

Parenting for Positive Mental Health

Presented by Pine River Institute's
Centre for Family Initiatives

Join the Pine River Institute's Centre for Family Initiatives for a presentation of *Parenting for Positive Mental Health Part 1 and 2*, presented by the Centre for Family Initiatives Director Amanda Lamb.

These webinars are for parents, educators, caregivers, and anyone with young people in their lives whose mental well-being they want to support. These webinars can be viewed as stand-alone presentations - if you miss the first one you can still attend part 2!

Tuesday September 27:

Parenting for Positive Mental Health, Part 1

Understanding our child's behaviours and development so that we can respond with intention to promote mental wellness and growth.

Tuesday October 25:

Parenting for Positive Mental Health, Part 2

Attunement, connection, and setting limits. Understanding your parenting style and the challenges parents face when their children push back.



[Register here](#)