girls turned it around and we ended up taking home the first place banner. That meant moving onto city finals. We played a tough semi final match and ended up winning and moving onto the finals. The girls gave it their all and played amazing but were unable to beat Sir Alexander Mackenzie. We brought home the finalist banner and silver medals. I truly enjoyed coaching these hardworking girls. Thanks for a great season.

Ms. Enns





### *Senior Girls Soccer*

Congratulations to the senior girls soccer team on their fantastic season. After finishing second place in their round robin tournament, the girls lost a close 2-0 game to Lambton Kingsway in the quarter finals.

Well done girls!

Ms. Baron

### *Junior Flag Football*

The team played their very best and demonstrated good sportsmanship at their tournament at Smithfield on Friday October 20<sup>th</sup>! Thanks for your team spirit and effort! Thanks to the parent volunteer drivers for your support!

Mr. Maxwell



### *Jr Girls' Soccer*

The Junior Girls' Soccer team went to Swansea for their tournament. We played against Swansea, Runnymede, and Howard Park. While the team did not win, they played great defence, made some great plays and saves, and showed excellent sportsmanship. Way to go Gracie, Chrystal, Paige, Katterra, Isabelle, Selina, Molly, Trinity, Shaela, Rachel, and Myra! The best part might have been when we sang Happy Birthday to Paige and Selina (with cake) and the other teams joined in. What a great day!

Mr. Michailidis



### **Paul Davis-Social Media Presentations**

On Thursday, November 2<sup>nd</sup>, Paul Davis, Social Media Expert visited James S. Bell SWA. Mr. Davis spoke with our grade 4-8 students in the afternoon followed by a presentation for approximately 60 parents in the evening. The focus of his message was to use social media responsibly and that "Delete" is a myth! He explained to both students and parents that we leave a digital footprint everywhere go on social media and that our every move is tracked and logged online. He also explained that once something is placed on SnapChat, Instagram or any other platform it exists in the cyber world and can always be found even if it has been deleted. Mr. Davis helped us as parents and educators to define our role in helping our child navigate the world of social media, stating that we all need to disconnect and spend quality face to face time with family and friends.

He gave some great advice on how to act if you are being cyber bullied:

1. Never respond to a bully
2. Screenshot the hurtful content
3. Tell an adult
4. Block the bully
5. Report abuse to the service provider



Thank you to Jacqueline Burkhardt for writing the PRO Grant proposal for Paul Davis. If you missed this informative session please check out the TEDx Talk by Paul Davis.



## Halloween

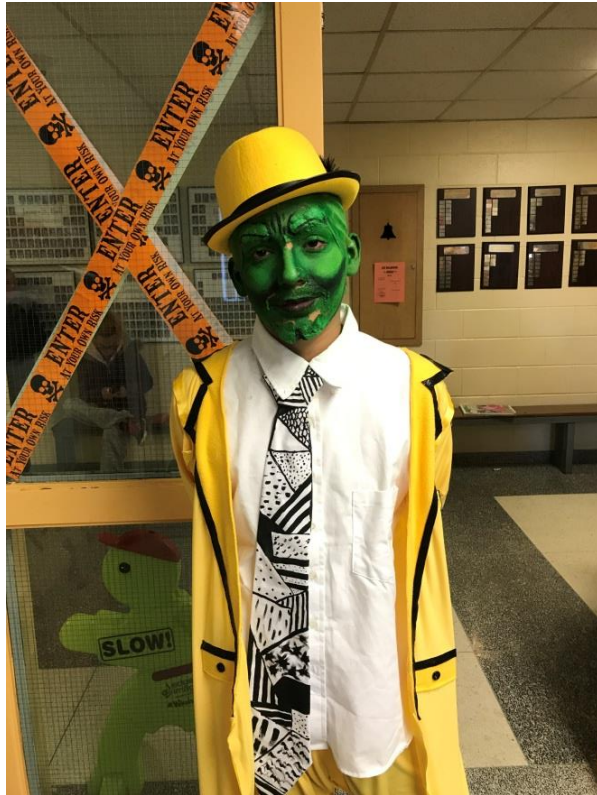
We had a tremendously fun day on Oct. 31 with Halloween descending upon James S. Bell! See photos below:











ecoSCHOOLS



### Thank-you!

The students are doing a wonderful job keeping litter to a minimum and using garbage and recycling bins appropriately outside at recesses and lunches. Our litter cleaning green team continues to help us with this endeavour. Thanks for your support and work to maintain our Eco-schools Gold Certification at JSB. Every school community member needs to do their part to ensure a greener school community. Let's continue to help our environment for a better tomorrow.



### **Remember Them**

On Friday, November 10, students and staff at our school will mark Remembrance Day, which falls on Saturday, November 11, with classroom activities and a school assembly. During Remembrance Day, our teachers make connections between global events and students' lives by promoting peace within our school community. On this solemn occasion, our staff, students, parents, and the wider community all join together in a call for peace. This year's Remembrance Day marks the date and time when fighting stopped on November 11th at 11 am in 1918 (the eleventh hour of the eleventh day of the eleventh month) which makes this the 99th anniversary for the end of the First World War. This year is also the 72nd year since the end of World War II. Parents are invited to join us for the Remembrance Day Ceremony on November 10th at 10:30 am in the gymnasium. Students will be provided with poppies for our Remembrance Day Ceremony. We kindly ask for a loonie or toonie as a donation to the Royal Canadian Legion Poppy Fund.



### **November is Indigenous Education Month**

In November, we celebrate Indigenous Education Month at the TDSB. This month provides an opportunity to centre Indigenous perspectives, histories and contemporary realities across the curricula. In classrooms across the city, we focus on treaties, the legacy of residential schools, as well as the achievements and accomplishments of Indigenous peoples in Canada.



### **Appropriate Weather Clothing**

As the colder weather approaches, please ensure that your child(ren) come(s) to school dressed in appropriate clothing and apparel to be outside for recesses. We ask that you send your child with a pair of indoor shoes that may remain at school for the duration of the winter season. Please label all belongings with your child's name so that we can return misplaced clothing more easily.



### **Lost and Found**

Lost that lucky hat? Have a shoe without a dance partner? Come have a look at our overflowing lost and found bin on the main floor near the side entrance doors. Lunch bags, gym clothes and everyday clothing items are here to be recovered! Unclaimed items are bagged and distributed to donation centres before the holidays.





### **Parent –Teacher Conferences**

Appointments to meet and discuss your child's progress with your child's teacher can be arranged for Thursday, Nov. 16 evening and Friday, Nov. 17 (PA day). Report Cards will be sent home with each child on Tuesday, Nov. 14. (Note to FDK parents: all KD students will receive reports this term unlike in the past.) Please ensure you return the form sent home to you or contact your child's teacher around making appointments. All parents will have an opportunity for an interview.



### **Anaphylaxis & Food Policy**

There are staff and students attending James S. Bell who suffer from life-threatening allergies to peanuts, egg, shellfish, among other allergens. Prevention is the best approach. Therefore, we ask your co-operation in not sending any snacks or lunches containing nuts or nut products with your child. Students who have severe allergies to such food substances are exposed to a severe health risk when tree nut products are consumed in their environment or shared with them. Please speak with your child about not sharing their snacks or lunches with other students at any time.

The Board has procedures for the prevention and management of anaphylactic reactions. If you are interested, contact the VP for further information. Further information is also available through Anaphylaxis Canada (416-785-5666).

If your child has health problems of any kind, please inform your child's teacher or office staff immediately so that the necessary health protection steps may be taken.

Your understanding and co-operation in ensuring the safest environment is appreciated.



### **31<sup>st</sup> Street Parking and Staff Parking Lot**

As inclement weather approaches, please be reminded to obey street signs and do not park in the bus loading zone along 31<sup>st</sup> Street. Ensure that you park in only designated areas along the street always watch for children crossing the street between cars. Please also note that the school parking lot is for staff members only particularly between 7:30 a.m. and 4:30 p.m. We have extremely limited parking for our staff. All other cars (without a TDSB authorized parking tag) will be

ticketed and towed at the owner's expense. Thanks for your support as we strive to make student safety a priority.



### Valuables

We ask that students avoid bringing expensive valuables such as handheld video games, toys and other miscellaneous items. Please be aware that Pokémon cards are not permitted at school. These items are distractions for children from their learning at school and although we understand the entertainment value and good intentions of bringing such items, we cannot ensure their security and protection from damage, nor will we allocate time and resources to investigate damage, loss or theft of these valuable items. We do have cell phone contracts and policies in place for our older students. Please help your child abide by the contracts at all times.



### Important Dates:

Nov. 7-Grade 8's Visit Lakeshore CI – PM  
Nov. 7-If parents are interested-Runnymede CI and UFA open houses 7 p.m.  
Nov. 8-JSB Sr Boys Invitational Volleyball  
Nov. 9-Grade 6-8 at Royal Winter Fair and if parents are interested-Martingrove CI and Bloor CI open houses 6:30 p.m.  
Nov. 10-Subway Lunch  
Nov. 10-10:30 a.m. Remembrance Day Assembly  
Nov. 14-JSB Sr Boys Invitational Volleyball  
Nov. 14-Reports go home  
Nov. 15-JSB Jr Boys Invitational Volleyball  
Nov. 16-Parent Teacher Interviews (evening)  
Nov. 17-Parent Teacher Interviews  
Nov. 24-Pizza Day  
Nov. 27-Grade 7 Immunizations  
Nov. 28-JSB Sr Boys Volleyball Tournament  
Nov. 29-Terrific Tigers at 9:20 am  
Nov. 30-JSB Jr Boys Volleyball Tournament  
Dec. 8-Subway Lunch  
Dec. 12-Holiday Concert at 6:30 pm  
Dec. 21-Terrific Tigers at 9:20 am  
Dec. 22-Pizza Lunch

**Please be reminded that you can follow us on twitter! @TDSB\_JSB2.**

HAPPY  
Diwali





Firstly, Happy belated Diwali to all those who celebrated this occasion on Oct. 19! We have had a great first few months! With so many extracurricular activities well underway, we hope your child is enjoying school and is enthusiastically participating in all aspects of their program each day. Our staff is working diligently to plan programs for an exciting and engaging first term!

Autumn has come and seems to be leaving us with colder days. The leaves have changed colour and we just celebrated a Happy Halloween! We had a bright but cold, windy day on the 31<sup>st</sup> so we brought the K-5 parade indoors this year. There were many creative costumes and we enjoyed seeing the different ideas! Thanks to the parents who joined us for the parade. The grades 6-8 Halloween dance was a fun time had by all! Thanks for your food bank donations organized by our Student Parliament. Thanks to Ms. Shears for spinning the tunes! (photos above)

I wanted to take this time to thank all of our staff members who organized or coached sports teams, arts and music clubs and other extracurricular activities these past few months. Thank-you to all the parents and in particular members of the school council for all of their unwavering support of our endeavours. Our students benefit greatly from everyone's generosity of time, effort and energy.

Please be reminded to inform the office of any updates to your contact information so that we may input changes immediately. This is especially important as we will be moving to the TDSB School Cash Online in January. This is an easy to use, safe and convenient way for parents/guardians to pay for their children's school fees, including agendas, class trips and year books. Details to follow in the next month.

It is essential that when you leave a voicemail on our answering machine that you leave your name, your child's first and last name (spell your child's last name if possible) and state your child's teacher or room number. The voicemail messages may be retrieved by someone who is not familiar with your child and may make the safe arrival procedures more difficult. We also kindly ask that your child(ren) bring everything they need for school each morning. On rare occasions you may need to drop items off or need to contact them for an important message, please do so through the main office and not go directly to classrooms. Thanks for your cooperation.

Finally please find attached a visual that you may want to share with your child(ren) and post as they tackle their math homework!

Warmest Regards,  
J. Petko and C. Bellehumeur

### **School Council News**

Interested in volunteering to help out at JSB? Volunteering through our School Council is a great way to do it! The parent volunteers that make up our School Council are always working hard to fundraise and provide new opportunities and experiences for our school community. We are always looking for volunteers to

help out with our monthly Pizza and Subway lunches, our annual Dance-a-thon, our Winter Concert fundraising efforts and of course at Bellapalooza! If you're interested in hearing more about these opportunities (don't worry, you're not committing to anything yet!), please email [jsb.schoolcouncilvolunteers@gmail.com](mailto:jsb.schoolcouncilvolunteers@gmail.com) to be added to the email distribution list.

## **STAY CONNECTED!**

Sign up for our weekly email blast: [jsb.schoolcouncil@gmail.com](mailto:jsb.schoolcouncil@gmail.com) We'll send you weekly emails from the School Council with information about upcoming events, Friday fundraising lunches, meetings, and other school and School Council business that affects you as a parent/guardian. You can even have us email you at multiple email addresses – we promise not to overload your inbox!

Like us on Facebook - [www.facebook.com/jsbschoolcouncil/](https://www.facebook.com/jsbschoolcouncil/)

Follow us on Twitter - [www.twitter.com/JamesSBellSAC](https://www.twitter.com/JamesSBellSAC)