



Macdonald Collegiate

•• Newsletter

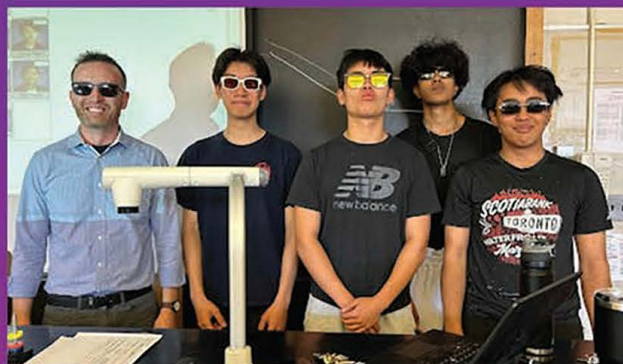
June, 2024

From the Student Activity Council (SAC)

Looking Back

The SAC reflects on all the spirit days in May as we approach June and the year's conclusion. The first spirit day was Sunglasses Day, where students embraced the summer heat by wearing their fashionable shades to school. Our monthly Karaoke Day was another spirited event held in May. This event is always a huge success as many students come to take part.

The SAC elections for the 2025 positions were held in May as well. On May 30, we had our annual prom for all graduating students. The SAC wishes all grade 12 students the best of luck.



Upcoming Events

Moving into June, the SAC has more fun events planned to end the year off. Starting off we will have Six Day on June 6th. Where students show off their Toronto pride by wearing various Toronto sports jerseys and Toronto merch. We will also be hosting our final karaoke day of the school year on June 12th. Finally, we will have Beach Day on June 14th. An amazing spirit day to announce the beginning of our summer breaks.

Message from the SAC President:



With the school year ending, I am honoured to say I was a part of the 2023-24 Student Activity Council. During my three years on the council, I have seen the community bloom into something I am proud of, with the creativity and engagement of students glimmering at MAC. One of my favourite moments this year was seeing the excitement in students' eyes when our school put on the holiday cheer and spirit assembly. Most importantly, I am grateful to have been a part of and contributed to the exciting community at MAC.

I deeply appreciate everyone at MAC who has put in the effort to show school spirit. Thank you, and I wish everyone a safe summer.

To the graduates, may I wish you the best in your future endeavours!

Sincerely, Anthony Truong
SAC President

About Us

"Prudentia et Scientia" (Vision & Knowledge) reflects our commitment to excellence in education. Our diverse student population has multiple opportunities to excel in a full range of academic programs and co-curricular activities. Through our values of encouragement, self-discipline, cooperation and fairness, we strive to develop our students into life-long learners that positively contribute to our society.

Please visit our Website Here.



English Department Update National Indigenous History Month

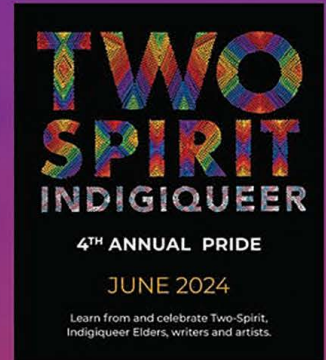
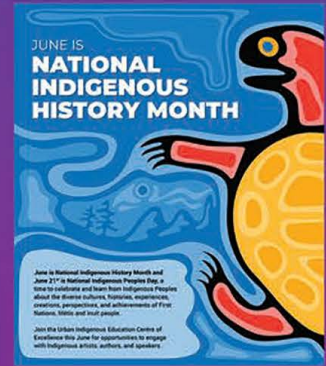
June is National Indigenous History Month and June 21st is National Indigenous Peoples Day.

Discover stories, traditions and cultures

The best way to gain a deeper understanding of First Nations, Inuit and Métis experiences is through their own voices. Enjoy Indigenous storytelling by picking up a book, attending a show, watching a movie or listening to music from Indigenous artists.

You can also check out the GC Indigenous Instagram account to learn more about inspiring Indigenous women, 2SLGBTQ+ people, environmentalists, artists, activists, scientists and researchers.

For generations, many Indigenous communities have celebrated their culture on or near June 21, the summer solstice. Learn more About **National Indigenous Peoples Day** and how the tradition lives on.



MAC LIBRARY UPDATE

It is the end of the school year. That means it's time to return all library books! All books are due Friday June 14th. Please bring back all borrowed books on or before that date.

Also, don't forget to make use of one of the best Library systems in the world - The Toronto Public Library! For summer reading and more, be sure to check out your local branch and if you don't have a library card, what are you waiting for? It's free! For more information about teen programming visit their website: <https://www.torontopubliclibrary.ca/teens/>



Have an amazing summer!

From the TDSB

2024 Mental Health and Well-Being Guide, Translated into 23 Languages!

The 2024 **Summer Well-being Guide** created by the Mental Health and Well-Being Committee, the Mental Health Leads and the System Leader for Mental Health and Professional Support Services, Shameen Sandhu is now available.

It has resources, community connections, events and ideas for parents/caregivers/guardians to promote mental and physical wellness during the summer months. The resources in this Guide are culturally responsive with many resources for students with disabilities/special education needs.

The Guide has been translated into the top 23 TDSB languages spoken and is accessible.

Please share the Summer Well-Being Guide widely with students, staff, parents/caregivers/guardians and school communities.

If you have any questions, please contact mentalhealthandwellbeing@tdsb.on.ca

Culminating Activities and Exams

Please devote some time and continue to prepare for your 30% Math Culminating Activities!

- 1) **Review the Exam Schedule/Culminating Activity** and Set a Realistic Goal: Begin with the end in mind and reverse engineer. What final mark are you aiming for? What mark do you need in your 30% culminating activity in order to achieve that goal?
- 2) **Create a Study Schedule**, Stay Organized and prioritize each math unit based on their complexity. Keep your study space organized and free from distractions. Use tools like planners, calendars, or digital apps to stay on track with your study schedule.
- 3) **Practice Self-Care and Positive Mental Attitude:** You matter and you count! Get enough sleep, eat nutritious meals, and engage in physical activity to keep your mind and body in optimal condition for studying and taking exams. You can do it if you believe you can!

Math Extra Help

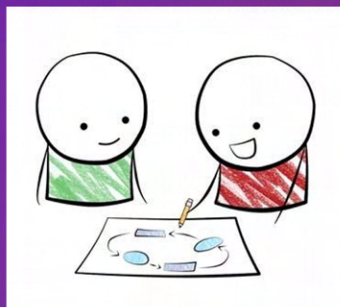
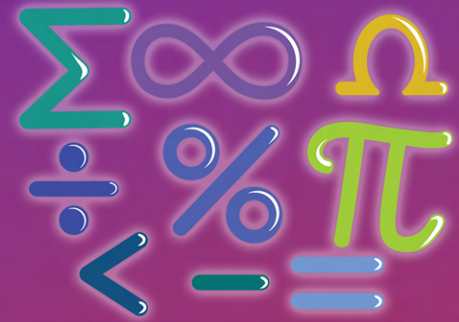
Math extra help is available from your math teacher. Please reach out to your math teacher for more details.

Math Homework Club:

Extra help is available to all math students on a FCFS basis Monday to Friday from 8:25 to 8:55am in Rm 225.

Math Peer Tutoring:

If you are interested in becoming a math peer tutor or being tutored please join the Math Peer Tutoring Google Classroom. There is a google form to fill out and a meeting will be held within 1 to 1.5 weeks to match up tutors and tutees. If you signed up from before you need to sign up again so we know you are still interested. If you have any questions please see Ms. Lasenby in Rm 230 or Ms. Peza in Rm 232.



Mac Pals:

Mac PALS is up and running! Mac PALS (Peer Assisted Leadership Support) are a group of senior students that work one on one with students to support them in their classes. If a student identifies as needing a peer tutor they will be connected to a Mac PAL and together they will establish a schedule to meet in person or virtually. If you believe your child/ward would benefit from a peer tutor, please reach out to matthew.sheehan@tdsb.on.ca so that he can connect your child/ward to a Mac PAL.

Co-Op at Mac!

We are excited to share that our students were honoured at a wonderful Coop Students lunch at Sunnybrook Hospital!

Sunnybrook continues to be an amazing partner for our program.

We are so proud of all our students' fantastic accomplishments this semester!



MAC ATHLETICS YEAR IN REVIEW

With the end of the year nearing, it's easy to wonder where the time has gone, then again time flies when you're having fun! As the 2023-2024 school year wraps up, Macdonald Athletics is excited to share what a successful year in sports we have had.



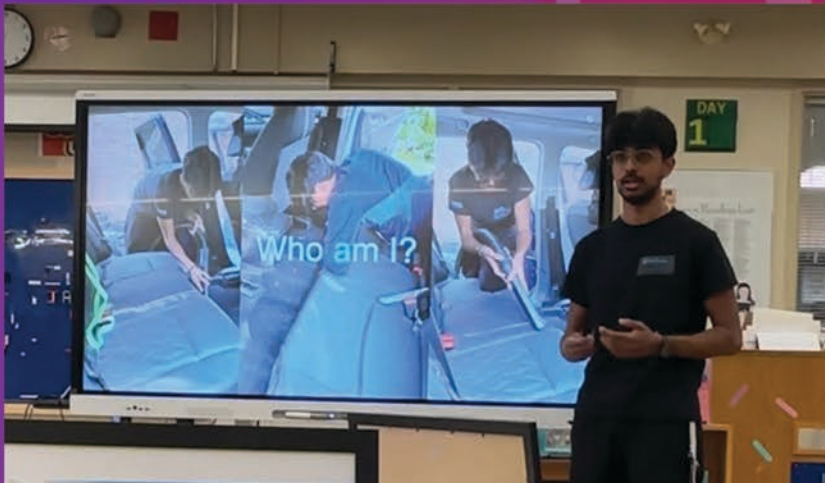
This year at Macdonald we had twenty-seven teams who participated in TDSSAA events throughout the year, and we wanted to take this opportunity to thank all of our dedicated student/athletes and coaches for making this year very successful. Now that the end of the year is near, we want to highlight and celebrate the various championships Macdonald has accomplished. Our Jr Coed Ultimate Team won Macdonald its first ever Gold in its respective sport and then followed it up with City Silver. Our Badminton Team won Regionals and Cities and represented the TDSSAA at OFSAA. Our Boys Track and Field Team celebrated Boys Overall Gold in Regionals and will represent MAC at OFSAA. In Tennis, our Boys Doubles Team captured GOLD in Regionals and Silver at OFSAA.

All of our Student Athletes' hard work, dedication and perseverance in the classroom and in their respective sports will be further celebrated at this year's Athletic Banquet. We are very proud of all of our Student Athletes and cannot wait to see what next year has in store. GO MAC GO!!!



Business Department

This past month at Etobicoke Collegiate, 20 students were selected across the TDSB to showcase their final Entrepreneurship school wide projects to highlight their talents and hard work put forth throughout the school year. Eshaan Rampersad, a student of Macdonald C.I was selected for this grant in September and was able to present at the Entrepreneurship year end celebration to discuss his successes with the EEP project. A big congratulations to Eshaan for his dedication and perseverance!



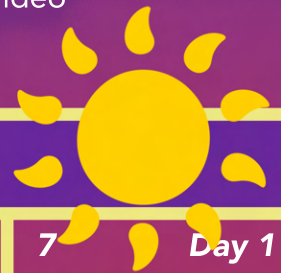
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Aga Khan Gala Event

Senior students of the Communications Technology class gather at the Aga Khan museum to share their contributions to the Shadows of Racism “Untold Stories” project. The focus of the project is to spread awareness and create dialogue in the fight for the elimination of Racism and Discrimination through creative story telling. Macdonald students were the only group using video production to tell their stories. A wide range of animation and documentary style video was featured.

June



3 Day 1 Field Trip Moratorium Begins	4 Day 2	5 Day 1	6 Day 2	7 Day 1
10 Day 2	11 Day 1	12 Day 2	13 Day 1 Athletic Banquet Metropolitan Center Moratorium →	14 Day 2 Library Books Due
17 Day 1 Moratorium →	18 Day 2	19 Day 1 Exams →	20 Day 2	21 Day 1 National Indigenous Peoples Day
24 Day 2 Exams →	25 Day 1	26 Day 2 Exam Review Day (Special Schedule)	27 Day 1 PA Day (Commencement)	28 Day 2 PA Day (No Classes)

Have a safe and happy summer!

