

Raising Healthy Children: Grade 11 (HPCO)



Prerequisite: None

This course focuses on the skills and knowledge parents, guardians, and caregivers need, with particular emphasis on maternal health, pregnancy, birth, and the early years of human development (birth to six years old). Through study and practical experience, students will learn how to meet the developmental needs of young children, communicate with them, and effectively guide their early behaviour. Students will develop their research skills through investigations related to caregiving and child rearing.

<u>Child Growth & Development</u>	<u>Personal & Social Responsibilities of Parents</u>	<u>Child Rearing Around the World</u>
<ul style="list-style-type: none">● Pregnancy, Birth, and Postnatal Care● Growth and Development● Infant and Child Nutrition	<ul style="list-style-type: none">● Preparing for Parenting● Communicating With Young Children● Applying Child-Rearing Knowledge and Skills	<ul style="list-style-type: none">● Family Variations● Parenting Styles and Practices● Common and Diverse Experiences of Childhood