

Lynnwood Heights JPS Family Newsletter February 2023



Principal's Message:

In February, we will look forward to many special days including 100th Day and Valentine's Day. We will also recognize African Heritage Month and Chinese Heritage Month. The character theme for the month of February: Fairness

"Live so that when your children think of fairness, caring, and integrity, they think of you."

~ Horace Jackson Brown Jr., author who was best known for his inspirational book, Life's Little Instruction Book.

February is Kindergarten Registration month in the TDSB.

Lynnwood's In-Person Kindergarten Registration Days will be Tuesday, February 21st and Friday, February 24th from 9:00 am – 2:30 pm. There will be a translator for Mandarin and Cantonese on both of these dates. Registration is ongoing. We will be having a Welcome to Kindergarten event on Wednesday, May 10th at 4:00pm and each attending family will receive a special gift. Online registration for Kindergarten is available anytime.

A reminder to reach out to your child's teacher if you would like to have a Parent/Teacher Interview on Wednesday evening, February 15th or Friday, February 17th in the morning.

Student Council is helping to organize our PJ Day for K – Gr. 6 Students on February 16th.

On February 23rd to honour African Heritage Month, we are having Yolanda Marshall do storytelling at 10:00 am in the gym. We welcome your participation. On February 27th, we will have our monthly assembly at 10:45. You are welcome to attend.

There will be no classes on Monday, February 20th to reflect the province-wide statutory holiday called Family Day. The holiday occurs on the third Monday in February of each year for the purpose of emphasizing and celebrating the importance of families taking time to be together. Students will also not be attending school on February 17th as this is a board-wide PA day. This means all TDSB students will not be at school on Friday, February 17 or Monday, February 20.

Best regards,
Joy Reiter

Chinese Heritage Month - This year, two significant events will be highlighted to mark Chinese Heritage Month; The Lunar New Year & *Honouring a Legacy of Conviction and Fortitude* to mark the 100th anniversary of the *Chinese Immigration Act of 1923*. [Learn More](#).



Centre of Excellence for Black Student Achievement - The Centre of Excellence for Black Student Achievement offers a variety of programming for students, staff and families. Join us for upcoming event: [International Decade of People of African Descent: African Canadian History in the Curriculum](#) with Natasha Henry-Dixon (February 22 at 6:30 p.m.). To learn more, visit our [website](#) and follow @tdsb_cebsa on [Twitter](#) and [Instagram](#).

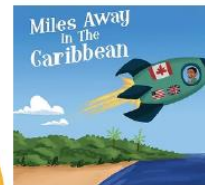
African Heritage Month - It is an occasion to celebrate the many achievements and contributions of peoples of African descent to Canada and the world. The chosen theme for African Heritage Month for 2022-2023 is *Black Joy*. [Learn More.](#)

StoryTelling Session

Please join us for an excellent StoryTelling Session in celebration of African Heritage Month



Lynnwood Heights Jr.P.S StoryTelling Session with Yolanda.T. Marshall



Thursday February 23rd 10:00-11:00a.m

Parents ad Caregivers are welcome to attend.
Come out and get a chance to win a free book!



February is Kindergarten Registration Month

We look forward to welcoming you and your child at our school in September! To attend Junior Kindergarten in September, children must turn four-years-old by December 31. To register for Senior Kindergarten, children must be five-years-old by December 31. You may choose to register in person at the school or begin the process online.

Families have the option of registering their child online at www.tdsb.on.ca/kindergarten or in-person at the school. With both options, families will be invited to come to the school to validate registration information and participate in a Welcome to Kindergarten event hosted by the school.



Applications for the new Canada Dental Benefit:

The federal government has created the [Canada Dental Benefit](#), which provides eligible parents or guardians with a direct tax-free payment of up to \$650 per year for two years to help cover dental expenses for children under 12. This is a temporary benefit, which will support an estimated 500,000 children, and is available to families without private dental insurance and with an adjusted family net income under \$90,000. The permanent program is being developed and is due in 2024. The first benefit period is for children under 12 years old as of December 1, 2022, who receive oral health care between October 1, 2022, and June 30, 2023.

The Canada Revenue Agency [began receiving applications](#) and processing payments for the benefit on December 1, 2022.

Children under 12 who are covered by provincial, territorial or federal (e.g. Non-Insured Health Benefits, Healthy Smiles Ontario) programs are eligible for the Canada Dental Benefit if they and their family meet all of the criteria to qualify for the benefit and as long as they have out-of-pocket expenses that have not been covered by their provincial, territorial or federal program. For more information on eligibility requirements, how to apply, and payment amounts for the new Canada Dental Benefit visit [Canada Dental Benefit](#).

Let's Connect About Mental Health & Well Being February 22, 2023

Please join us for our next virtual “Let’s Connect About Mental Health and Well Being” for staff, families, parents, guardians, caregivers, and students.

We will be centering “Parent Voices”: Creating Fun Opportunities to Connect and Enhance Positive Mental Health, Joy & Happiness”. The members from our Mental Health & Well-being Parent Partnership Committee will add their voices on the importance of exploring fun activities for positive mental health & wellness.

The Keynote speaker will be Dr. Amy Gajaria, Child & Adolescent Psychiatrist at (CAMH), Center for Addictions & Mental Health. Staff, families, parents, guardians, caregivers, and students are all invited to attend.

In addition, we will have five break out rooms of fun opportunities to choose from, to explore alternative activities for wellness, joy & happiness. If you have any questions, please reach out to Imani Hennie at Imani.hennie-hamadi@tdsb.on.ca and/or Annette Grossi Annette.grossi@tdsb.on.ca .

TDSB Special Education and Inclusion presents Parent/Guardian/Caregiver

When

Tue, February 28, 7pm – 8pm

Description

Learn about special education and inclusion

- Identification, Placement and Review Committee (IPRC) Reviews
- Transitions

Click here to join the webinar - <https://tdsb-ca.zoom.us/j/91218058327#success>

Road Safety

Parents are reminded to observe the speed limit and all posted traffic signs e.g., Bus Loading Zone, No U Turning, No Parking, etc. along Southlawn and surrounding streets. Remember to please slow down in school zones!

We have a Student Drop-off Zone by the west gate by the kindergarten play area. The parking lot is for staff use only. *For safety*, students are ***not allowed*** to enter the parking lot, nor are parents allowed to drop off their child(ren) in the parking lot.



Junior & Senior Kindergarten K1 & K2

We are learning a Powwow Dance.





Junior & Senior Kindergarten JK & SK1

The turtle represents healing, wisdom, spirituality, and health to many Indigenous Peoples.



Junior & Senior Kindergarten JK & SK2

The students are doing the provocations related to Indigenous education and phonological awareness



Valentine's Day Kindergarten K2 Love



Junior and Senior Kindergarten K1

Festival of Lights



Junior and Senior Kindergarten K1

Snow and Ice Sensory Table







Junior & Senior Kindergarten K1

Gingerbread cookies making,
baking and eating.



Junior & Senior Kindergarten K1

Lego Challenge inspired by the Night Before Christmas

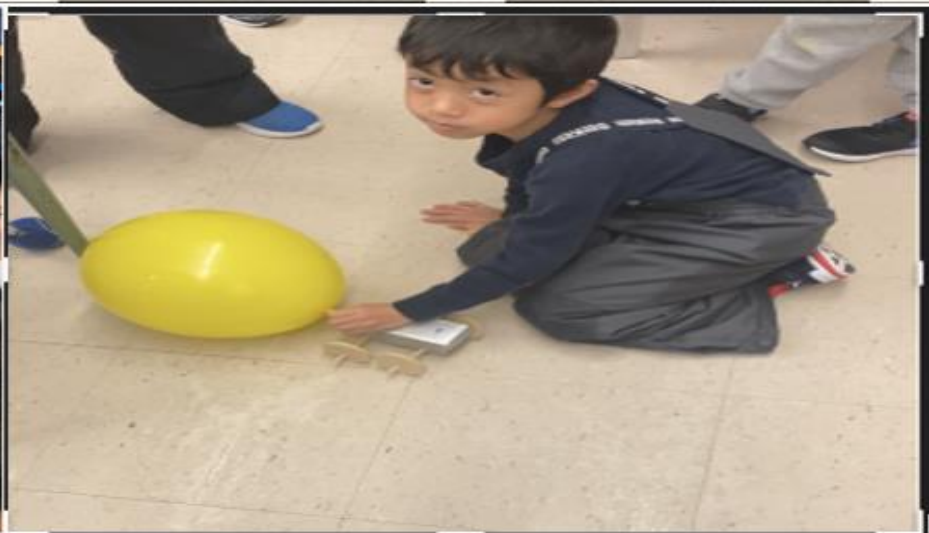


School Spirit Pajama Day K2



Grades 1 & 2

Grades 1 & 2 are engaged in science experiments. These are photos from their Energy/States of Matter Science Fair.



Our Beautiful Artwork of Winter Landscapes



Grades 1 & 2 Are Learning Orff



Gr. 2 & 3

Grades 2 & 3 use mapping directions online to move geometric shapes to certain



Grades 2 & 3 We Are Artists!




Gr. 2 & 3


Gr. 3 & 4

The Seven Grandfather teachings are the principles of character to live by.


The students in Grades 2 & 3 and 3 & 4 chose to talk about the teaching that is most meaningful to them.

Bravery 

Bravery – Bravery is represented by the Bear. The mother bear has the courage and strength to face her fears and challenges to protect her young. The bear also shows us how to live a life balanced between rest, survival and play. To face life with bravery is to know courage.



LOVE
A time I felt love in my life was when I have time to play with my sister.




HONESTY
I think honesty is when a parent asks you a question like, "did you break the vase?" tell the truth. If you did break the vase say you did it. If it was not you say it was not you. So when my parents ask me that kind of question I tell the truth.


The Seven Grandfather Teachings are the principles of character that each Anishnabe should live by.

Love is unconditional and must be given freely. When we give Love freely, it comes back to us – in this way it is mutual and reciprocal. Love is between all of Creation, humans and non-humans. Love is represented by the eagle, who can travel over great distances and carry it and the teachings to the four directions of Earth.


Wisdom – The beaver represents wisdom as he uses his natural gift wisely for his survival. The beaver also alters his environment in an environmentally-friendly and sustainable way for the benefit of his family. To cherish knowledge is to know wisdom. Use your inherent gifts wisely and know how to use them.




BRAVERY
I am brave because I am not scared of the dark and not scared of snakes. My brother was too scared of the dark so I went first downstairs and my brother was behind me. When we went downstairs I turned the light.




RESPECT
I am respectful because I let my classmates use my eraser. I show that I respect them by not hurting them and by being kind to them.




LOVE
I will always show love to people! I just treat and my family. I show love by saying "I meet someone, I ask them to be my friend and care for them and my family. And even if someone makes a mistake I will not start blaming them and start hating them. I will still be okay but I'll forgive them. I just love them for who they are."

Respect 


Respect – Respect is represented by the Buffalo. The buffalo gives every part of his being to sustain the human way of life, not because he is of less value, but because he respects the balance of life, and the needs of others. To honour all of creation is to have respect.

Love 

Love is unconditional and must be given freely. When we give Love freely, it comes back to us – in this way it is mutual and reciprocal. Love is between all of Creation, humans and non-humans. Love is represented by the eagle, who can travel over great distances and carry it and the teachings to the four directions of Earth.



LOVE
I am an eagle because I love my parents and when I see them I hug them.



BRAVERY
I chose the animal bear that represents bravery because most of the time when I want to do a presentation I ask Vicki if she wants to do it with me. Vicki mostly says yes and when we're finished I really really want to present the presentation, I'm shy but I get through it. I'm brave enough to present the presentation!!

Grade 3

Students in Grade 3 investigating Strong and Stable structures when making a Teepee using different materials.



Structures

Goal: I can design a **Strong** and **stable** structure (teepee)

Materials Needed: sticks
toothpicks
marshmallows
straws
clay/plasticine
rocks
cloth/fabric

Form: What shapes do you see?
△ ∇ \triangleright are stable and strong
 \uparrow Flat bottom \uparrow Flat Top

Function: what is the job or purpose
• to live in it and provide shelter



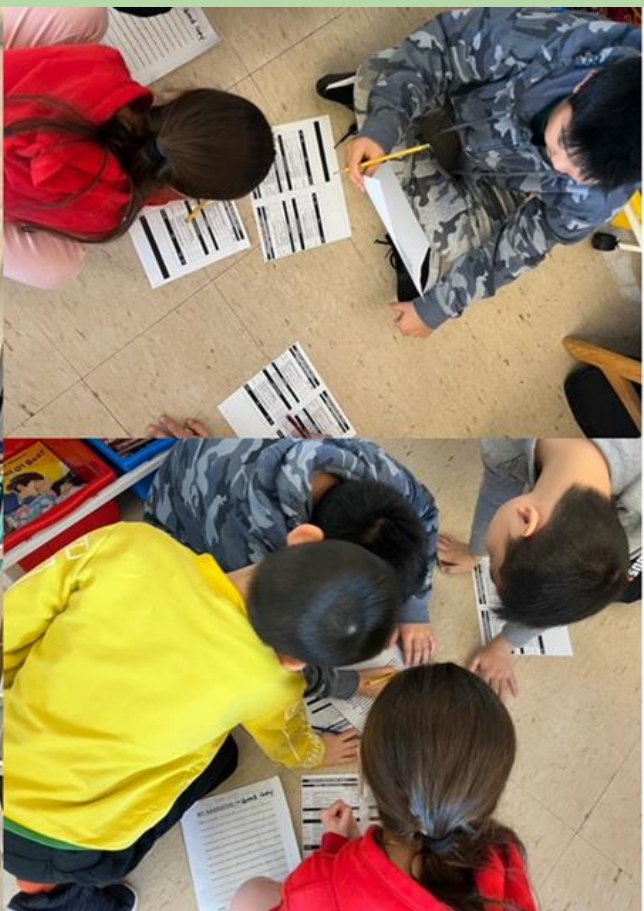
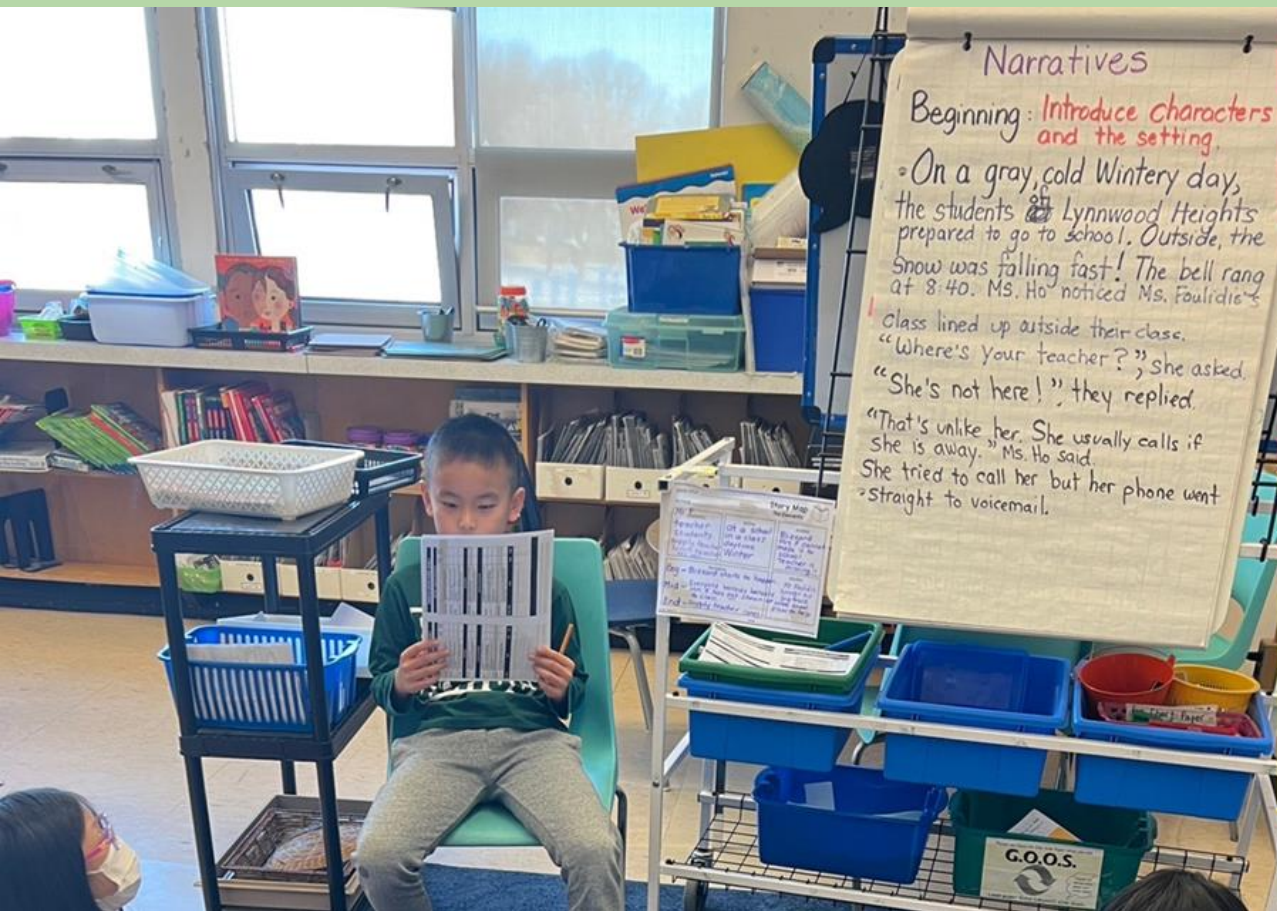
Grades 3 & 4

These are Winter Cabin Collages



Grade 3 & 4

Grades 3 & 4 students sharing their own stories for a Narrative Unit and exploring the Rough Draft - Revision - Good Copy - Publishing and Assessing their Classmate Authors.



Grades 3 & 4 Learning About Narratives

Narratives
Beginning: Introduce characters and the setting.
- On a gray, cold Wintery day, the students at Lynnwood Heights prepared to go to school. Outside, the snow was falling fast! The bell rang at 2:40. Ms. Ho noticed Ms. Fouldie's class lined up outside their class.
"Where's your teacher?" She asked.
"She's not here!", they replied.
"That's unlike her. She usually calls if she is away," she said.
She tried to call her but her phone went straight to voicemail.

Narratives
Middle: Introduce the Problem
At this time, snow was falling hard. The blistery Winter wind made it difficult to see outside. The students started to worry about Mrs. F.
"We need to do something," one student shouted. "She needs our help!!"
Ms. Ho said, "I will call Mr. F - He will know what to do."
She ran to the office to get the Emergency Contact Info.

Narratives
Ending: The problem is solved Conclusion to the story
"I will help. I can find her location using 'find My iPhone app.'"
Mr. F took his big truck with a snow plough to Highway 401. He found her car in a snowbank. Mrs. F was huddling inside.
"Thank goodness you found me!"
He pulled her car on the road and off she drove to Lynnwood Htz. Everyone was sooo glad to see Mrs. F. that they ran up and hugged her. The rest of the day they ALL did their work happily.



Gr. 3 & Gr. 4

Tobaggoning



Grade 4

Grade 4 students working in Science to make a lever and investigate loads with fulcrum observations for Machines and Mechanisms.



Reading Buddies Grades 3 & 4 and JK & SK



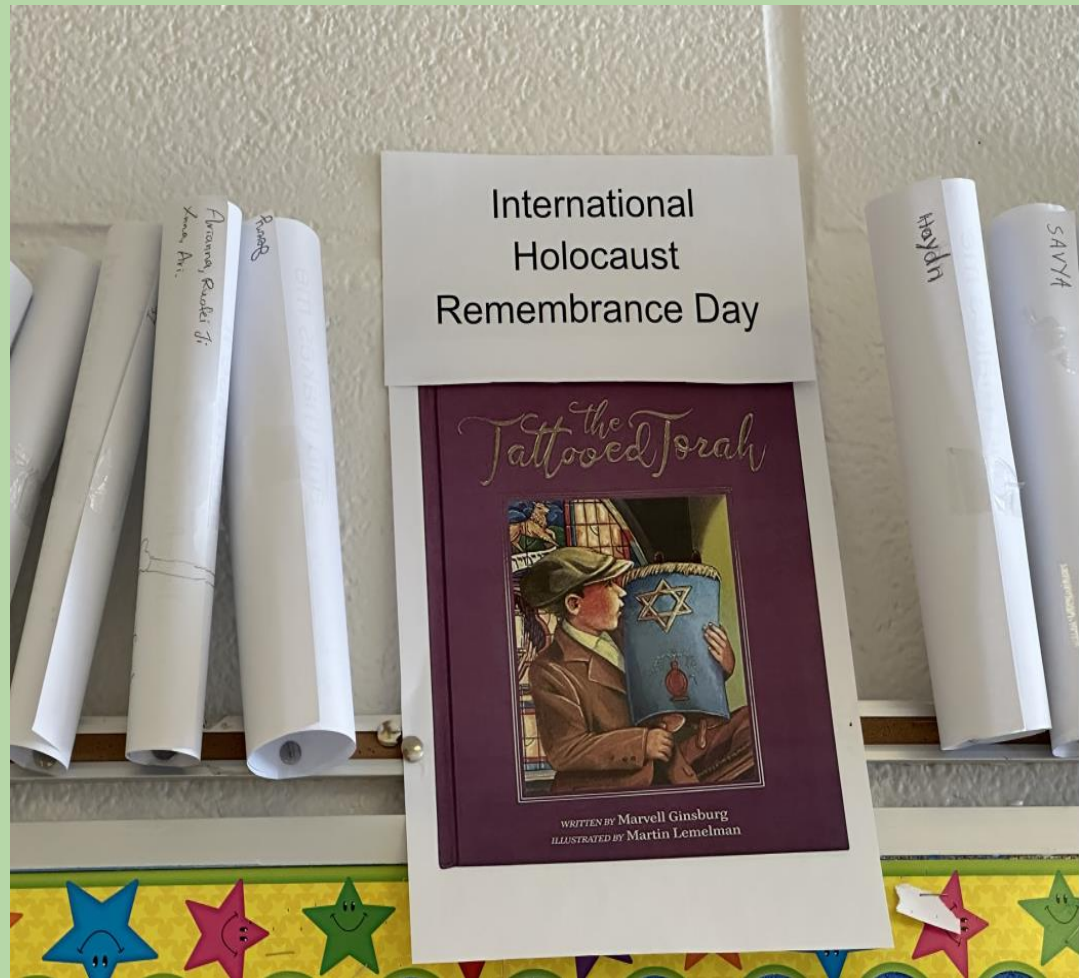
Grades 4 & 5

Financial Literacy in the 4 & 5 classroom



Grades 4 & 5

Grades 4 & 5 are learning about the victims of the Holocaust.



Grades 4 & 5

Throwback DPA



Gr. 4 & 5, Gr. 5 & 6

Students made beautiful renditions of Indigenous artist, Norval Morisseau's, Thunderbird.

The Thunderbird has the strength to continue living.



Norval's Morriseau Thunderbird

The Thunderbird art was created by an indigenous artist, Norval Morriseau. His art of the thunderbird was known for its unique art style called the X-ray style. He also uses many various bright colors, patterns and thick black outlines in his work. The bird is called a thunderbird because it has the strength to continue living. His artwork tells stories of his people. This specific artwork is almost like a self portrait because his indigenous name has the word "Thunderbird" in it.



Gr. 5 & 6 Students

They are learning about bias and barriers caused a result of discrimination and/or racism.

What is it about?
This is about women getting hate speech about their looks and their country this is hate speech of people talking that they shouldn't play sports or video games and they can't dress up as a boy the hate speech says they can only wear dresses but the hate speech doesn't know how those women feel they don't care but they should care.

Who is telling the story?
The story comes from The companies that respect women in their companies
People in their companies respect women and agree with them that it is unfair. Their companies think that who says that they don't respect them and people around them. UN Women is a company that fights for rights for women.

What does the company want me to know?
I think the companies want us to know how women in their companies are treated and how much they suffer so they want you to try and respect them and not just think about yourself, think about others too. There are a lot of people in this world that are treated unfairly and are treated in other ways that they shouldn't.

What surprised me?
What surprised me the most was that I just realized that they can actually suffer a lot and be sad and angry for days or actually even months. Girls can suffer a lot.

What challenged my thinking?
What challenged my thinking is that women also have a lot against men but they think that everything that men do is perfect.

What did I notice?
What I notice is that hate speech actually wants to show women that they don't have rights to fight or to do anything that a man can do and that they want to show women that they can't be strong. They have to stay home and do what a woman should.

What did I learn about me, others, the world?
What I learned about myself is that I should never give about someone's hate speech cause not everyone is perfect and I learned about others that they think they can say whatever they want without thinking that person is hurt. That is what I learn about others and the world.

How will this help me be a better person?
By them giving hate speech about their looks and their country and telling them that they should never give up because if someone saying some bad stuff about them. You should comfort them and make them happy when they're sad.

-Cecelia

WE HAVE TO MAKE OUR SHOULDERS STRONG ENOUGH FOR SOMEBODY ELSE TO STAND ON!

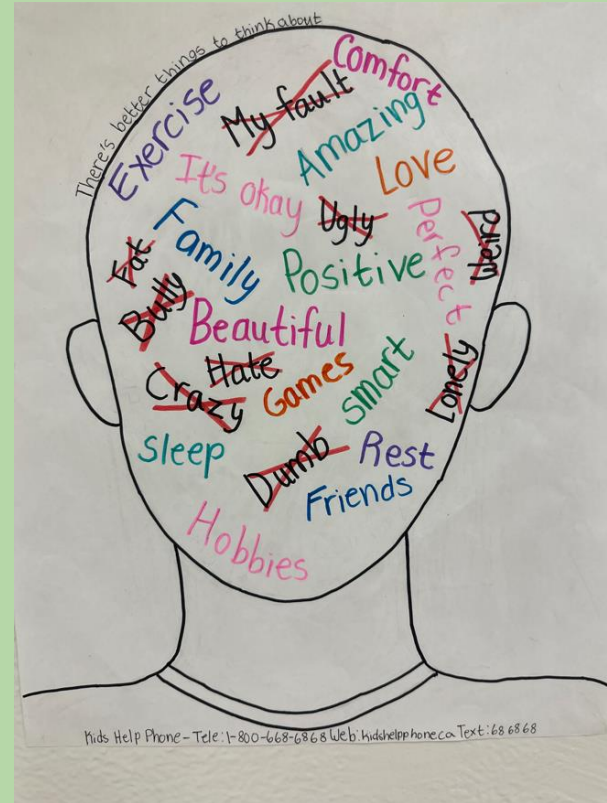
What is it about?
This ad is about Women's empowerment and their rights. It is also about how everyone's personalities are powerful and strong because the text isn't actually about making your own shoulders strong by working out. The woman in the picture above is Dana Guillis, an actor, activist, and writer. She appeared in Black Panther, Wakanda Forever, Black Panther, Avengers: Endgame, Avengers: Infinity War, The Walking Dead, and more. Reebok, a sporting equipment company, represented this ad about women's empowerment. I noticed that under the text beside David Duria, it says "#BEMOREHUMAN" which I think it means to be braver and stand up for things you think are wrong.

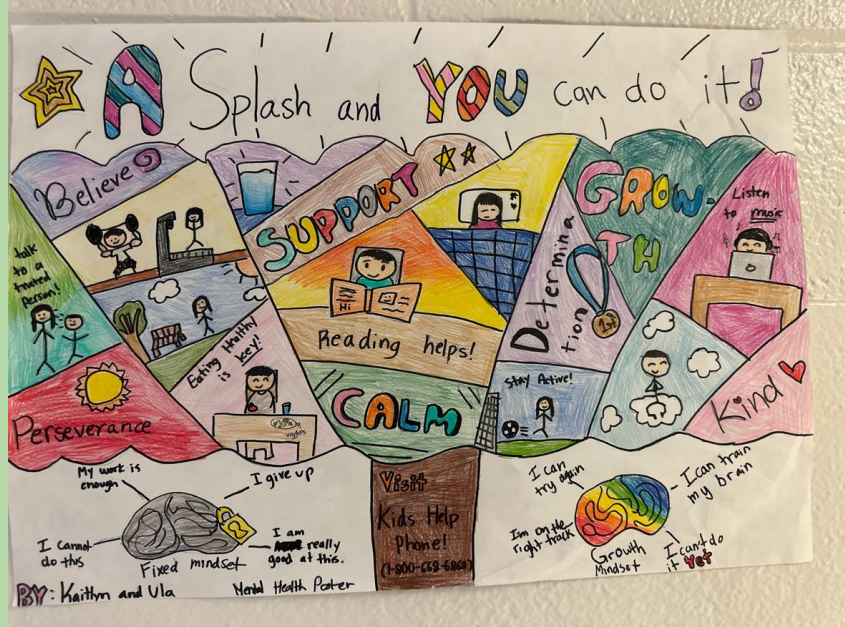
What challenged my thinking?
The words in the picture above don't specifically say it's about Women's empowerment and their rights therefore you would have to think deeply to understand what it is truly about. Also, there are lots of sexism such as Women's rights (in some countries), homophobia, and more still happening today. To make sexism stop you have to stand up for it. You can't just complain about it, you need to explain why it's terrible to others and then it will spread.

~ Coolio

Gr. 5 & 6

Grades 5 & 6 are learning about the importance of mental health.





MENTAL HEALTH

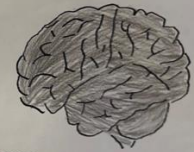
Need help?
 Text: 686868
 Call: 1-800-688-6868
 Or go on kidshelpline.ca
 By: Coolio

Be your-SELF!

Get ENOUGH sleep!

Ages	Hours
6-12	7-12
Teen	8-10
18-25	7-9
Adult	7-9

Keep on going!



Fixed mindset:
 • I can't do this
 • I made a mistake, I'm giving up

Exercise!

Take more risks!
 ← Black slope



Growth mindset:
 • I can do this!
 • Mistakes help me learn
 • I can try something different

**DON'T WALK AWAY
FROM NEGATIVE PEOPLE**

-Mark Twain

Sharon and Sandy

unhappy Nothing
Loser Guilty
Lonely Helpless
Insecure confused

LOST

Great
Brave Special calm
Good Successful worthy Popular
Perfect Independent honored trusting Super
Wonderful light Smile Amazing
Generous Honest Surprising Beloved
Skillful Epic funny luck Durable
Smile Successful Empowering
happy genius Enjoyable

Text: 686868
Kidshelpline.ca
Phone: 1-800-668-6868

A Splash and **YOU** can do it!

Believe - Look to a friend! - Eating healthy is key!

SUPPORT - Reading helps!

GROWTH - Determine - Listen to music

CALM - Stay Active!

Perseverance - My work is enough - I give up

Kind - I can't do this - I am ~~not~~ really good at this

Fixed mindset - I can try again - I can train my brain

Growth Mindset - I'm on the right track - I can't do it ~~yet~~

Voicemail - Kids Help Phone! (1-800-688-6868)

BY: Karithyn and Ula
Mental Health Poster

Outdoor learning for Math for Grades 5 & 6!



DD1 Class

Gym Time



DD1 Class

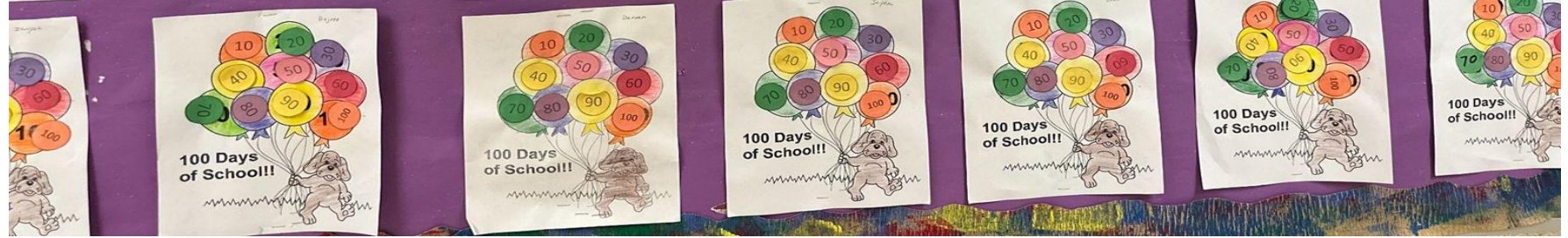
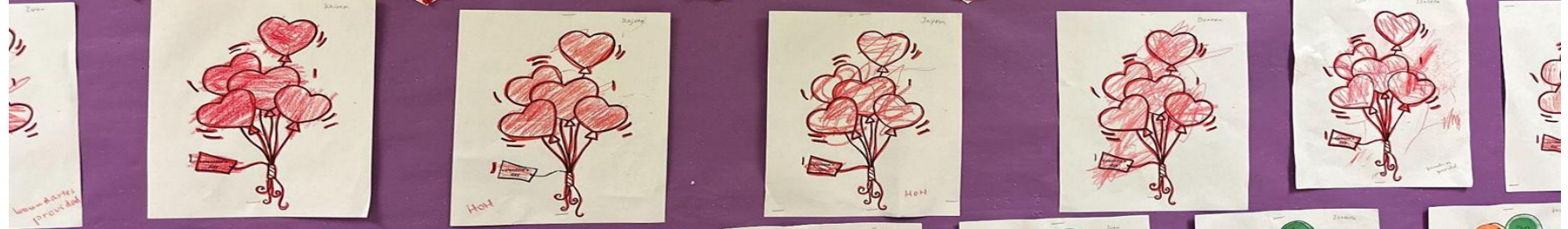
Winter Fun



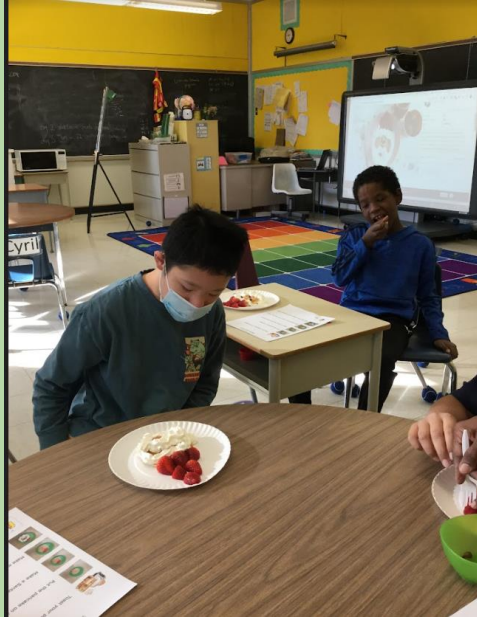
Ms. Ci's Class

Happy Valentine's Day

100 DAYS OF SCHOOL!



DD2 Class



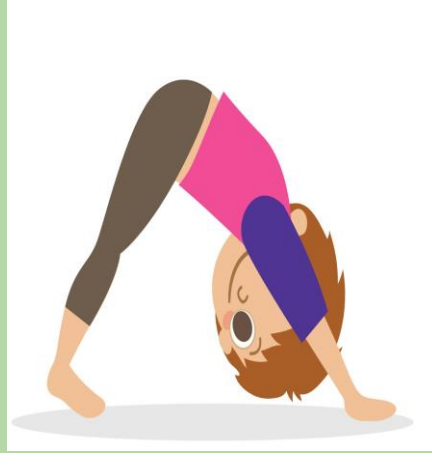
DD2 Class is Learning Yoga



Butterfly Pose



Dog Pose



Cow Pose

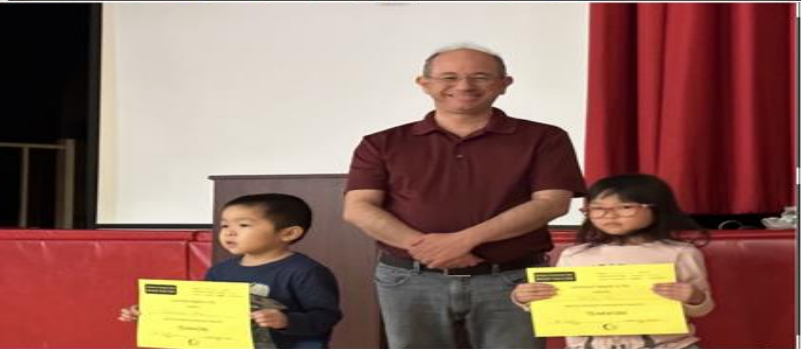


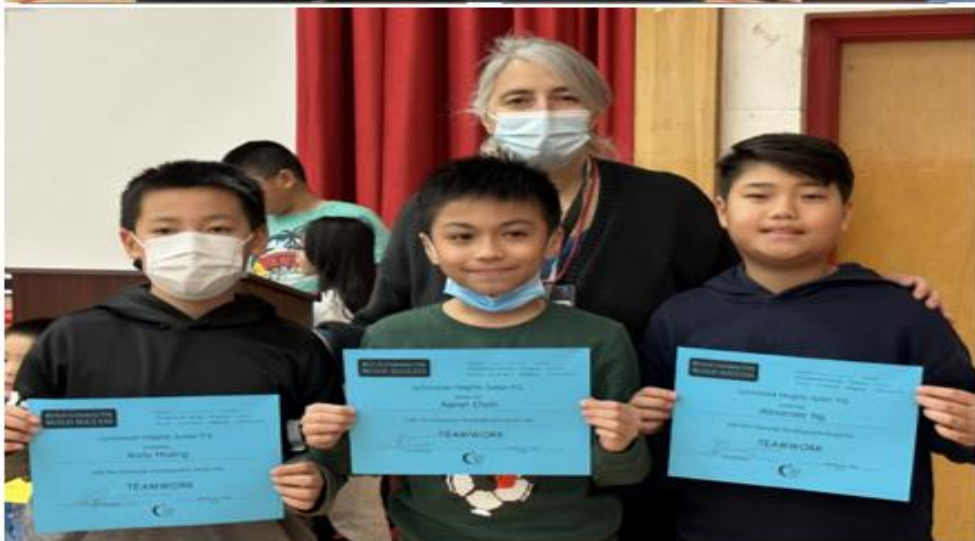
K-Grade 3

The K-3 students enjoyed the Tamil author presentation organized by Ms. Feldman.



The Character Trait of Teamwork, the 7 Grandfather Teachings and Tamil Heritage







Upcoming Assembly

For February:

SEVEN GRANDFATHER TEACHINGS: Debwewin – Truth

TRAIT: February - Fairness

Assembly is February 27th at 10:45 to 11:15 All are welcome to