

Learning Strategies: (GLE40)



This course improves students' learning and personal-management skills, preparing them to make successful transitions to work, training, and/or postsecondary education destinations. Students will assess their learning abilities and use literacy, numeracy, and research skills and personal-management techniques to maximize their learning. Students will investigate trends and resources to support their postsecondary employment, training, and/or education choices and develop a plan to help them meet their learning and career goals.

Learning Skills

Skills for Success

- Literacy/Communication Skills
- Numeracy/ Problem Solving Skills

Tools for Success

- Technology in the classroom/workforce
- Identifying personal challenges and study aids

Personal Management Skills

Strategies for Well-being

- Exploring strengths and needs
- Expressing strengths and needs

Time Management

- Organization and scheduling
- How to prioritize and perform

Exploring Opportunities

Goal Setting

- Analysing ourselves
- Planning for the future

Building Connections

- Exploring pathways and postsecondary opportunities
- Understanding diversity and equity