

55 Malvern Avenue
Toronto, ON
M4E 3#4
416-393-1480
@malvern_c.TDSB



September 2022
Volume 3, Issue 1
Principal: [Sandy Kaskens](#)
Vice-Principal (A-K): [Kym Stadnyk](#)
Vice-Principal (L-Z): [Cora Peisz](#)
Superintendent: [Belinda Longe](#)
Trustee: [Michelle Aarts](#)

MALVERN C.I.

KAREN CHABOYER SPEAKS ABOUT HER EXPERIENCE AS A RESIDENTIAL SCHOOL SURVIVOR

On September 30, the National Day for Truth and Reconciliation, Malvern learned about the history and legacy of residential schools through the lived experiences of Karen Chaboyer. Despite telling her story through a zoom meeting to over 1000 staff and students, it was as though she spoke to each of us directly.

Following the hour, students and staff walked in silence to their next class, where they reflected not just on Karen's story, but on the story of so many survivors of residential schools, and intergenerational impact.

Karen entered the residential school system in 1956 and remained there for 9 years. She remembers, at the age of 6, that she didn't know what school was, but she was excited. Nine years later, she left school not knowing her own language, not knowing how to communicate, not knowing how to socialize, not knowing how to make decisions or problem-solve, not knowing her family or friends. She left school and had no self-love, not trust, and no acceptance from others. She recounts, "I yearned for love and acceptance, yet trusted no one."

Karen has drawn strength and joy from her 17 grandchildren, and she continues to share her story with others. When asked what the Malvern community can do to support the Calls to Action and Truth and Reconciliation, Karen's response was a powerful one: "Don't rescue us. Realize that education is the key. Commit to learning more about the past and about us. Our culture is beautiful."



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EXTRA-CURRICULAR WEBSITE

Bookmark the website to find out information about all of Malvern's clubs, councils, leadership groups, special events and athletics.

The website will be updated regularly as we introduce more extra-curriculars!

<https://sites.google.com/tdsb.on.ca/mci-extra-curricular/clubs>

INDIGENOUS LEGACY GATHERING - SOCIAL SCIENCES FIELD TRIP

Students from the Grade 11 “APS” (Anthropology, Psychology and Sociology) classes and the Grade 12 Equity & Social Justice class went on a field trip to Nathan Phillips Square on September 29 for the 4th Annual Indigenous Legacy Gathering. This gathering was organized by Toronto Council Fire Native Cultural Centre, a cultural agency serving the Indigenous community and their well-being.

The programming this year is focused on the theme of *Revillagizing*. *From Council Fire: “Revillagizing is a return to traditional cultural values and beliefs that honours Creator and all of creation (the natural world). Through the support of our community members, knowledge keepers, elders, grandmothers, storytellers, drummers and dancers, we gather in the spirit of celebrating all our teachings, learning, sharing and collective growth.”*

At the gathering, students observed events on the Main Stage, including a Grand Entry, drumming, singing, lacrosse teaching, and storytelling. In tipis and booths throughout the square, students participated in learning experiences with a wide variety of local organizations, including Métis Nation of Ontario, Ontario Native Women’s Association, 2 Spirited People of the 1st Nations, Thunder Woman Healing Lodge Society, Our Children’s Medicine, and the Anishinaabe Teaching Lodge.

As a Malvern community we plan to keep learning, building cultural competence and forging our own paths to Truth and Reconciliation.



HOW DO I STAY INFORMED OF SCHOOL EVENTS?

1. One of the best ways to know what is going on at the school is to ask your child. All students have access to the School Connects App, and daily school announcements are accessible through the app. If you can convince your child to give you their phone and log you in, you’ll see all the information there!
2. Consider checking the school’s calendar regularly. All events and special days are posted in the calendar and it is updated almost daily! The school’s [website](#) has the live calendar.



HOW DO I KNOW IF MY CHILD NEEDS AN INDIVIDUAL EDUCATION PLAN (I.E.P.)?

How do Students Access Additional Support if they don't have an I.E.P.?

Students who do not have an I.E.P. or a diagnosed learning disability may need additional support from time to time because of a variety of factors that may impact their learning.

These factors include—but are not limited to—the following:

- ◆ Anxiety or Depression
- ◆ Other mental health issues
- ◆ Gaps in learning
- ◆ ADHD
- ◆ Trauma/Emotional Distress

For most students, Classroom-Based (Tier 1) support will address these needs.

How do Students Access Classroom-Based (Tier 1) Support?

Students do not need an IEP, an ILP, or a doctor's note to access classroom-based support. Classroom-based support is available to all students, as needed.

It is essential that students communicate their learning needs to their teachers. Students may choose to not disclose specific factors that are impacting their learning; however, it is critical that students communicate to the teacher what their learning needs are, and the specific times when their needs require some additional support from the teacher.

What is Classroom-Based (Tier 1) Support?

Teachers are required to support all students so that they can demonstrate their understanding of the course curriculum. This includes—but is not limited to —the following:

- ◆ Additional time for tests, when needed
- ◆ Providing specific feedback for next steps
- ◆ Providing additional opportunities to demonstrate the expectations
- ◆ Providing extra help opportunities
- ◆ Providing skill-building exercises related to the feedback
- ◆ When necessary, differentiating & scaffolding evaluations

Students who experience anxiety, depression, other mental health issues, trauma or emotional distress, learning gaps, or ADHD may have a greater need at certain times for additional support from teachers. The most common request is the provision for additional time on tests or the use of the Resource Room for writing tests.

How do Students Access the Resource Room for Writing Tests?

- ◆ The use of the Resource Room is for students whose IEP stipulates that an alternative space is needed.
- ◆ Students that do not have an IEP, and consistently demonstrate a need for an alternate space, may also use the Resource room for writing tests.
- ◆ In most cases, students are better served writing their test in their classroom, with the support of their teacher to answer questions, and the provision for extra time when it is needed.

What should students do if the support they are receiving is not meeting their learning needs?

- ◆ Tier 1 support is in place to address learning needs of all students, and it also enables teachers to determine if there is a consistent, demonstrated learning need that may require additional interventions.
- ◆ If a student consistently demonstrates a need for additional

support and it is not adequately addressed through the classroom teacher, then the student, parent or teacher may request that school-based support be initiated.

- ◆ See below for more information.

School-Based Support (Guidance, Student Success) Guidance Support may include:

- ◆ Meeting with student
- ◆ Connecting them with community resources/supports
- ◆ Coordinating with teachers to share best practices or to implement other strategies
- ◆ Checking in with student regularly
- ◆ Verifying that Tier 1 supports have been implemented
- ◆ If appropriate, referring student to **In-School Support Team (IST)**

Student Success Support may include:

- ◆ Meeting with student
- ◆ Connecting the student with our Youth Worker
- ◆ Reviewing OSR and achievement data
- ◆ Providing academic support as needed
- ◆ Monitoring the student's progress
- ◆ Liaising with teachers to review strategies and supports
- ◆ Verifying that tier 1 supports have been implemented
- ◆ Considering timetable changes
- ◆ If appropriate, refer to **In-School Support Team (IST)**

Initiating Tier 2 Support (Special Education In-School Support Team (IST))

The In-School Support Team (which includes Student Success, Guidance, Special Education, Admin, and referring teacher(s)) meets monthly to discuss individual students.

Discussion may include:

- ◆ Reviewing concerns and the strategies that have been implemented;
- ◆ Considering additional interventions;
- ◆ Reviewing OSR and academic history;
- ◆ Considering programming changes;
- ◆ Communicating next steps with students, teachers and parents;
- ◆ If appropriate, referring student to the **School Support Team (SST)**

School Support Team (SST)

The School Support Team (which includes the School Social Worker, Psychologist, Spec. Ed. Consultant, Parents) meet monthly.

Discussion/Plan may include:

- ◆ Reviewing all concerns, interventions and tier 1 supports that have been implemented;
- ◆ If appropriate, recommending formal assessments or outside agencies;
- ◆ If appropriate, preparing an I.E.P.; Reviewing completed assessments/testing;
- ◆ If appropriate, proceeding to an IPRC;
- ◆ Communicating plan with student, parent/guardian, classroom teachers, and TDSB support personnel and/or outside agencies

DREAMER DAY EVENT

“Join us for the live celebration and flag-raising ceremony as we open a world of opportunities to young women and empower them to DREAM BIG! Girls, and any young person identifying as female, can achieve anything they set their minds and hearts to. Build a Dream is here to help them reach for the stars and remind them that NOTHING can get in the way of their dreams!” Viral Tiktok artist Jax will be performing at the event!

October 5, 2022

Enercare Centre, CNE

8:30 AM - 6:00 PM (EDT)

- ◆ OYAP (Ontario Youth Apprenticeship Program) has paid for 1500 female-identifying students in grades 7-11 to attend this amazing event celebrating the International Day of the Girl.
- ◆ Contact your guidance counsellor for information on how to register. [Information Flyer](#)

POST-SECONDARY UPDATES

[Ontario Universities' Fair](#)

- ◆ **October 1-2, 2022**, 9:30am - 5:00pm; Metro Toronto Convention Centre
- ◆ This event is fair style with booths from Ontario universities, and it allows you to gather information and chat with representatives one on one; see the virtual “Information Sessions” on different dates for university presentations
- ◆ Get the OUF Pass to share contact information with universities
- ◆ Plan Your Day: [OUF Event Information](#) | [Getting There](#)

Malvern Post-Secondary Fair

- ◆ **October 6, 2022**, 9:00am - 12:30pm, Malvern CI Cafeteria
- ◆ Over 20 universities and colleges plus the Ontario Youth Apprenticeship Program will be at Malvern for senior students
- ◆ Period 1 Grade 12 students and Period 2 Grade 11 students will visit the fair (including students with spares), with an opportunity to return at lunch

[Ontario College Fair](#)

- ◆ **October 19, 2022** - 5:00pm-9:00pm; **October 20, 2022** - 9:00am-2:00pm; Enercare Centre
- ◆ A series of presentations and info sessions will help students learn about careers & programs, applying, college life and how to pay for college
- ◆ Let your guidance counsellor know if you are a student interested in attending the October 20 date during the school day

HOW TO REACH YOUR GUIDANCE COUNSELLOR

Sylwia Mlynarska (last names A-Go) - sylwia.mlynarska@tdsb.on.ca
Karyn Bugelli (last names A-Go - Grade 9s) - karyn.bugelli@tdsb.on.ca
Leeanne Larabie (last names Gr-M) - leeanne.larabie@tdsb.on.ca
Evan Grant (last names N-Z) - evan.grant@tdsb.on.ca

Malvern Guidance Instagram - follow us [@mcguidance](#) for updates from the guidance team! [Useful links are found in our bio.](#)

IMPORTANT DATES

- ◆ [Ontario Colleges](#) applications open: Early October
- ◆ Malvern Post Secondary Fair -Thursday, October 6th, 2022
- ◆ Ontario Universities' Fair - Saturday, October 1st and Sunday, October 2nd, 2022
- ◆ Ontario College Fair - Wednesday, October 19th and Thursday, October 20th
- ◆ [OUAC / Ontario Universities](#) application PINs distributed: November 2022
- ◆ **Semester 1 Mark Maintain After Date** (Full Disclosure): **Friday, November 25, 2022** - *Course changes are now done for Semester 1, but grade 11 & 12 students may still drop a course by this date so it does not appear on the student transcript*

The Scholarship Report

The September 2022 edition of The Scholarship Report is available for Malvern families.

This resource provides helpful information as you prepare for postsecondary education.

The Scholarship Report posts information on postsecondary events and opportunities, application tips, advice from experts, campus Open House Schedules, career resources, and lists of curated scholarship and bursaries, and other ways to pay for school.

NOTE: students should contact their guidance counsellor for all major scholarships requiring a nomination from Malvern. In most cases, the full application package should be sent to the guidance counsellor one week prior to the school nomination deadline.

Future editions of The Scholarship Report will be available through our Instagram and the [Malvern Guidance website](#).

MENTAL HEALTH, WELL-BEING & COMMUNITY SUPPORTS

For a variety of resources and organizations to help support student mental health & well-being, see the links below for info and chat options. Connect with a Guidance Counsellor for support.

- ◆ [TDSB Mental Health & Well-Being Resources](#)
- ◆ [Kids Help Phone](#) at 1-800-668-6868 or text CONNECT to 686868
- ◆ [What's Up Walk-In® | Mental Health Counselling](#) - 1-866-585-MHTO (6486)
- ◆ [Telehealth Ontario](#) at 1-866-797-0000
- ◆ [211](#) – community supports such as food banks, housing and more.
- ◆ [Canadian Mental Health Association - Ontario](#)
- ◆ [Distress Centres of Greater Toronto](#) - 416-408-4357 or text 45645
- ◆ [Assaulted Women's Helpline](#) 1-866-863-0511 or text #SAFE (#7233)
- ◆ [Black Youth Helpline](#) - 416-285-9944
- ◆ [Hope for Wellness - Indigenous Youth Helpline](#) - 1-855-242-3310
- ◆ [Naseeha - Muslim Youth Helpline](#) - 1-866-627-3342
- ◆ [Hong Fook Mental Health Association \(Youth and Family Service\)](#) - 647-619-9030
- ◆ [Trans Lifeline](#) - 1-877-330-6366
- ◆ [Lesbian Gay Bi Trans Youth Line](#) - 1-800-268-9688 or text 647-694-4275

UNIVERSITY APPLICATIONS

A great website for researching Ontario universities is <https://www.ontariouniversitiesinfo.ca/>. OUAC PINs will be distributed to students once received by Guidance, usually in early November. The unique PIN will allow creation of an application account at <https://www.ouac.on.ca/>

COLLEGE APPLICATIONS

A great website for researching Ontario colleges is <https://www.ontariocolleges.ca/en/programs>. Students can apply starting in October at <https://www.ontariocolleges.ca/>

SKILLED TRADES

Check out <https://oyaptdsb.com/> for more information about OYAP (Ontario Youth Apprenticeship Program)

REAL JOBS DAY

October 13, 2022

Ted Rogers School of Management

8:30 AM - 3:00 PM (EDT)

REAL Jobs Day is an excellent way to learn about career opportunities in commercial real estate through a day of activities that include a walkthrough CF Toronto Eaton Centre, panel session and fun and engaging activities. Participants will also have the opportunity to meet and network with women working in a variety of fields in the commercial real estate sector.

This event is for Grade 11 or 12 students who identify as female. Space is limited, so register soon. For more information, visit <https://torontocrew.org/events/2022-events/2022-10-13-real-jobs-day>.

HOW TO REACH YOUR GUIDANCE COUNSELLOR

Sylwia Mlynarska (last names A-Go) - sylwia.mlynarska@tdsb.on.ca

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Leeanne Larabie (last names Gr-M) - leeanne.larabie@tdsb.on.ca

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Malvern Guidance Instagram - follow us [@mcguidance](#) for updates from the guidance team! [Useful links are found in our bio](#).

THE VINYL CAFÉ—EVERYONE IS WELCOME!

For the uninitiated, Malvern's Vinyl Cafe is a social club that meets in Room 208 every Friday at lunch. It is intended to provide a fun, interesting and enjoyable space to have lunch, help oneself to a Timbit or two and a coffee and listen to a selected vinyl record. Attendance is open to anyone who is interested in checking out what is on the turntable that day. Announcements on the morning Tackler, on Brightspace and on our Instagram (@malvernvinylcafe) let students know ahead of time what's coming up and occasionally inform them about something to do with the album's significance.



Students arrive and the fun begins!

This year, we kicked it off big time with a special event to encourage our new grade 9's to join in on one of the coolest clubs going. Dubbed "Grade Nine Appreciation Day Vinyl Record Giveaway Extravaganza!" (there's a mouthful), the lunchtime event provided grade 9's with the opportunity to pick an album of their choice from a stack of over a hundred records to take home and either start a collection of their own or add to their existing collection.

Piles of records were laid out on the tables before the kids arrived and when they showed up, the fun began! With Pink Floyd's *Dark Side of the Moon* spinning on the turntable, providing our backdrop, students scoured through the piles, looking for the right treasure.

Somewhere around 53 students were in attendance, spread across two rooms – over half were grade 9's. Once the 9's had picked out their choice albums, I opened up the event to the rest of the students and everyone went away happy with a free record! There was some obscure stuff (anyone remember Chalk Circle?) and lots of gems, including a triple vinyl Woodstock, Tom Petty, The Beatles, Billy Joel, Heart, U2, Rod Stewart and much more. The event was a huge success and you never know, it might become an annual thing. But it certainly brought in a whole new crowd of students and hopefully, for most of them, sparked a new interest in a truly fulfilling hobby.

New members are always welcome. It's the best way to spend a Friday lunch period!

By: Sean Matthews



Everyone poses with their newfound treasure!



MALVERN'S EXTRA-CURRICULAR WEBSITE

<https://sites.google.com/tdsb.on.ca/mci-extra-curricular/clubs>

If you purchased a yearbook during the last school year and your student has not received it, please have them see Ms. Koumarelas in room 211A.



STUDENT SUPPORT INFORMATION

Malvern Peer Tutoring

<http://bit.ly/MCIpeertutor>

<http://bit.ly/MCIpeertutee>

Call for Peer Tutors!

Are you interested in earning volunteer hours? Are you patient, passionate about school, and willing to help a fellow MCI student with their learning? If so, please consider signing up to be an MCI Peer Tutor. You will meet with your Tutee twice a week. If interested, please complete the following [form](#).

Interested in Receiving Free Tutoring?

MCI has a Peer Tutoring Program! If you would like to receive FREE tutoring from a fellow MCI student, please complete the following [form](#). You will meet with your Tutor twice a week. Hope you will join us!

The Peer Tutoring program will be running again this year.

NEW for this year - tutoring will take place 2 x a week either in the morning (8:30am - 8:55am) or at lunch (12:15pm - 12:40pm). Tutors and Tutees will work out a schedule together once they are paired up.

Student Support Room

Room B1 (basement - across from the Cafeteria)

Who We Are	What We Do
<ul style="list-style-type: none">★ Ms Bourgard - Student Support Teacher Block A, Block B, Block C★ Ms Cowper- Student Support Teacher Block D★ Kristen Bloodworth-Feeney, CYW	<ul style="list-style-type: none">★ Tracking and Monitoring of Students★ Credit Recovery★ Social/Emotional Growth (CYW)★ Academic Support/ Extra Help★ Assistive Technology★ Alternative Setting for A&E
<p>A&E in the Student Support Room will primarily be for students having an IEP with 'alternative settings' in Assessment Accommodations</p> <p>Space is limited! Please ask students to sign up using the form http://bit.ly/MCIB1 in advance of the evaluation</p> <p>You can reach us at 4002 on the house phone</p>	



BOOKMARK THIS!

<http://bit.ly/MCIB1>

NEW COMMUNICATION OPTIONS FOR FAMILIES - SCHOOL MESSENGER

The following information was shared with all TDSB families from the TDSB.

The TDSB is offering two new ways for parents and caregivers to stay connected with their school and the TDSB.

COMMUNICATION FROM SCHOOL

Parents and caregivers will have an opportunity to opt in to receive text messages from their school and TDSB in addition to receiving messages through email. A text message will be sent to you to the phone number you have on file in September inviting you to opt in.

REPORTING ATTENDANCE

Families will also have the option to use the [School Messenger](#) app or website for a faster and easier way to report absences and receive communication sent by the TDSB and your school. This service is available now. More details about how to get started with School Messenger are available below.



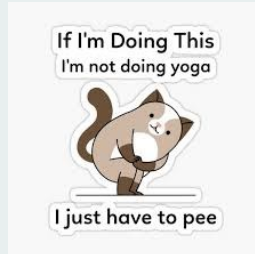
SCHOOL TONE & STUDENT SAFETY

I speak on behalf of all staff when I say that it is wonderful to have the halls full of students once again, and it's clear that students are happy to be together again. The buzz of student activity is back, and now that some extra-curricular activities are resuming, there will be even more energy in the school.

There are a few reminders, however, that I would like to bring to everyone's attention

Washrooms—A TDSB school was recently in the news over complaints from students that students were congregating in the washroom (vaping) and leaving other students no other option but to “hold it” or to go to the neighbourhood community centre. This could very well have been most secondary schools.

At Malvern, we have increased our supervision and have organized a program to increase awareness of the harmful effects of vaping. And while vaping in washrooms *appears* to have decreased since last year at this time, we still see groups of students who just happen to end up in the washroom at the same time, and their prolonged presence makes it uncomfortable (at best) and impossible (at worst) for an unsuspecting student to use the washroom for its intended purpose. It's an age-old problem perhaps, as the washroom is the only place that is truly private, and exclusively “student space”.



We are continuing in our efforts to break up the social gatherings in the washrooms.

Lateness—Now that school is well underway, we are noticing an increase in the number of students who don't quite make it to class in time at the start of the day and for the class after lunch.

Digital Citizenship—Stay tuned for more information and workshops for parents around how we can work together to guide students on responsible and respectful use of social media. Online bullying continues to be an issue for many teens and young adults. Students need to become more aware of what online bullying looks like, as many reinforce harmful rumours without realizing they are doing it.

MALVERN'S CODE OF CONDUCT & WELCOME ASSEMBLY



A paper copy of Malvern's Code of Conduct has been provided all students, and it has been reviewed by their period 1 teacher.

In addition, the administration hosted a welcome assembly during the 1st week of school to review school expectation.

Parents are encouraged to review the [Code of Conduct](#) and the [slides](#) from the Assembly.

Students have access to the Code of Conduct, as well as all school policies and procedures through their School Connects App.

THE CHROMEBOOKS HAVE ARRIVED!

Grade 9 students will be receiving a Chromebook during their Day 1, Period 1 Classes started the week of Oct. 11.

Parents are reminded to complete the request form/contract agreement. There is no cost for the Chromebook, and students keep it until they graduate!



PHOTO DAY

Did your child miss picture day?

No worries! Photo re-take is Tuesday, October 11



EXTRA-CURRICULAR ACTIVITIES

Malvern's Peer Leaders will be hosting an Extra-Curricular Fair on October 13. Students will have an opportunity to learn about all the clubs and extra-curricular activities offered at Malvern.



REGISTRATION FORMS

Parents have received registration forms that require attention. These forms allow you to update medical information, confirm personal information, and provide permission for walks in the immediate community, media releases, and other important permission forms.

You may find these registration forms in your spam folder. Please look for them.

These forms have been sent to parents via “Permission Click”.

STUDENT ACTIVITY FEE

Parents are reminded that the student activity fee may be paid through School CashOnline. The Activity cover the cost of the yearbook, as well as a number of student activities (including athletics and extracurricular clubs) throughout the year.

GRADE 9 ACTIVITY DAY—OCT. 6

Mr. Brand's leadership class has been busy planning a day of fun for all our grade 9's.

On Thursday, October 6, our grade 9's will be spending the morning participating in activities to promote friendship and team-building.

Please be sure they are dressed for the outdoors and that they have their water bottle.

RED & BLACK DAY—OCT. 6 (PM)

It has been 2 years since the Malvern staff and students participated in Red & Black Day.

This tradition has been in place for over 15 years. At the start of lunch, students will be dismissed and the Malvern community makes its way to Birchmount stadium to cheer on our teams in football and rugby.

As any student who has participated in the past, and they will tell you that it's much more than watching a sporting event.

Red & Black day brings the school community together and builds school spirit and friendship.

Parents/Caregivers, please be sure to complete the online permission form that was sent on Friday, September 30 so that your child can participate.

AN EXTRA LONG WEEK-END FOR STUDENTS!

Thursday, October 6 is an afternoon of fun.

Friday, October 7 is a PA day

Monday, October 10 is a holiday!

COMMUNITY FUNDRAISER!

Dear Friends and Neighbours,

I hope you're all well and have had a great summer! I am reaching out to invite you to a **Fundraising Party** that I have organized at the **Balmy Beach Club on Friday, October 7th, at 7:30 pm**. We'll have a live band and a great venue, it's going to be great! This event is a fantastic opportunity to get together with community friends and raise money for the **Canadian Tire Jumpstart Foundation - a great cause!** I would love for you to join us!

Youth sports have been a massive part of my life, as most of you know. I'm currently a sailing instructor working with kids every day, so I see the positive impact that sports have on our youth, such as learning new skills, reaching goals and making lifelong friends. I believe all kids should have these opportunities!

Tickets are \$50/person. This includes admission, the live band and one drink ticket. All net proceeds go to the Jumpstart Foundation. There are no other fundraising activities on site, as these are not permitted.

For those of you who can't make the party, please consider donating. For every \$70 raised, a child will be able to play a sport for an entire season!

This event will be a great way to reconnect with friends, listen to great music, and raise money to help kids experience the joys of playing sports. Please feel free to share this link with your friends and family. I am looking forward to seeing you all there.

Sincerely,

Matthew Stansfield

PARENTING FOR POSITIVE MENTAL HEALTH



If you missed the Part 1 Parent Webinar on September 27, you don't want to miss Part 2 on October 25.

Over 150 Malvern parents logged in to hear from Amanda Lamb from the Pine River Institute. Her talk focussed on identifying risky behaviour in children and teens. She also addressed the question of why some kids struggle, and identified factors that increase risk.

Part 2 on October 25 will focus on what parents can do to help, and how it helps.

Whether you are a caregiver of teens, young adults or young children, the webinar was engaging and relevant. There is so much to learn about how we respond to and support the teens that we have in our homes and in our school.

I am recommending this workshop to everyone, including the Malvern staff.

Student/adolescent behaviour, whether it is symptomatic of mental health struggles or other factors, is a form of communication, and it is our collective and individual responsibility to listen and to learn, as educators and as parents.

Please see the flyer on the next page.

Register for Part 2 [Here](#)

Parenting for Positive Mental Health

Presented by Pine River Institute's
Centre for Family Initiatives

Join the Pine River Institute's Centre for Family Initiatives for a presentation of *Parenting for Positive Mental Health Part 1 and 2*, presented by the Centre for Family Initiatives Director, Amanda Lamb.

These webinars are for parents, educators, caregivers, and anyone with young people in their lives whose mental well-being they want to support. These webinars can be viewed as stand-alone presentations - if you miss the first one you can still attend part 2!



*Centre for Family
Initiatives Director*
Amanda Lamb

Tuesday September 27:

Parenting for Positive Mental Health, Part 1

Understanding our child's behaviours and development so that we can respond with intention to promote mental wellness and growth.

Tuesday October 25:

Parenting for Positive Mental Health, Part 2

Attunement, connection, and setting limits. Understanding your parenting style and the challenges parents face when their children push back.

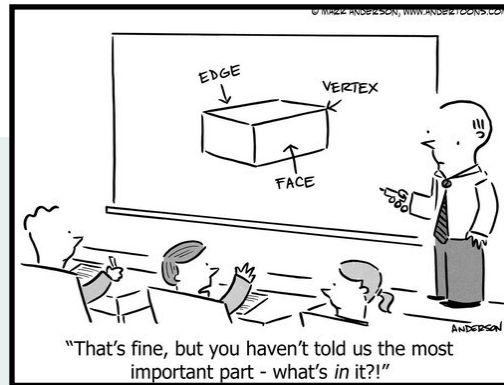
Register for Part 2 [Here](#)

FROM THE MATH DEPARTMENT

In February and April of the 2022 school year, Malvern participated in the University of Waterloo Canadian Mathematics competitions. The Pascal, the Cayley, and the Fermat contests were written by approximately 55, 585 students from over 1300 schools across Canada. For the Euclid contest there were just over 22,000 participants and for the Fryer, Galois and Hypatia contests, over 6000 students wrote.

The aim of these competitions is to not only provide students with an opportunity to test their mathematical aptitude against that of other students but also to develop invaluable skills like creative problem solving and big picture thinking. In recognition to those students who scored in the top 25% of all competitors, the University awards certificates of distinction and classifies them as honour roll students locally, provincially or nationally. Medals to the school champion for each contest are also awarded.

The math department is delighted to announce the students who excelled in these contests and have been awarded honour roll distinction. Certificates and medals were distributed to each student by their math teacher in June.



PASCAL & FRYER GRADE 9	CAYLEY GRADE 10	GALOIS GRADE 10	FERMAT GRADE 11	EUCLID GRADE 12
Sophia Wu	Cameron Biswas Kai Imai Julia Sinclair	Natalie Burrows Kai Imai	Sasha Rao	Matthew Zhao

Thank you to all those who participated. We hope that these contests provided you with mathematical stimulation and helped build confidence in your ability to tackle challenging problems. We look forward to you writing the 2022-2023 Math contests.

[UNIVERSITY OF WATERLOO MATH CONTESTS](#) (if interested in these contests, please see your math teacher)

Canadian Senior Intermediate Math	Pascal, Cayley and Fermat PCF	Euclid	Fryer, Galois, Hypatia FGH
November 16, 2022	February 22, 2023	April 4, 2023	April 5, 2023

HOSTED BY UNIVERSITY OF TORONTO MATH CONTEST
Canadian Math Open Challenge ([CMOC](#)) - October 27, 2022

If interested in this contest, please see Ms. Barsby, Math Department, ACL

LOOKING FOR SOME EXTRA HELP IN MATH?

Did you know that students can sign up for free online tutoring through TVO's Mathify?

Be sure to register now to access tutoring from on Ontario Certified teachers, 7 days a week, until 9:00 p.m.

For all grades (even grade 12!)

[Register \(tvomathify.com\)](https://www.tvomathify.com)

Malvern's School Council

Welcome to the new school year whether you are a returning parent or new to Malvern! We had a wonderful first meeting on September 20 with parents both in-person in the library and online and our plan is to continue to have meetings either hybrid or fully on-line especially during those "bad weather" days! These meetings consist of updates from our Student Council, Principal (Sandy Kaskens), Teacher Representative (Rafael Escobar) plus Treasurer, Ward Rep and Committee updates.

Here is the full schedule of meetings and all current Malvern parents/guardians are welcome to join! We meet the 2nd Tuesday of every month, 7PM-8:30PM, with some exceptions as noted below.

October 18, 2022 *; November 15, 2022 *; December 13, 2022; January 10, 2023; February 14, 2023; March 7, 2023 *; April 11, 2023; May 9, 2023; June 13, 2023
* not the 2nd Tuesday of the month

Fundraising: Traditionally, Malvern School Council has held two fundraiser/community engagement activities in the front half of the year (the Malvern Mixer) and back half (Boardwalk BBQ), however, these didn't take place during the pandemic and the online Red & Black Fundraiser was created instead. As a result, there is currently no one taking a lead on these or any other in-person fundraising events. If you are interested, please email MalvernSchoolCouncil@gmail.com.

We look forward to seeing everyone at the School Council elections on October 5 or at our next Council meeting, with the newly-elected Council in place, on October 18.

2022-23 School Council Election: The election will take place via Zoom at 7PM on Wednesday, October 5. We will first elect Parent Members followed by the election of the Officers. Per the Malvern by-laws, Council is able to have up to 30 Parent Members who have voting rights. Submit your [self-nomination form](#) by October 3 at 4:00 p.m.

IMPORTANT: You do not need to be a voting member of Council to attend Council meetings.

Parent Members (up to 30 members)

Any current parent/guardian is welcome to join School Council as a parent member. If you wish to be able to vote on issues such as budget, you must submit the [self-nomination form](#) no later than Sunday, October 2. Per the by-laws, Malvern School Council can have up to 30 parent members who are expected to attend all Council meetings. If a parent member misses more than two meetings, their voting privileges may be revoked.

School Council Officers

Once the voting Parent Members of Council have been elected, Officers will then be elected by the new Council. These are the Officer positions available – all can have a maximum of 2 people in that position. 2021/22 Officers were as follows: Angie Law (Chair), Adrienne Scott (Secretary), Nancy Mallins (Chair).

Chair: The Chair is an elected position within the Council and must be a parent or parents who are not employed by the School Board. It is strongly recommended that this position be filled by someone who has previously been an Officer of Malvern School Council. In addition to performing the same duties as other council members, the Chair is also responsible for: Arranging/organizing meetings, Preparing agendas, Chairing Council meetings, Facilitating resolution of conflict, Ensuring the minutes of the Council are recorded and maintained, Participating as ex-officio members of all committees established by the Council, Communicating with the Principal on behalf of the School Council, Providing input on behalf of the Council on issues related to Principal selection, classroom size, setting education priorities, school improvement plan for examples

Secretary: The Secretary is an elected position within the Council and must be a parent or parents who are not employed by the School Board. In addition to performing the same duties as other Council members, the Secretary is primarily responsible for recording attendance and minutes at Council meetings. The Secretary will work collaboratively with the School Chair to distribute meeting minutes and materials; manage email distribution lists and manage voting as needed.

Treasurer: The Treasurer will track and account for all School Council related expenditures and report back to the School Council at monthly meetings and submit the PSAB report at the end of the school year. Strong accountability, record keeping, and accounting skills are required for this position.

School Council Committee Volunteers Needed!

There are many opportunities to participate in the activities of Malvern School Council! Volunteers are needed for these committees or roles:

Parent Engagement Committee

Provides leadership on initiatives that engage, involve and welcome parents/families within our school. This may include surveying parents to identify engagement needs, exploring ways to involve parents in their child's learning and the school community, submitting relevant grant(s) (i.e., Parent Reaching Out Grant).

Eco Committee

Provides leadership on environmental initiatives within the school.

Social Justice and Safe & Caring Committee

Works closely with the School and Student Council to determine social justice initiatives and ways that School Council can collaborate and contribute to those initiatives. A parent representative from this committee will also be a member of the School's Caring and Safe School's Committee.

Fundraising Committee

Responsible for creating the fundraising plan for the year based on priorities identified by the school and Malvern families and overseeing and/or providing guidance to all fundraising initiatives.

Ward Representatives

Responsible for attending Ward meetings and reporting back each month to Council on highlights from those meetings.

If you are interested, please either email MalvernSchoolCouncil@gmail.com or indicate your interest on the School Council Election [self-nomination form](#).

Community Engagement

We continue to look for ways to ensure that Malvern is a community that is inclusive for all. We have to write the Parent Reaching Out grant soon – if people have ideas that they would like us to request funding for, please email us at MalvernSchoolCouncil@gmail.com

By-Laws: The TDSB has asked that all School Councils submit updated by-laws in October and have these approved in November. These will be sent out soon.

TDSB LINKS FOR PARENTS & CAREGIVERS



PARENTS AS PARTNERS CONFERENCE

Saturday, October 22 and Sunday, October 23, 2022!

This year, you can attend the conference virtually and also join our [pre-conference sessions](#) in person.

TDSB is committed to parent, caregiver, and community engagement as an essential element in our shared efforts to improve outcomes for children throughout their lives. Our role is to help build capacity by successfully engaging parents and caregivers, strengthening home-school partnerships, and aligning our collective efforts.


The Parents and Caregivers as Partners Conference 2022 provides an opportunity to highlight innovation and high-impact strategies for partnering, collaborating, and nurturing parents and caregivers partnerships and alliances.



PHYSICS PHUN!

Mr. Hang's grade 12 physics classes took over the 2nd floor hallway in their pursuit of mastering projectile motion. They fired foam darts with different trajectories and used photogates to electronically obtain data (via Bluetooth). The students were all *fired up*!




 Previously Engineering club

PHYSICS CLUB

WEEKLY MEETINGS
WEDNESDAYS
AT LUNCH

Open to all grades and ability levels,
Join for fun group design competitions!

Room TBD

 Follow mci_physics on Instagram

BALL HOCKEY BUDDIES!

Malvern students and Withrow Park Ball Hockey teammates Finn Harding and Hudson Cummins were provincial ball hockey champions this summer in Waterloo. They also qualified to compete in the nationals tournament in Winnipeg.

They made it to the finals and lost to the Province of Manitoba team. They both received Player of the Game awards and Finn received the MVP for Defence. It was amazing to see our local Beaches-Danforth community team compete so well against all star teams from across the country.

Finn's brother Jared and Jimmy Lombardi also competed in the provincial tournament. Thanks to their great efforts they were able to qualify for the nationals next year in Newfoundland.



Update: Finn Harding has signed with the Mississauga Steelheads in the OHL. He is an amazing student athlete that has worked so hard in the classroom and on the ice to get to where he is today.

We are so proud of him.

Staff Contact Information

Karen.Ash@tdsb.on.ca – Visual Art, Spec. Ed.

Elizabeth.Barsby@tdsb.on.ca – Math **ACL**

James.Bencze@tdsb.on.ca – Law/History

Kristen.Bloodworth-Feeney@tdsb.on.ca – Youth Worker

Lisa.Bourgard@tdsb.on.ca – Student Succ **ACL**

Korey.Brand@tdsb.on.ca – Phys.Ed **ACL**/Spec. Ed

Karyn.Bugelli@tdsb.on.ca – Guid A-Go (9) **ACL**

Hassan.Butt@tdsb.on.ca – Business/Accounting

Jessica.Collura@tdsb.on.ca – Law/APS/Phys.Ed

Jo-Anne.Cortes@tdsb.on.ca – French Soc. Sci.

Ruthie.CowperSzamosi@tdsb.on.ca – Eng/Math/Student Succ

Stephanie.Cox@tdsb.on.ca – Integrated Tech

Lea.Cruz@tdsb.on.ca – Imm/Ext French

Virginia.dawe@tdsb.on.ca – Sci, GLS

Christian.Do@tdsb.on.ca – Fr. Math

Ofelia.DeSousa@tdsb.on.ca – Main Office

Alba.Doudoumis@tdsb.on.ca – Biology/Spec. Ed

Brant.Drewery@tdsb.on.ca – History/Geography

Jeffrey.Eschle@tdsb.on.ca – Math

Rafael.EscobarLamanna@tdsb.on.ca – Science **ACL**

Michael.Falla@tdsb.on.ca – Music/Geo

Demetra.Germenis@tdsb.on.ca – Attendance Sec.

Nalini.Graham@tdsb.on.ca – Social Science/Lib

Evan.Grant@tdsb.on.ca – Guidance/Geo **ACL**

Alexander.Hang@tdsb.on.ca – Science/Physics/Math

Luke.Hartley@tdsb.on.ca – Geography

Catherine.Hunnisett@tdsb.on.ca – History **ACL**/Lib

John.Iacobucci@tdsb.on.ca – Integrated Technology

George.Janeteas@tdsb.on.ca – English, **ACL**

Jamil.Kaleem@tdsb.on.ca – English

Sandy.Kaskens@tdsb.on.ca – Principal

Gabriela.Katai@tdsb.on.ca – Math

Ethel.Koumarelas@tdsb.on.ca – Science/Chemistry

Amy.Kuang@tdsb.on.ca – Math/French

Leeanne.Larabie@tdsb.on.ca – **ACL, Guidance**

Paul.Leclerc@tdsb.on.ca – French Imm.

Nickie.Lewis@tdsb.on.ca – Office Administrator

Carter.Livingstone@tdsb.on.ca – Phys. Ed **ACL**

Robert.Matthews@tdsb.on.ca – Visual Art, **ACL**

Fraser.McCulloch@tdsb.on.ca – Business

Sylwia.Mlynarska@tdsb.on.ca – Guid/Eng/**ACL**

Steve.Mlilo@tdsb.on.ca – Safety Monitor

Laura.Norris@tdsb.on.ca – Vocal Music/Soc. Sci

Rory.Olwyn@tdsb.on.ca – English, Drama

Liam.O'Mara@tdsb.on.ca – French Imm, **ACL**

Anthony.Parise@tdsb.on.ca – English/Drama

Karan.ParmarNaples@tdsb.on.ca – Math/Science

Andrew.Patterson@tdsb.on.ca – English

Cora.Peisz@tdsb.on.ca – VP (L-Z)

Tetyana.Pytlovana@tdsb.on.ca – Math

Melissa.Rambarran@tdsb.on.ca – Guid Secretary

Vik.Rao@tdsb.on.ca – **ACL** Comp.Sci/Business

Manuela.Roberts@tdsb.on.ca – French/English

Rob.Salvatore@tdsb.on.ca – Phys.Ed

Rebecca.Sanderson@tdsb.on.ca – Sci/Bus

Dean.Sasabuchi@tdsb.on.ca – Science

Marcela.Smolkin@tdsb.on.ca – Spanish/APS/Civics

Kym.Stadnyk@tdsb.on.ca – VP (A-K)

Mark.Steel@tdsb.on.ca – Chemistry/Science

Josef.Stetter@tdsb.on.ca – Geo/French

Shawna.Teipal@tdsb.on.ca – English

Korina.Thomas-Reynolds@tdsb.on.ca – French/Math

Drew.Tse@tdsb.on.ca – Fr.Math/Business

Anne.Tsukada@tdsb.on.ca – Phys. Ed.

LisaAngela.Turcotte@tdsb.on.ca – History, Civics Fr.

Qing.Zhu@tdsb.on.ca – Science/Physics

ACL Curriculum Leader

Blue Guidance/Student Support

Red Office and Administration