

## MORRISH'S VIRTUAL CLIMB OF THE CN TOWER CHALLENGE

As you know much of the city of Toronto businesses are closed due to the COVID-19 virus (pandemic). And this includes the CN Tower. Every year the **WWF (World Wildlife Federation)** sponsors the CN Tower climb. What this means is that anyone climbing the CN Tower can **ONLY** use the stairs. But, Mr. Crabbe, how do we do this??

**Climbing the CN TOWER** <https://www.youtube.com/watch?v=IOXSdZJ6F20> or <https://toronto.citynews.ca/video/2016/10/23/video-climbing-the-cn-tower-for-united-way/>

- The CN Tower is equivalent to **17,760 steps** or **144 flights** of stairs.
- A **flight of stairs** is approximately **10 steps**
- A flight of stairs is equivalent to taking **38 steps** on level ground.
- Approximately 1 KM = 1312 steps

### Can this challenge be done in different ways?

- You can walk or take **17,760 steps**
- You can **walk 13 km**
- You can climb the stairs in your house **144 times**.

### Are there other ways to climb the CN TOWER virtually?

- Yes, you can roll, bike, scooter board, skateboard, run, skip, etc...as long as it adds up to 13 km.

### Here are some important numbers you can use to help.

- From **Morrish PS** to **Highland Creek Library** is approximately 1 km
- From **Morrish PS** to **Snappy's Convenience** store approximately 1 km
- From **Morrish PS** to **Swiss Chalet** (Milner & Morningside) approximately 3 km
- From **Conlins Rd /Canmore Blvd** to **Canmore Blvd /Morrish Rd** (if you walk Canmore Blvd from start to finish it is approximately 1 km)

### More info – Mr. Crabbe's house

- I have **13 stairs** leading to the basement.
- I have **15 stairs** leading to upstairs

## MATH CHALLENGE

If the estimated number of stairs in one flight is **10 steps** (I have 28 steps) and I need to climb the stairs **144 times**, how many times do I need to climb from the basement to upstairs in my house? Mr. Crabbe has to do this \_\_\_\_\_ times.

## CLIMB, WALK, ROLL, BIKE THE CN TOWER VIRTUALLY

KEEP TRACK OF YOUR CLIMB BY USING THE CHART BELOW

	CLIMB	WALK	ROLL	BIKE
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				
SUNDAY				

SO DID YOU....walk **17,760 steps**, roll or bike **13 km** or climb the stairs in your house **144 times**

**\*\* Looking for more info about the CN Tower, click the links below**

<https://www.cntower.ca/en-ca/what-s-up/now-at-the-cn-tower/at-home-activities.html>

[https://twitter.com/TourCNTower/status/1250467797790007300?ref\\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Etweet](https://twitter.com/TourCNTower/status/1250467797790007300?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Etweet)

<https://www.cntower.ca/en-ca/about-us/tower-science/glass-floor.html>