

LYNNWOOD HEIGHTS JPS

Presents

INDIGENOUS COOKING & STORY TELLING

COME OUT & MAKE DINNER
TOGETHER WITH COOKSMART



Join us Virtually as we learn how to cook Indigenous THREE SISTERS SUCCOTASH (STEW) together at home with our families. This Virtual workshop will show us a step-by-step method for making this traditional vegetable stew together.

FRIDAY, MAY 5TH | 6:00PM - 7:30PM

Please Register by April 28th to receive your FREE food bag(ingredients) to start the stew



COOKSMART
BUILDING KITCHEN CONFIDENCE

> REGISTER NOW

Or



For more Info, please email Miranda
miranda.ng@tdsb.on.ca

Scan Me