55 Malvern Avenue Toronto, ON M4E 3#4 416-393-1480 @malvernci\_TDSB



Prncipal: Sandy Kaskens Vice-Principal (A-K): Kym Stadnyk Vice-Principal (L-Z): Cora Peisz Superintendent: Belinda Longe

Trustee: Michelle Aarts



## MALVERN C.I.

#### MALVERN PROM

Thursday, May 18th 2023 The Guild Inn Estate, 201 Guildwood Pkwy; Doors Open @ 5pm

Malvern Prom 2023 is fast approaching! The most anticipated event of the year for our grads is happening in just a few short weeks. With ticket purchase, meal selection and table requests complete (sorry, no more changes allowed), our event planning is well underway.

Here is some additional information to help you plan ahead for this memorable night:

Arrival Time - Doors open at 5pm and will close at approximately 5:30-5:45pm. Once guests have been seated at their tables, doors will close and guests are no longer permitted entry.

he venue is aiming to start serving the first course at around 6pm. Please ensure you arrive on time to avoid any issues at the door or not being allowed in. Excessively late entry is an inconvenience to the venue staff and the other guests and you risk not being allowed in.

Outdoor Access - We will not have access to any patio or outdoor space once Prom begins. If you wish to explore the beautiful and historic grounds of the Guild Inn Estate, please plan to arrive early.

Pick-Up/End Time

Historically, the bulk of students leave prom by approximately 10:30-11pm. Dinner service will begin at approximately 6pm, followed by dancing. Be sure to have a plan in place for how you will get home from Prom and ensure you are connecting with your ride in advance of the time you want to get picked up.

#### Malvern students are expected to:

- Respect all those in attendance and follow the direction/rules of Malvern's staff.
- Not be under the influence drugs and/or alcohol.
- Not be in possession of drugs, alcohol, vapes, or any drug paraphernalia, including lighters.
- Leave the event immediately if told by a staff member.
- Accompany their guest when they are being admitted to the event and be seated with their guest at the assigned table number.
- Leave with their guest.
- Abide by Malvern's & the TDSB's Code of Conduct. Dress code is in effect, no casual clothing is permitted.
- Abide to the No In-and-Out privileges.

#### Students are also reminded that:

- Tickets are non-refundable and nontransferable.
- Upon entry, and/or at any time students may be subject to search procedures as deemed necessary by hired security, including a search of all bags, backpacks, purses and jackets.
- Students will be denied entry or required to leave if under the influence or in possession of alcohol or other drugs and their designated guest (if not a Malvern graduate) will also be required to leave.
- Students will be required to leave if they are vaping on the premises
- All bags/backpacks/jackets must be placed in the coat check until departure.
- Students may leave the prom at any time and are no longer under the supervision of Malvern staff. Malvern staff do not monitor or track the times that students leave Prom.
- Students are responsible for their own transportation to and from the Liberty Grand.

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#### MENTAL HEALTH WEEK

Mental Health will be recognized the week of May 1-5. Malvern's Jack.org chapter and the Guidance Department will be organizing a week filled with events to raise awareness of youth mental health in Canada and the urgent need for more mental health services.

Please follow our instagram @mciguidance for updates and the schedule of events for the week which will include:

- Monday Therapy dogs at Lunch, located in Guidance, Library, and Main Office
- **Tuesday** Jack.Org presentents Staff vs Student Trivia in the Cafeteria at Lunch
- Wednesday Assembly for Guest Speaker Scott Ste. Marie (Mental Health & Technology
- Thursday Parent-Teacher Interviews Take a Break!
- Friday Meet & Greet (and FOOD!) with our Guidance Team and Professional Support Services Staff in the Library at Lunch

#### SUMMER SCHOOL

Registration for Summer School is open. We encourage students to sign up as soon as possible, since many programs fill up quickly. The lists of courses, registration links, and FAQs, plus the differences between different options, can be found at this link: TDSB Summer School Credit Options 2023 - Con Ed & e-Summer.

#### PEER LEADER APPLICATIONS 2023-24

The application process for students wishing to become a Peer Leader for the 2023-2024 school year has begun! Malvern Peer Leaders are a group of students with the objective of building community through mentoring of junior and new students as well as service to the school through volunteerism. The program works to promote equity, unity and a sense of community by developing ties between and amongst all Malvern Students.

Peer Leaders seek to support Grade 9 and new students and help them feel more comfortable in the transition to high school. The Peer Leaders Equity Council, which is a subgroup of Peer Leaders, places an additional focus on promoting school-wide equity, diversity and inclusion. Equity training will involve learning about issues pertaining to race, gender, class, ability, gender identity and sexual orientation. Students on the Peer Leaders Equity Council undertake additional equity training sessions in order to deliver activities and training to Grade 9 classes and for other school-wide clubs and groups to promote a sense of belonging amongst all students.

For more information, please click on the applications below:

New Peer Leaders Application Form Returning Peer Leaders Re-Application Form Peer Leader Application Deadline: Wednesday, May 10th 2023

Please see Ms. Bugelli (karyn.bugelli@tdsb.on.ca) or Ms. Larabie (leeanne.larabie@tdsb.on.ca) in Guidance if you have any questions about Peer Leading or the application process.

#### YMCA SUMMER WORK STUDENT EX-CHANGE OPPORTUNITY

The YMCA Summer Work Student Exchange (SWSE) is a government-funded program that enables youth aged 16 and 17 to participate in a 6-week exchange to Québec during the summer.

When taking part in the SWSE program, students live with a host family in Québec and are paid the provincial minimum wage to work full-time at a non-profit organization such as a summer camp, child care centre, community museum, or similar. During weekends, students participate in a variety of group activities that allow them to get to know the culture, arts, history, and recreation opportunities of their new community.

SWSE is funded by the Department of Canadian Heritage, and is offered at minimal cost (\$150) to participants; this includes transportation to and from Québec, as well as all program activities. This is an excellent and low-cost opportunity for youth to enhance their French skills through immersion.

Further information can be found on the website: www.summer-work.com

#### FINANCIAL AID WORKSHOP

It was great to see many students at our April presentation about financial aid and scholarships for post-secondary. We were joined by Kassi Wicke from George Brown College, and her role is to help support the transition to postsecondary for all students, regardless of which College or University they will attend.

She has generously shared many resources with us, which you can find on the Malvern Guidance Scholarships & Financial Aid webpage.

Reach out to any of our Guidance Counsellors, or Kassi herself (contact info found in links), if you have any questions.

We continue to have information on financial aid and scholarships through our <u>@mciguidance</u> Instagram account.

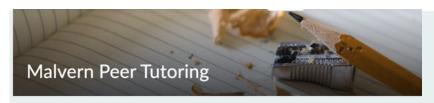
#### HYPE: Helping Youth Pursue Education

The HYPE program at Centennial College has given many young people new confidence to access post-secondary education by helping them to overcome the economic and social barriers that may have interfered with their school attendance in the past. Through the development of relationships, HYPE provides a supportive and inclusive environment for youth aged 17-29, primarily living in underserved neighbourhoods, to explore educational and career pathways

- · Tuition-free, six-week, on-campus summer program
- · Classes taught by post-secondary professors
- · Breakfast and lunch provided
- · Application support for post-secondary programs
- Seven learning opportunities to choose from

For more information, visit hype@centennialcollege.ca or 416-289-5000 ext. 53363

#### FROM THE STUDENT SUCCESS DEPARTMENT



#### PEER TUTORING

We are always looking for new Tutors and Tutess to join our club! If you are interested in tutoring, complete the form at <a href="http://bit.ly/MCIpeertutor">http://bit.ly/MCIpeertutor</a>. To receive FREE tutoring, please complete the Tutee form: <a href="http://bit.ly/MCIpeertutee">http://bit.ly/MCIpeertutee</a>

#### UPCOMING CREDIT RESCUE MORNING

On the morning of May 24th, we will run an opportunity for focused Credit Rescue. Students who have demonstrated the need for additional support to help them earn their credit will receive invitations. All students will be in school for the afternoon.

#### ONLINE TUTORING SUPPORT

The TDSB has partnered with a company called <u>Paper</u> to offer free, online tutoring 24/7. Have you tried it? It's easy to make an account. Whether you are stumped by a physics question or would just like to have somebody read over an essay you have written for your history class and provide you feedback, this is a really neat tool that is worth checking out.

Please see additional learning supports below, available tor all TDSB students, 24/7,

from K to grade 12.

Brainfuse Registration

Parent Guardian Caregiver Online Tutoring.pdf

#### SUMMER DUAL CREDITS & SWAC

Registration for Summer SWAC and Summer Dual Credits opens on Thursday, April 27th. SWAC will take place in-person at George Brown College and gives students aged 17-20 (Grade 12/12+) with at least 26 credits, the chance to earn 2 credits in one month (including 1 free college credit!). Fall 2023 SWAC is also open for registration. For more information, please speak to Lisa Bourgard <a href="mailto:lisa.bourgard@tdsb.on.ca">lisa.bourgard@tdsb.on.ca</a>



If you do not meet the eligibility for SWAC but are still interested in taking a free College credit, consider a Summer Dual Credit. These take place during the month of July at one of our partnering Colleges (Humber, Seneca, Centennial College). Here are the courses to choose from:

#### SUMMER DUAL CREDIT COURSES

College - Campus	Ministry Code Course		
CEN - PRO	TUE4TS	Baking Fundamentals (Summer)	
CEN - PRO	TUI4TS	Culinary Fundamentals (Summer)	
CEN - PRO	HBL4TS	Video Game Industry (Summer)	
CEN - PRO	HBC4TS	Social Psychology (Summer)	
HUM - NORTH	PLI4T	Fitness Assessment (Summer)	
HUM - NORTH	TBD	Video Production 1 (Summer)	
SEN - NEW	JFE4TS	What in the World is Going On? (Summer)	
SEN - NEW	TYC4TS	Behaviour of Animals (Summer)	

#### **GRADE 12 REMINDERS & UPDATES**

#### IMPORTANT DATES AHEAD

- Ontario Colleges: Sunday, May 1, 2023 date to confirm your acceptance to college, unless the offer is made to you after this date.
- ♦ Semester 2 Marks Maintain After Date (Full Disclosure): **Tuesday, May 2, 2023**
- Ontario Universities: Monday, May 29, 2023 latest date students who submitted their application by the January application deadline can expect a response from an Ontario university
- ♦ Grad Breakfast: **Tuesday**, **May 30**, **2023**
- ♦ Ontario Universities: **Wednesday**, **June 1**, **2023** the earliest date that Ontario universities may require a response to an offer and a financial commitment

#### COLLEGE (OCAS) UPDATES

If you applied or want to apply to college for Fall 2023, please also log in to your online application through the OCAS to review your academic and program information. If changes are required, students are advised to contact their guidance counsellor.

#### A few important points:

- Read any offers you receive from a college very carefully.
- Many college programs still have applications open for Fall 2023; as long as space remains in an Ontario college program, you may apply for it. Read here for details: <u>On-tarioColleges.ca</u> or contact the colleges you are interested in to inquire.

**Monday, May 1, 2023**, is the date to confirm your acceptance to college, unless the offer is made to you after this date. Each college determines its own confirmation deadline on offers made after May 1. Take a look at this link for deadlines and instructions on how to confirm an offer of admission: Confirming an Offer of Admission

#### University (OUAC) Updates

If you applied to university for Fall 2023, you have received an email from the OUAC indicating that Semester 2 mid-term grades have been processed. Please follow those instructions and log in to your online application on the OUAC website to review your academic information on file with OUAC.

If changes are required, students are advised to contact their guidance counsellor. Please also review the document - <u>I've</u> <u>Applied to an Ontario University - What's Next?</u>

#### A few important points:

- If you haven't received a conditional offer, THAT'S OK! Universities do not send out offers all at once (it goes out in waves), and many offers are sent out after the April mark submission. If you are concerned about not getting an offer, come see Guidance some programs are still taking applications.
- Read any conditional offers you receive from a university very carefully.
- Every student who receives an offer will receive an individualized letter (usually after logging into the specific university platform), which outlines the conditions of maintaining this offer.

- Pay particular attention to the courses and grades required for maintaining your offer; as a general rule, universities will not round up grades for maintaining the offer or scholarships.
- Conditional offers will continue in May, and the last offers by Ontario universities will come by Monday, May 29, 2023.
- ◆ Thursday, June 1, 2023, is the earliest date that Ontario universities may require a response to an offer and a financial commitment; out-out-province deadlines may be sooner. We encourage you to accept your offer before the deadline. Read more here: <a href="https://guidance.ouac.on.ca/student-resources/accepting-an-offer/">https://guidance.ouac.on.ca/student-resources/accepting-an-offer/</a>

#### GRAD BREAKFAST

Spring is here and so is the beginning of our year end festivities! What better way to begin celebrating all the hard work of the graduating class of 2023 than to gather, eat and socialize at a Grad Breakfast!

We will return to the tradition of in-person Valedictorian Nomination speeches, which will take place at Grad Breakfast (see below for further details about the nomination process), along with some Grade 12 reminders and announcements. Looking forward to seeing you all there!

Date: Tuesday, May 30th, 2023

Time: Period 2 - 10:30am-12pm

Location: Cafeteria

Stay tuned for further details.

#### **VALEDICTORIAN**

As we approach the end of the school year, graduating students will be invited to nominate a classmate (or themselves) to be considered for valedictorian. The Valedictorian nomination process for the 2023 graduating class will begin in early May.

Criteria for nomination:

- A graduating student from Malvern C.I.
- ♦ Has achieved to the best of their ability and has demonstrated a commitment to learning.
- Has had a positive impact on school culture by actively engaging in school activities and by promoting equity, inclusivity and respect for others.
- Is a good public speaker.
- ♦ Is a good representative for all graduating students.

Stay tuned for more information in the coming days!

#### **GRAD SURVEY**

We want to honour each of your at Commencement and we need your help to do that. Please complete this brief <u>survey</u>. It must be completed by May 9 so that we can put together the presentation.

We will feature your grad photo when we call you up to get your diploma, but we'd like to be able to say a bit more about you.

#### MALVERN'S SCHOOL COUNCIL

It is hard to believe we held our third to last meeting on April 11th - where did the year go?

**TDSB Budget** 

We were lucky enough to have our trustee, Michelle Aarts, attend in person to talk about activities at the TDSB, including the Board's budget planning process. The TDSB is facing a difficult financial position due to years of expenses that exceeded funding provided by the province during COVID. These expenses were incurred to meet student needs, and the Board is hoping to receive funding to make up for the shortfall. Michelle is asking parents to help echo the TDSB's message to the province by contacting their MPP, the Minister of Education, and/or Premier Ford. Below are a few resources:

- ◆ Recent <u>funding letter</u> sent by the TDSB to the Ministry of Education
- ◆A <u>template letter</u> that can be sent to MPPs, the Minister of Education, and Premier Ford (this is designed as a

trustee letter parents will need to edit - please copy the contents rather than editing the template).

◆ Images that can be shared on social media

#### **Fundraising**

We are hoping that parents can still contribute to our Red and Black fundraising initiative available via School Cash Online. This is our main fundraising event to support important items like scholarships, so please <a href="consider making a gift">consider making a gift</a>, and if you have already, Thank You!

Last Two Meetings for 2022/23 + 2023/24 Our next meeting is on Tuesday, May 11 at 7PM. It the last one of the year for official business and will be a hybrid meeting. Our final meeting in June will be more social in nature and in-person only. Please also start to think about joining next year's School Council whether as a parent member or as part of the executive - more information to come in the next newsletter!

#### **UPCOMING PARENT WEBINARS**

## MONTAGE SUPPORT SERVICES AND COMMUNITY LIVING TORONTO

Three virtual sessions are being offered for parents/caregivers to learn strategies on how to better discuss healthy relationship-making. Details of each session are listed below and are also posted in the school calendar. These series support TDSB's <a href="Anti-Sex Trafficking policy">Anti-Sex Trafficking policy</a> and initiatives.

Join Zoom Meeting

https://tdsb-ca.zoom.us/j/96979182605? pwd=czd6ZEozeVp3dWRDSHhpWUd5RGZTdzo9

Meeting ID: 969 7918 2605

Passcode: 585577

Each session runs from 6:00 p.m. to 8:00 p.m.

## May 17<sup>th</sup>, 2023: What is consent? What is a unhealthy vs. healthy relationship?

There will be a discussion about the importance of consent in the context of learning about healthy relationships.

## May 24<sup>th</sup>, 2023: Explore values, beliefs, love and self-esteem

The group will learn about the key elements to a healthy relationship. Through the exploration of values, beliefs, goals, dreams, love and self-esteem the group will learn the power of these foundational skills and how they relate to living a healthier life.

## May 31<sup>st</sup>, 2023: Learn about the importance of boundaries. What is abuse?

What are the signs of an unhealthy relationship? These elements are: boundaries, kindness, respect, manners and communication which help build character and how it can play an important role on emotional development. The group will learn how to determine what is a healthy, unhealthy or abusive relationship and what to do when someone is in an unhealthy relationship.

## EGALE AND PINE RIVER INSTITUTE'S CENTRE FOR FAMILY INITIATIVES

## May 10, 2023, 6:30 p.m.—8:00 p.m. Affirming Adults

The presence of affirming adults both inside and outside the home environment is a critical factor in protecting the positive mental health and overall well-being of 2SLGBTQI youth.

This interactive 90 minute webinar explores the vital role that all adults across the whole school community can take up in promoting environments where 2SLGBTQI youth can thrive. We will consider key characteristics of what being affirming means and share practical strategies and support resources you can put to use right away.

Participants will also have an opportunity to exchange promising tips and tools with one another. Teachers, administrators, support staff, parent/guardians and community partners are all encouraged to join us for this rich and critical discussion.

Free Registration HERE.

#### **NEUFELD INSTITUTE**

MAKING SENSE OF ANXIETY—4 WEEKLY SESSIONS
APRIL 27 TO MAY 18, 2023; 12:30—2:30

A video course by Dr. Gordon Neufeld, facilitated virtually by School Social Worker, Nina Bregman.

The escalating level of anxiety in our children begs for an explanation as well as a solution. Dr. Neufeld uses the Attachment-Based Developmental Approach to shed light on this program, paving the way for natural interventions that can get to the root causes as opposed to just managing symptoms.

Free for all TDSB Parents/Caregivers. Register <u>HERE</u>.

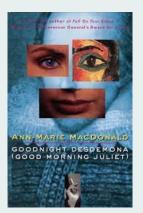
#### UPCOMING DRAMA PRODUCTION

Malvern's Drama Club is thrilled to announce our spring production! We are excited to present *Goodnight Desdemona*, *Good Morning Juliet* by Canadian playwright Ann-Marie MacDonald.

This is a hilarious story about a mousy academic who gets trapped inside the fictitious worlds of *Romeo and Juliet* and *Othello*. By escaping harrowing sword fights, star crossed-crossed lovers, and a ghost who speaks in poorly told Dad jokes, our heroine takes audiences on a journey of self-discovery and heartfelt friendship.

If you'd like more information about the play, please visit the link to Good Reads: https://www.goodreads.com/en/book/show/72439

- ♦ Thursday AND Friday, May 11th and 12th
- Doors open at 6:30 and the show starts at 7:00 PM
- Tickets will be sold through school cash-online starting on April 11th and tickets will also be available at the door. (\$10)
- There will be a 15 minute intermission.
- All proceeds will go towards supporting Malvern's theatre program.



#### **PARENT TEACHER INTERVIEWS: MAY 4**

Parent-teacher interviews will take place on Thursday, May 4<sup>th</sup> from 2:00-4:00 pm (virtual) and 6:00-8:00 pm (inperson).

- ♦ Interviews are generally 10 minutes in length.
- Online registration must be completed <u>before</u> you can <u>schedule</u> interview appointments. Registration can be completed at any time by logging onto the <u>Malvern School Appointments</u> system. Please refer to the attached Instructions for assistance.
- Each appointment for the afternoon virtual session has a meeting link unique for that teacher.
- Log in again prior to your appointment times and Click on "View Appointments" to access each of these links.
- ◆ If you need a phone appointment please contact your teacher directly to arrange. Teacher emails are on the final page of the newsletter.

Our staff are looking forward to meeting with you on May 4<sup>th</sup>. Your attendance is important and makes a difference!

LOCATIONS
INSTRUCTIONS





presents

Parent/Guardian/Caregiver Session #3

Tuesday, May 30th, 2023 from 7:00 PM to 8:00 PM

LC1 and LC4

If you require a language interpreter, please send in your request by Mon., May 22nd to <a href="mailto:SpecialEd@tdsb.on.ca">SpecialEd@tdsb.on.ca</a>.

Please click the link below to join the webinar for LC1/LC4:

Zoom Link for May 30, 2023 at 07:00 PM https://tdsb-ca.zoom.us/j/96753209262

#### MALVERN'S LIBRARY REVITALIZATION—PEASE RETURN YOUR BOOKS!

The library is undergoing a revitalization of its library resources, so we are putting a call out for the return of any Malvern library books that might be lingering in your homes.

We will either re-shelve them for someone else to enjoy, or they will be removed from our circulation system. Either way, we need them back.



If you could send the items back with your child or little Malvernite as soon as possible, we would greatly appreciate it. The revitalization of the library will involve removing many old and outdated materials so that we can update our collection.



#### **MALVERN'S M FACTOR A SUCCESS!**

On Thursday, April 27, several Malvern's musicians wowed a full house with their amazing performances for M Factor!

Congratulations to all the performers!

Special thank you to all the staff and students who made this event such a success!



Gianluca Coccimiglio



**Bridget Botelho** 



Vagabond Matthew on guitar James on drums





**Ryan Deverell** Semi-Finalist



Kalen Zavys-Cox



**Dysfunctional Dynamic** Keagan, Rachel, Erin, Rachel Hillary, Reid & Kai



#### Malvern's Staff Band Mr. Matthews, Ms. McNabb, Ms. Cowper, Mr. Mensher (on drums) .... and REID

# M FACTOR WINNERS BEST BAND: SHUT UP REID BEST VOCALIST: JULIA!



Shut Up Reid—Won for Best Band! Emma, Matt, Reid, Grant, Rachel & Kai



**Julia Terenzio** Won for best solo vocalist

#### **Celebrity Judges** RJ Satchithananthan, Tara Samuel, Brandon Hall, Melanie Doane



#### **MALVERN'S MATHLETES**

On April 13, a dedicated group of Mathletes from Malvern C.I. participated in the Canadian Team Math Contest organized by University of Waterloo and hosted by Dr. Norman Bethune C.I. in Toronto. Twenty four teams from Toronto participated in the largest local event of its kind.

The contest consisted of three events: team, individual and relay event. Our students had an exciting and challenging afternoon, and had the opportunity to flex their problem-solving skills along the best mathletes in the city. They performed very well in all the categories, even though this was the first time they participated in the event.

Congratulations to all our participants for their hard work and perseverance in solving challenging problems! We hope to make this event a tradition at Malvern. y of hty its







A special thank you to Lisa Lai and Keagan Valentine who stepped out to replace two members of the team who could not make it that day.

Ms. Katai

#### FORESEEN ABSENCE AND VACATION POLICY

Parents are reminded that students are required to notify the school in advance of any foreseen absences. Students are responsible for notifying their teachers well in advance. Please review the information below and ensure that these forms are completed. Students can pick up these forms in the office.

NOTE: Students who are absent for culminating activities and/or final exams due to a vacation will not be accommodated. Any absence during these times will require a medical note.

	55 Malve	rn Avenue, Toronto, Ontario M4E 3E	4
MALVERN	Telephone: (416) 393-1480	http://schools.tdsb.on.ca/malvern	Fax: (416)393-1493
PROTEIN CATURAL STATES			

#### Foreseen Absence and Vacation Policy

Student Name:

Student #:

Date(s) of Absence:

Reason for
Absence:

A foreseen absence is an accommodated, special circumstance.

#### Students are expected to:

Inform the teacher in advance of the absence(s). In many situations, students may make alternate arrangements with teachers, provided sufficient notice. Students are responsible for independently learning/completing the material while absent.

#### Vacations

Students/families/caregivers are strongly discouraged from planning vacations during the school year. Vacations, including long weekends away, are not considered legitimate reasons for missing school, particularly if a test or evaluation has been scheduled. Teachers are not expected to make accommodations for vacations.

Students who are absent due to vacation from a final exam and/or culminating activities will not be accommodated, receiving a mark of zero for the portion missed.

Please discuss your absence with your teachers and then have each teacher initial, acknowledging the conversation.

The	following	teachers	have	been	informed	of the	absence:
-----	-----------	----------	------	------	----------	--------	----------

Ms. Stadnyk (A – K) \_ Ms. Peisz (L – Z)

due date.	Teacher's Initials	
Date:		

Date:

#### PEER LEADERS RAISE FUNDS FOR THE MALVERN CUP!

On Wednesday, April 19th, our Peer Leaders ran a pancake fundraiser for the Malvern Cup. Starting at 9 am, they began cooking and by lunch had 400 pancakes made and ready to go!

The students came out in droves and before the end of lunch, all the pancakes were gone and the Peer leaders were back making more.

In the end, they raised \$288.05 for the Malvern Cup and the Canadian Cancer Society. A big thank you to the parents who donated pancake mix, maple syrup and griddles and of course to the students who supported the cause!













#### OUR FUTURE GRADE 9'S VISIT MALVERN!

Last Friday, April 21st, we welcomed Grade 8 students from our surrounding feeder schools for a school tour and some class visits. To support the transition to high school for our incoming grade 9s, we welcomed them in the auditorium to hear a few words from our student leaders, showed them around the building, put on a musical performance and engaged them in activities throughout the school including seed planting, dancing, drumming, scavenger hunts and team-building activities.

Special thanks to all of the teachers and students who supported this event, including Ms. Smolkin's Grade 12 Spanish students pictured below! We look forward to seeing our new Grade 9s next September!











#### MALVERN STAFF Vs. STUDENTS: STAFF CURRENTLY IN THE LEAD!

An update from the *Malvern Cup*, a fundraiser and competition between STAFF members and STUDENTS to raise money for cancer research and education.

#### STAFF ARE CURRENTLY in the lead.

There are still challenges running including a jack.org trivia game, ping pong challenge and Mario Cart tournament. Information is on the <u>Malvern Cup website</u> (which is attached here). If you are interested in donating, please use the link below. You have until May 22 when a winner will be declared and we will reveal how much money was raised.

<u>Malvern Cup website</u>

Donate to the Malvern Cup here



#### **Environmental Science Students Planting the Seeds for a Spring Harvest**

Students in the Environmental Science course took advantage of the gorgeous spring weather we had in early April.

They got busy planting and the repotting veggie starts: cilantro, basil, sugar snap peas, beans, lettuce and tomatoes.

Students will be organizing a plant sale at Malvern's reunion and open house on May 13<sup>th</sup>.

Thank you to all people who donated their gardening extras, we will still take pots

- if not for this year then to prepare for next years crop.











#### **BRILLIANT BLOOD**

Gr. 11 biology students learned how to test blood to determine if it is A, B, AB, or O, as well as if it is Rh-positive or Rh-negative.

They then completed a "mystery blood typing investigation" in which they tested the blood type of various "suspects" of a heist and compared them to blood that was found at the scene of the heist to determine which suspect committed the crime.

Students also learned about the implications of various blood types, and how blood type is related to various medical procedures and scenarios including blood type incompatibility.







#### MALVERN'S 120 YEAR ANNIVERSARY REUNION

MRBS (Malvern Red & Black Society) has been working hard to prepare for our reunion on May 13, 2023. All are welcome to the school's open house. They have also organized various Pub Nights based on the Decades that alumni graduated.

We are asking that members of the community sign up through Eventbrite for the Open House at the school (it is a free event) and/or sign up for one of the Pub Nights (tickets are \$20).

If you haven't already done so, please register on MRBS's website.



#### FROM THE MUSIC DEPARTMENT

The Malvern Music is entering their busiest month of the year.

The grade 9 classes are making great progress in their musical journeys. They also went on a fantastic field trip to hear the Royal Conservatory of Music Orchestra perform Bartok's Concerto for Orchestra.

The drumline is preparing perform their production of What's New Scooby Doo? at the Canadian Drumline Association competitions in London and Mississauga Ontario (May 12 & 19).

The eleven extra curricular ensembles are preparing the Spring Concert on May 24th at 7pm.



Finally, the vocal groups and the senior and junior concert band are looking forward to the Canada's Wonderland music festival on June 5th. It's an exciting time.

Hope to see you at one or all of our upcoming performances.



#### **TDSB 2023 STUDENT CENSUS**

The Census is an opportunity to honour students' voices and learn more about their school experiences.

Census data provides schools, parents/guardians/ caregivers and the community with valuable information to help improve schools for the benefit of all students. The Board has committed to conducting a Census every five years.

To ensure meaningful data for school improvement, it is important to have as many students complete the Census as possible.

For students/caregivers who opted in to complete the TDSB Census, a personalized link was sent to the students TDSB email account on April 17<sup>th</sup>.

If your child has not yet completed the survey, please encourage them to complete it by the end of May.

#### YEARBOOKS!

The 2022-23 yearbooks will be distributed at the end of June (on exam-return day). To avoid disappointment, buy yours today at school cash online under student activity fee.



#### CONGRATULATIONS TO MALVERN'S JIMMY LOMBARDI, JARED HARDING & HUDSON CUMMINS

Congratulations to Jimmy Lombardi and Jared Harding on their selections in the OHL Draft this past weekend. Jimmy went 29th overall to Flint and Jared went 128th to Mississauga.

In addition, grade 12 stand out, Hudson Cummins, has been invited to the Steelheads Rookie Camp!

Well Done!







Chelsea Harris Animal Care Attendant- Hands on Exotics



Mateo Soligo- Dog Enrichment Supervisor- Canine Social Company



Sapphire Braham Teaching Assistant- Cedar Drive P.S.



Drew Leisk Future Botanist- Crazy Plant Store

## COOP TESTIMONIALS STUDENTS ARE LOVING THE EXPERIENCE!

As the semester unfolds, students continue to build employability skills and experiences that will last a lifetime. In conjunction with community partnerships, the real world learning experiences that Co-op offers, encourage students to grow their skills, and confidence in the work place, by generating self knowledge and solidifying decisions around post secondary pathways, as they make plans for life after graduation.

"Co-op has been my absolute favorite class from the moment I heard it existed. For four months I've been working at the Michelle Walker Remax Team Real Estate office. I have been incorporated in the team and given the opportunity to create new knowledge within tasks I am given.

I have made suggestions and they have been heard. For example, I brought forward the idea of including a Land Acknowledgement on the company website, in addition to assisting with administrative tasks relevant to the industry. I am now certain this is the career I want.

Co-op is an incredible opportunity to try out your future life. It is a way to figure out if you want to take certain paths. Make sure what your studies have been building to is right for you. Not only that but you get to work outside of school for an entire semester. Within class you are taught how to properly conduct yourself during an interview, and work safely and effectively in the workplace.

Co-op is the opportunity of a lifetime and if you can take it I highly recommend it."

Max Dell, Grade 11 student



Ryley Edwards- Dog Walker & Grooming Assistant-No Bones About It Doggy Daycare and Spa



Satica Gabriel Carey Retail Assistant and Visual Merchandiser-Second Voyage Vintage

# YOUTH HEALTH TRENDS IN ONTARIO: VAPING



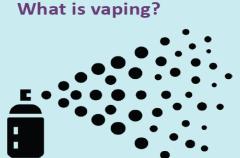
This infographic is informed by data from the COMPASS study. The 9-year longitudinal study (started in 2012/13) tracks Canadian high school students to understand how to effectively improve their health behaviours.

For more information, please visit compass.uwaterloo.ca.



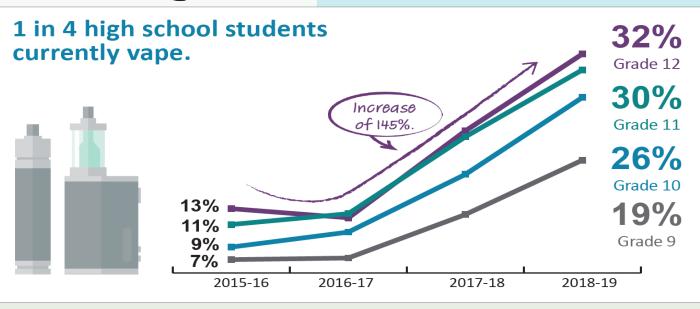


# Youth Vaping (grades 9-12) 28% of boys 23% of girls



Using an e-cigarette is called "vaping," but these devices produce an aerosol.

An aerosol is a suspension of fine solid particles or liquid droplets in air or another gas, and can contain many chemicals.



## Why are students vaping?

Students said they tried vaping because:

- · they were curious
- wanted to try something new.



## How often are students vaping?

8% of students reported vaping 21 days or more in the past month.

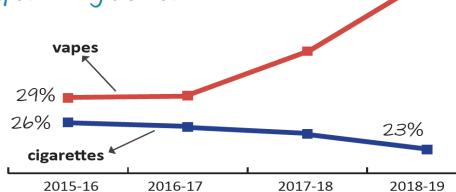
This is a 5X increase since 2015/2016.



Vaping has increased among all students across all categories (gender, ethnicity, smoking status), the largest increase in use was seen among females between 2017/18 and 2018/19.

## Patterns of use are changing.





## *₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹₹*

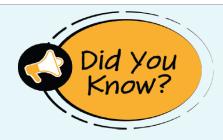
changes in 2018
made vapes with
nicotine legally
available in Canada.
This allowed vape
pod products to
be legally sold and
purchased.



Vaping has been associated with e-cigarette/vaping associated lung injury (EVALI). **EVALI is an inflammatory response in the lungs** triggered by inhaled substances.



**Vaping products** are **attracting youth** who would otherwise be unlikely to start smoking cigarettes.



45%



Many vaping products contain nicotine, an addictive substance that can negatively impact adolescent brain development.



In Canada, some vape pods contain as much nicotine as a pack of cigarettes.



Possible **side effects** of vaping **include:** 

- increased heart rate and blood pressure,
- lung disease,
- chronic bronchitis
- insulin resistance leading to Type 2 diabetes.



A number of the chemicals found in the aerosol produced from vaping devices have known toxicity (e.g., formaldehyde).





## Staff Contact Information

Elizabeth.Barsby@tdsb.on.ca - Math ACL

<u>James.Bencze@tdsb.on.ca</u>—Law/History

Kristen.Bloodworth-Feeney@tdsb.on.ca - Youth Worker

<u>Lisa.Bourgard@tdsb.on.ca</u> – Student Succ ACL

Korey.Brand@tdsb.on.ca—Phys.Ed ACL

Karyn.Bugelli@tdsb.on.ca—Guid A-Go (9)ACL

Reginald.Brown@tdsb.on.ca—Business/Accounting

Karen.Calis@tdsb.on.ca - Visual Art, Spec. Ed

Neil.Carrol@tdsb.on.ca-Life Guard

Jessica.Collura@tdsb.on.ca - Law/APS/Phys.Ed

<u>Jo-Anne.Cortes@tdsb.on.ca</u> – French Soc. Sci.

<u>Ruthie.CowperSzamosi@tdsb.on.ca</u>-Eng/Math/Student Succ

<u>Lea.Cruz@tdsb.on.ca</u> – Imm/Ext French

Virginia.dawe@tdsb.on.ca-Sci, GLS

Emily.Davnes@tdsb.on.ca-Fr. Geo

Christian.Do@tdsb.on.ca - Fr. Math

Alba.Doudoumis@tdsb.on.ca - Biology/Spec. Ed

<u>Brant.Drewery@tdsb.on.ca</u> – History/Geography

Jeffrey.Eschle@tdsb.on.ca - Math

Rafael.EscobarLamanna@tdsb.on.ca - Science ACL

Michael.Falla@tdsb.on.ca - Music/Geo

Demetra.Germenis@tdsb.on.ca-Attendance Sec.

<u>Madeleine.Girgis@tdsb.on.ca</u>—Civics/Careers/RES

Nalini.Graham@tdsb.on.ca - Social Science/Lib

Evan.Grant@tdsb.on.ca - Guidance/Geo ACL

<u>Alexander.Hang@tdsb.on.ca</u> – Science/Physics/Math

<u>Luke.Hartley@tdsb.on.ca</u> – Geography

Catherine. Hunnisett@tdsb.on.ca - History ACL/Lib

<u>John.Iacobucci@tdsb.on.ca</u> – Integrated Technology

George.Janeteas@tdsb.on.ca - English, ACL

Jamil.Kalim@tdsb.on.ca - English

Sandy.Kaskens@tdsb.on.ca-Principal

Gabriela.Katai@tdsb.on.ca—Math

Jennifer.kim@tdsb.on.ca-Ed. Assistant

Ethel.Koumarelas@tdsb.on.ca - Science/Chemistry

Amy.Kuang@tdsb.on.ca—Math/French

Leeanne.Larabie@tdsb.on.ca-ACL, Guidance

Paul.Leclerc@tdsb.on.ca - French Immersion

Jenny.Lee@tdsb.on.ca-Special Education

Nickie.Lewis@tdsb.on.ca - Office Administrator

<u>Carter.Livingstone@tdsb.on.ca</u> – Phys. Ed ACL

Robert.Matthews@tdsb.on.ca - Visual Art, ACL

Fraser.McCulloch@tdsb.on.ca - Business

<u>Laura.McNabb@tdsb.on.ca</u>—French/RSE

<u>Sylwia.Mlynarska@tdsb.on.ca</u> – English

Steve.Mlilo@tdsb.on.ca—Safety Monitor

<u>Laura.Norris@tdsb.on.ca</u> – Vocal Music/Soc. Sci

Rory.Olwyn@tdsb.on.ca—English, Drama

<u>Liam.O'Mara@tdsb.on.ca</u> – French Imm, ACL

<u>Anthony.Parise@tdsb.on.ca</u> – English/Drama

<u>Karan.ParmarNaples@tdsb.on.ca</u> – Math/Science

<u>Andrew.Patterson@tdsb.on.ca</u> – English

<u>Laura.Peterdy@tdsb.on.ca</u>—Office

Cora.Peisz@tdsb.on.ca-VP (L-Z)

Tetvana.Pvtlovana@tdsb.on.ca - Math

Melissa.Rambarran@tdsb.on.ca—Guid Secretary

<u>Vik.Rao@tdsb.on.ca</u> — ACL Comp.Sci/Business

Manuela.Roberts@tdsb.on.ca - French/English

Rob.Salvatore@tdsb.on.ca - Phys.Ed

Rebecca.Sanderson@tdsb.on.ca—Sci/Bus

<u>Dean.Sasabuchi@tdsb.o</u>n.ca - Science

Marcela.Smolkin@tdsb.on.ca - Spanish/APS/Civics

Kym.Stadnyk@tdsb.on.ca-VP (A-K)

Mark.Steel@tdsb.on.ca - Chemistry/Science

Lisa.Telio@tdsb.on.ca—Main Office

Korina.Thomas-Reynolds@tdsb.on.ca—French/Math

<u>Drew.Tse@tdsb.on.ca</u>—Fr.Math/Business

Anne.Tsukada@tdsb.on.ca - Phys. Ed.

LisaAngela.Turcotte@tdsb.on.ca - History, Civics Fr.

Qing.Zhu@tdsb.on.ca - Science/Physics

**ACL** Curriculum Leader

**Blue** Guidance/Student Support

**Red** Office and Administration