








# Character Development Theme for December: Kindness and Caring

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
1	2 Day 5	3 Day 1 Swim to Survive Session #2 	4 Day 2 Character Trait & Heritage Month Assembly (AM)	5 Day 3 Ms. Tharmarajah's Class - U of T: Trash Team Presentation (PM)	6 Day 4	7
8	9 Day 5 Malvern Food Drive Boys' Volleyball & Girls' Basketball Tournaments 	10 Day 1 Swim to Survive Session #3 	11 Day 2	12 Day 3 Concert Dress Rehearsal (PM) Winter Concert (5:30) 	13 Day 4 Ms. Tharmarajah's Class - U of T: Trash Team Presentation (PM)	14
15	16 Day 5	17 Day 1	18 Day 2	19 Day 3	20 Day 4 Pyjama Day Last Day of School 	21
22	23	24	25 Winter Break 	26	27	28
29	30	31 New Year's Eve!	Winter Break 			Back to School Jan. 6, 2025

Follow us on the web at: [MalvernJPS](https://www.malvernjps.com) Follow us on  at: @TDSB\_MalvernJPS  
Parents/Caregivers, please review the character trait KINDNESS AND CARING with your child, see below

**DECEMBER 2024**

# KINDNESS AND CARING

"Don't wait for people to be kind, show them how." (Author Unknown)

## **Your child can show kindness and caring by:**

- Demonstrating these attributes toward themselves and others, including family, friends, and pets.
- Being aware of others' feelings without teasing or using put-downs.
- Helping someone who is having a difficult day.

## **Questions to discuss with your child:**

- How do we show kindness and caring toward each other in our family?
- What other things *could* we do to show kindness and caring toward our family members?
- What kinds of things can we do to show kindness and caring toward our friends and community members?
- What does it mean to be kind and caring to animals?

## **Projects to do together:**

- Engage your child in being kind and caring toward others by reflecting on their behavior and identifying their acts of kindness.
- Write thank you messages to those who have shown kindness and caring toward your child/family.
- Do something that shows kindness and caring for someone.

## **Encouraging kindness and caring in your child:**

- Show your child the importance of being kind and caring by displaying kindness and caring to others.
- Expose your child to the power of kindness through random acts of kindness toward people, animals, and the environment.
- Read and discuss media stories that depict acts of kindness and caring.

**Thank you for supporting our Character Development program.**

