



## How to write your Adventurous Journey Report

### First, write about your Practice Journey

- ◆ Where did you go? When did you go?
- ◆ What did you do?
- ◆ How did this prepare you for the Qualifying Journey?
- ◆ Did you complete your preliminary training?

(Length 1-2 paragraphs)



### Make sure you include:

- ◆ Personal equipment list  
(what did you bring?)
- ◆ Group Equipment List  
(what did you share with others?)
- ◆ First-Aid kit list  
(what was in the first-aid kit?)
- ◆ A Route Map  
(indicating your route, campsites, distance travelled)
- ◆ Trip Menu  
(what did you eat?)

These materials should be the Participants own and not ones provided to them. Each Participant must complete their own report.

### Next, write about your Qualifying Journey

- ◆ Where did you go? When did you go?
- ◆ How did you get there?
- ◆ Who went with you? Were they also working towards an Award?
- ◆ What did you do while you were on the trip?
- ◆ How far did you travel (under your own power)?
- ◆ What did you learn? What did you experience?
- ◆ What was most challenging about this journey?
- ◆ What would you do differently next time?

Recommended: 1-2 pages (Br), 2-3 pages (Si), 3-4 pages (G)

If you did an **Exploration** be sure to add:

- ◆ A summary of your pre-trip research  
(how did you learn about your topic before the trip?)
- ◆ A description of your study  
(how did you explore your topic while on the trip?)
- ◆ The findings of your study  
(what did you discover as a result of your study?)



The format for the report is flexible! Include pictures or make a PowerPoint. Flex your creativity!

Make sure your Record Book is complete with dates and signatures.

More information and a fillable Journey Report Template can be found on our website at [www.dukeofed.org/bc/participants](http://www.dukeofed.org/bc/participants). If you are unsure of how to complete your Journey Report, please contact the Division Office.