



# Lynnwood Heights Jr PS



January 2024







lynnwood  
superheroes



# bell schedule

8:25 - 8:40	Before School Supervision
<b>8:40</b>	<b>School Entry</b>
10:05 - 10:20	Morning Recess
<b>11:30 - 12:35</b>	<b>Lunch</b>
2:00 - 2:15	Afternoon Recess
<b>3:25</b>	<b>Dismissal</b>
<b>3:25 - 3:40</b>	After School Supervision



**Please call Safe Arrival at 1-833-250-2290 if your child/children are absent or late to school.**

# principal's message

Dear Families,

February has been such an exciting month. We had our Book Fair, which was a huge success and culminated in Family Literacy Day. Some of our students went to Forest Valley and had a wonderful time. We honoured the Lunar New Year and Chinese Heritage Month and had an amazing performance by Ruby Dance Association. We celebrated African Heritage Month with Storyteller Yolanda T. Marshall. We had fun on 100s day with planned activities. Firefighters visited the school with their fire truck, as we continued to learn about fire safety. EarlyON made several visits to join the kindergarten class as students' transition from EarlyON to kindergarten. We celebrated Valentine's Day and Pink Shirt Day and emphasized treating everyone with kindness.

We look forward to a great month in March. Wishing everyone an enjoyable March Break.

Best regards,

Joy Reiter







- **Registration for English Kindergarten programs begins at TDSB schools in February. For September 2024, children who will be four by December 31, 2024, can start Junior Kindergarten. Families may choose to register using the online registration system or by booking a face-to-face meeting directly with the school. More information and a link to the online registration form (beginning on February 1, 2024) is available at [www.tdsb.on.ca/kindergarten](http://www.tdsb.on.ca/kindergarten).**

**[Kindergarten Registration: Parent/Caregiver FAQ](#)**



## TRAVELING FOR MARCH BREAK? STAY UP-TO-DATE WITH YOUR MEASLES VACCINES BEFORE YOU GO



2 doses of the MMR vaccine is recommended for anyone born in 1970 or later.



Children get their 1<sup>st</sup> dose after they turn 1 & 2<sup>nd</sup> dose at 4-6 years old.



Infants 6-11 months of age can be vaccinated early if travelling to certain areas.



Adults born before 1970 who are unsure if they had measles or were vaccinated can get an MMR dose.

 Toronto Public Health

[toronto.ca/health](http://toronto.ca/health)

### Travelling abroad for March Break? Measles is just a plane ride away.

Last week, TPH [announced an investigation of a confirmed case of measles](#) linked to travel. This virus continues to spread in many parts of the world. If you are planning to leave the country over March Break, get the best protection for you and your loved ones by staying up-to-date with your routine vaccines, including the measles vaccine.

These vaccines are available from your primary health care provider or at a TPH community clinic for school-aged children, by appointment. Visit [TPHbookings.ca](http://TPHbookings.ca) for more information.

If you are unsure of your child's vaccination status, check their yellow card (Ontario Immunization Record), [TPH's Immunization Connect Ontario \(ICON\)](#) or by speaking with their primary health care provider.

To learn more, visit [toronto.ca/immunization](http://toronto.ca/immunization) or contact TPH at [publichealth@toronto.ca](mailto:publichealth@toronto.ca), or 416-338-7600 (TTY: 416-392-0658), Monday to Friday from 8:30 a.m. to 4:30 p.m.



**February 20th is UN World Day of Social Justice!**  
Since 2009, every 20 February has been the UN observance known as “World Day of Social Justice.” The purpose of the day is to focus on the plight of social injustice throughout the world and to press for improvements and solutions.



**Please click on the link below to find out more and access resources**

**<http://www.un.org/en/events/socialjusticeday/>**



## Excellence Awards!

Every year, the [TDSB Excellence Awards](#) help shine a light on the stories of extraordinary staff commitment, and we are delighted to announce that nominations for the Excellence Awards 2024 will open on February 27, 2024. The Excellence Awards align with our shared system priorities and help highlight TDSB staff's efforts to foster joy, engagement and belonging in our schools, workplaces and communities as a foundation for academic achievement, student success, and service excellence.

We want to know about the TDSB staff you know who are inspiring students, innovating the curriculum, championing digital transformation, creating inclusive schools and workplaces, and working behind the scenes to support operational excellence.

We welcome nominations from anyone – staff, students, parents/caregivers or community members – please submit through the [Excellence Awards website](#) during the nomination period between February 27 and April 5, 2024.



# Inclusive Education Month



When students with disabilities are supported and learn in regular classrooms and participate in the everyday life of their schools, they become adults who are an integral part of their communities.

Just as importantly, non-disabled students who learn side-by-side with students who have disabilities are more likely to become adults who are comfortable with and welcoming of physical and intellectual diversity.

February is National Inclusive Education Month, which promotes and raises awareness about inclusive education. Please access the following links, below, for more information, learning, and resources.

- [Community Living Ontario Resources](#)
- [The Evolution Toward Inclusive Education In Canada – John Freer.](#)

## [Do Children Have Rights? The Harmful Effect Of Partial School Attendance And Seclusion Rooms Webinar](#)

- [Guide to Special Education and Inclusion for Parents/Caregivers/ Guardians \(including translations\)](#)





- **Indigenous Community Resource Guidebook**

**The UIEC has developed a [comprehensive resource guidebook](#) to help Indigenous students and their families learn about and connect with community resources in the Greater Toronto Area and online. Within this resource guidebook, students and families will find a variety of resources related to food security, housing and shelters, health and wellbeing, mental health, culture, financial aid and employment training, accessibility,**





## Indigenous Cooking And Storytelling

Join us Virtually as we learn how to cook Indigenous **WILD RICE STUFFED SQUASH** together at home with our families. This **FREE Virtual** workshop will show us a step-by-step method for making this traditional meal together. **INDIGENOUS COOKING & STORYTELLING COME OUT & MAKE DINNER TOGETHER WITH COOKSMART**

Registration Form:

<https://forms.gle/YSbTch5HGbzBD1u88>





# Helping your child manage digitally

- ❑ Parent information: Screen time and digital media:  
<https://www.caringforkids.cps.ca/handouts/behavior-and-development/screen-time-and-digital-media>
- ❑ Game Quitters: resources and programs for parents and gamers:  
<https://gamequitters.com>
- ❑ Today's Parent: 9 Signs of Screen Addiction in Kids:  
<https://www.todayparent.com/family/family-health/screen-addiction-in-kids>
- ❑ Abi-Jaoude et. al, 2020, Smartphones, social media use and youth mental health: <https://www.cmaj.ca/content/192/6/E136>
- ❑ Some parents have found the use of digital control tools, such as blocking access to certain websites, helpful. It is encouraged that any use of these tools be done in collaboration with your child.  
<https://www.common sense media.org/blog/parents-ultimate-guide-to-parental-controls>



- **Budget: Public Engagement Opportunities**

- **Public Delegations**

**TDSB welcomes members of the public to bring forward issues and concerns they have through a delegation, which is addressing a committee of the Board of Trustees (by speaking or submitting a written statement).**

**Register to address the Finance, Budget, and Enrolment Committee on March 26, 2024. [Learn more and register here.](#)**

***\*Please note: the deadline for delegations to be considered is 12 p.m. on Monday, March 25***





# Everyday Interactions

TED Talk Recommendation:

## How Everyday Interactions Shape Your Future

A few words can change the course of a life; they have the power to shrink, expand or transform someone's identity -- even your own. Social psychologist Mesmin Destin explores how everyday interactions and experiences play a powerful part in who we become, sharing the key moments and messages that can inspire us to grow into our best selves.

[https://embed.ted.com/talks/mesmin\\_destin\\_how\\_everyday\\_interactions\\_shape\\_your\\_future](https://embed.ted.com/talks/mesmin_destin_how_everyday_interactions_shape_your_future)







## TDSB Earth Hour - SAVE THE DATE

**Switch off and Give an Hour for Earth on Friday, March 22nd**

**2:00-3:00pm**

The World Wildlife Federation [hopes this year will be the biggest ever!](#) Plan ahead with your students to participate at school and at home. We will be including more details in the March Newsletter, but get a [sneak preview](#) of other activities you can do!



Inviting all **tdsb** K-Gr.8  
parents and caregivers to

## **BUILDING MATHEMATICAL MINDS (PART 2)**

Supporting Your Child in Acquiring  
Math Skills For Success

**Wednesday, March 6  
6:30-8:00pm (on Zoom)**

### **Session Overview:**

Join us for Part 2 of Building Mathematical Minds as we delve deeper into math strategies to support your child's learning at home. We will also have an opportunity to engage in an interactive Q&A session with the presenters. Let's continue to work together to enhance your child's math journey.

### **Presenters:**

Jason To (Co-ordinator, Secondary Mathematics and Academic Pathways), Onika Brown (Principal), Simon Mgaya (Principal), Jamile Lewis (Math Learning Partner), Gail Bedeau, Uloma Onyido, Mubarak Baker (School Improvement Process Coaches), Lisa O'Dell (Former K-12 Coach)



## **3 Ways to Register**

**1. CLICK HERE TO REGISTER**


**2. VISIT [bit.ly/part2mathminds2024](https://bit.ly/part2mathminds2024)**


**3. Scan QR Code**



### **For more information:**

Contact Donna Cardoza  
*TDSB LC3 Community Support Worker*

 647-403-5821

 [donna.cardoza@tdsb.on.ca](mailto:donna.cardoza@tdsb.on.ca)



tdsbHUB.ca



## **ADULT ESL**

**Adult ESL** Gaining proficiency in English is a critical skill for many newcomers to our city. Every year, nearly 20,000 adults benefit from the TDSB's English as a Second Language classes. Through general language training, and a host of specialized courses, we serve learners at all levels - from those with little or no formal education to those with postsecondary degrees. Currently, all Adult ESL classes are on-line. Visit [ESL Toronto's Website](#) for more information. @TDSB\_ConEd





# important dates



## SCHOOL COUNCIL

Mar. 7 Indigenous Cooking Class with Cooksmart celebrating Indigenous culture

**April 17,**  
(virtual)

Movie Night May 3

May 9 Gardening

**June 5**  
(in-person, X-Movement)



## PIZZA DAY

**June 5, 2024**  
(gym)

### Other Important Dates

March 6 Vision Screening all grades will be screened unless parents indicate child has been screened previously

Mar. 11-15 Mid-Winter Break

April 2 & 3 dental screening – all grades will be screened

April 9<sup>th</sup> to 12<sup>th</sup> grade 5 and 6 students to SOES



## SCHOOL CALENDAR

To access the **School Year Calendar**, please click on the icon below for more information.







## Celebrating African Heritage (Black History) Month

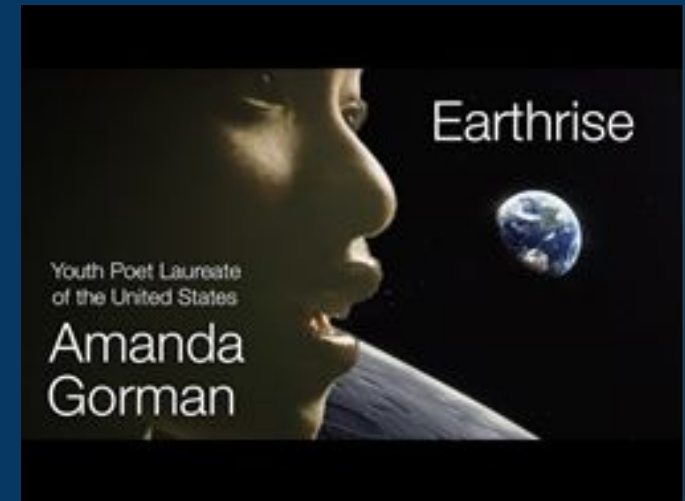
Struggle is a never-ending process. Freedom is never really won. You earn it and win it in every generation.

Mrs. Coretta Scott King

Artist, Activist, Educator, Woman of Faith

## Celebrating African Heritage (Black History) Month

**Amanda Gorman, the first Youth Poet Laureate of the United States is also a compelling climate activist who wrote the poem Earthrise. Gorman explores the theme of climate justice and uses the power of her words to remind us why we should come together to protect one another – and this pale blue dot we call home.**







Storyteller Yolanda T. Marshall told us stories, shared traditional foods and dances to celebrate African Heritage Month.













TDSB is proud to recognize Chinese Heritage Month in February each year. This year we celebrate the *Year of the Dragon: Majesty, Brilliance, Confidence, Leadership*.

Lunar New Year, also known as the Spring Festival, is one of the most important celebrations for Chinese communities around the world. Lunar New Year is celebrated annually, and its dates are based on the lunar calendar. For 2024, it started Saturday, February 10 and ended Saturday, February 24. The festivities include family gatherings, decorations, and, of course, a feast!





# Celebrating Chinese Heritage





Ruby Arts Dance Association







HAPPY LUNAR NEW YEAR 2024









HAPPY CHINESE NEW YEAR











































# Visit from firefighters with their fire truck





# Fire Safety

Here are some flyers and resources from the Toronto Fire Services to help you and your family stay safe.

[Fire Prevention – Inspection & Enforcement - City of Toronto](#)

[Smoking and Home Fire Safety](#)

[Alarmed for Life](#)



# AFTER A FIRE

## Resources to Assist Recovery



Toronto Fire Services Tel: 416-338-9050 www.toronto.ca/fire



Toronto Fire Services invites You to Team Up With Us To Make Sure You and Your Family Stay Safe.

**PREVENTION**  
Check your home for hazards and eliminate them. Most home fires are still caused by careless cooking, smoking and candle use.

**DETECTION**  
Working smoke alarms are so important, it's the law to have them on every storey of your home and outside sleeping areas.

**ESCAPE**  
Plan your escape with two ways out of every room, practise your plan and pick a meeting place in front of your home.

There is so much more you need to know to make sure your family stays safe. Please contact your local Fire Station, Fire Prevention!

Public Education office, call Access Toronto at 416-338-0338 or visit www.toronto.ca/fire

## R.A.C.E. for Fire Safety

Procedure will vary among facilities and establishments. Consult your safety department for further details.

### R=RESCUE

Remove anyone in immediate danger from the fire, if it does not endanger your life

### A=ALARM

Activate the nearest pull station. Call 911 or your local emergency number and give the location of the fire and fire type.

### C=CONTAIN

Confine/contain the fire by closing all doors and windows.

### E=EXTINGUISH

If the fire is small enough, extinguish fire with a fire extinguisher using the P.A.S.S. method.  
Pull pin  
Aim extinguisher

**INFORMATION SHEET  
IN CASE OF EMERGENCY  
CALL 911**

**CONTACT INFORMATION**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
 Address \_\_\_\_\_ Apartment Number \_\_\_\_\_  
 City \_\_\_\_\_ Postal Code \_\_\_\_\_  
 Main Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_  
 Health Card \_\_\_\_\_ Birth Date \_\_\_\_\_  
 Primary Care Provider \_\_\_\_\_ Gender  M  F  
 Advanced Care Directive  To file with \_\_\_\_\_

Emergency Contact 1 \_\_\_\_\_ Alt. Phone \_\_\_\_\_  
 Emergency Contact 2 \_\_\_\_\_ Alt. Phone \_\_\_\_\_  
 Primary Care Provider \_\_\_\_\_  
 Floor \_\_\_\_\_

**RELEVANT MEDICAL HISTORY**

Cardiac (angina, heart attack, bypass, stent)  Stable (chronic) heart health  Cancer  
 Stroke/TIA  COPD (emphysema, asthma)  Allergies  
 Hypertension (high blood pressure)  Severe allergies  Diabetes  
 Congestive heart failure  Reflux  Psoriasis  
 Other: \_\_\_\_\_

www.toronto.ca/emergency-services



## Alarmed for Life

### Home Fire Safety Check

**Your "REMINDER" List**

- ✓ Test your smoke and carbon monoxide alarms at least once a month.
- ✓ Change smoke and carbon monoxide alarm batteries annually and whenever the low-battery warning sounds.
- ✓ Replace smoke alarms that are more than ten years old.
- ✓ Replace carbon monoxide alarms that are more than seven years old.
- ✓ You may have less than one minute to escape a fire in your home – practise your home fire escape plan at least two times every year.
- ✓ Keep all exits in the home clear and easy to use.

- ✓ Keep matches and lighters out of the sight and reach of children.
- ✓ If parents suspect their child is involved in inappropriate fire use, they can call Toronto Fire Services for information and assistance.
- ✓ Always stay in the kitchen when you are cooking.
- ✓ Keep children at least one metre from the stove.
- ✓ If you are sleepy or have consumed alcohol, don't use the stove.
- ✓ Always blow out candles before leaving the room.
- ✓ If anyone in the home smokes, smoke outside.



# Family Literacy Day











# Kindergarten



**PLEASE NOTE:**

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# EarlyON enjoys Kindergarten











**Mrs. Yuen does amazing work with our Early On program.**

# Families experience Lynnwood's wonderful kindergarten program

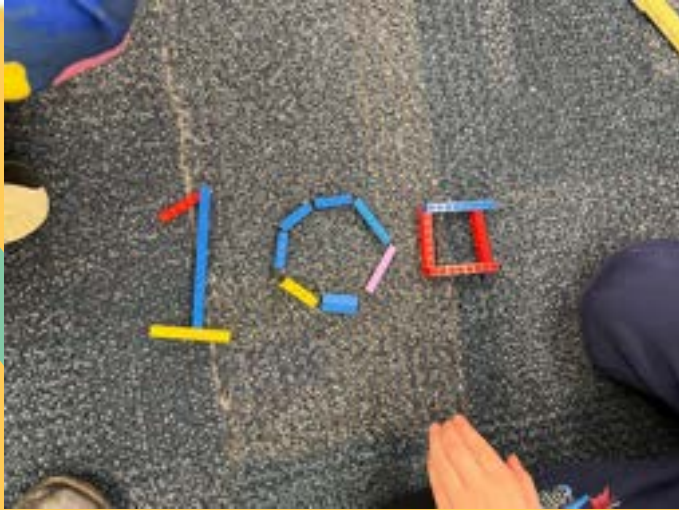




# Learning about Indigenous perspectives through books



# 100s Day Activities





**JK/SK and Grade 1s went  
on a trip to Forest Valley**









# Grade 1



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**We created the number  
100 using materials  
on 100th Day**











# Class trip to Forest Valley











# Grade 1/2



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Grades one and two  
celebrated 100s day.

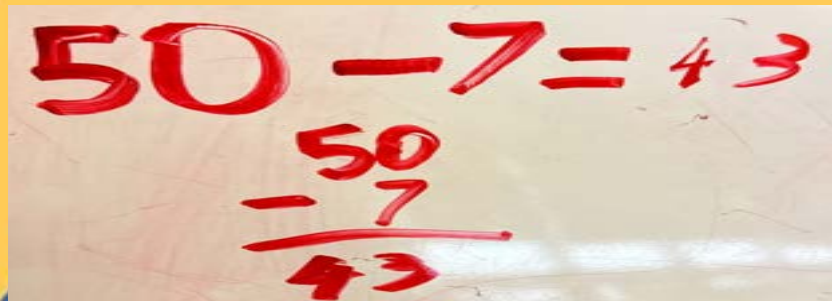
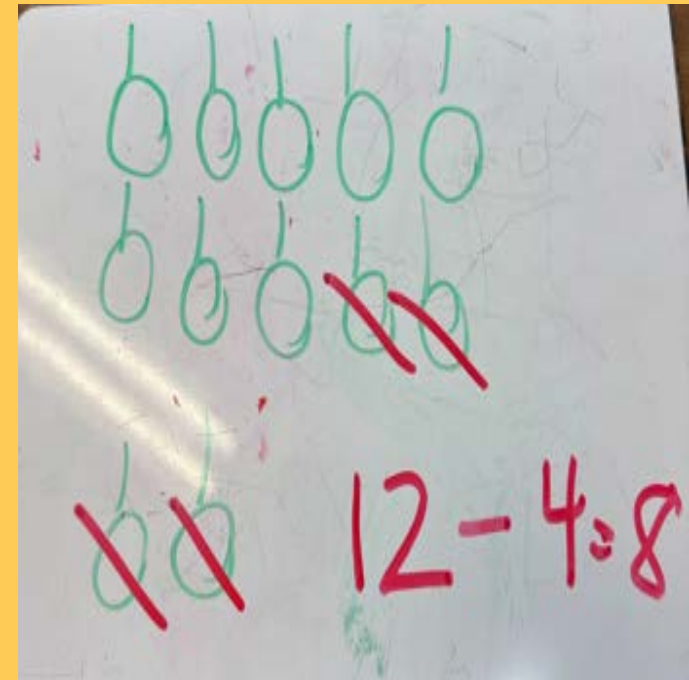
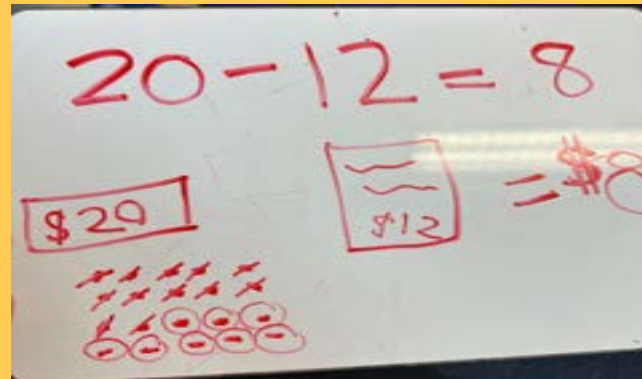
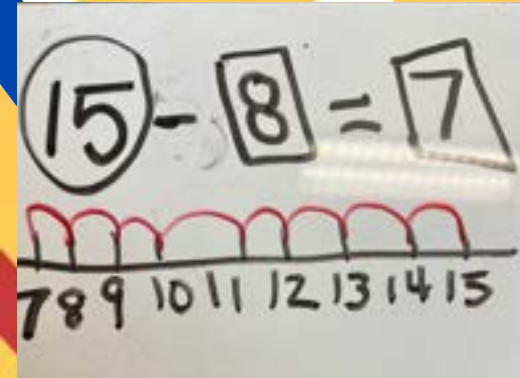








# Learning Together in Math and Literacy

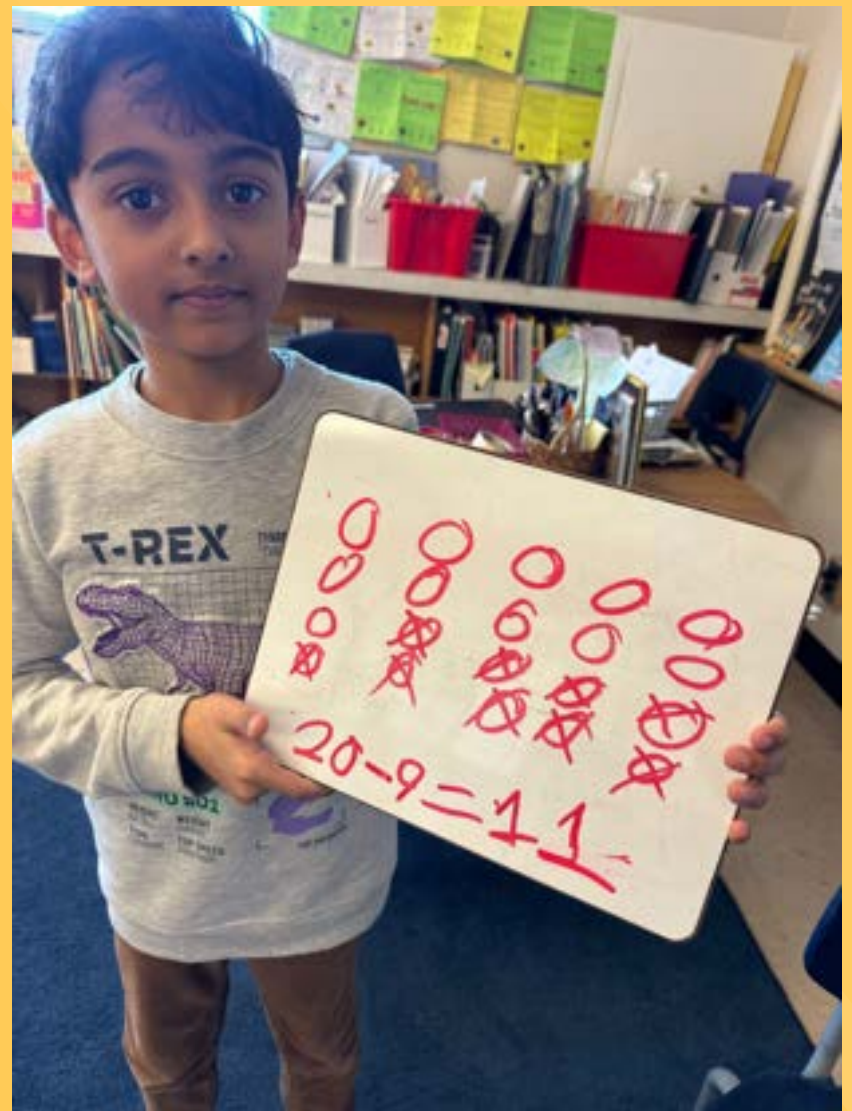


$$31 - 29 = 2$$

because

$$29 + 2 = 31$$

We are learning how to show our mathematical thinking skills.





Grades 1 and 2 are engaged in reading









# Grade 2/3



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# What does Equity mean to You?

HUMILITY (Andersson)

grateful (Tara)

Equity & Equality (Anelia)

be kind (Machi)

kindness (LE Ti) (Riaan)  
Don't treat people by there colour

(Rachel)  
Equity is being kind to class-mate's and people

(share ~~equity~~)  
(evry thing)  
(Blithe)



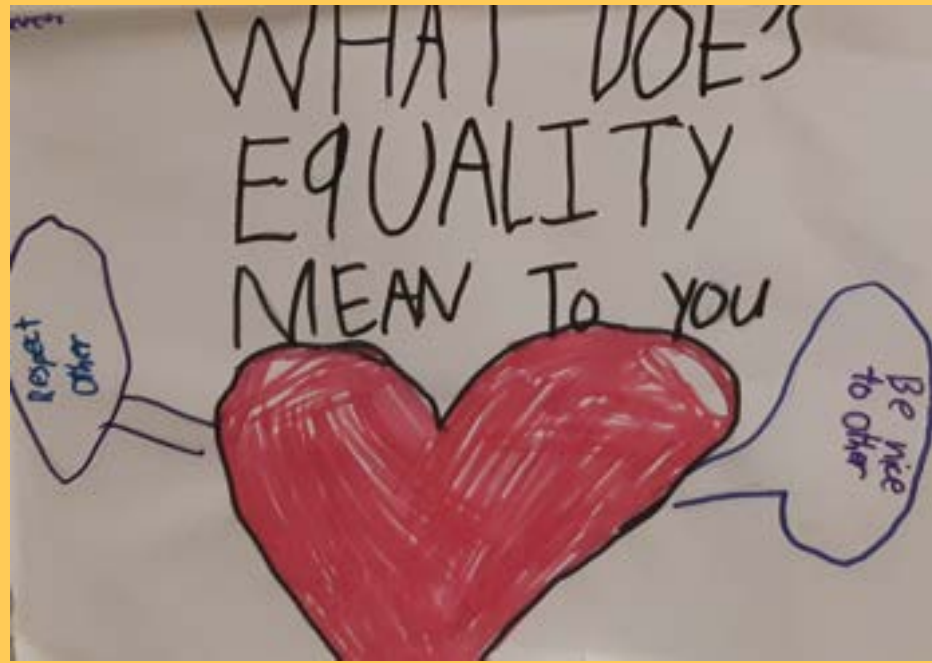
Honesty & Equity (Christy)  
magnus  
treating people fair.  
Playing together (Emily)

The cutpill & skin colour  
Auguston lin

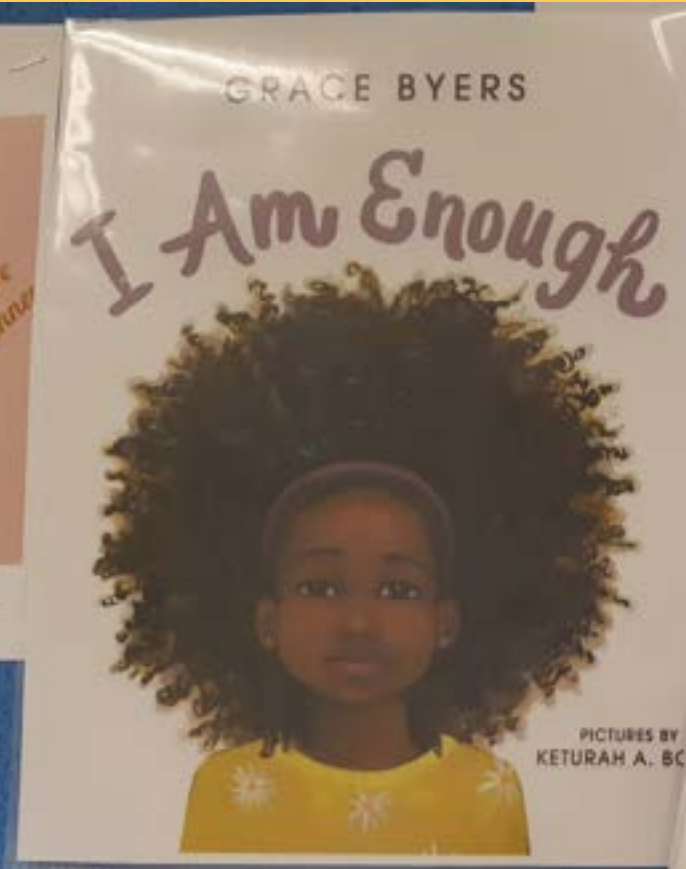


# What Equity means.....

Do not be racism. Treat people  
Do not judge people.  
Treat people with respect.



# Be You I Am Enough



Name: Christy  
Book Title: I Am Enough

### Reading Questions


What was the story about?  
A girl that's trying to be anything.

When did the story happen?  
Anytime.

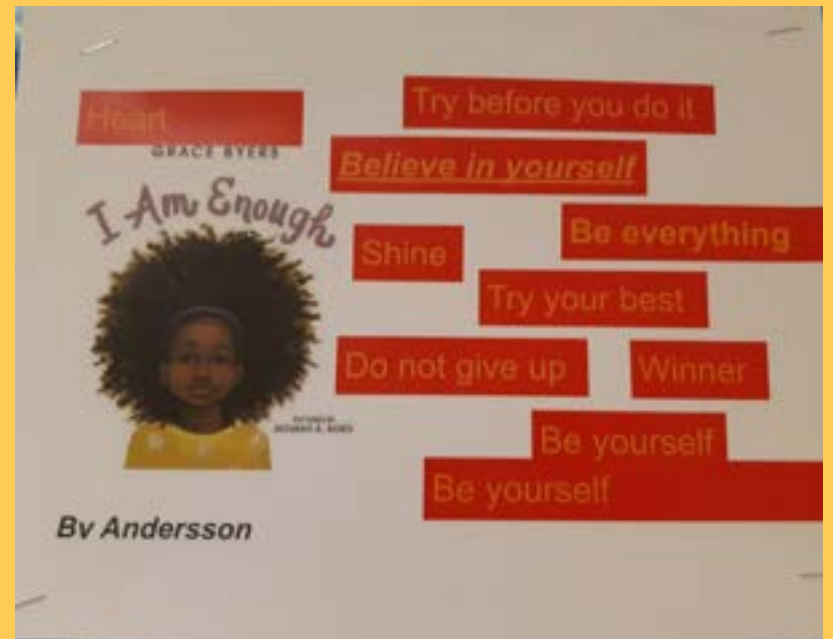
Who was in the story?  
A little girl.

Where did the story happen?  
Everywhere.

What was the problem in the story?  
There is no problem.







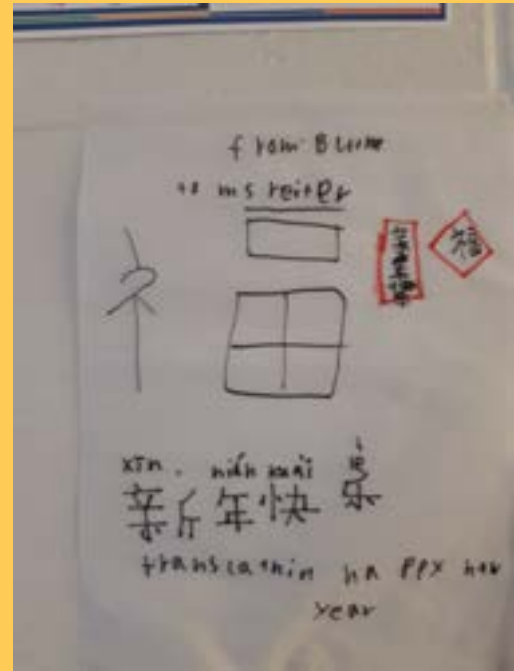
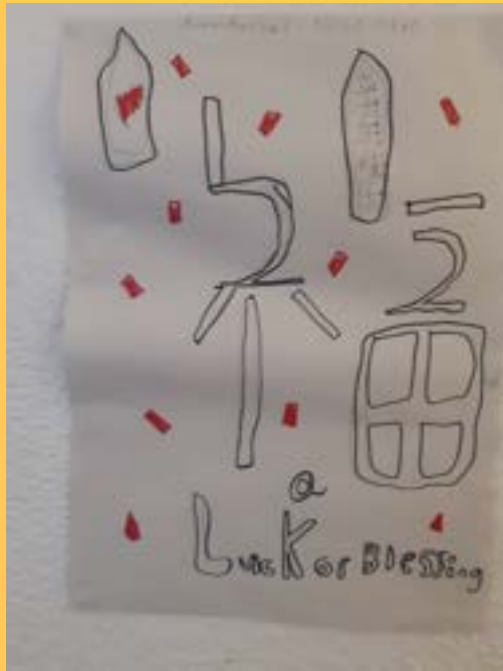
# Falling in love with Reading





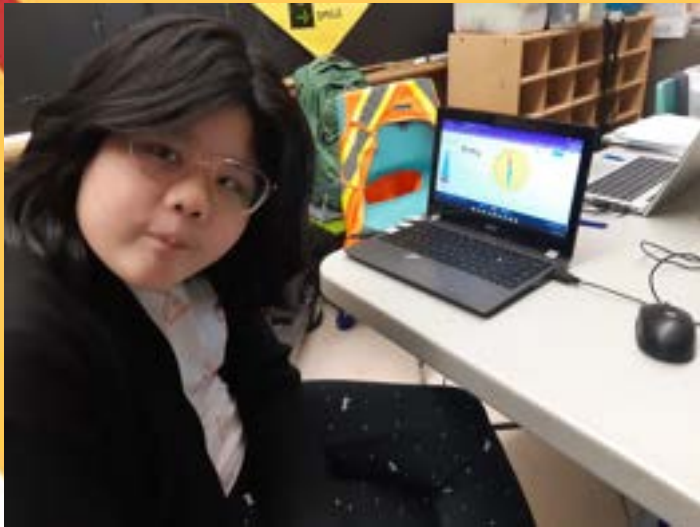
# HAPPY Lunar New Year 2024







# We love Braining Camp!



Did we have enough snow?







Retell the story to your partner

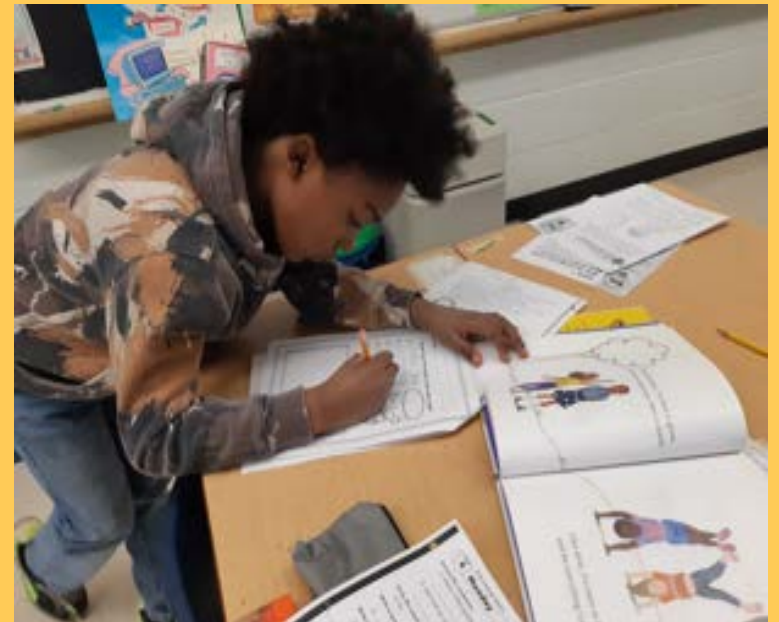


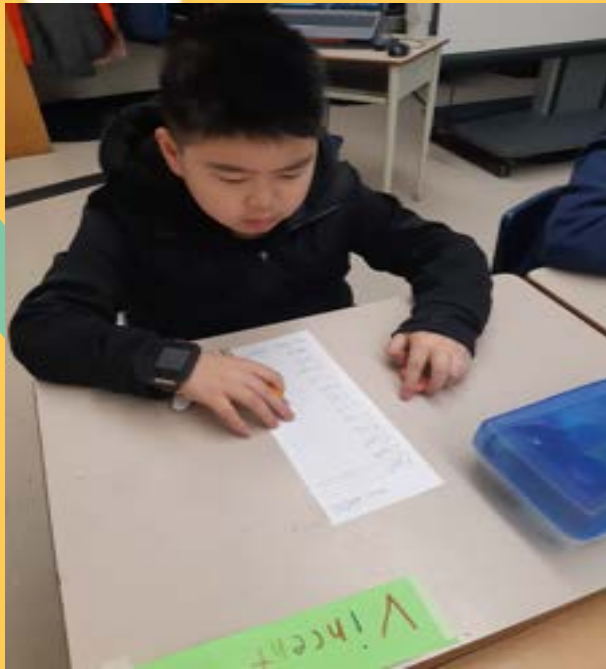
# STEM, STEAM





# HAPPY Learning In Room 205





**Giselle is Back**



# Grade 4/5



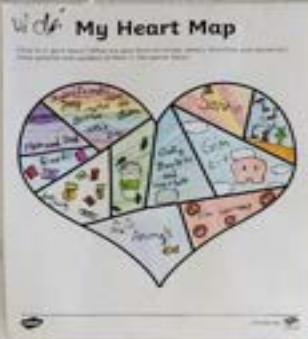
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# Snow Soccer 5/6s and 4/5s







My Heart Map  
These are the things we LOVE!  
Two small black hearts on a horizontal line.



What are some things we Love!



# Beautiful February Day For Outdoor Gym!





# Beautiful February Day For Soccer!



# Learning to write Cursive!

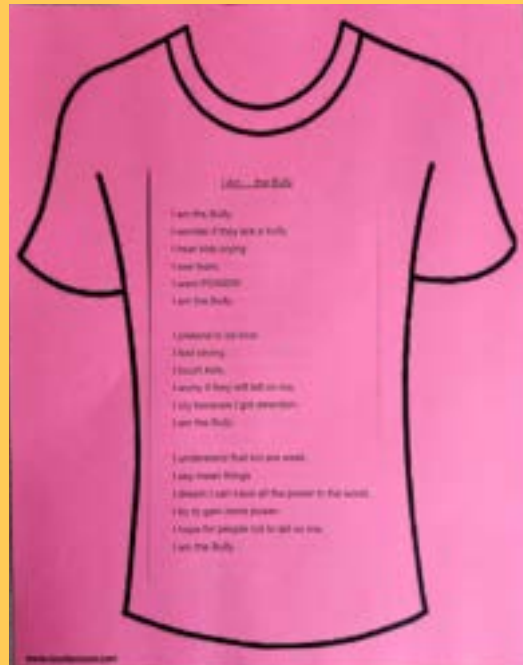




# Art



# Pink Shirt Day Collaborative Poems





# Grade 5/6



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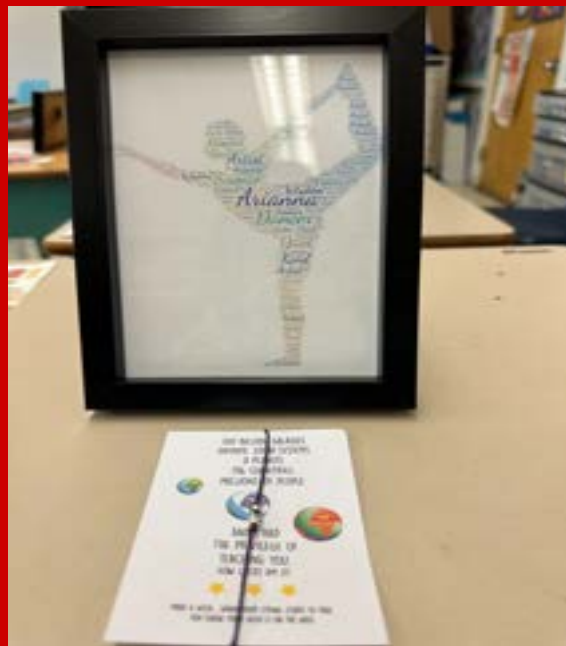
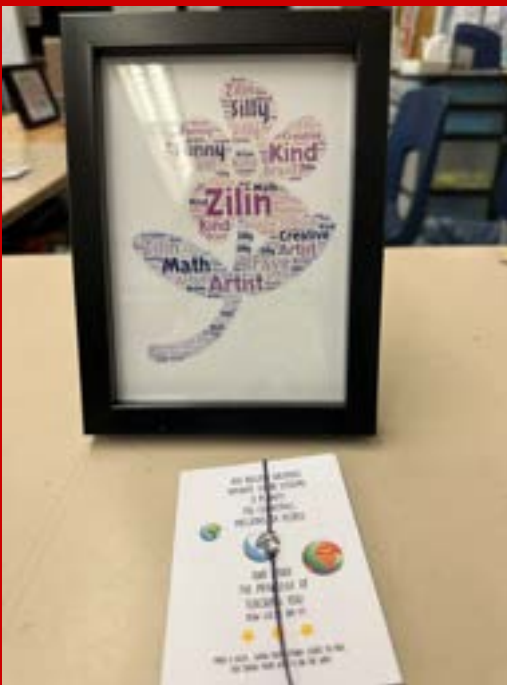
## Honouring Each Child

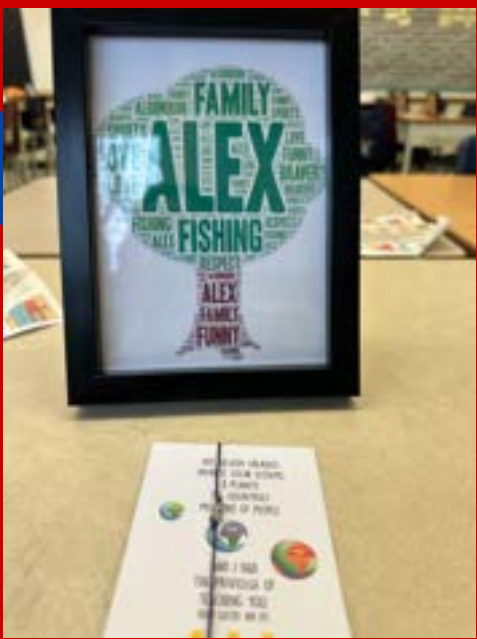




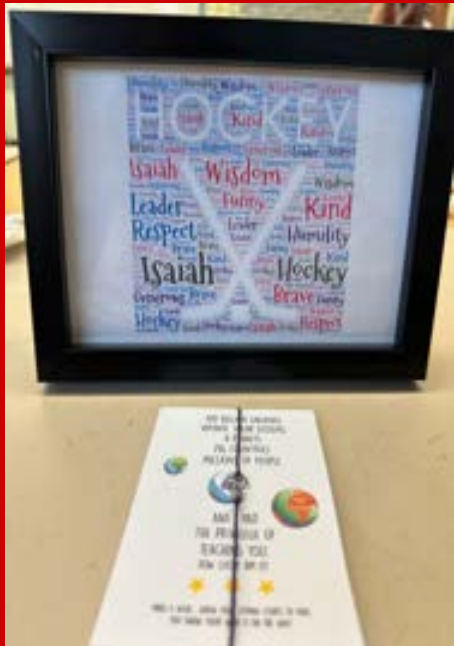


## Honouring Each Child





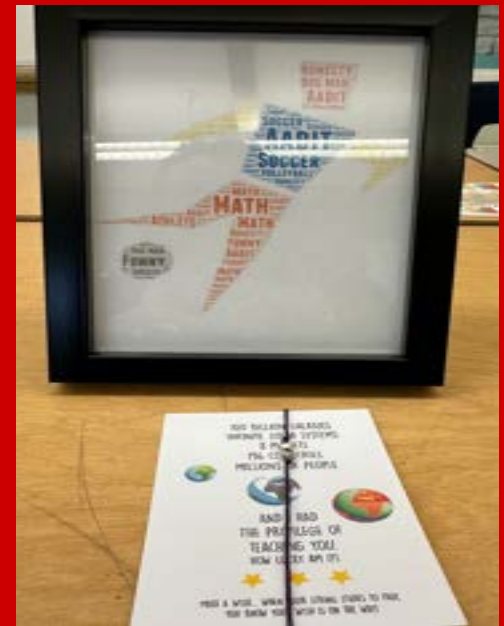
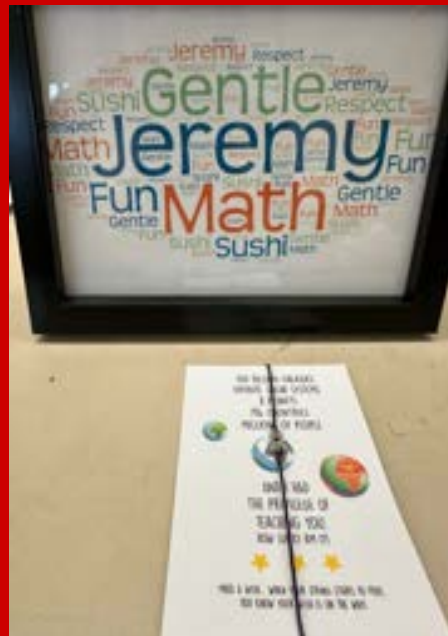
# Honouring Each Child







# Honouring Each Child



The students are viewing what was created for each of them for the first time.





# Gr 1 to 3



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Ms. Cis Class

# W I N T E R F U N



one kind







Rajvee has shown interest in the Xylophone:)



We love to look out of the window to see the other children playing outside:)



Jayden enjoyed listening to children's songs on the CD player!!



Isabella is doing the Number Puzzle with the support of Ms S.



Ryder is building a structure with wooden blocks!



Maike loves the rope!!





Darran is doing Table Work with the support of Ms N.



Nairika is reading a book with the support of Ms M.

# Gr. 4 to 6

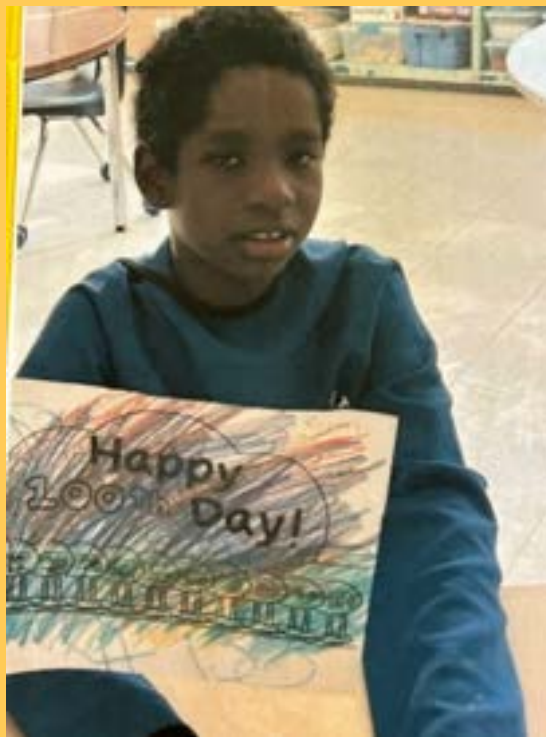


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## The Pink Shirt Day Story

In 2007, Berwick Nova Scotia, after a new student at their school was bullied for wearing a pink shirt, two grade 12 students bought 50 pink shirts and encouraged their classmates to wear pink. The next day they went to distribute the shirts and to their surprise the majority of students arrived wearing pink! With that act of kindness, Pink Shirt Day was born.

In recognition of the Berwick event, Nova Scotia proclaimed the second Thursday of September “Stand Up Against Bullying Day.” In 2008, British Columbia proclaimed February 27th to be the provincial anti-bullying day, and the movement has continued to grow. In 2012, the United Nations declared May 4 as Anti-Bullying Day, and now the last Wednesday each February is Canada’s national Pink Shirt/anti-bullying day.





Pink Shirt Day





Pink Shirt Day





# February Assembly













**thank  
you!**