

Learning Strategies: (GLE10)



This course focuses on learning strategies to help students become better, more independent learners. Students will learn how to develop and apply literacy and numeracy skills, personal management skills, and interpersonal and teamwork skills to improve their learning and achievement in school, the workplace, and the community. The course helps students build confidence and motivation to pursue opportunities for success in secondary school and beyond.

Learning Skills

Skills for Success

- Literacy/Numeracy Skills
- Organization Skills

Tools for Success

- Technology in the classroom
- Time Management and study aids

Interpersonal Skills

Strategies for Well-being

- Exploring strengths and needs
- Communication and supports

Stress Management

- Understanding our emotions
- Tools to manage situations

Exploring Opportunities

Goal Setting

- Analysing ourselves
- Planning for the future

Building Community

- Teamwork and leadership skills
- Acceptance and diversity