

Norman Ingram PS

50 Duncairn Rd, North York, ON M3B 1C8 | Tel: (416) 395-2720

Date: October 2, 2026

[School Website](#) / [2026-27 School Year 5-Day Calendar](#)



Principal's Message

Dear Norman Ingram Families,

It has been another busy and positive week at Norman Ingram.

On Wednesday, our school recognized Orange Shirt Day and the National Day for Truth and Reconciliation. Students participated in age-appropriate learning and reflection, and our Grades 1–5 students came together for a school assembly. These opportunities are an important part of helping students learn about our shared history, think about our responsibilities to one another and to the land, and continue building a community where everyone feels that they belong.

It has also been wonderful to see our students participating in cross-country, soccer, choir and other activities. Thank you to the staff members who continue to give their time to create these opportunities for students.

October will be another active month. Next week, we look forward to welcoming families to Curriculum Night on Thursday, October 8. This is a wonderful opportunity to visit your child's classroom, meet their teacher, learn more about classroom routines and curriculum, and see some of the learning that is already taking place. We hope you can join us and spend some time connecting with our school community.

Our Scholastic Book Fair will also be open next week. Students bringing money to school are reminded to keep it in a safe place, preferably in a labelled wallet, pouch, or envelope. We encourage families to speak with children about keeping their money with them and not lending, trading or sharing money with other students. With everyone's help, we can make the Book Fair a safe, responsible and enjoyable experience for all.

As the weather begins to change, please ensure that students come to school dressed appropriately for cooler temperatures and rainy conditions. An extra pair of socks or a change of clothes can be very helpful, particularly for younger students, and we ask that you clearly label all clothing and personal items with your child's name. Indoor shoes are also strongly encouraged so students can remain comfortable and help keep classrooms clean and dry.

A reminder that staff supervise students outside each morning from 9:00–9:15 a.m. Our regular practice is for students to remain outdoors until the morning bell rings at 9:15 a.m., including during light rain, so please send your

child with appropriate rain gear and an umbrella when needed. During extreme or unsafe weather conditions, students may be brought inside.

We are also preparing for our Terry Fox Run and looking forward to launching our first Pizza Lunch on October 16. Thank you, as always, for your continued partnership and for helping Norman Ingram remain a place where our students can Learn, Belong and Thrive.

Warm regards,
Kosta Flegas
Principal

Significant Dates

- **October 5–8:** Book Fair
- **October 6:** Cross-Country Practice – 8:15 a.m. (**Grades 1–5**)
- **October 8:** Curriculum Night – 5:00–6:00 p.m. (**two 30-minute sessions**)
- **October 8:** Book Fair Family Evening – 4:30–7:00 p.m.
- **October 9:** Area Cross-Country Meet – Earle Bales Park, 9:00 a.m.–1:00 p.m. (**participating students in Grades 1–5**)
- **October 9:** Terry Fox Run – 2:35 p.m.
- **October 12:** Thanksgiving Day – **School Closed**
- **October 13:** Cross-Country Practice – 8:15 a.m. (**Grade 3–5 qualifiers only**)
- **October 15:** Cross-Country Practice – 8:15 a.m. (**Grade 3–5 qualifiers only**)
- **October 16:** First Pizza Lunch
- **October 20:** Cross-Country Practice – 8:15 a.m. (**Grade 3–5 qualifiers only**)
- **October 22:** North Conference Cross-Country Final – Earle Bales Park, 9:00 a.m.–1:00 p.m. (**Top 40 qualifying students in Grades 3–5**)
- **October 22:** Field Trip – Grades 2/3 and 3/4
- **October 26:** City Cross-Country Final – Sunnybrook Park, 9:00 a.m.–1:00 p.m. (**Top 20 qualifying students in Grades 4–5**)
- **October 29:** Photo Day
- **November 20:** PA Day – **No school for students**

Scholastic Book Fair

We're excited to welcome the Scholastic Book Fair to our school next week!

The Book Fair will be set up in the library from **Monday, October 5 through Thursday, October 8, 2026**. Students are welcome to bring money to school throughout the week and can visit the library during **morning recess and lunch** to make purchases.

We're also happy to invite families to shop the Book Fair during **Curriculum Night on Thursday, October 8th, from 4:30 p.m. to 7:00 p.m.**

The Book Fair will be open throughout the school day during:

- **Morning recess**
- **Lunch at 12:30 p.m.**

We hope you'll stop by, explore the wonderful selection of books, and find something special to enjoy at home!

Happy reading!

Pizza Lunch

Pizza Lunch will take place on the following 9 dates:

- **October: 16, 30**
- **November: 13, 27**
- **December: 11**
- **January: 8, 22**
- **February: 5, 19**

Pizza Lunch Volunteers

Parents and caregivers who would like to assist with Pizza Lunch must have the appropriate TDSB volunteer clearance before volunteering.

For Pizza Lunch and other in-school activities, a Level 2 Criminal Record and Judicial Matters Check (CRJMC) is sufficient. TDSB currently states that this level of clearance is free for volunteers participating in school activities and day trips, and volunteers must have a CLEAR status before beginning.

Thank you again to our volunteers. We appreciate your time and support!

Volunteering at Norman Ingram

There are many ways for parents, caregivers and community members to become involved at Norman Ingram, including:

- Pizza Lunch;
- classroom and school activities;
- special events;
- field trips;
- sports;
- School Council activities; and
- other school initiatives.

For regular school activities and day trips, the TDSB identifies the Level 2 CRJMC as the appropriate minimum clearance. A Level 3 Vulnerable Sector Check is required for some roles involving regular/direct contact, coaching or overnight excursions. Please contact the school if you are interested in volunteering so we can help determine the appropriate clearance for the activity.

Please email your police check directly to PoliceReferenceCheckOffice@tdsb.on.ca; with the declaration

I, (enter full legal name) confirm the attached document is a true copy of the original, and it has not been altered in any way.

Help Build a Caring, Safe and Accepting School Community

We are looking for one or two parent, guardian or caregiver representatives to join Norman Ingram's Caring, Safe and Accepting Schools Team for 2026–2027.

The team brings together students, staff, families and community partners to help ensure that every student feels safe, included, respected and connected.

Members will meet periodically throughout the school year and provide input on areas such as:

- bullying prevention;
- student well-being;
- positive relationships;
- belonging and inclusion; and
- school-wide initiatives that contribute to a caring, safe and accepting learning environment.

The team focuses on school-wide practices and initiatives, rather than individual student, staff or family concerns.

Parents, guardians and caregivers who are interested are invited to email Mr. Flegas at konstantinos.flegas@tdsb.on.ca by Tuesday, October 6, with a brief expression of interest and general availability.

Student Safety: School Entry & Safe Arrival

It is always nice to see our families during morning drop-off and afternoon pick-up. If you need to enter the school building, please start at the main entrance, ring the bell, and report directly to the office to sign in. Knowing who is in the building at all times is an important part of keeping our students and staff safe and secure.

Regular attendance and arriving at school on time are also important for student safety, learning and well-being. We understand that students may sometimes be absent or late for valid reasons. Please report all absences and late arrivals as soon as possible.

Parents/guardians can:

- Call the TDSB Safe Arrival line at 1-833-250-2290 between 7:00 a.m. and 3:00 p.m. to report an absence for the current day or a future date; or
- Use the SchoolMessenger App to report an absence.

If a student is marked absent or late and the school has not received notification, the Board's automated Safe Arrival system will contact parents/guardians and priority emergency contacts to confirm the student's whereabouts.

Thank you for helping us maintain accurate attendance records and for supporting the safety of all students.

Curriculum Night — Thursday, October 8

We look forward to welcoming families to Norman Ingram for Curriculum Night on Thursday, October 8 from 5:00–6:00 p.m.

Teachers will offer two 30-minute sessions, providing families with an opportunity to learn more about classroom routines, curriculum, learning expectations and ways to support learning throughout the school year.

The Scholastic Book Fair will also be open that evening.

Terry Fox Run — October 9

Our Norman Ingram Terry Fox Run will take place on:

Friday, October 9 at 2:35 p.m.

We look forward to coming together as a school community to celebrate Terry Fox's legacy of courage, perseverance and hope.

Student Nutrition Program — Your Support Makes a Difference

Our Student Nutrition Program helps ensure that students have access to healthy, nutritious food during the school day so they can arrive ready to learn, participate and thrive. The program is designed to be universal, inclusive and stigma-free, with foods such as fresh fruits and vegetables, whole grains and protein-rich options available to students. We are sharing the attached [Student Nutrition Program donation flyer](#) with families and inviting those who are able to support the program. Every contribution, large or small, makes a difference and helps us continue providing balanced food for students throughout the year.

Donations can be made online at:

<https://tfss.ca/donate/schoolsites-snp/>

Please select Norman Ingram Public School from the drop-down menu.

Tax receipts are available for online donations.

Thank you for your support.