



Welcome to KINDERGARTEN

- Any child who is 4 years old by December 31, 2024 can start
 Junior Kindergarten in September 2024.
- Please register your child <u>online</u> click on the banner.
- Or visit Lynnwood Heights, call us at (416) 396-6430.





8:25 - 8:40 **Before School Supervision School Entry** 8:40 10:05 - 10:20 **Morning Recess** 11:30 - 12:35 Lunch **Afternoon Recess** 2:00 - 2:15 **Dismissal** 3:25 3:25 - 3:40 **After School Supervision**

Please call Safe Arrival at 1-833-250-2290 if your child/children are absent or late to school.



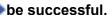
principal's message

Dear Families,

I know that we all want continued academic growth for your child. I am sharing below ideas of how to help your child be successful at school.

How to Support Your Child's Education:

Communicate to your child that you believe in him/her and know that he/she can



- Become involved in Lynnwood and attend your child's school activities.
- Encourage reading and writing for your child at home, read and write together.
- Be in contact with your child's teacher and monitor your child's progress.
- Schedule time and an area for homework to be completed at home.
- Ensure your child attends school regularly & on time; kindergarten sets the foundation for further learning, & your child being present every day is very important.
- Set academic goals with your child that are specific and achievable.
- Talk about career interests & choices, pointing out what level of education is needed (yes, this is OK at a young age, as long as you listen to what your child communicates).
- It has a positive impact when your child sees your interest in his/her school and education.







THE STUDENT YEARBOOK COMMITTEE PRESENTS

Lynnwood



2023-2024 YEARBOOK

ORDERS MAY BE MADE ON SCHOOL CASH ONLINE



\$18.00

MEMORIES OF THE YEAR!

FLYER DESIGNED BY HIRO

EQAO Webinar for Parents and Guardians of Elementary School Students

Register for this free live webinar and learn about EQAO's primary and junior Assessments of Reading, Writing and Mathematics. Participants will learn about the purpose of Ontario's large-scale assessments. EQAO staff will explain the assessment format, highlight resources to support students and answer questions from participants. Registration



important dates



SCHOOL COUNCIL

April 17, 2024 (virtual)

Jump Rope for Heart April 26

Movie Night May 3

Gardening May 9

Arts Night May 29

June 5, 2024 (in-person, X-Movement)



PIZZA DAY

June 5, 2024 (gym)

Other Important Dates

April 2 & 3 dental screening – all grades will be screened

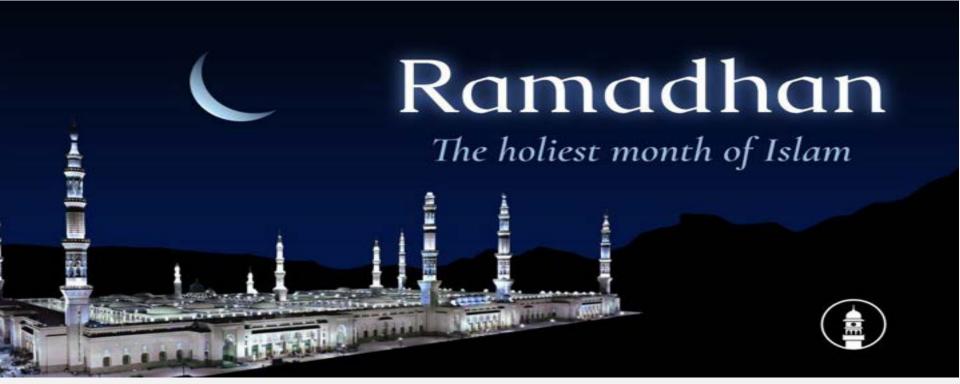
April 9th to 12th grade 5 and 6 students to SOES



SCHOOL CALENDAR

To access the **School Year Calendar**, please click on the icon below for more information.





Monday, March 11, 2024, marked the first week of Ramadan, one of the holiest months in the Islamic calendar. During the month of Ramadan, Muslims worldwide abstain from food and water from sunrise to sunset for 29 or 30 consecutive days--as determined by the lunar calendar. Fasting is one of the five pillars of Islam. Muslims break their fast each evening with a communal dinner called an iftar. During Ramadan, Muslims make every effort to recite the Qur'an, participate in extra prayers, engage in charity, and complete good deeds to reach a higher level of spirituality. Once the month is over, Muslims celebrate Eid al-Fitr, the festival of breaking the fast with family and friends, wearing special clothes and sharing gifts for up to three days.





March is:

For TDSB's Days of Significance please visit the TDSB website.

Greek Heritage Month at the Toronto District School Board. It is an opportunity to recognize and celebrate the many achievements and contributions of Greek Canadians to Canada, and an occasion to mark and enjoy the history of Greek culture. The theme for this year is:

Greek Thought and Civilization: From Myth to Logos - Ελληνική Σκέψη και Πολιτισμός: Από τον Μύθο στον Λόγο»

Visit the GHM 2024 Calendar of Daily Activities and for information and resources.

This year's website includes Daily Announcements along with featured focussed days with activities:

2023/24 - Greek Heritage Month Announcements (March)

Join the Greek Heritage Committee:

- on Sunday, April 7 at 1:30 pm for the Greek Independence Parade on the Danforth (meet at 15 Phin Avenue at 1:00 pm)
- for the GHM Closing Event on Saturday, April 13 at the Greek Community Centre at 30 Thorncliffe Park Drive from 1 to 3 pm.

Vorld Autism Day - Wear blue on April 2nd to show your support

Celebrate the Spectrum - Get ready to join us in celebration of World Autism Day!

Autism Ontario is committed to raising awareness of autism so all Ontarians can make their communities a better and more inclusive place for people on the spectrum and their families. In the Toronto District School Board (TDSB), we acknowledge this important day each year as we work to gain a better understanding of neurodiversity.

According to Autism Ontario, 1-2% of the Canadian population is on the spectrum, which means there are approximately 135,000 autistic people in Ontario. Autism diagnoses are prevalent in childhood. Approximately 1 in 66 Canadian children and youth (ages 5-17) are diagnosed with ASD.

Learn4Life Adult Community Programs - Spring Registration Now Open!

Spring 2024 registration is now open for Learn4Life's Adult General Interest Program! Open to adults 18 years of age and seniors, the Learn4Life program offers a unique and valuable opportunity for individuals to pursue their interests, expand their knowledge, and engage in lifelong learning with a wide range of courses and activities designed to cater to diverse interests and passions.

Just some of the new courses this term include:

- § Pickleball Power Hour: Smash and Drive Mastery
- § Birdwatching for Beginners Explore Feathered Gems Right in Our Backyard!
- § Feng Shui
- § Payroll Level II
- § Introduction to Documentary Filmmaking
- § Introduction to Henna Body Art and the Ancient Art of Mehndi
- § Sweet, Savoury, Flaky and Fun!
- § Latin Rhythms: Salsa and Merengue for All
- § Outdoor Soccer
- § Aerobics to the 80's! Let's Get Physical
- § Creating A New Vision for My Life
- § Personal Finance and Investment Basics for Women
- § Arabic Beginner Level II
- AND MUCH MORE

Visit Learn4Life's program page for more information.



Student Accident Insurance

The Toronto District School Board does not provide accident insurance coverage for student injuries that occur on school premises or during school sponsored activities. We recently noticed an increase in student injuries, in particular, dental injuries which are costly and could extend over several years.

Please distribute the student accident insurance letter electronically to parents/guardians for awareness. Parents/ guardians are responsible for deciding whether or not to purchase student accident insurance. The insurance program options range from \$17 to \$33 per year.

Letter: TDSB Student Accident Insurance Letter

Flyer: <u>Student Accident Plan Flyer</u> Website: Student Accident Plan

The student accident insurance flyer can also be included in School newsletters and posted on school notice boards.

Should further information about the above including the policy or purchasing details, please visit <u>www.studyinsuredstudentaccident.com</u> or call 1-833-560-0527 (toll-free) or 416-916-1588 (local).

Launch of Parent's Guide to Ontario's Education System

The Ministry of Education is pleased to inform you that the Parent's Guide to Ontario's Education System was launched today.

This new resource will provide parents with helpful information that supports them to have a stronger role and actively participate in their children's education. The guide covers several subjects such as knowing how their child is doing in school, learning about suspension and expulsion processes, attending a school council meeting or parent involvement committee meeting, and knowing about specialized supports to help all children succeed.

This initiative is part of the government's recent efforts to increase transparency and accountability in our school system.

The full guide can be found at www.Ontario.ca/educationguide.

The <u>attached</u> promotional flyers available in 10 different languages (English, French, Simplified Chinese, Traditional Chinese, Punjabi, Tagalog, Arabic, Spanish, Portuguese and Hindi) include a QR code that links to the full guide.

This flyer was also shared with communications contacts in school boards to help promote the guide to parents. This will also be shared with Parent Involvement Committee (PIC) chairs/co-chairs.

In addition, the Ministry of Education will be posting content on our social media channels starting this week, highlighting this new resource. Please consider reposting or retweeting our content on your channels if appropriate and timely.

- § Facebook <u>facebook.com/OntarioEducation</u>
- § Instagram instagram.com/Ontario_Education
- § X (formerly Twitter) twitter.com/ONEducation



Resources for families of domestic violence & black youth helpline

Spring program registration is in full swing at Yorktown Family Services! We invite you to review this list of **free** programs below and to register. Please also feel free to forward this email to anyone who may be interested in any of these programs.

Mindful Fathering

YORKTOWN: April 11 to June 27 | ABRIGO: April 10 to June 26

Mindful Fathering is a 12 week, evidence-informed, psycho-educational group program designed to reduce harm and promote mental health by working with fathers who have exposed their children to domestic violence.



Developed by Yorktown Family Services, and in partnership with Abrigo Centre, Mindful Fathering is a 12week psycho-educational group program for fathers who have exposed their children, of any age, to intimate partner violence. Welcoming men of all backgrounds, orientations and cultures, this evidence-informed, early intervention program helps fathers learn to reduce harm, improve mental health, and make positive changes in their lives and their relationships with children and women. Through this program Fathers will:

- develop a personal vision for change by identifying hopes for the future, setting goals, and working together to overcome barriers
- explore personal narratives to see how the past affects the present
- increase awareness of attitudes regarding masculinity and gender roles that contribute to partner abuse and child maltreatment
- increase understanding of the impact of abuse on children and partners
- increase responsibility for own behaviours, including abuse

- learn effective ways of dealing with anger and aggression, including using mindfulness to help regulate emotions
- increase knowledge about child development, attachment, and appropriate expectations
- learn new skills in parenting, relationships, and avoid using punitive techniques with their children
- improve parent/child relationships, co-parenting relationships, relationships in general



We provide accombine services to people with disabilities.

If you require special support to perficipate, phonor inquire.

YMS Charitable Business Number IN 11873907 RR0001

Abrian Carrier Charitable Business Number (NY 17911304 RR0001)









Resources for families of domestic violence & black youth helpline



HERE TO HELP

Here to Help is a group program for mothers and children who have been exposed to family violence. Here To Help provides a safe and supportive environment where you and your child (ages 4-16 years old) can begin to heal from the hurtful experiences of domestic violence.

All families must be pre-registered and will be interviewed prior to the starting date of the groups. Spaces are limited. This is a closed group.

Cultural interpretation is available on request.

IN-PERSON 10 WEEK SESSION APRIL 30TH TO JUNE 25TH 2024 TUESDAYS FROM 6:00 TO 8:00 PM

Registration by phone is required. Location of in-person group will be provided at registration.

For more information contact: Karen Blake at 416-394-2424 ext: 1228 Karenblake@yorktownfamilyservices.com

YFS provides accessible services to people with disabilities. If you require special support to participate, please inquire. Charitable Business Number: BN 136729597 RR0001





















Youth Advisory Committee



We are looking for youth aged 16-25 with lived experience accessing programs and services to join our Youth Advisory Committee. For more information and to apply email Keonna.





Requirements:

- 16-25 years old
- Willingness to discuss a variety of topics related to youth services and programs.
- Attend monthly YAC meeting
- Ability to work alongside other youth in a respectful and safe environment.

We are seeking youth with lived experience accessing services and programs to help provide feedback and direct Yorktown Family Services in future services and programs. Members will also develop social media and other projects!



Contact Keenna Chambers for more information!

Celt (437)-551-8438 Keonna@yorktownfamilyservices.com



YTS provides accessible services to people with disobilities if you require ejecial support to participate, please inquire. Charlotte Business Humber BM 10079697 880001 www.yorkfownlamilyservices.com

JOIN OUR

YOUTH ADVISORY COMITTEE



Benefits of joining:

Gain Leadership skills

Have a voice in shaping services

Connect with other youth

Access services and programs

Develop self-advocacy

JOIN NOW!

Snacks & Honouriam will be provided for each meeting. Additional peer support provided per request.













ISSUE

- School exclusion and suspension disproportionately affect certain groups, including those based on disability, ethnicity, and indigeneity, among others. ^{1,2,3,4}
 - Black students in Southern Ontario were twice as likely as white students to be suspended and four times as likely to be expelled in 2017.¹
- Repeated exclusion and dismissals fuel school failure, pushing students out of schools, and challenging the accuracy of the term "dropout."

CAUSES

- Unaddressed behavioural issues.^{1,1}
- Lack of resources for students.³
- Inflexible education systems.⁴
- Bias and discrimination.1,2



CONSEQUENCES

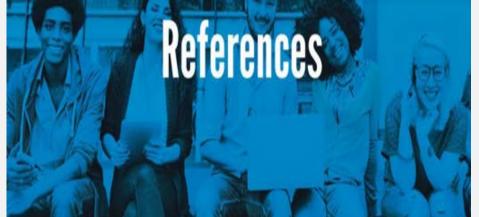
- Higher rates of involvement in juvenile justice systems.^{3,5}
- Lower educational achievement.⁵
- Lower graduation rates.⁵
- Elevated risk of social and emotional challenges.

ALTERNATIVES

- 1. Understand root causes.
- 2. Counselling and mental health support.
- Problem-solving and contracting to assist students in identifying alternative behaviour choices.
- Restitution to contribute to restoring or improving the school environment.
- Mini-courses or skill modules on topics related to inappropriate behaviour.
- Parent involvement/supervision, encouraging closer parental supervision and involvement in schooling.
- 7. Community service.
- 8. Behaviour monitoring.
- Virtual learning support to ensure students can stay engaged and on track academically.
- Alternative programming, offering changes in schedules or coursework tailored to student needs.

SUCCESS STORIES

- In September 2020, Ontario banned suspending children from junior kindergarten to Grade 3, opting for alternative measures listed above.⁸
- Black Youth Helpline has noted a shift in school districts, where health and other factors are considered, leading to a more nuanced approach than immediate suspensions and dismissals.



- James, C.E. & Turner, T. (2017). Towards Race Equity In Education: The Schooling of Black Students in the Greater Toronto Area. Toronto, Ontario, Canada: York University.
- Campbell, C. (2020). Educational equity in Canada: The case of ontario's strategies and actions to advance excellence and equity for students. School Leadership & Management, 41(4–5), 409–428. https://doi.org/10.1080/13632434.2019.1709165
- Sanders, J. E. (2022). Coping with the impact of systemic racism, inequity, school and community violence among high school students who are suspended or expelled. Journal of Interpersonal Violence, 37(21–22). https://doi.org/10.1177/08862605211056724
- Antoninis, M., April, D., Barakat, B., Bella, N., D'Addio, A. C., Eck, M., Endrizzi, F., Joshi, P., Kubacka, K., McWilliam, A., Murakami, Y., Smith, W., Stipanovic, L., Vidarte, R., & Zekrya, L. (2020). All means all: An introduction to the 2020 global education monitoring report on inclusion. PROSPECTS, 49(3–4), 103–109. https://doi.org/10.1007/s11125-020-09505-x
- Mielke, M., & Farrington, D. P. (2021). School-based interventions to reduce suspension and arrest: A metaanalysis. Aggression and Violent Behavior, 56, 101518. https://doi.org/10.1016/j.avb.2020.101518
- School suspensions and expulsions. ontario.ca. (2022). https://www.ontario.ca/page/school-suspensions-andexpulsions#section-0
- Peterson, R. L. (2005). Ten Alternatives to Suspension. ms, University of Minnesota. Retrieved from https://publications.ici.umn.edu/impact/18-2/ten-alternatives-to-suspension.
- Bradley, J. (2020). Ontario to ban suspensions for children in grade 3 and below in efforts to rid education system of racism. National Post. Retrieved from https://nationalpost.com/news/students.

Indigenous Cooking And Storytelling

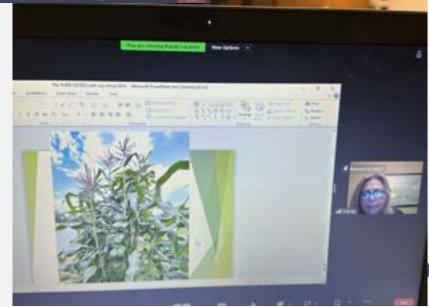






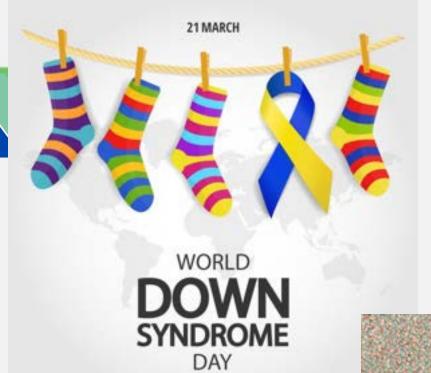






World Down Syndrome Day

On March 21, 2023, the United Nations and people around the world recognized World Down Syndrome Day. It was a day to celebrate the lives of people with Down Syndrome and to advocate for their rights, inclusion, and well-being. Down Syndrome is an intellectual disability, but it is not a birth defect. The Canadian Down Syndrome Society defines it as "a naturally occurring chromosomal arrangement that has always existed and is universal across racial, gender, and socio-economic lines."



Mismatched socks





Honouring World Down Syndrome Day











TDSB Earth Hour - SAVE THE DATE

We switched off and Gave an Hour for Earth on Friday, March 22nd 2:00-3:00pm







Adult ESL Gaining proficiency in English is a critical skill for many newcomers to our city. Every year, nearly 20,000 adults benefit from the TDSB's English as a Second Language classes. Through general language training, and a host of specialized courses, we serve learners at all levels - from those with little or no formal education to those with post-secondary degrees. Currently, all Adult ESL classes are on-line. Visit ESL Toronto's Website for more information. @TDSB_ConEd

Epilepsy Awareness



March is all about spreading awareness and education to help end the stigma and misconceptions surrounding epilepsy. What better way to celebrate than by bringing Purple Day to Lynnwood Heights? Epilepsy Awareness / Purple Day is observed every year on March 26¹². In 2024, it will be celebrated on March 23 instead of March 26³. Purple Day is an international grassroots effort dedicated to increasing awareness about epilepsy worldwide.

On March 26th annually, people in countries around the world are invited to wear purple and host events in support of epilepsy awareness. Last year, people in more than 85 countries on all continents participated in Purple Day! Notably, Canada is the only country in the world that officially recognizes March 26th as Purple Day through the Purple Day Act implemented on June 28, 2012¹². Together, we can help raise awareness for the 65 million people who have epilepsy worldwide, with an estimated 1 in 100 people affected by this condition. Let's join the campaign, promote events, and spread the word about epilepsy!

For more information, you can visit the official Purple Day website <u>here</u>. Wear purple, be part of the movement, and help make a difference!

Epilepsy Awareness Day









Jump Rope for Heart Assembly











Kindergarten



PLEASE NOTE:



Out of respect for families who have not granted TDSB permission for media release, the students' faces will be masked with a sticker.

Visit from the Public Librarian











Provocations



Based on We Sang You Home. Isaac drew a picture of a family activity of going to a park.







We read some Indigenous authored texts and created pieces to accompany them.



Based on *Lila and the Crow*. Allison made a scene of helping Lila to make friends by showing kindness for a child who needed help.



Based on We All Count.
Nick showed what the
numbers 6 and 4 look
like. He read the numbers
out loud and described
what he did.

Our Structures

We integrated STEM and architecture by constructing various Indigenous buildings across Canada.



Reilly made the Hoop Dance Gathering Place in Hamilton.



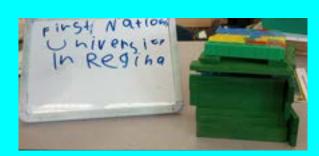
Malika made the Hoop

Dance Gathering Place in

Hamilton.



Ethan made the People's House in Victoria.



Hudson made the First Nations University in Regina.



Candice made the
Aanischaaukamikw Cree
Cultural Institute in Quebec.



Layla made the People's House in Victoria.

Grade 1













Grade ones are readers and writers



























Grade 1/2 Class at Forest Valley- March 7, 2024



















NE SOUP RECIPE

- Made With Law







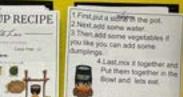


























Field
Trip to
Forest
Village































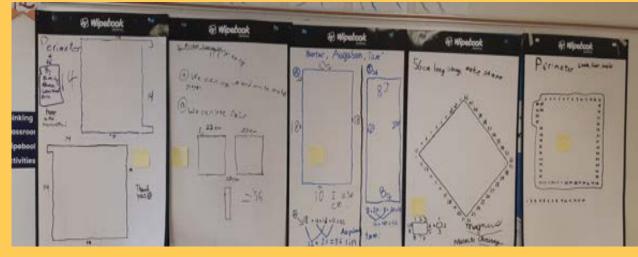








Thinking Classroom Highlight: Math Reasoning







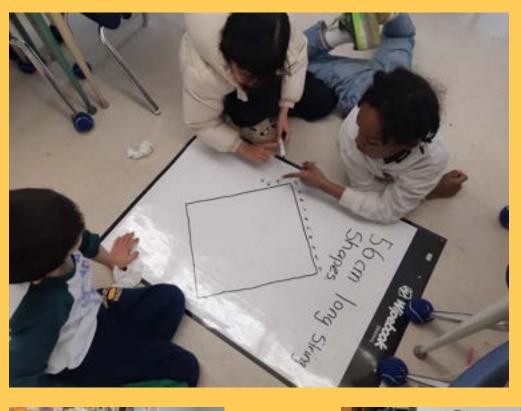


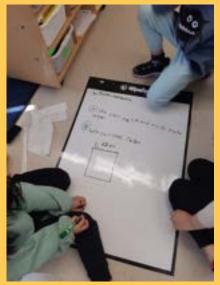
Total
Random
Grouping
Worked















March Madness:

Random Seating Plan

Students'
Weice
matters











Last
But not
Least:
Thank You
Ms. Potter







What do we do after a Personal Safety Quiz? Collaborate to solve a Personal Safety word search!





Would You Rather for D.P.A.!



We learned how to write a procedure to teach our friends how to do something.



How To Roller Skate THE ROLL OF A STATE AND POST OF STATE ASSESSMENT PARTY AND A DESIGNATION OF The plus have first very a new to high or hallower.

What the give say has a manually by more maning to get better to There are notice to do not prove they are get a freed that become from the who store and and the buildy to help you believe when you looked help around. Here you do it my multiple of pulling your legs back and have in a special markets that you have made bloody by marke it

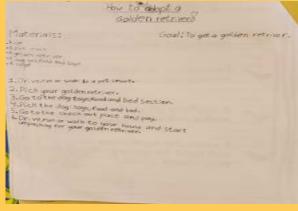
After that you ploude most during pureous to one if your holders in pound. The countries are thong your planted dut to begin your trainment. If you bear your fashesic stating is easy and I also recommend also for this choose thating shows, howe part, and beliefed if your training how to state sivery practice outstoor. That would are if your getting good of hotorong and you can't finget about the hands it helps the perhate sure to recept

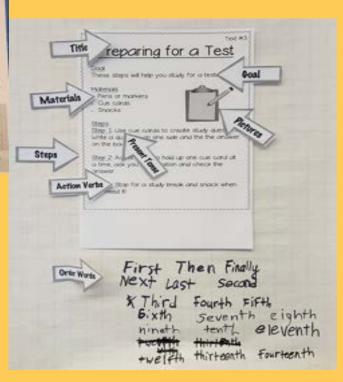


Stop. I. Use the multiplication chart to memorial the book multipliators.

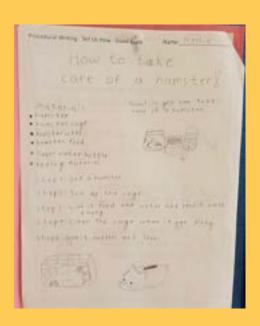
Step 2. Then when you remarks the multiplication on the chart, then you have to use something else to do hurder multiplication, To do harder studiglication like 34834 use a piece of paper. Put the first 14 above the other 14 then multiply 4 by 4 then multiply diagonally 1 by 4. Then put the numbers cominne them and gut the numbers below the 14s, then multiply 4 by 4 and 4 by 1 and gut it below the numbers under the 18s. then add the two numbers and you should get 196

Step 1. Pat yourself on the back if you can do it! But if you part keep trying, I am still confused of \$ digit division.

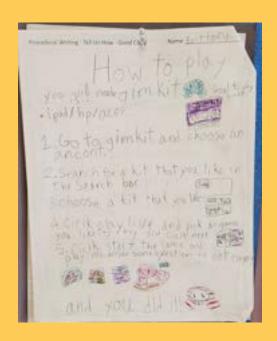


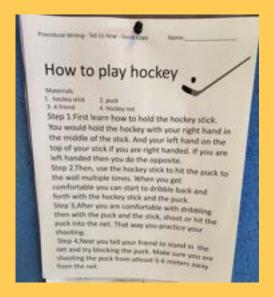


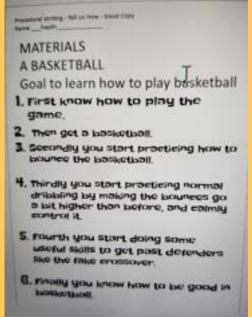


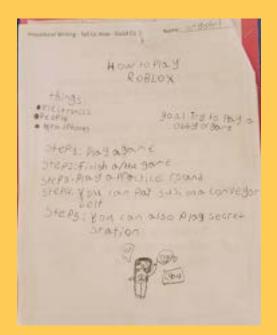










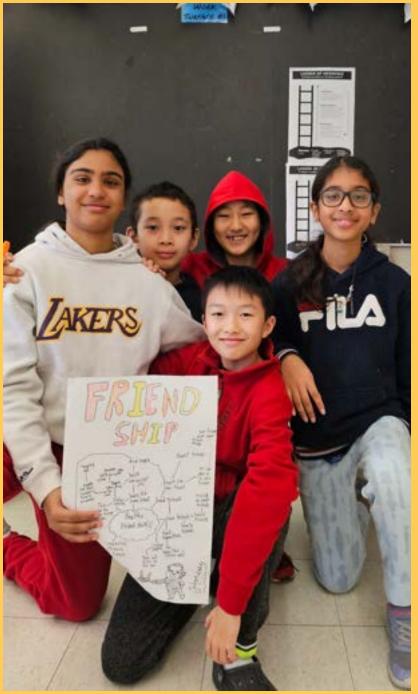






Creating friendship posters!

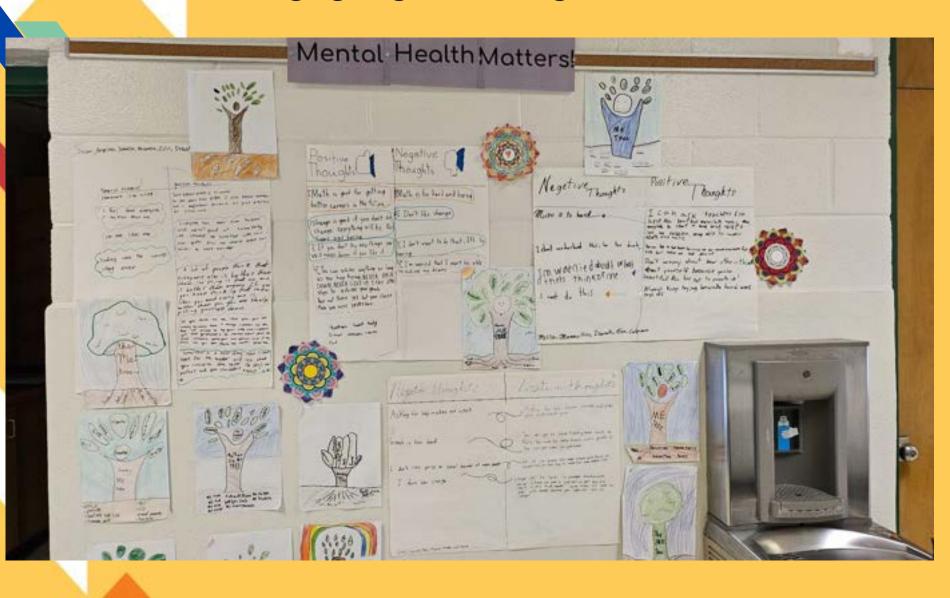




Class Scrabble board



Changing Negative Thoughts into Positive ones!

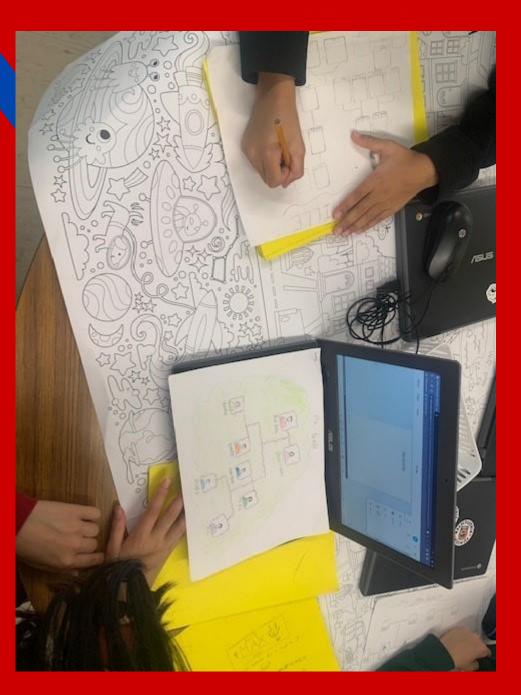


French Class With Ms. Wolfe







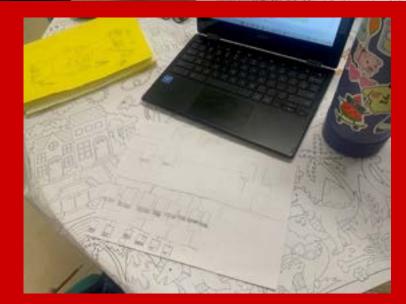




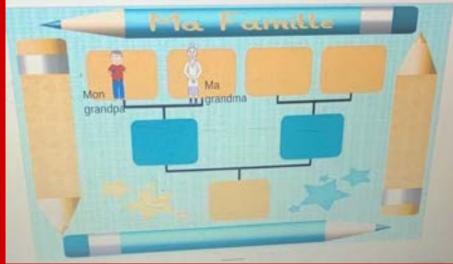














Gr 1 to 3



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Spring Ahead— Plants Plants!!



Spring Ahead— Happy St. Patrick Day!!



Spring Ahead— Happy Easter!!



Mismatched socks for World Down Syndrome Day





Wearing Purple for Epilepsy Awareness Day







Wearing Purple for Epilepsy

Awareness Day









Trip to Forest valley



Trip to Forest valley







Gr. 4 to 6































































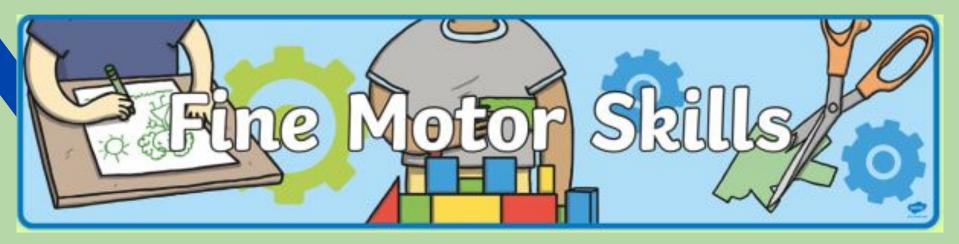








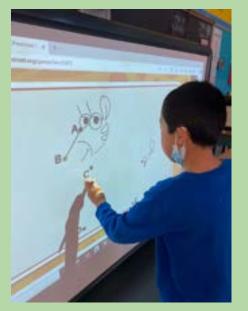
























We love learning!









Forest Valley Field Trip











Learning about the process of making maple syrup.















Tapping the tree to get some sap.

















Tapping the tree to get some sap.

















Tasting the sap!















Outdoor games: flip the 'pancake'!











Greek Heritage Month and Honesty Assembly







































thank you!